HOW THE INTERNET CHANGED GRASSROOTS POLITICS
BLAGOJEVICH SIGNS SURVIVING SPOUSE LEGISLATION
July 15 marked a victory for Illinois dentists and their families when Gov. Rod Blagojevich signed into law a bill changing the state dental practice act.

SB 279 provides that the executor or administrator of a deceased dentist’s estate may contract with another dentist or dentists to continue the operations of the deceased dentist’s practice for one year from the time of death, or until the practice is sold, whichever occurs first.

The new law provides the same rights to the legal guardian or authorized representative of a dentist who has become incapacitated.

The law goes into effect Jan. 1.

“We’ve been pushing for this for a long time,” says Dr. Joseph Hagenbruch, president of the Illinois State Dental Society and a member of the ADA Council on Dental Benefit Programs. “Practically speaking, it gives the spouse time to find someone to work in the practice before it sells. Otherwise, patients quickly go elsewhere.”

“If a spouse can’t own the practice and therefore hire a dentist to work in the practice, it starts losing value immediately,” said Marilyn Woerner, chair of the American Dental Association’s Surviving Spouse Committee. A Missouri resident, her husband died before the state enacted such legislation.

In states where this law has not been enacted, the practice is generally tied up into ownership while the will goes through probate. Without patients, a dentist’s former practice can wind up being sold as nothing more than material, equipment and supplies.

For more information about state laws on ownership and clinical decision making, call the ADA Division of State Government Affairs at (800)621-8099, ext. 2525.

The Illinois State Dental Society will post the form necessary for filing approval by the Board of Directors on its Web site for ADA members at www.isds.org.

CDS DONATES MONEY FOR CLC CLINIC
CDS President Thomas Machnowski presented a check for $135,000 to the College of Lake County (CLC) Board of Trustees Aug. 22. The funds are earmarked to reimburse CLC for the cost of purchasing equipment for its new dental hygiene clinic in Waukegan. The clinic, which supports CLC’s dental hygiene associate’s degree, will provide free screenings, as well as cleanings, X-rays, fluoride treatment and sealants on a nominal charge.

CLC’s dental hygiene program was in danger of closing in 2004, after a partnership with the Great Lakes Naval Base ended. But thanks to the intervention of groups like CDS, the college was able to relocate the clinic and keep the program running. CLC’s program is one of a handful of accredited dental hygiene programs in the metropolitan Chicago area.

any active member shall be affiliated. This policy became effective by Board action Jan. 1 and is being used with all new members.

The following bylaws change will be presented for affirmation by the membership at the Nov. 8 Regional Meeting at Drury Lane, Oakbrook Terrace.

ARTICLE XX. Branch Society Organization
Section 1. Membership. Effective January 1, 2006, each active member of the Chicago Dental Society shall be affiliated with a Branch Society.

A. Neighborhood Practitioners: Every active member who practices in a neighborhood community shall be affiliated with the Branch Society in whose zip code jurisdiction his/her office is located, as defined in the policy and procedures manual.

B. Downtown Practitioners: Every active member whose practice is restricted to the downtown district of Chicago (zip code boundaries as defined in the policy and procedures manual) shall be affiliated with the Branch Society in whose zip code he/she practices.

C. Multiple Office Practitioners: Active members having more than one office and embracing more than one Branch Society’s zip code jurisdictions shall be assigned to Branch membership by the Board of Directors with consideration given to member’s choice.

D. Transfer to Branch Membership: Upon request to and approval by the Board of Directors, an individual may be granted a change in his/her Branch.
INFECTION CONTROL CHALLENGES FOR 2006

JOHN MOLINARI, PHD

WEDNESDAY, NOVEMBER 8
9 a.m. to 2:30 p.m.
Drury Lane, 100 Drury Lane, Oakbrook Terrace

CE CREDITS: 5 CE hours

TARGET AUDIENCE: Doctors, hygienists, assistants and office staff

ABOUT OUR PROGRAM:
From hepatitis B and C, HIV and tuberculosis to patient/provider allergic reactions to latex and dental waterline contamination, dental professionals face a number of infection control challenges. This program will provide the most recent scientific and clinical information to assist dental professionals in the application of effective, practical infection control. In addition, this program will discuss updated information on appropriate vaccines for healthcare workers, instrument reprocessing protocols, heat sterilization modalities and monitoring, as well as other important issues. The U.S. Centers for Disease Control and Prevention (CDC) Guidelines for Infection Control in Dentistry, updated in 2003, will serve as a framework for the presentation.

ABOUT OUR SPEAKER:
Dr. Molinari is a professor and the chair of the Department of Biomedical Sciences at the University of Detroit Mercy Dental School. He has lectured and published numerous articles about infectious diseases, clinical immunology and infection control. He has also served as a consultant to the CDC and the ADA’s Council on Dental Practice and Council on Scientific Affairs.

ABOUT CDS MEETINGS:
Regional meetings are FREE to all CDS members and their auxiliaries, as well as dental hygienist members of the Illinois State Dental Society.

A fee of $250 is charged to dentists who are not CDS members, which may be applied to membership for the current year.

Advance registration is not required for any regional program.

DIRECTIONS:
For directions to Drury Lane, call (630)530-8300.
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In the aftermath of Hurricane Katrina, CDS members provided much needed dental care to refugees who made their way to Chicago. Staff Writer Joanna Brown shares their experiences.

16 A midsummer picnic
CDS members and their families celebrated summer at the annual family picnic at Six Flags Great America. Photographer Andrew Campbell was on hand to capture the moment.

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COVER PHOTOGRAPH: John McNulty; COVER DESIGN: Tom Long
The CDS Review reserves the right to edit or reject any letter submitted to the editor. All submissions are edited for grammar and style in accordance with the Associated Press Stylebook and Briefing on Media Law.
WANTED:

Table Clinicians for 2007

Are you using a helpful new technique?
Would you like to discuss a product that benefits your practice?
Have you done research that you want to share?

CDS seeks participants to present Table Clinics at the 2007 Midwinter Meeting. Table Clinics are 15-minute table top presentations that may cover a wide variety of subjects. If time and space are available, Table Clinics may be presented more than once.

If you would like to present a Table Clinic at the 2007 Midwinter Meeting, visit www.cds.org/mwm, click on the “Call for Lecturers” link, download the Table Clinic Application, complete it and send it to CDS with an outline of your presentation and your CV.

Contact:
Chicago Dental Society
Al Kleszynski, DDS, Director of Scientific Programs
401 N. Michigan Ave., Suite 200
Chicago, IL 60611-5585
Fax: (312)836-7329
E-mail: akleszynski@cds.org
This issue of the CDS Review touches on using the Internet to build a grassroots political voice for dentistry. I am 100 percent in favor of that concept. The ISDS and CDS already have a significant database with many of your e-mail addresses, but we need the e-mail address of all members.

Things happen fast in Springfield and Washington, DC. We have to be able to respond quickly. For example, in the past year a misguided state senator from Evanston introduced legislation to tax cosmetic medical and dental services in Illinois. What a brainless idea that was! Do these people in Springfield have anything else to focus on rather than introduce new taxes upon the healthcare professions? How about just doing their jobs to make sure the taxes we already pay are put to good use and not into some pork barrel project? But, I digress.

That bill was defeated because organized dentistry and organized medicine were able to mount a credible campaign against it. We were able to quickly notify our membership via e-mail and organize a telephone and e-mail campaign. But e-mail and telephone campaigns are just part of the equation.

Many of us may treat a state senator, state representative, U.S. congressman or senator, suburban mayor, village trustee, alderman, or political insider in our practices. Don’t be shy! Nurture and develop relationships with those individuals so that when it comes to crunch time, they will at least listen to our part of the story.

Cyber life requires a commitment. I would encourage everyone reading this article to become as digitized as you can. Replace your pegboard system with a dental software program. Use the electronic appointment book. File electronic claims. I hope you are not still taking these forms home and hand printing the claims or typing them up. Purchase a digital X-ray system if you are so inclined.

Learn how to use a scanner. Upgrade your home and office to a DSL or broadband connection. Use a PDA as often as possible and synchronize it with your computer. Program your cell phone so you have access to numbers and addresses and you can use that cell phone to the max. Purchase a digital camera. Send photos to friends online. Make your airline and hotel reservations online.

Take advantage of anything digital or Web-based that will make your life easier. That is what it is all about for us as dentists. The digital age will make your life more comfortable and efficient, which will give you more time to focus on excellent dentistry. Unlike other jobs, income in dentistry is only created when the bur hits the tooth. If you can focus more on the bur hitting the tooth, then your professional and personal financial picture will be enhanced.

The digital age will improve our profession’s ability to provide the best care that is possible for our patients, and consequently improve our ability to take care of our families and loved ones.

Contact Dr. Machnowski at tommachnowski@msn.com.
WANTED:

Windy City Lecturers for 2008

Have you found a better way to treat tough cases? Have you developed a new technique you want to share with colleagues? Do you want to share your insight with others?

CDS seeks members to present brief lectures for the 2008 Midwinter Meeting Windy City Lecture Series. Presentations should be 50 minutes long and may cover a wide variety of subjects. The Windy City Lecture Series is scheduled to be presented Friday and Saturday, during the 2008 Midwinter Meeting.

CDS members who wish to present a Windy City Lecture at the 2008 Midwinter Meeting should send CDS an outline of their presentation along with their CV.

Contact:
Chicago Dental Society
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401 N. Michigan Ave., Suite 200
Chicago, IL 60611-5585
Fax: (312)836-7329 • E-mail: akleszynski@cds.org
It doesn’t have to be this way

I recently attended a National Dental Benefits Conference at the ADA headquarters. Our current ISDS President, Joe Hagenbruch, is a hard-working member of the Council on Dental Benefit Programs. The council did an excellent job of inviting a strong group of speakers with expertise in all aspects of dental reimbursement. My hat goes off to the council.

Representatives of Guardian Dental and Washington Dental Service (WDS) (Delta Dental) talked about the plan’s future. Guardian covers more than 6 million people with more than 70,000 provider locations! This company is increasing its implant coverage and will soon institute a maximum rollover program whereby an insured will be able to roll over a portion of his or her leftover dental benefits for future use. WDS plans to increase coverage for periodontal therapies, including site-specific antimicrobials. WDS claims that by promoting good oral health, employers can impact medical costs, absenteeism and disability costs—a very noble goal! Conversely, the replacement window for crowns is likely to increase from five to seven years. These two representatives were peppered with challenging questions from the audience and they did not hang around after lunch for the afternoon portion of the conference.

We were also privileged to hear from consultants and brokers who deal outside the traditional indemnity and network dental plans.

Wouldn’t it be nice if all of our patients were covered by a dental plan where the patient is reimbursed a percentage of their expenses premised on a dollar spent plan rather than dental procedure codes? Wouldn’t it be nice for our patients to be able to choose any dentist and possibly have no deductibles, limitations or exclusions regarding treatment?

I know that employers would like to reduce administrative costs and prefer not to pay a premium tax. They would all like to eliminate complex dental insurance plan designs. I’m sure that employers would like to increase benefits without increasing their premiums. And the best way they can do that is by direct reimbursement (DR).

DR has been around for a long time but has not made much headway. The ADA House of Delegates has even cut the budget for DR promotion. But that doesn’t mean that DR is not a good concept.

Some employers are concerned that dentists will overcharge their employees, even though this has never been true. There is lethargy on behalf of insurance brokers, agents and consultants to investigate and promote DR. The traditional major players in dental insurance have a strong network of brokers and agents throughout the United States who are familiar with these corporate products. For many, it’s easier to sell known products than to investigate a DR plan. Unfortunately, not all dental societies are as active in promoting DR as they should be.

Right now, with a traditional insurance plan, the employer pays a monthly premium whether or not the employees uses the plan. Approximately 40 percent of covered employees never visit a dentist in a given year. As medical premiums escalate, the first benefit to be cut if an employer is feeling a financial squeeze is the dental program. What many employers are not aware of is that with a DR program, they can predict what their dental claim responsibilities will be with some accuracy for the year and consequently budget it into their benefit package. There will never be a catastrophic loss or 100 percent utilization in the dental program. Many employers even realize a surplus.

I personally do not know anyone who is happy with the current state of indemnity, network, capitation, closed panel or code-Based reimbursement. But from what I saw at the conference, it doesn’t have to be this way. DR is the way to eliminate insurance hassles. It is cleaner and easier! The plan designs and templates are out there. It is tried and true. We simply have to get the message to employers, vendors, consultants, agents, brokers and third party administrators so that we can be released from the spiraling concerns of traditional insurance.
Todd Hunt looks like a pleasant corporate fellow. But he is actually a Recovering Anal Retentive Professional (RARP) who has finally learned to lighten up! Now he speaks for organizations that want to add fun to their meetings and send members home with a smile and tips to improve communication and success.

A popular speaker, Mr. Hunt has presented communication lessons wrapped in laughter to the Fox River Valley Dental Society, Lake County Dental Society and other meetings throughout the country. His business humor newspaper column appears in The Business Ledger and other publications in the United States and Canada and he has written two books: Does Anal Retentive Have a Hyphen? and Pardon Me, But That’s a Really Stupid Sign! His world’s shortest e-mail newsletter (30 seconds) is available for free at www.toddhuntspeaker.com.

Join your colleagues for an evening that promises to be both fun and informative.
Politically connected

HOW THE INTERNET HAS CHANGED GRASSROOTS POLITICS

Elizabeth Giangrego

The Internet is a truly incredible invention which allows people instant access to information and to each other. Electronic communication has largely replaced the written or typed letter, which precipitated blogs.

Blog is short for “weblog.” Blogs focus on a particular subject, such as food, local news or politics.

Electronic communities existed before the Internet. For example, the Associated Press newswire allowed reporters to communicate news instantly to the world. Amateur radio operators created their own transmitters to communicate with others. »»»
The online application and creation of blogs seems to have begun in the mid-90s when people began posting online diaries and journals. These personal homepages often included a news page. Inevitably, blogging became more political and by 2003, blogs had become recognizable news sources.

Only 55 percent of the senatorial candidates in 2002 used the Internet to promote their campaign platforms, according to an article in the June 7 issue of The Washington Post (Technology Sharpens the Incumbents’ Edge, by Jim Vendee and Charles Babington). Today, more than 95 percent are on the Net.

Political Web sites have grown tremendously since the 1990s when they were little more than online brochures. Interestingly, most keep it simple, avoiding podcasts or blogs. Most political Web sites offer biographies, contact information and basic fundraising information. They still have the feel of an online brochure, albeit with an interactive component. Political observers say elections are often won because one side out organizes the other. And what better or immediate medium is available than the Internet? Political Web sites might be fairly barebones at the moment, but in the future, they are likely to become more sophisticated.

Podcasting, blogging and social networking are waiting in the wings, as political Web sites become core strategic assets of a campaign.

Political information sites, such as that sponsored by the American Dental Association, fill the current need for accessible information. The site offers everything dentists need to know about legislation that affects their practice. The Illinois State Dental Society will launch a similar site devoted to state affairs by the end of this year.

LOOKING FOR POLITICAL ADVANTAGE

Generally, political Web sites are carefully tailored and designed to target specific campaign content. Yes, the sites are used to raise money, but they also provide a central location from which to organize grassroots involvement and communicate the campaign’s core message. However, one cannot discount the power of the Internet as an avenue of fundraising. In it’s Dec. 27 issue, The Boston Globe reported that in only two months Democratic gubernatorial candidate Deval Patrick amassed $150,000 in contributions through his Web site.

The most successful sites are content rich and tailored to align with community interests. Big sites, such as that used by President George Bush (www.georgewbush.com) during the past campaign, show exactly what a multi-million dollar investment can do. There you will find blogging, video streaming and other interactive technologies hard at work to promote the candidate’s platform. The site reflects the current reality of the “permanent campaign,” but it is also uses the latest technology and offers.

There are downsides to every technology. Abandoned sites sometimes become ripe for takeover by less savory elements. In Canada, for example, an abandoned online diary of a member of Parliament became a portal to pornography. Until fairly recently, people who used the address whitehouse.com instead of whitehouse.gov were in for quite a shock when they clicked into a graphic pornography site.

There’s no question that politicians are searching for the Web advantage. But the tricky thing about the Web is that for every bit of good information there are five pieces of misinformation floating around. And some of the bad information emanates from the opposition. For example, private citizens who do not agree with the candidate often begin blogs and the information they provide is often skewed. The public doesn’t really know how to gage the reliability of an online source because even small personal blogs can be designed to look as if they represent the view of a large political organization. Further, too many people believe the information must be accurate because it’s on the Web. However, the growing popularity of even these sites reflects the increasing importance of the Internet in political campaigns.

According to a 2005 Pew Internet Project study, 75 percent of blogs are personal diaries, typically aimed at an audience of 15-25 people. However, 15-20 percent are filter blogs, which means they combine editorial content with links to other sources (such as to reputable news Web sites) and other blogs. Between 3-5 percent are knowledge blogs (K-blogs) and these are usually linked to a political campaign or are used to spread a candidate’s message.

The traffic on these blogs often depends on which search engine is used to find them. For example, blogs do better on Google.

Blogs are ideal for releasing negative information about an opponent without directly implicating the candidate. In many cases, this is done informally as the blogger is among a candidate’s core supporters. The candidate can maintain that he had nothing to do with dirty campaigning because the actions were taken by a private citizen who just happens to support his position.

Currently, most campaigns that have Web sites are more involved with money and communication. Most
campaigns are more concerned with getting it right, emphasizing a candidate’s major points while increasing the war chest. Yet, blogging is not that far away.

The campaign Web site is the marketplace for ideas, the place on which to collect e-mail addresses, a source of controlled profile material. But blogging enables candidates to campaign door to door without ever leaving the office. A personable blog makes voters feel as if they are right there alongside the candidate—and who wouldn’t want that? The public is given the opportunity of communicating directly with a candidate, who will then respond online, in public, for all to read.

Blogs are cheaper to maintain than full Web sites and they are more personal. Jibjab.com, for example, is a good example of blogger-friendly political humor. Blogs often have the latest information. Sometimes the media does not latch on to a story as quickly as a blogger—specifically, a committed supporter of a campaign. And no media outlet is as determined to put across a point of view with quite the tenacity of a committed campaigner with a blog. Candidates have been known to take a digital camera with them as they visit an area so they can document the visit and comment on what they saw when they get back to their Web site or blog. This information can be made available to the public within an hour of the event—whereas, if the event is covered by the news, the information may not be available until the next day. And remember, there are thousands of small appearances candidates make that are never covered by the media.

Although e-mail is a better tool for mobilizing donors, volunteers and voters, blogs are best at personalizing a candidate’s image and connecting with supporters.

THE INTERNET AND COMMON SENSE

There is a tremendous similarity between blogs and the kind of pamphleteering that was popular during the American Revolution.

Like a pamphlet, the author controls the blog’s size and content. Eighteenth century pamphlets could be informative, scurrilous or seditious, but they were always personal opinion. Pamphleteers had more freedom to express personal opinion than journalists. And that hasn’t changed.

Eighteenth century pamphlets were neither literature nor unbiased news reporting; they were a way to disseminate political opinions and promote causes. Blogs, personal and official Web sites, and personal publishing have replaced the time-honored pamphlet and, to a great extent, the way we obtain information about candidates and their campaigns. And like the pamphlets, they express personal opinion and that is an important distinction when analyzing information gleaned from the Internet.

The Internet has an important role in the political process, although all of its possible uses are yet to be realized.

A CONNECTICUT YANKEE ONLINE

Early analysis of Sen. Joseph I. Lieberman’s failure to win the Democratic nomination for senatorial candidate in Connecticut in August indicates that challenger Ned Lamont gained strength because his blog and those of his supporters tapped into the consciousness of undecided voters.

Lamont’s official Web site is a model of modern campaigning, offering a short explanation of the candidate’s position, links to issue statements, volunteer opportunities, a campaign contribution form (accepting credit cards) and a blog on which supporters can post their ideas and concerns. The blog was updated daily and offered a variety of photographs of campaign visits not covered by mainstream media. It also gave voters a chance to communicate with the candidate.

Sen. Lieberman’s Web site malfunctioned for two days (the day before the primary election and the day of the election). Rumors (on the Web, of course) suggest that someone hacked into Lieberman’s site, causing it to fail; others say the failure was internal. Whatever the reason, the failure of Sen. Lieberman’s Web site at a critical point in the campaign was seen by some as a further reason for his defeat. It certainly hampered his opportunity for campaign contributions, which always spikes following a televised speech (an increasing number of people are surfing the Web as they watch TV).

CONCLUSION

Some experts believe that giving people the access to government databases, numerous news sources, politicians’ Web pages and so on, will cause an “information overload.” Rather than alleviating problems, this may lead to further voter apathy. But the Web has enabled candidates usually ignored by mainstream media to have a direct contact with the voting public.

When then-senatorial candidate Barack Obama gave his star-making speech at the Democratic National Convention in 2004, traffic on his Web site jumped about 250 hits per second—and that happened every time a Network played part of his speech. The public felt candidate Obama was speaking directly to them and they responded by wanting to know more about him.

E-mail count might even translate to clout, particularly if a freshman senator has more e-mail than a seasoned opponent because that means he has greater contact with his constituency.

We may not fully understand exactly how the Internet has changed or will continue to change the political process. However, the Internet as a force for good and evil is here to stay. Only the surface of its potential has been scratched.

Ms. Giangrego is managing editor of the CDS Review.
It was more than a year ago that Hurricane Katrina devastated parts of Alabama, Mississippi and Louisiana. Thousands of refugees came to Chicago beginning in September 2005 to restart their lives. They were homeless, and some were physically injured in the storm. Most were emotionally drained by the rescue.

But local agencies and the Chicago Dental Society were ready to help them. A consortium of 10 Chicago-area social service agencies was established to meet the needs of these victims when they arrived with little more than the clothes they were wearing. CDS assembled a list of members who were prepared to volunteer their service. Many member dentists worked with the American Red Cross to provide immediate care in September and October. An additional 35 dentists worked with this consortium of agencies to provide dental care after federal aid was cut off earlier this year.

“It’s quite amazing that a group of professionals would give their time and energy to children and families in crisis,” said Michelle Rieff, clinical supervisor for the Katrina Relief Project at the Jewish Children’s Bureau.

“AS we did our initial assessment of needs—psycho-social, medical, legal, employment skills—we identified dental care as a pressing need,” said Robin Levine, Director of the Response Center. “We had children through seniors, some of whom were in pain, some who had lost their dentures in the storm, some

The Heartland Alliance for Human Needs and Human Rights headed up the consortium of social service agencies, which included the Jewish Children’s Bureau, Catholic Charities, the Salvation Army, and Metropolitan Family Services. They transformed a warehouse into a clearinghouse where an estimated 6,000 hurricane victims found resources to meet all their needs, including Public Aid, food stamps, and social services.

Two case workers at each of the 10 participating agencies assessed the refugees’ housing needs, job skills, physical and mental health, and income potential, and worked to establish these clients as temporary residents of Chicago.

“Those who trusted enough to take advantage of it were really, really helped... It made such an incredible difference in their lives while they were here.”

Joanna Brown
who had never received dental care.”

Many of these clients were referred to Stroger Hospital of Cook County or the dental clinic at the University of Illinois at Chicago College of Dentistry. But both clinics were soon overwhelmed with all of the patients who came north after the hurricane.

CDS member dentists offered all levels of care, ranging from hygiene to orthodontics to oral surgery. Ms. Levine said the dentists’ offers of aid to this struggling population were so generous, many victims were skeptical that it was too good to be true.

“Our clients got here—sometimes because the bus they happened to get on was coming this way—and they were trying to make entirely new lives for themselves,” Ms. Levine explained. “Plus, it was winter here. Some of these people had no idea of how to dress for winter, and they were dependent on public transportation.

“Because of the way they were treated during the storm, some of them developed a mistrust of authority figures, and some feared the help they might get. Sometimes the pain you have is better than what you don’t know might be coming.”

But those who accepted the help CDS members offered were overwhelmingly thankful. One gentleman had his four impacted wisdom teeth removed at no cost. The only way he knew to express his gratitude was to send the dentist flowers.

“Those who trusted enough to take advantage of it were really, really helped,” Ms. Levine said. “It made such an incredible difference in their lives while they were here.”

Without the pain from his impacted wisdom teeth, that gentleman is working to complete his Associate’s degree online, and participating in a job training program at a local junior college.

He wants to work in sports business. Clients like this man had a wide range of experiences that brought them to Chicago, and they needed a variety of services. For their privacy, the clients’ names have been changed.

One family of three—two elderly parents, Tim and Alice, and their dependent adult daughter, Mary—were residents of Louisiana. When the hurricane struck, Mary was at home with her father and Alice was at work. Alice was sent directly to Tennessee for safety; Mary and Tim were sent to separate shelters. Mary had never been away from her parents before the three days she spent alone in the hospital.

When the family was finally reunited in Chicago, all needed dental care. Tim lost his full denture as he was swimming away from his flooded home, Alice’s partial had been damaged by flying debris, and Mary had never seen a dentist before. All received the care they needed from a CDS member dentist within walking distance of their new home.

“Alice was able to find work in her community, half-days, working with seniors,” Ms. Rieff said, describing the difference dental care made in their lives. “And Tim is able to communicate clearly again. He is participating in church services now that he is comfortable with his new set of teeth. The church has always been a big part of his life.”

Yet another family of five—two Middle Eastern parents and their three young children—saw a dentist in Chicago. The father was in acute pain, and the children had never seen a dentist.

“Culturally, they were met by a dentist and his staff in a very accepting way, and the kids were not at all afraid during the experience,” Ms. Rieff said. “That alone meant a lot to this family.”

Lauren Carriere, 11, poses March 20, 2006, above the ruins of her family home in New Orleans, flooded and then burned in the aftermath of Hurricane Katrina.
Nearly 1,000 CDS members and their families spent a fun-filled day July 12 at Six Flags Great America for the annual CDS Family Picnic. Temperatures were pleasant for July and attendees reported enjoying short lines for rides because the event was held on a weekday. Many also visited the park’s latest attraction, Six Flags’ Hurricane Harbor water park. The picnic continues to be a popular event for CDS members and their families to gather with friends and colleagues.

photography by Andrew Campbell
Understanding patient motivation—or lack thereof—is an essential factor in developing treatment plans that are likely to be accepted. But as you know, a plan that results in a “yes” from one patient may well garner a “no” from another. The key is to present plans in a way that helps guide patients toward the choice that most reflects their values. By using carefully worded phrases, you can actually help patients make the choice that’s best for them, often without them even knowing it!

If you’ve ever been fitted for glasses, you know that the optician asks you to view an eye chart through various lenses. As you do so, the optician asks which set of lenses makes the letters on the chart the most clear. Rather than asking you to look through all the lenses prior to making your decision, however, the optician shows two consecutive sets of lenses, then asks, “Which is better, this one... or that one?” By narrowing your choices to two each time, the optician is able to help you determine the proper lenses by the process of elimination.

You, too, can help your patients make a treatment choice by the process of elimination, simply by using phrases designed to help them make decisions that most closely align with their values. A sampling of possible phrases follows.

“If you want the very best dentistry possible, I’d recommend...” Using this phrase to introduce your recommended treatment plan appeals to patients who value quality and are willing to pay for it. When presenting this treatment plan, you might consider ending your presentation with the words, “This is the option I would recommend for my family members.” This phrase leaves no doubt in a patient’s mind that this is the option you most highly recommend.

“If appearance is the most important consideration for you, I’d recommend...” This phrase appeals to those who are concerned about what a specific treatment “will look like” and who prefer that their dental work be unnoticeable. It’s a good phrase to use when you’re presenting a cosmetic treatment plan or know that you’re working with a patient who places a high value on appearance.

“For the solution that will last the longest, I’d recommend...” This phrase is especially good for patients who don’t place a high value on prevention and maintenance and only come to see you when there is a specific problem they need solved.

If a patient tips his hand and tells you up front that he wants the least expensive alternative, let him know you’ve heard him by starting your treatment plan with the phrase, “If cost is the most important consideration for you, I’d recommend...” Rather than assuming that he will settle for this option, however, immediately present a second option after saying, “Though this is the least expensive option, it’s not necessarily the best, and here’s why...” This is also a good time to let the patient know you have financing options available, if, in fact, you do.

In addition to using the above phrases individually, consider combining them. For example, if you want your words to pack a powerful punch, start your treatment plan with this phrase: “If you want the best dentistry possible, and appearance is an important consideration for you, I’d recommend...” When combined, these phrases are even more powerful than when used alone.

Notice how most of the phrases above help to simplify the decision making process for patients by linking the treatment plan to the goal it achieves (i.e. delivering the best dentistry, the best-looking dentistry, the least expensive dentistry, or a combination thereof). In essence, it becomes a way for you to say to patients, “Do you want this... or that?”

Using the process of elimination to help patients choose treatment options based on their individual values leads to high levels of both treatment acceptance and patient satisfaction. And what practitioner doesn’t want that in his or her practice?

Mary M. Byers, CAE, is a professional speaker and freelance writer.

Send suggestions for topics to be covered, or any comments on this column to review@cds.org. Ms. Byers may also be reached directly at mbyers@marybyers.com or www.marybyers.com.
Referrals are good business

Referrals benefit patients and doctors and have a ripple effect that is advantageous to both. Frequently, the referring doctor finds that both the patient and the specialist will reward him by referring others to his care. Of course, the ultimate winner is the patient, who receives a higher level of care because his general practitioner referred him to a specialist. Referrals are made for various reasons, including a second opinion, clarification of an uncertain diagnosis, expertise needed for a complicated procedure, access to cutting-edge technology or to help a patient achieve increased form and function.

Primarily, patients want to know that the most skilled practitioner is treating them, that the treatment will be relatively painless and that it will not unduly disrupt their lives.

What this means is that clinical and administrative staff must treat the patient efficiently. How quickly they are seen is at least as important as the treatment they receive. In both instances, patients are evaluating both the practitioner who made the referral and the doctor who provides treatment.

A general dentist performs some similar procedures to those performed by the specialist. Results obtained from the general dentist should be as good, if not better, than those obtained by the specialist. Obviously, it is more beneficial if treatment can be delivered without the patient visiting another location. But we know that this is not always possible and that sometimes a referral is a good call.

When you refer a patient to a specialist, you are telling your patient that the quality of care is your primary concern.

For example, undiagnosed and untreated periodontal disease has resulted in too much litigation. Many of these unfortunate situations could be averted with a periodontal referral. Usually the doctor making the referral has a high level of confidence in the referring doctor. Similar patient care philosophies, trust and communication are all necessary. When patients are happy with their specialist, they are also happy with their general dentist. This can generate more patient referrals for both the dentist and the specialist.

However, the specialist must confer with the referring dentist. I have heard many dentists rightfully voice discontent when their patients have received care without their input. Keep the general dentist in the loop. One of the most satisfying things I experience, as the specialist, is getting to know many high-quality dentists. Interacting with colleagues on a personal level has many great benefits. Lifetime friendships have been established through the referral process. A good referral also reinforces the dentist-patient relationship and bond.

Preferential treatment of the patient again is fostered from both the dentist and the specialist. It also creates freedom for the referring dentist to do more of what they are very good at. This also eliminates the possibility of having an unexpected outcome from doing an infrequent procedure.

Specialists also refer patients to general dentists. We see many unattached patients in our office. Business transfers, out-of-towners and college students find their way to our OMS office without ever having seen a general dentist in the area. Many of these patients need a good general dentist. We refer to the dentists and other specialists in whom we have the highest confidence.

The referral process is complex. The roles of the participants change. Patients can change from being referred to referring others when they are happy and well cared for. Family, friends and co-workers have a way of wanting similar care or procedures.

The referral process works well when patients’ expectations are met or exceeded. However, when patients are dissatisfied the resultant negativity is far more detrimental to all. The problems that result from an unhappy patient are exponential rather than cumulative. If this unfortunate situation arises, it must be addressed with the utmost diligence.

Referrals are good business. They benefit all involved and, in my opinion, patient care is elevated.

Dr. Greene is a board-certified oral and maxillofacial surgeon. He may be reached at (773)327-2400 and www.oralandcosmeticsurgery.com
STATINS SHOW MIXED RESULTS IN TREATING CHRONIC PERIODONTITIS

Google the term “statins,” and you will at some point read the phrase “possible wonder drug.” A growing body of evidence suggests these cholesterol-lowering compounds that are now taken by at least 12 million people in the United States may also help to interfere with the advance of various diseases, including periodontal disease. The thinking is thus: because statins have documented anti-inflammatory and bone stimulating properties, they may help to counter the advance of chronic periodontitis and ultimately tooth loss.

In the June issue of the Journal of Periodontology, a team of National Institute of Dental and Craniofacial Research grantees and colleagues report mixed results in the first study to evaluate this possible link.

The scientists performed a retrospective analysis of dental and pharmacy data from a health maintenance organization in the Pacific Northwest to answer the question, “Do those who took statins within a window of three years after being diagnosed and treated for chronic periodontitis have a decreased rate of subsequent tooth loss compared to those not taking statins?”

Tracking the dental records of their 1,021-patient cohort for several years post-diagnosis, no consistent beneficial pattern of statin use on tooth loss could be observed.

The authors concluded, “Given the importance of finding more effective periodontal treatments and the plausible mechanisms for a beneficial impact of statins on chronic periodontal disease, exploration of these findings in well-controlled epidemiological studies may be worthwhile.”

DISCOVERY SUGGESTS ORAL BACTERIUM’S ROLE IN HEART DISEASE

Last year a team of National Institute of Dental and Craniofacial Research grantees published several intriguing new details about how the oral pathogen Porphyromonas gingivalis attaches to scavenging immune cells with its long, finger-like projections called fimbriae. Among these details was the discovery of a novel “inside-out” pathway that is wired with the immune cells. As described by the authors, once the fimbriae bind to a specific receptor on the surface of the immune cells, called monocytes, the receptor sends a signal inside the cell that curves back out to the surface and activates the so-called CD11b-CD18 form of integrin, a protein that附着 to scavenging immune cells, called monocytes and endothelial cells, all of which are found in blood vessels.

According to the authors, this greater adherence leads to transendothelial migration and suggests how monocytes may contribute to atherosclerosis or other inflammatory conditions. It also provides a plausible inflammatory mechanism whereby P. gingivalis may contribute to heart disease.

EARLY DRINKING LINKED TO HIGHER LIFETIME ALCOHOLISM RISK

Data from a survey of 43,000 adults in the United States heightens concerns that early alcohol use, independent of other risk factors, may contribute to the risk of developing future alcohol problems. Among all respondents who developed alcoholism at some point, almost half (47 percent) met the diagnostic criteria for alcohol dependence (alcoholism) by age 21.

In the study, “starting to drink” meant the age when respondents first drank alcohol, not counting tastes or sips.

In results that echo earlier studies, of those individuals who began drinking before age 14, 47 percent experienced dependence at some point, vs. 9 percent of those who began drinking at age 21 or older. While one quarter of all drinkers in the survey started drinking by age 16, nearly half (46 percent) of drinkers who developed alcohol dependence began drinking at age 16 or younger.

Early drinking was also associated with increased risk of having multiple episodes of alcoholism.

Key to understanding the relationship between early drinking and alcoholism risk is whether the act of drinking while young raises lifetime risk, or whether early drinking reflects an underlying predisposition for risky behavior in particular young people.

Even controlling for a number of risk factors and the effects of age differences among respondents, early drinking was associated with an increased risk of lifetime alcohol diagnosis.

The study appears in the July issue of Archives of Pediatrics and Adolescent Medicine.

EARLY RESEARCH INTO TREATING ENDOCARDITIS YIELDS NOVEL LEAD

Endocarditis is a potentially fatal infection of the heart’s endocardium, valves and the surrounding tissue. Its infec-
tious hallmark is aggregations, or so-called vegetations, of various bacteria, immune cells called leukocytes, and a matrix of the blood-clotting protein fibrin and blood platelets. Of the bacteria inhabiting these vegetations, the most frequently identified belong to the genus Streptococcus.

Previous animal studies in a well-established rat model of the condition indicate that the ability of streptococci to resist or avoid circulating immune cells may be an important step in the development of infective endocarditis. In the June issue of *Infection and Immunity*, scientists from the National Institute of Dental and Craniofacial Research take this discovery a step further with the oral bacteria Streptococcus gordonii, one of the well-established causes of endocarditis.

Using a well-established rat model of endocarditis, they show “significant differences” in the virulence of seven representative species of *S. gordonii*. Importantly, these differences appear to be correlated solely with the interaction of the bacteria with leukocytes.

The scientists found that after what should have been a deadly encounter with the leukocytes, nearly half of the strains responsible for severe endocarditis survived within the immune cells and ostensibly re-emerged to infect heart valves. Interestingly, among the non-infectious strains, nearly all were killed by the leukocytes.

In future studies, by identifying the genes that help the resistant strains survive the leukocytes, scientists may be able to glean new insight into the development of infective endocarditis and discover new approaches for its prevention.

**SCIENTISTS DISCOVER NEW FRONTOTEMPORAL DEMENTIA GENE**

Scientists have discovered genetic mutations that cause a form of familial frontotemporal dementia (FTD), a finding that provides clues to the underlying mechanism of this devastating disease. It may also provide insight for future approaches to developing therapies.

The mutations are contained in a single gene that scientists can now identify as responsible for a large portion of inherited FTD. A rare brain disorder, FTD usually affects people between ages 40 and 64 with symptoms that include personality changes and inappropriate social behavior. Published online July 16 in *Nature*, the research was funded by the National Institute on Aging (NIA), part of the National Institutes of Health.

The discovery builds on a 1998 finding of mutations in another gene that is responsible for a smaller proportion of inherited FTD cases. Amazingly, both the gene found in 1998 and the newly discovered gene were found on the same section of chromosome 17.

Today’s discovery appears to explain all the remaining inherited FTD cases linked to genes on chromosome 17 and may provide new insights into the causes of the overall disease process.

Geneticist Michael Hutton, PhD, of the Mayo Clinic College of Medicine, Jacksonville, FL, led an international scientific team to discover the new gene.

“This new finding is an important advance in our understanding of frontotemporal dementia,” says NIA director Richard J. Hodes. “It identifies a mutation in the gene producing a growth factor that helps neurons survive, and it suggests that lack of this growth factor may be involved in this form of frontotemporal dementia.”

FTD encompasses a set of rare brain disorders. While most cases are sporadic, an estimated 20 to 50 percent of the afflicted have a family history of dementia, according to the Association for Frontotemporal Dementias.

FTD affects the frontal and temporal lobes of the brain. People with FTD may exhibit uninhibited and socially inappropriate behavior, changes in personality and, in late stages, loss of memory, motor skills and speech. There is no treatment.

Hutton and colleagues began looking for genetic causes of FTD after a 1996 NIA-funded conference on the disorder. The conference, he recalls, encouraged researchers to cooperate, rather than compete, to find the FTD gene. At the start, they knew only that the inherited changes were linked to chromosome 17. Two years later, Hutton along with other researchers discovered that mutations in a particular gene on chromosome 17 were responsible for a subset of inherited FTD cases. That gene, called MAPT, contains instructions for a protein known as tau.

But, the researchers also knew there were many other families where FTD was inherited but without mutations in the tau gene. Further searching of chromosome 17 in the families without tau mutations finally turned up what is reported today — another set of mutations in another gene, this one containing instructions for the assembly of a protein known as progranulin. The progranulin, or PGRN, gene, makes a growth factor protein that stimulates cell division and motility during multiple processes including embryonic development, wound repair and inflammation. Scientists say it is unclear what role progranulin plays in the normal brain. In the FTD families, they explain, the progranulin mutations appear to cut short the assembly process for the protein in brain nerve cells (neurons), and the lack of progranulin eventually causes neurons to die.

Understanding how the mutations of the two different genes on chromosome 17 cause neuronal death might help scientists better understand the different pathways that cause dementia. The findings also suggest that PGRN may play a role in other neurodegenerative diseases, such as Amyotrophic Lateral Sclerosis (ALS) or Lou Gehrig’s disease, the researchers noted.

The study was conducted as part of the NIA-supported Alzheimer’s Disease Center at the Mayo Medical Center. In addition to NIA funding, the researchers were supported by several entities in the United States, Belgium, Great Britain and Canada, including the Mayo Foundation, the Robert and Clarice Smith Fellowship program and the Alzheimer’s Association.
Fat and fast food

1. **Sugar**, whether it in food or drinks, gives you a sudden boost of energy that is quickly followed by an insulin surge that causes your blood sugar level to plummet. The result? Two hours after eating, you feel famished and even tired. Replace simple carbohydrates, such as white bread or cookies, with complex carbohydrates, such as whole grains or fruit. “Sugar is supposed to be eaten, of course,” Dr. Oz said, “but it should come together with fat or some element like fiber—as you would find in fruit—so you can absorb it a bit more slowly.”

2. **High fructose corn syrup** is an additive that makes food tastes sweet, but it doesn’t work like natural cane or beet sugar. It actually affects your body’s normal ability to control your appetite. “It blocks the ability of a chemical called leptin, which is the way your fat tells your brain it’s there,” Dr. Oz explained. “It’s not so much the 150 calories in the soda pop—it’s the fact at that same meal you will normally consume an extra hundred calories of food than you would have.”

3. **White flour** (also called enriched wheat flour), if enriched is a no-no. It’s enriched because most of its healthy nutrients were destroyed when it was refined. The enrichment process puts some of those nutrients back in. “The reason they enrich it is because they already stripped out anything that was worth a darn in it, and they add a little bit back so it doesn’t look so bad,” said Dr. Oz. Instead, look for products made with whole grains and whole grain flours.

4. **Saturated fat**, which is found primarily in animal products, when placed at room temperature becomes solid—like lard. While it’s great to use as furniture polish and even lotion for your skin, you don’t want to eat it. Think what it will do to your arteries!

5. **Hydrogenated oils** turn into a solid at room temperature, allowing for a longer shelf life. Basically, it won’t go bad. But that makes the oil unhealthy to eat. Products that contain hydrogenated oil are labeled as “trans fats.”

What can you eat? Dr. Oz encourages you to cook with healthy oils, such as olive, sesame seed, flaxseed, grape seed and canola. The best foods you can eat are garlic, tomato sauce, spinach, raw nuts and pomegranates.

6. **EAT BROCCOLI AND WARD OFF HERPES.**

Preliminary lab studies of monkey and human cells conducted by researchers at the Northwestern Ohio Universities College of Medicine in Rootstown show that a compound found naturally in broccoli, cabbage and Brussels sprouts—indole-3-carbinol—may be a key to inhibiting the herpes simplex virus. And it works really well: The compound blocked the virus from reproducing by an amazing 99.9 percent—essentially 100 percent effectiveness.

The indole-3-carbinol compound works by interfering with factors that help cells reproduce. It inhibits the herpes simplex virus in the same way, since the virus needs those same factors as the cells to reproduce, reports WebMD and the Philadelphia Inquirer.

The researchers treated human and monkey cells with indole-3-carbinol. Then they infected them with one of two strains of the herpes virus: HSV-1, which can cause oral or genital herpes, and HSV-2, which causes genital herpes. The cells were also infected with a herpes virus strain that is known to be resistant to medication.

The indole-3-carbinol compound blocked the virus from reproducing by at least 99.9 percent. Best of all, since the compound is found in food, it’s safe.

Herpes differs markedly from other viruses. Once a person contracts it, the virus lives in the body for a lifetime. The American Social Health Association estimates that as many as 80 percent of adults in the United States have oral herpes, while 20 percent have genital herpes. Fully 90 percent are unaware they have the virus. There is no cure.

While this research news is promising, caution is advised.
until further studies are done. What works in the lab doesn’t always work on humans in the real world. Still, eating more broccoli is a good idea not only to prevent herpes, but also to possibly ward off cancer, cataracts and stroke.

MAKE HEALTHY FAST FOOD CHOICES
Most fast food chains have added healthier options to their menus in the past couple of years. No, I’m not talking only about bland salads without dressing; you’ll see that there are many juicy, tasty items to choose from. Good options include:

- The smallest size burger
- Grilled chicken salads or sandwiches
- Low-fat dressing and sauces (or none at all)

Avoid:

- Super sizes of anything
- Chicken nuggets
- High-fat sauces and dressings
- Onion rings
- Extra cheese

Burgers are never a very healthy option, but some people need their burger fix. The Burger King original Whopper Jr. (with no mayo) comes in at 310 calories, whereas McDonald’s has 260 calories and Wendy’s Junior hamburger has 280 calories. The McDonald’s and Wendy’s burgers have 9 g of saturated fat, while the Burger King burger has 13 g of saturated fat. But if you are on a low carb diet, Burger King is your best bet because the Whopper Junior has 31 g of carbs, while McDonald’s has 33 g. The Kentucky Fried Chicken Original Recipe breast with the skin removed and with a side of beans provides 190 calories and 5 g of carbs.

Keep in mind that if you must have side orders like fries with your meal, choose the smallest size possible, or try a plain baked potato or vegetables instead.

SOURCE: www.askmen.com

LOW CARB FAST FOOD IS STILL FAT WITH CALORIES
Frequently, foods are advertised as low in net carbs (the total grams of carbohydrates minus the grams of fiber). But even with few net carbs, foods can still have surprisingly high calorie counts. Take Subway’s three Atkins-friendly fresh salad offerings, for example. The Grilled Chicken and Baby Spinach Salad contains 5 g of net carbs, yet it also has 420 calories! That’s more than the 390 calories in the Classic Club Salad (9 g net carbs) and almost three times as many calories as the Mediterranean Chicken Salad (6 g net carbs).

Why the calorie explosion? The culprit is the fat.

The Grilled Chicken and Baby Spinach Salad has 26 g of fat (about half of what most women need in one day). By contrast, there are 21 g of fat in the Classic Club Salad and only 4.5 g of fat in the Mediterranean Chicken Salad.

The take-home message is simple: Look at both carbohydrates and fat grams to make the healthiest choices.

FRIGHTENING CONSEQUENCES OF OBESITY: HEALTH PROBLEMS MAY GO UNDETECTED FOR THOSE TOO LARGE TO BE SCANNED
It’s just a simple X-ray or ultrasound scan, but millions of Americans find these routine tests used to find tumors, blood clots, broken limbs and other injuries and diseased organs don’t work on them. Why? They’re too fat. Either they are too big to fit inside the scanners or their layers of fat are too dense for X-rays or sound waves to penetrate, Reuters reports of a new study from a team of radiologists at Massachusetts General Hospital.

And the problem is getting worse. Fully 64 percent of the U.S. population qualifies as overweight or obese. It’s so common that radiologists now use this phrase when they can’t get an image: “These images are limited due to body habitus.” In this study led by Dr. Raul Uppot, the researchers tracked the number of times this sentence was used in radiology reports from 1989 to 2003, including standard X-rays, computer assisted X-rays known as CT scans, magnetic resonance imaging and positron emission tomography.

“Overall, 7,778 or 0.15 percent of 5,253,014 reports were habitus limited,” the team wrote in the August issue of the journal Radiology. “It essentially doubled over the last 15 years,” Dr. Uppot said. The average weight of the patients who were too fat for X-rays and other scans was 239 pounds. “It is a major issue because. . . the patient may still have a tumor, the patient may have appendicitis, the patient may have other inflammatory processes,” Dr. Uppot added.
Neither snow, nor rain, nor heat nor gloom of night stays completion of his daily commute. Regardless of the forecast, Dr. Weeks uses a combination of bicycle and train travel to get from his Mundelein home to his office at the University of Illinois at Chicago College of Dentistry (nearly 90 miles round trip) daily.

“It’s really not that big a deal,” said Dr. Weeks, a clinical assistant professor who sees many benefits in his unconventional commute. “It’s a habit, and it’s one that I look forward to indulging it. I believe bicycles are a good way to get around.”

Dr. Weeks took up the cycling habit—one step toward an overall healthier lifestyle—five years ago, shortly after a milestone birthday. But there were also monetary motivations for the change. Biking to and from the train station enables Dr. Weeks to avoid the suburban parking fee, bus fare and the rising price of gasoline.

Beyond those benefits, however, Dr. Weeks is proud of his efforts to protect the environment. Biking to and from public transportation reduces his consumption of scarce resources, his contribution to air pollution and its effects on global warming, and his role in roadway and parking congestion.

“I also have two cars and a wife and two kids, and we live in the suburbs; there are times when you need to put the whole family in the car and go somewhere,” Dr. Weeks admitted. “But there is obesity, and the decreased availability of gasoline, and the greenhouse effect and all kinds of environmental problems festering around us, and I believe the bicycling is one answer to those problems.”

Outside of his commute, Dr. Weeks does the best he can. His family tries to combine trips whenever possible to minimize their gasoline consumption and the environmental effects of their car’s emissions. He’s considering a trailer for his bike to carry groceries and other parcels.

The City of Chicago’s Bike 2015 Plan calls for 5 percent of all trips of less than 5 miles to be made on bicycles and a 50 percent reduction in the number of bicycle accidents over the next nine years. Dr. Weeks’ experience demonstrates that it’s a feasible goal.

“Since I’ve been commuting with the bike I’ve found extra things I can use my bike for during the day. I can ride to the Starbucks’ mid-day, which is faster than walking. I can really go anywhere—anywhere downtown is within striking distance from Metra, and I don’t have to pay for parking or gas. It’s really liberating.”

Dr. Weeks uses a folding bike for these adventures. Models vary, but the concept is simple: the frame folds in half, the seat and handle bars drop down, and the resulting knot is compact enough to fit in a tote bag. In such a bag, folding bikes are allowed on all Metra trains at all times (they are considered luggage).

“I’ve checked my bike—folded up, in its bag—at the coat check at the Midwinter Meeting,” Dr. Weeks said. “Wherever I go, I can always take it inside with me and leave it in a corner of the room.”

The weather is never a problem. A motorcycle rider as a younger man, Dr. Weeks knows exactly what kind of equipment he’ll need to get through each of Chicago’s season.

“Ever since (former Chicago mayor) Mike Bilandic had that problem years ago, the city’s streets are always very well plowed,” Dr. Weeks said.
Why floss?

Do you still need to floss? You may be asking yourself that question if you’ve seen recent commercials that promise that certain mouthwashes or toothbrushes are as effective as floss.

If you’re like most Americans, you may already have a lax relationship with floss. In a recent survey, a majority of Chicago Dental Society members said that flossing was one of the most effective but most neglected ways to improve oral health.

What does flossing do? It removes particles from between the spaces of your teeth and below your gum line that your toothbrush can’t reach. It also removes plaque, a sticky substance that accumulates over time, causing tooth decay and periodontal (gum) disease. In short, it helps prevent cavities and keeps your gums healthy.

There are many types of floss available, so try a few until you find a type you like. There are waxed and unwaxed, flavored and unflavored, and regular and tape types. Waxed floss generally slides between teeth easier than unwaxed and flavored floss can leave a pleasant taste in the mouth. Tape floss is wider and flatter than regular floss.

If you are unable to floss easily, try a dental floss holder or intradental cleaners. The standard floss holder is Y-shaped and floss is wound between its two prongs. Intradental cleaners include brushes, picks or sticks, which can be used to clean between teeth and massage your gums.

Once you’ve found a floss product that works for you, use it every day.

To floss, cut off an 18-inch piece of floss and wind it around your index fingers.

Using your fingers as a guide, wrap the floss around your tooth in a C-shape and gently rub the floss against the side of tooth from its tip to below the gum line two or three times. Repeat this process on both sides of the tooth.

As you move from tooth to tooth, your floss will get dirty. Unwind extra floss from one finger and take up the slack with the other finger as you go.

Should your teeth bleed when you floss? Under normal circumstances, no. There may be instances when your gums bleed because of injury (like when you burn your mouth on a hot slice of pizza) or due to hormonal changes (some women are prone to inflamed gums during certain times of the month).

Bleeding during flossing may be a sign of periodontal disease and should be discussed with your dentist. Periodontal disease has been linked to tooth loss, cardiovascular disease and premature and low birth-weight deliveries, and may complicate existing illnesses, such as diabetes.

Talk with your dentist if you have any concerns about the health of your gums or the right way to floss.
You’ve come a long way, Navy

Elizabeth Giangrego

In 1942, as the United States geared up for its first full year of war, 1,198 men in Cook County were rejected for military service—nearly a quarter of them because they had poor oral health. Thirty percent of the 5,897 Cook County men examined by draft board physicians were rejected for active military service. The largest cause of the rejections was teeth or dental defects; twice as many men were rejected because of dental disease than for any other illness. Of course, it was wartime and the military could not be as choosy as it once was and eventually men with bad teeth were found fit to serve. The military’s answer was to extract all of the enlisted men’s teeth and give them dentures. However, the national disregard for oral health became a paramount concern and eventually changed the way Americans viewed disease prevention.

In addition to dentures, the military provided its recruits with toothbrushes and made sure they used them. The habit of regular brushing carried over into civilian life and that behavior change, combined with the addition of fluoride into municipal water systems, changed forever the oral health of the average U.S. citizen.

Dentists did their part during World War II, serving in all theaters of action. The first woman dentist to serve in the U.S. Navy was a CDS member. Dr. Sara H. Krout, of Evanston, was commissioned a full lieutenant. She closed her office at 55 W. Washington St. and reported for duty at Great Lakes Naval Base June 1, 1942.

Today, dental treatment for Seabees in the field rivals that of any high-tech stateside dental office with the deployment of a new, highly mobile dental treatment system. Authorized Dental Allowance (ADAL) 0261 brings Naval Construction Force (NCF) dentistry into the 21st Century with its reduced logistics footprint and advancements in dental technology over the previous Vietnam era version, ADAL 0260.

“The new ADAL will bring a tremendous upgrade to the efficiency and quality of dental care and provide Seabees in the field top quality treatment even in remote locations,” said Diana Williams-Criger, commodity manager, Naval Facilities Expeditionary Logistics Center, who managed initial outfitting and will oversee development of lifecycle support. ADAL 0261, originally designed for the U.S. Marine Corps as an expeditionary dental system, was developed through a collaborative Marine and Seabee effort. After more than three years of procurement and testing, the new ADAL is ready for Seabee use in the field. “This equipment is state-of-the-art,” said Capt. Floyd Campen, Force dental officer, First Naval Construction Division. “Condition-driven, solid state, electric technology, digital X-ray capability and Charles Horse [named after the designer, Charles Darling] container system are the hallmarks of this new system. Compared with the old ADAL, the equipment is lighter, smaller and more rugged, allowing ease of transportation and years of service in any global environment.”

Advances in logistics and technology are impressive. Even with a reduction of 700 pounds and 16 cubic feet, the new ADAL includes a complete dental treatment system that is transported using two four-wheeled collapsible carts versus the previously required 17 containers. Computer technology is used to provide digital X-ray capability, and laptop computers provide for medical diagnosis in the field and placement of dental X-rays directly into the patient’s chart. Resupply of consumable items is handled with seven simple re-supply blocks that are ordered through the MEDLOG system, simplifying the reordering process. The blocks, configured as drawers, are stored in the Charles cart container.

Lt. Cmdr. Mathew Stephens, dental officer with Naval Mobile Construction Battalion (NMCB) 23, got the opportunity to check out the new ADAL when the system was displayed at an NCF Medical/Dental Conference in Port Hueneme in early February. Stephens, who had boxed up an old ADAL while on duty in Iraq in January 2005, said, “On the old ADAL, there was no transportation system, this one has one built in with the cart. When I boxed up the old ADAL, it took a complete MTVR to transport. With this new one, you can get it in and out of anywhere. Literally in the back of a pickup truck I could carry my whole dental unit. Just the size of it alone is worth its weight in gold.”

In total, the NCF dental system will include seven new ADALs to better serve Naval Mobile Construction Battalions on deployment and participating in field exercises (FEX). Three units will be staged at Naval Construction Battalion Center, Gulfport, MS, and four units at Naval Construction Battalion Center, Port Hueneme, CA. Each Seabee port will keep two ADALs in homeport for training purposes and use at FEX, while forward deployed sites (Okinawa, Guam, Rota) will have a portable unit for use by the deployed NMCB.
**BRANCH NEWS**

**NEWS FROM THE HOME FRONT**

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**Englewood**
Noreen Salmon, DDS
Thomas Salmon, DDS

Director Bob Matthews installed John Green Jr. as our branch president. Ceremonies took place at the Edgewood Valley Country Club and included the installation of our board.

The Englewood Branch extends its condolences to Mike Gorski on the recent death of his mother.

**Gene Walchirk** and family vacationed in Hawaii in August. He’s been rooting for the White Sox and hoping his team will win another World Series. Gene will attend the April meeting of the American Association of Endodontists in Philadelphia.

While Ed Wydra spends more time in Florida, his practice is in Sharon Lyn-Malinowski’s capable hands. Congratulations, Sharon!

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**NORTH SIDE**
Gene Romo, DDS

Hello, CDS members! My name is Gene Romo, and I’m the branch correspondent for the North Side Branch 2006-07 season. We have an exciting schedule, which

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**CDS SPECIAL EVENTS FOR 2007**

**RUN WITH THE BULLS**
Enjoy the return of the thundering Chicago Bulls, led by all-stars Ben Wallace and Kirk Hinrich, when they face the Boston Celtics at the United Center Tuesday, March 13, at 7:30 p.m.

Tickets will be sold online only, at www.cds.org, beginning at 9 a.m., Monday, Nov. 13. Members are limited to four tickets for this event. Seating is in section 309, rows 1-12. The regular ticket price is $35. Member cost is $25 (a $10 subsidy).

**CDS PICNIC TO RETURN TO SIX FLAGS GREAT AMERICA**
After three successful trips to Six Flags Great America in Gurnee, the Special Events Committee has decided to return for the 2007 CDS Family Picnic Wednesday, July 18.

As in previous years, members, including associate members, will be entitled to four free admission tickets and four free tickets to the picnic, which will take place 3-5 p.m. in the Grove on Great America property. Admission to the Six Flags Hurricane Harbor water park is included. The four-ticket package is valued at $179.60.

All ticket reservations for CDS special events are handled exclusively online at www.cds.org. More information on when members can obtain tickets to the 2007 CDS Family Picnic will be made available in February.

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**KENWOOD/ HYDE PARK**

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**NORTHWEST SIDE**
Kenneth Hauser
Contact Pauline Sarantopoulos (Dr. Hauser’s office manager)
5422 W. Devon Ave., 2nd Floor Chicago 60646
(773)775-0810
kenneth.hauser@aoamembers.org

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**WEST SIDE**

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**SOUTH SUBURBAN**
Dominik Dubravec
555 W. Court St., Suite 202
Kankakee 60901
(815)932-0554
dubravec@ameritech.net

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**WEST SUBURBAN**
Jiten Patel
522 Chestnut St., Suite GA
Hinsdale 60521
(630)655-3636
jitenbp@yahoo.com

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**KENWOOD/ HYDE PARK**

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**NORTHWEST SUBURBAN**
Russell Spinazze
10 N. Ridge Ave.
Mount Prospect 60056
(847)255-7080
rspinazze@ameritech.net

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**SOUTH SUBURBAN**
Carol Everett
2140 Clarence
Bervyn 60402
(708)788-8700
carett@ameritech.net

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**WEST SUBURBAN**

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will include a Chicago Bulls game and a family bowling night. This season kicks off Sept. 19 with a tour of Heart Scan Chicago, featuring a lecture by Andy Rosenson, MD. Dr. Rosenson has spoken about heart disease on Oprah. For more information, please contact Isaac Yue at yuesmiles@gmail.com or Mary Hayes at mjhayes@msn.com.

Mary Tierney opened her new office this past spring and she is looking forward to serving her patients at her new location: City Kids Dental, 4700 N. Western Ave., Suite 1A, Chicago 60625. Mary is a board-certified pediatric dentist.

Barry Freydberg completed a three-city lecture tour for the FDI. First in Wollongong, Australia, then Kuala Lumpur, Malaysia, followed by Dubai, United Arab Emirates. He managed to fit in a few rounds of golf. While in Dubai, he had a hole-in-one on a beautiful Troon course, The Montgomerie. While in the Dubai desert, he also checked out the indoor skiing.

Marvin Berman’s children and grandchildren are following his theatrical tradition. His daughter, Lauren, is directing Brighton Beach Memoirs at the Metro Points Theater, which features her son, Noah, and daughter, Naomi, in major roles. Marv’s other son, Paul, is appearing as a pediatrician in San Antonio.

ATTENTION NORTH SIDE BRANCH: If you have any news or photos you would like to share, please contact me at drgeneromo@aol.com.

NORTH SUBURBAN
Richard Egan, DDS

The North Suburban Branch held its installation dinner at the Knollwood Country Club, during which Mark Humenik was installed as president and the other officers were sworn in for 2006-07. The Wine Guys, Dave Fulton Jr. and Paul Kattner, provided the entertainment.

Congratulations to Colleen and Bill Holohan on the successful move into their beautiful, new Northbrook office.

Bill Nickel, also in Northbrook, is in the process of creating a state-of-the-art office in which to continue his solo oral surgery practice.

Rich Egan spent the summer traveling to Cooperstown, NY, for his son’s baseball tournaments.

NORTHWEST SIDE
Kenneth Hauser, DDS

The Northwest Side Branch installed its new officers on a luncheon cruise ship, the Spirit of Chicago, out of Navy Pier. The new officers for 2006-07 are: Timothy Tishler, president; Sal Storniolo, president-elect; Russell Cecala, vice president; Samuel Grandinetti, secretary; and Jeffrey Wittmus, treasurer.

Tom Schneider and his family spent the weekend before Memorial Day in Galena so he could complete his seventh Galena Triathalon. While in Galena, the family stayed with friends who own a small farm and enjoyed horseback riding and fishing in their pond. Tom made it back in time to attend the Northwest Side
Branch Installation, where he was the installing officer. This was especially meaningful because the new president happens to be Tom’s brother-in-law, Tim Tishler.

David Kumamoto presented a lecture to the Milwaukee Dental Study Club on Sports Dentistry in March. He also completed a two-year term as chair of the UIC Campus Alumni Advisory Board. Dave is very involved in serving on research committees.

Peter Haupers, John Petrie, Dennis Spinazze, Kevin King, Paul DiFranco, Sam Ciccarelli and Harold Arai spent a week at the Cloister Hotel in Sea Island, GA. The purpose of the trip was continuing education, but they managed to find ample time to play golf on the resort’s three beautiful courses.

NORTHWEST SIDE: Ken Hauser and his family spent part of their summer in Wyoming celebrating his parents’ 50th anniversary. He is pictured with his wife, Jasmine, and daughters, Isabelle and Olivia.
Paul Bjork’s youngest son, Brian, graduated from high school and is attending Michigan State University to study chemical engineering.

This is the sixth summer Jeff Wittmus provided dental care for an orphanage in Armenia; he spends one week treating 150 kids between the ages 8-16. On his return trip, he stopped in Vienna and Rome.

Michele Bogacki’s daughters, Natalie and Olivia, really enjoyed their summer vacation after all of their athletic practices ended. During their winter vacation, the family enjoyed a Disney Cruise to the Caribbean and skiing in Park City, Utah. And thanks to Michele’s husband, John, the family spent most of the summer in their newly remodeled cottage on Lake Como in Wisconsin. Feel free to drop by: 13 West of Mars Resort.

Sal Storniolo’s sons, Anthony and Frank, are on the Naukee’s Baseball Youth Team together. During the Memorial Day weekend, Sal and Angie along with their three boys traveled to Dallas to celebrate two graduations. In addition to visiting family, Sal attempted to fine tune his golf skills and Angie her shopping technique.

In June, Kenneth Hauser (along with the help of his wife and staff) hosted a barbeque for friends and family at Lake Michigan. Some of the doctors who were able to attend were April Hocking, Martin Karowski and Sarah Schneider and their children. Ken’s staff did a wonderful job of feeding everyone even though the weather didn’t cooperate. In July, Ken, his family, along with his parents, brothers and sister and their families spent two weeks in Wyoming, celebrating his parents’ 50th anniversary. The entire family spent time at The Red Rock Ranch, and enjoyed lots of fun and games and horseback riding.

Mary Starsiak attended the Resurrection Monarch Ball March 10 at the Chicago Hilton, where Jay Leno entertained. Mary has been a member of the Resurrection Corporation Fund Development Board for the last three years and the Chair of the St. Mary and St. Elizabeth Fund Development Council for the last six years.

NORTHWEST SUBURBAN
Russell Spinazze, DDS
Welcome back for the 2006-07 season. Hopefully we all enjoyed the summer and are ready for another riveting season at the Northwest Suburban Branch.

Ted Borris had a rousing send-off
dinner at Makray Golf Club. We should all say thank you again to Ted and his wife, Carol, for a job well done. The time and effort put in over the year are immeasurable. Ted celebrated by spending a week golfing in the U.K. this past June with the always willing and able Gerald Spinazze.

Our new board was sworn in at Makray Golf Club that same evening:

Steve Banks (our new president, is pictured with our new board) Matt Gauthier, Ed Segal, Dan Greising, and Tina Smith-Arpino.

It is always good to see friendly faces at the Spouses’ Night event. Dennis Faith and his wife, Judy, attended with Mary Ann and David Zak. Lorelei Grise and her husband, David Cole, enjoyed the evening, as well.

Thank you to Jeff Kemp, who organized another great golf outing this year at Kemper Lakes Golf Club in May. The winners this year were Kevin King, Tim Brouder, Dan Wuerl and Dennis Spinazze. Congrats!

The rumor mill is evidently in full swing at the Northwest Suburban Branch. Multiple branch members have approached Kevin King and have asked if he is retiring. You heard it here and straight from the horse’s mouth: Kevin is NOT retiring. We do not know where the rumor began.

Congratulations to William Perkinson, who successfully passed the American Board of Oral and Maxillofacial Surgery examination this spring. He is now officially a diplomate of the American Board.

Thank you, and I look forward to hearing from all of you during the year.
### Milestones

<table>
<thead>
<tr>
<th>APPLICANTS</th>
<th>DECEASED MEMBERS</th>
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| **Amante, Glenn V.**  
University of Illinois, 2006  
1037 S. Oakley Blvd., Chicago  
West Side | **Goldman, Sol**  
University of Illinois, 1947  
1401 Burr Oak Rd., Hinsdale 60521  
West Suburban  
Passed away March 31. |
| **Anonuevo, Charles T.**  
University of Illinois, 2006  
345 N. LaSalle St., Chicago  
North Side | **Kosiek, Robert S.**  
Chicago College of Dental Surgery, 1951  
5237 S. Natchez Ave., Chicago 60638  
West Side  
Passed away June 1. |
| **Aswath, Vinay**  
University of Illinois, 2006  
405 W. Wesley Ave., Oak Park  
West Side | **Moses, Norman L.**  
Chicago College of Dental Surgery, 1936  
1771 W. Mission Hill, Northbrook 60062  
West Suburban  
Passed away July 3. |
| **Beltran, Asia B.**  
University of Illinois, 2006  
1050 W. George St., Chicago  
North Side | **Morgan, Sara M.**  
University of Illinois, 2006  
1506 N. Cleveland Dr., Chicago  
North Side |
| **Castor, Patricia**  
University of Illinois, 2006  
701 S. Wells St., Chicago  
West Side | **Pless, Sarah E.**  
University of Illinois, 2006  
732-516 S. Financial, Chicago  
Kenwood/Hyde Park |
| **Charkas, Ahmad F.**  
University of Illinois, 2006  
1726 W. Harrison, Chicago  
West Side | **Patel, Vilpa R.**  
University of Illinois, 2006  
1997 Dunmore Pl., Hoffman Estates  
Northwest Suburban |
| **Chen, Cynthia**  
University of Illinois, 2006  
2835 Breckinridge, Naperville  
West Suburban | **Sagi, Shalini**  
University of Illinois, 2006  
100 Forest Pl., Oak Park  
West Side |
| **Cruz, Omar R.**  
Harvard School of Dental Medicine, 2006  
1600 W. Dempster, Park Ridge  
Northwest Side | **Saparia, Amit H.**  
University of Illinois, 2006  
3449 E. 193rd St., Lansing  
South Suburban |
| **Cullinan, Sean W.**  
Nova Southeastern University, 2006  
2640 Golf Rd., Glenview  
North Suburban | **Sarma, Thomas A.**  
University of Illinois, 2006  
1441 Flournoy St., Chicago  
West Side |
| **Hauf, Katherine A.**  
University of Illinois, 2006  
860 N. Lakeside Dr., Vernon Hills  
North Suburban | **Sheffer, Janet**  
Northwestern University, 1982  
770 Busse Hwy., Park Ridge  
Northwest Side |
| **Kandimalla, Kalpana N.**  
University of Illinois, 2006  
1111 Burlington Ave., Lisle  
West Suburban | **Stanek, Magdalena E.**  
University of Illinois, 2006  
9331 Landings, Des Plaines  
Northwest Suburban |
| **Kralj, Mladen**  
Tufts University, 1991  
55 S. Main St., Naperville  
West Suburban | **Szpaderska, Anna M.**  
University of Illinois, 2006  
4239 S. Maple, Brookfield  
West Side |
| **Mao, Jane P.**  
University of Illinois, 2006  
299 N. Dunton Ave., Arlington Heights  
Northwest Suburban | **Szysdelko, Christopher R.**  
University of Illinois, 2006  
17W724 Butterfield Rd., Oakbrook Terrace  
West Suburban |
| **Tan, Rosemarie C.**  
University of Illinois, 2006  
815 S. Bishop St., Chicago  
West Side | **Tassane, Jill A.**  
University of Illinois, 2006  
8432 Spruce Dr., Orland Park  
South Suburban |
| **Thurman, Olga L.**  
University of Illinois, 2006  
685 Le Parc Circle, Buffalo Grove  
North Suburban | **VertHecke, Brent M.**  
University of Illinois, 2006  
1422 W. Polk St., Chicago  
West Side |
| **Vowels, Caroline R.**  
University of Illinois, 2006  
2436 W. Wilson, Chicago  
North Side | **Weitzman, Lauren R.**  
University of Illinois, 2006  
1455 N. Sandburg, Chicago  
North Side |
| **Turyk, Sergei**  
University of Illinois, 2006  
9016 N. Washington Dr., Des Plaines  
Northwest Suburban | **Yuen Michael D.**  
University of Illinois, 2006  
815 S. Bishop, Chicago  
West Side |
SOUTH SUBURBAN
Dominik Dubravec, DDS

Thanks to Neelima Chiru for her past contributions as our branch correspondent. We appreciate your work at keeping us updated on our members and branch events.

Our annual branch golf outing was held June 2 at Coyote Run in Flossmoor. Everyone had a great time golfing and getting together. There’s plenty of time for you to improve your scores for next year’s outing!

South Suburban Branch President Mike Mintz is making every effort to help our membership grow. Mike and Joe Noetzel have assembled a great line-up of speakers and topics for our 2006-07 branch meetings, which this year will be held at Idlewild Country Club in Flossmoor.

We encourage our members to bring their staffs to the October meeting. Dental hygienists who are ISDS hygiene members are also invited to attend our continuing education programs.

The South Side Branch thanks Ingrid Shults for her 22 years of service as full-time supervising dentist of the dental hygiene program at Prairie State. Patricia Stifter, who for 19 years has been an adjunct faculty member at the school, will replace Ingrid. This year, 36 students are enrolled in the program. We welcome them to the field of dental health.

WEST SIDE
Carol Everett, DDS
Donald Tuck, DDS
Susan Zelazo-Smith, DDS

We hope you had a pleasant summer and that we will see you at this year’s branch meetings.

Best wishes to Ed Walsh and his wife, Joan, who in July became the proud grandparents of Noah Emmet. Brother, Caleb, and parents, K.C. and Sue Walsh, welcomed Noah.

CDS obtained the tickets and Marcy and Russ Umbricht and Lynn and Don Tuck were on hand July 9 to see the Cubs beat the Brewers 11-4 in Milwaukee.

Be sure to check the CDS Web site www.cds.org in December for information about the many Special Events available to members in 2007.

West Suburban
Jiten Patel, DDS

Congratulations to Mark Sloan, who was installed as president of the West Suburban Branch. Mark is now practicing in Joliet. Thanks also to Dean Nicholas, for his leadership as president this past year.

Our 2006 golf outing took place at Bolingbrook Golf Club. Despite a rainy start, the event was a success and drew a great crowd. The winners were Mark Ploskonka, our current secretary, and Chris Alpers, one of the outing’s sponsors.

As the new West Suburban Branch correspondent, I look forward to reporting on our branch’s news and events. If you have any information you would like to share with our branch please contact me at jitenbp@yahoo.com.

ACDS
Eleanora Bruni Perry

Greetings valued ACDS members. I hope this column finds you all well and winding down with relaxing summer activities, because ACDS is gearing up for wonderful events.

Sept. 29: ACDS General Meeting
We’ll meet at Phillips Flowers in Westmont. A hands-on flower demonstration will be followed by lunch, at a location to be deter-
In our effort to make the CDS Review more vital to CDS members, we encourage members to submit digital photographs for Branch News to their branch correspondent(s). While digital photography has many advantages, use of it in print requires some basic understanding of its limitations. Please follow these tips when submitting photos for Branch News.

PHOTOGRAPHS VS. DIGITAL PRINTS: What’s the difference? Generally speaking, a photograph is an image printed from film. The image is reproduced in continuous color, meaning there are no gaps between colors. Conversely, a digital print is made by combining four colors—cyan, magenta, yellow and black—in a dot matrix pattern where the colors, shapes and angles of the dots determine the image.

Since digital prints are made from a series of dots instead of continuous color, the scanner picks up those gaps in color. Scanning a digital print creates a file with a moiré pattern that is further exaggerated when printed in the magazine. Therefore, we will not use digital prints for publication. Instead, send us the original file taken by the camera.

There are a few telltale signs that will help you recognize a digital print from a photograph:
• The dots are visible to the naked eye when one looks closely
• Digital prints tend to exhibit a bluish cast
• Low resolution digital prints will exhibit bitmapped or razored edges between sharply contrasting colors (i.e. hair and face)
• The paper often offers clues. If the paper says Dell or HP, it’s a safe bet you have a digital print.

QUANTITY: We have limited space to print Branch News. Therefore, we try to limit branches to three photos per issue. Feel free to submit as many photos as you like. We will choose the best three based on a number of factors, including composition, quality, relevance and number of photos we have of a particular member for one issue (i.e. if you submit five photos, but three are of the same member, we will likely only use one of the photos with that member).

COMPOSITION: When submitting photos, consider both the person(s) pictured and the readers. Would you want a picture of your glassy-eyed self holding a cocktail printed in a magazine that mails to other professionals? Would some members take offense viewing a picture of a dentist posing with a bloody animal he just killed? Photos of people eating or drinking/holding alcoholic beverages are considered especially unflattering.

When taking pictures yourself, don’t be afraid to get too close to the subject. There is a limit to that built-in zoom lens of yours. Photos of people taken across the room are generally poorly lit, out of focus and the subjects wind up taking a back seat to the background. Use perspective to fit the background into the shot. The person in the picture is always the primary subject. Just because he/she is in front of the Eiffel Tower doesn’t mean you have to get the whole building into the shot.

QUALITY: Given the limited space, photos that are out of focus, poorly composed or unflattering to the subject are generally rejected—even if it means running fewer than three images for that branch.

RELEVANCE: Try to choose photos that are timely. If the photo is of a Christmas party, it’s not particularly relevant to publish in the May/June issue.

WHAT TO SEND: When sending digital images, send only the original files taken by the digital camera.

Do not scan printed photos or transparencies for submission. Instead, for quality control purposes, send the photograph to your branch correspondent to have CDS to scan. Please indicate if you want them returned when we are finished.

For best results, submit photos printed on glossy paper, not matte paper. When scanned, photos on matte paper appear speckled, as the scanner detects the difference in the texture of the paper.

FILE TYPE: As most digital cameras save images in the JPEG file format, we urge caution in the handling of such files. JPEG is a compressed file format. Each time a file is saved as a JPEG, information is discarded that affects the quality of the image. So re-saving a JPEG file more than once results in an image that appears blurry or bitmapped when printed. This is why we ask you to only send the original file taken by the digital camera. CDS can also accept EPS, TIF and RAW files.

RESOLUTION: For CDS publications, we print photos at a resolution of 300 dots-per-inch (dpi). As a rule of thumb, one can only reduce the size of a digital photo and not enlarge it. Enlarging the photo causes a loss of resolution and the result is a poor quality printed image. A 6” wide image at 72 dpi can only be run at 1.44” wide when converted to high resolution (300 dpi) for print. Do not send low resolution files (files saved at 72 dpi) unless you are sending the original file created by the digital camera.

SIZE: Save the image as large as possible, so that can be printed at least 5” wide at 300 dpi.

NEED HELP? If you have any questions about the image you want to submit for Branch News, feel free to call Tom Long at (312)836-7326, or e-mail tlong@cds.org.
Can **YOUR** office afford OSHA’s stiff penalties?

OSHA requires annual training for all healthcare workers with potential exposure to bloodborne pathogens. Learn how you and your office staff can satisfy most of your yearly OSHA regulations by attending one of the Chicago Medical Society’s OSHA Training Workshops. This 2-hour workshop addresses the process and importance of maintaining an exposure control plan and also provides a handy workbook you can reference throughout the year.

THE CHICAGO MEDICAL SOCIETY
in collaboration with the Chicago Dental Society
ADA ESTABLISHES AWARD TO HONOR DENTIST HUMANITARIANS

The ADA has established a new award that will annually honor a member whose work sets a shining example of humanitarians for others in the profession.

The new ADA Humanitarian Award, which the ADA Board of Trustees will confer, will debut in 2007. The ADA Center for International Development and Affairs (CIDA) will administer the new award, developed by the Association’s Committee on International Programs and Development (CIPD). A member of the Council on Access, Prevention and Interprofessional Relations will assist CIDA with nomination review.

“So many dentists just give so much of their time and resources to help others,” says Dr. Greg Chadwick, CIPD chair. “They don’t do it looking for thanks, but we think it’s important that the ADA recognizes them and their extraordinary efforts.”

The new award is designed to recognize “individuals who have distinguished themselves by outstanding, selfless leadership and contributions to their fellow human beings in the field of dentistry through the dedication of extraordinary time and professional skills to improve the oral health of underserved populations within the United States and/or abroad.”

Potential recipients are individuals whose volunteer work and leadership:

- Contribute significantly to alleviate human suffering and improve the quality of life and oral health of those served
- Demonstrate significant leadership and outstanding humanitarian volunteer accomplishments that bring honor to the profession
- Serve as an inspiration to the dental profession
- Show a commitment to humanity and selflessness in regard to direct personal or organizational gain or profit
- Establish a legacy of ongoing value and benefit to others.

LINCOLN PARK INSTITUTE EARNs ACCREDITATION

The Lincoln Park Institute for Oral and Cosmetic Surgery in June become the first oral and maxillofacial surgery practice in the city of Chicago to receive accreditation under the Office-Based Surgery Accreditation Program of the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). A nonprofit organization, JCAHO has provided healthcare accreditation since 1951 and is considered the United States’ most respected, independent accreditation group.

The Lincoln Park Institute is one of only three oral and maxillofacial surgery practices in Illinois accredited under JCAHO’s Office-Based Surgery Accreditation Program.

“This is a great achievement for our entire staff, culminating nearly a year of careful preparation to ensure we met JCAHO’s rigorous standards,” said Drs. Marvin Greene and David H. Hanson, the Institute’s co-founders. “To receive JCAHO accreditation, we had to meet or exceed 500 areas of compliance. This sharpened our already rigorous standards and improved every facet of our practice and patient care.”

JCAHO estimates that there are approximately 30,000-40,000 office-based surgery practices in the U.S. The organization says fewer than 300 are currently accredited under its Office-Based Surgery Accreditation Program. JCAHO reported that the number of outpatient surgical procedures performed in 2005 in physician offices and ambulatory surgery centers surpassed those performed in hospitals. JCAHO accredits approximately 85 percent of all hospitals in the U.S.

ADA JOINS COALITION URGING HEALTHCARE TRANSPARENCY LAWS

The ADA has joined professional medical groups in urging support for legislation aimed at reducing patient confusion about their doctors’ credentials.

“The American Dental Association has long been concerned about instances where unlicensed individuals hold themselves out as fully licensed dentists, especially those who target immigrant populations,” said ADA President Bob Brandjord. “Patients can be seriously harmed by unscrupulous health care providers. This bill would go a long way toward ensuring that every patient knows exactly who is providing his or her care.”

Rep. John Sullivan (R-OK) and bipartisan cosponsors introduced the Healthcare Truth and Transparency Act in the U.S. House of Representatives June 27 with the support of the Coalition for Healthcare Accountability, Responsibility and Transparency (CHART), whose members include the ADA. The bill, HR 5688, was referred to the Committee on Energy and Commerce.

“My legislation would make it unlawful for a licensed healthcare provider who is not a medical doctor (MD), doctor of osteopathic medicine (DO), doctor of dental surgery (DDS) or doctor of dental medicine (DMD) to make deceptive statements or engage in deceptive behavior to mislead patients and the public into thinking that he or she was a MD, DO, DDS or DMD, or that he or she possessed the same or equivalent skills, education and training,” Rep. Sullivan said.

Other CHART members include the American Medical Association, American Academy of Ophthalmology, American Academy of Otolaryngology—Head and
they showed abundant growth itself in saliva, but, together form a mutualistic interaction: saliva-fed biofilms in vitro to together two oral species in gations were shown to bring biofilms. In addition, coaggreaggregate, and coaggregations were recently confirmed plaque often adhere to one another, calling this phenomenon “coaggregation.”

Over 1,000 oral bacteria already have been shown to coaggregate, and coaggregations were recently confirmed to be extremely important in the formation of dental plaque biofilms. In addition, coaggregations were shown to bring together two oral species in saliva-fed biofilms in vitro to form a mutualistic interaction: neither species could grow by itself in saliva, but, together they showed abundant growth (mutualism) in these model biofilms. Exactly how these two bacteria communicate with each other during mutualistic growth is not understood.

In the June issue of Molecular Microbiology, National Institute of Dental and Craniofacial Research scientists and colleagues report they may have solved some of the mystery. In studies of a dual-species oral biofilm formed in free-flowing saliva, they show Actinomyces naeslundii and Streptococcus oralis coaggregating pairs are mutualistic when the latter produces a signaling molecule called autoinducer 2, or AI-2, which scientists suspect may serve as a bacterial Esperanto for interspecies communication. They determined the optimum levels of this signaling molecule in suppressing or promoting mutualistic biofilm formation.

The group also raised an intriguing, though speculative, possibility. Both A. naeslundii and S. oralis are commensals, which are bacteria that inhabit the mouth without normally causing disease.

“We propose that coaggregation and AI-2 signaling have synergistic effects in the production of protective commensal communities,” the scientists wrote. “In the absence of the concentration of AI-2 required for optimal commensal community growth, opportunistic bacterial pathogens might infiltrate the community more easily.”

**EARLY DETECTION KEY TO SURVIVING ORAL CANCER**

Each year, approximately 30,000 people in the United States are diagnosed with oral or pharyngeal cancer, and oral cancer is responsible for about 8,000 deaths. An alarming percentage of people diagnosed with oral cancer (15 percent) will not survive the first year, and only 59 percent will survive the first five years.

Early detection is key to improving prognosis, according to Donna Warren-Morris, a nursing professor at the University of Texas Houston Dental Branch, and Pamela Wade, an instructor at the Tyler Junior College School of Dental Hygiene, who wrote about oral cancers in the June issue of the Texas Dental Journal.

The five-year survival rate, for instance, is doubled if cancerous lesions are diagnosed and treated when they are less than 2 cm and tripled if less than 1 cm.

Dentists and dental hygienists have not only the opportunity but also a professional obligation to examine their patients’ oral cavities for signs of cancer, the authors argue. “Every dental practice should have a protocol for oral cancer screenings so that each patient receives, at the minimum, a yearly exam,” they wrote.

Aside from examination, it is important to screen patients by asking them about risk factors for oral cancer. This includes a technique called the Five A’s:

- Ask the patient about his or her tobacco use (what type, how frequently, etc.)
- Advise the smoker to quit
- Assess the patient’s readiness to quit
- Assist those who are ready to quit, and
- Arrange a follow-up contact within a week of the quit date.

**USE PROFIT-AND-LOSS STATEMENTS TO TRACK PRACTICE’S PROGRESS**

Using a profit-and-loss (P&L) statement can help practice owners determine the amount of money they bring in compared to the amount spent on expenses to provide services.

Debra Lane, a certified public accountant, writes in the June issue of Colorado Dentistry that a P&L, besides helping a business owner calculate net profits, can also show how efficiently...
the business is being run. When using a P&L expense account, it is helpful to divide expenses into subgroups. For example, Ms. Lane suggests using the following categories: production, staff, facility, administration, depreciation and amortization, and doctor’s compensation. She suggests using a P&L to make sure expenses as a percentage of income are shown, which is especially helpful in tracking a practice’s progress from year to year. Typically, she said, expenses of a dental practice look like this:

**Overhead:** less than 62 percent (calculated before depreciation, amortization and doctor’s compensation)

**Lab fees:** 8-12 percent

**Dental supplies:** 4-6 percent

**Staff expenses:** 24-28 percent

**Facility expenses:** less than 8 percent

**Administrative expenses:** 8-12 percent

A dentist with expenses (i.e., overhead) higher than the industry norm should take the time to discover why.

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The publication of an advertisement in the CDS Review is not to be construed as an endorsement or approval of the product or service being offered.
MEETING PLACE
A GUIDE TO DENTAL MEETINGS AND CE COURSES

UPCOMING MEETINGS

NOVEMBER
7: Kenwood/Hyde Park

7: Northwest Side
George Warga, DDS: Split Therapy and How it Applies to Restorative Treatment. Colletti’s Restaurant, 5707 N. Central Ave., Chicago. Cocktails: 6:30 p.m.; Dinner: 7:30 p.m.; Meeting: 8:30 p.m. Contact Spencer Bloom, (773)777-3309.

14: Englewood

14: North Side
Steven Steinberg, DDS: How Do You Know? A Discussion of Evidence-based Dentistry. Cocktails: 5 p.m.; Dinner: 6 p.m., The Grill on the Alley, 909 N. Michigan Ave. (in Westin Hotel), Chicago. Meeting: 7 p.m. at Heart Scan of Chicago, 100 E. Walton, Chicago. Contact James Robinson, (312)263-5090.

14: North Suburban
Joel Epstein, DDS: Meth Mouth. Maggiano’s Little Italy, 175 Old Orchard Shopping Center, Skokie. Cocktails: 6 p.m.; Dinner: 7 p.m.; Meeting: 8 p.m. Contact Marty Rogers, (847)729-8400.

14: Northwest Suburban

14: South Suburban

14: West Side

14: West Suburban
Jiten Patel, DDS, MS: Endodontic Emergencies in the General Dental Office. Maggiano’s Little Italy, 240 Oak Brook Center, Oak Brook. Cocktails: 6 p.m.; Dinner: 6:45 p.m.; Meeting: 7:30 p.m. Contact Paul Kemp, (630)515-1414.

DECEMBER
4: Odontographic Society of Chicago
Alvaro Figueroa, DDS. Chicago Athletic Club, 12 S. Michigan Ave., Chicago.

12: North Suburban

12: West Side

PLANNING A MEETING? Fax your meeting information to: (312)836-7337; or e-mail: review@cds.org.
When submitting information, be sure to include the subject, date, time, location, speaker name and degree, as well as the name and phone number or e-mail of the contact person. Only meetings open to all CDS members are listed.

REGIONAL MEETING

NOVEMBER 8
John Molinari, PhD: Infection Control Update for 2006 CDS Regional Meetings are 9 a.m.: 2:30 p.m. Drury Lane, 100 Drury Ln., Oakbrook Terrace. 5 CE hours. Educational meetings are free to all CDS members and their auxiliaries, as well as dental hygienist members of the Illinois State Dental Society. A $250 fee is charged to dentists who are not ADA members, which may be applied to membership for the current year. Registration is not required for any regional program.

STUDY CLUBS

MONDAYS
Greater Evanston Dentists Association
Meets first Monday of every month, noon-1 p.m., Gio Restaurant, 1631 Chicago Ave., Evanston, Contact Roger Nouneh, (847)475-7754.

TUESDAYS
Central Lake County Dental Study Club
Meets the third Tuesday of every month at noon, January-November, Jimmy’s Charhouse, 1413 Peterson Rd., Libertyville. Contact David Maddox, (847)263-1801.

FRIDAYS
Uptown Dental Forum

Waukegan Dental Study Group
Semi-monthly meeting for lunch, noon to 2 p.m., Waukegan Ramada, 200 Green Bay Rd. Contact Rob Bard, (847)244-0155, or Rod Morrow, (847)689-1213.
FOR RENT

LINCOLN PARK: PROFESSIONAL building has 1,000-2,200 square feet ideal for dental office. Building has doorman and valet parking. Call Matt at (312)953-1798.

SIX-PLUS ROOMS WITH THREE operatories fully plumbed on ground floor of medical center. Free telephone answering and common reception area. Reasonable rent. We have the name of a dentist willing to share office space. 3420 W. Peterson Ave., Chicago, (773)267-0020.

LOOKING FOR A DENTIST: New shopping center in Elk Grove Village on Devon Ave. Will finance build-out. Also future sites in Round Lake, Elgin and Carol Stream. (630)894-1277 ext. 11.

OAK BROOK AREA: Excellent location for dentist or dental specialist. Modern building with atrium, 1,100 and 2,000 square feet available. Landlord will assist in build-out and remodeling cost. Call (630)279-5577 or visit www.brittanyoffices.com.

RENT/SPACE SHARE: 2,500-square-foot freestanding building. Excellent visible location in Highland Park. Great opportunity for specialist or general dentist. Call (847)274-1281.


OAK BROOK OFFICE: EXTREMELY RARE opportunity to lease five fully equipped operatories designed for function. Five Siemens and one Siemens Orthopan X-ray units. Twin Head Pelton-Crane headlights and a-dec units. Must see to believe. Unlimited parking, most central to affluent and growing Oak Brook business and residential communities. Turnkey operation. Just move in and prosper. No burden of big loans. Please Call (312)791-1013 or e-mail wkwanddsmd@aol.com.

Rental/Space Sharing for Specialist: All specialties invited. Dental office located on very busy street in Aurora. Fully equipped dental chair(s) and office staff provided. Rent negotiable. (630)801-0088.

GRAYSLAKE GENERAL DENTIST HAS SPACE for lease. Looking for a specialist: endo, ortho, perio, pedo, oral surgeon. Great location on Route 83, next to schools. Please call (773)807-9083.

SPACE SHARING

NEWLY DECORATED AND EQUIPPED, including IV sedation, dental office is available for space sharing with specialist or GP. Located west of Old Orchard mall, at the exit from I-94 and close to public transportation. Call Dr. Abe Dumanis, (847)329-9858. Fax resume to (847)329-9768.

SHARE SPACE IN A BEAUTIFUL, state-of-the-art dental office. Excellent visibility and high traffic. Great new DDS or satellite office. For information, call (847)657-0750.
RENT/SPACE SHARING: Beautiful Glenview office in great location with high visibility. Excellent opportunity for GP or specialist to start own practice with possible future buyout. Flexible hours. Rent negotiable. grahamdentist@hotmail.com.

POSITIONS WANTED

FOR THE COMFORT of your patients: General dentist is available to work in your office, performing surgical extractions and removal of impacted third molars. Fax inquiries to (847)738-8535.

EXPERIENCED PERIODONTIST/IMPLANTOLOGIST seeks part-time work in your general practice. Why refer when you can have everything done in-house? Reply to Box J0606-A1, CDS Review.

DENTIST SEEKS P/T POSITION: General dentist seeks P/T associateship position. Twelve years experience in all phases of dentistry and latest procedures. Prefers North Shore or northern suburbs. (847)738-8535.

DENTIST SEEKS FT/PT: Recent graduate looking for FT/PT associate position in the north and northwest suburbs. Look forward to hearing from you. beatonk@gmail.com.

PERIODONTIST/IMPLANTOLOGIST: Seeking PT/FT employment or in-house arrangements with GP for all perio needs. Well versed in implant dentistry/grafting. Call (630)209-2869.

OPPORTUNITIES

IMMEDIATE POSITION AVAILABLE. We are looking for an associate to work in our near southwest suburban practice on a guaranteed income basis commensurate with experience. If you are interested in discussing this further, please write to us at Box F1102-A2, CDS Review.

ASSOCIATE WANTED: Busy South Side Chicago practice is looking for associate 2-3 days per week. New graduates welcome. If interested, please call (773)247-0404. Ask for Maria.

GENERAL DENTIST: Progressive group practice in Northern Illinois seeking full-time general dentist. Excellent wage and benefit package—may lead to partnership. Please call Carol at (815)397-4280, ext. 110.

EXCEPTIONAL DENTIST ASSOCIATE WANTED
Established, highly successful FFS dental practice with $2+ million in revenue seeks PT associate with flexible hours.
- Two years experience in private practice or GPR required.
- Guaranteed daily salary, plus commission.
- Practice is located 30 minutes from downtown Chicago in Dyer, IN.
E-mail resume to dratcha@gmail.com or fax resume to (847)251-3515

OPPORTUNITY TO JOIN practice in West Town. Must be enthusiastic, personable individual with good people skills. Full- or part-time. Call Nidza at (773)235-1171.

GENERAL DENTIST: FULL- OR PART-TIME. Partnership available as well. Very high income potential. We are a seven-dentist group practice with specialists. Three locations. 95% fee-for-service. No Public Aid. Call Harry at (773)978-1231.

EXPERIENCED DENTIST NEEDED: Space, equipment, staff and management available in downtown Glen Ellyn. Professional Building. Contact Louanne at (630)545-9127.

ENDODONTIST AND DENTIST WANTED: Schaumburg general practice seeks part-time endodontist and dentist to join our team. Excellent opportunity for recent graduates. Polish speaking desired. Fee-for-service, no HMOs. (847)534-7000.

DENTIST NEEDED: FT/PT associate for offices in Chicago and Western Suburbs. Earn $250,000-350,000 working in a great environment with paid malpractice and health insurance. Fax (312)274-0760 or e-mail dwolle@gmail.com.

EQUITY ASSOCIATESHIP AT PREMIER fee-for-service practice located in NW suburban Chicago. This full-service, fine restorative practice is in a free-standing professional building on busy street one mile west of Route 53. The practice is committed to excellence and seeks a dentist interested in an exceptional practice opportunity. Wonderful patients and growth opportunity with an exceptional dental team. Please reply in confidence with your objective, CV and written goals to Box M0306-A3, CDS Review.

ELEGANT NAPERVILLE GENERAL PRACTICE
seeks part-time
General Dentist • Endodontist • Oral Surgeon
Please call or leave a message at (773)742-2110

GENERAL/COSMETIC-MINDED GENERAL dentist: High profile, established North Shore cosmetic practice seeks entrepreneurial mover and shaker with constant desire to improve, learn and grow. Candidate must be a team player who is open to constant improvement. Must have experience with cosmetic and restorative dentistry and desire for future ownership. Send resume and goal information to makeoverdoc@sbcglobal.net.


GROWING LOCKPORT PRACTICE IN booming southwest corridor seeks part-time associate with opportunity for partnership buy-in after two years. Initially, two days per week, including alternate Saturdays. I offer an established, 100% FFS practice, including a successful part-time orthodontist. My competent staff is a true team, putting patient quality first. Efficient business systems in place generate strong financial returns. The right candidate will offer excellent diagnostic, treatment planning and clinical skills with proficiency in endo. Your personality and enthusiasm make you pleasant to work with, Your communication skills should turn treatment plans into treatment. Please forward CV with specific explanation describing why this offer interests you. Fax (630)257-0592 or e-mail maureen@amarigroup.com.

DENTIST WANTED to examine, evaluate and treat patients at the Infant Welfare Society of Chicago dental clinic. Dentist will work within guidelines established by the American Academy of Pediatric Dentistry and the clinic in a prompt manner, including counseling parents and children on preventative dentistry, and accurate and legible charting. Other responsibilities may be assigned by the dental director as needed. Candidates must be graduates of accredited dental programs with IL licensure and either post-graduate training in pediatric dentistry or one year experience treating children. Reply with CV to Box F1105-F2, CDS Review.
GROWING DENTAL PRACTICE IN NILES seeks part- to full-time dentist. Call (847) 297-4815.

DENTALCARE PARTNERS is an established practice management development company operating in nine states (Illinois, Indiana, Michigan, Ohio, Pennsylvania, Wisconsin, Kentucky, Tennessee and North Carolina). We are currently seeking highly motivated general dentists as well as specialty dentists and orthodontists for full- and part-time positions. The ideal candidate must be concerned with quality patient care, be a team player and have a strong desire to learn, grow personally and professionally. Benefits will include a guaranteed salary with attractive earning potential, partnership opportunity, 401(k), health insurance, term life and vision insurance, short- and long-term disability, malpractice insurance, paid vacations and continuing education. Interested candidates please contact Deborah Hammert at (800) 487-4867, ext. 2047, e-mail her at dbammert@dcpartners.com, or fax resume to (+40) 684-6942.

PEDODONTIST AND ENDODONTIST wanted to join state-of-the-art specialty-only practice with offices in Grayslake and Buffalo Grove. Rewarding opportunity in a very creative setting. Send resume to Box E0905-E1, CDS Review.

ENTREPRENEURIAL, ENTHUSIASTIC dentist wanted: Downtown Chicago practice. Excellent opportunity to develop advanced diagnostic and treatment skills and grow professionally. Potential for ownership/partnership. E-mail CV and note what you are looking for now and in five years. What are your entrepreneurial ideas for marketing yourself? seniordoc@gmail.com.

OUR FEES-FOR-SERVICE PRACTICE ON Chicago’s Northwest Side includes three restorative dentists, periodontist and orthodontist. Lab in-house. We treat many comprehensive full restorative cases, including implants. We are looking for a general dentist experienced in cosmetic and restorative dentistry and an orthodontist. We are also looking for a Polish-speaking, caring individual who is willing to share his knowledge with others and learn from our experienced professionals, and have an appreciation of practice management. Please call (773) 625-2626.

DOWNTOWN EVANSTON general practice is looking for a special dentist who truly cares about his/her profession and patients. We have a beautiful office and a great location. Associateship leading to partnership. Evanston is growing, come grow with us! E-mail your response to busydds@hotmail.com.

DENTAL DIRECTOR WANTED to manage all activities of the dental clinic at the Infant Welfare Society of Chicago. Director will supervise dentists and hygienists, provide leadership for all dental staff, and provide clinical dental services for patients. Duties include hiring and supervising staff, including annual merit review for each staff member; developing job descriptions as needed; maintaining and verifying personnel files; developing policies and procedures in accordance with the American Academy of Pediatric Dentistry guidelines; managing dental services; and negotiating equipment purchases and dental contracts. Candidates must be Board-certified pediatric dentists and licensed in IL, and have two years experience with post-graduate training in pediatric dentistry. Reply with CV to Box F1105-F1, CDS Review.

ORTHODONTIST NEEDED: Established, multi-specialty practice in Joliet seeks part- to full-time orthodontist to treat existing and new patients. Fax resume to (815) 741-0170.

GREAT OPPORTUNITY FOR GP to work independently in a busy, state-of-the-art Barrington office two days a week. PPO/FFS. Fax (847) 842-0564.

PEDODONTIST NEEDED: Progressive group practice in Northern Illinois seeking a pedodontist. Days/hours negotiable. Please call Carol at (815) 397-4280, ext. 110.

ASSOCIATES WANTED for established practice in western suburb. General office offers part-time opportunity for the right individual. Call (630) 803-0581 or fax CV to (630) 872-0206.

OPPORTUNITY FOR SPECIALISTS: Dentist with 25+ years experience is expanding practice. Three plumbed operatories, one surgical suite and great support staff. Practice is located in southwest suburb with easy access off I-294. New graduates welcome to apply. Please send inquiries to dlappell@comcast.net or call (708) 598-4055.

ENTREPRENEURIAL IDEAS FOR MARKETING YOURSELF: What are your entrepreneurial ideas for marketing yourself? For now and in five years. What are your entrepreneurial ideas for marketing yourself? E-mail CV and note what you are looking for now and in five years. What are your entrepreneurial ideas for marketing yourself? seniordoc@gmail.com.

REWARDING OPPORTUNITY IN A VERY CREATIVE SETTING. Send resume to Box E0905-E1, CDS Review.

FULL-TIME, TWO HOURS SOUTH OF Chicago. Well established, general practice in Bloomington, IL, seeks full-time associate with opportunity for partnership. Beautiful, high-tech office providing comprehensive fee-for-service only dental care. Generous base, bonus package, comprehensive benefits including medical and malpractice coverage and more. Send resume to Stuart Raney at (800) 313-3863, ext. 2295 or e-mail sraney@affordablecare.com.

AVAILABLE IMMEDIATELY: Progressive private practice in exploding Southwest corridor seeks endodontist, orthodontists and oral surgeon, 2-3 days/week. GP will provide patients and make scheduling available. Newly built-out space available. Please fax CV to Best Image Dental, (815) 727-2153.

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FULL-TIME ASSOCIATE, TWO HOURS SOUTH OF Chicago. Well established, general practice in Bloomington, IL, seeks full-time associate with opportunity for partnership. Beautiful, high-tech office providing comprehensive fee-for-service only dental care. Generous base, bonus package, comprehensive benefits including medical and malpractice coverage and more. Send resume to Stuart Raney at (800) 313-3863, ext. 2295 or e-mail sraney@affordablecare.com.

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ASSOCIATE DENTIST NEEDED IN PEORIA, IL. Enjoy the friendly, stress-free and patient-focused practice that you have always wanted to be part of. Seeking full-time associate dentist. Will consider part-time as well. Ideal candidate would be dentist that is comfortable performing extractions. Full-time associate dentist will receive a generous base and bonus package, comprehensive benefits including medical and malpractice coverage and more. To learn more contact Stuart Raney at (800) 313-3863, ext. 2295 or e-mail sraney@affordablecare.com.

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ENTREPRENEURIAL IDEAS FOR MARKETING YOURSELF: What are your entrepreneurial ideas for marketing yourself? For now and in five years. What are your entrepreneurial ideas for marketing yourself? seniordoc@gmail.com.
PART-TIME DENTIST NEEDED: Established practice on North Side of Chicago (Kedzie and Lawrence) seeks part-time dentist. Newgrads welcome. Fax your resume to (773)583-8986.

GP/PEDO POSITION NEEDED: Busy West Town Chicago group practice seeks GP/pedo for employment. Large referral base. Interest in IV sedation a plus. Fax resume to (847)492-8865.

PRACTICE TO LEASE—ELGIN: Minimum 18 month commitment. You will net $100,000-$150,000 working about 25-30 hours/week. High fees and all FFS (no HMO and almost no PPO). Gross is $375,000-$450,000. Call (815)814-1313.

$150,000+ GREAT CHANCE for motivated general dentist to work independently. Income based on production. Earn $150,000+ annually. P/T or F/T. Two Chicago locations. E-mail dentalcare2020@yahoo.com or fax (773)772-8033.

STUCK IN A DEAD-END ASSOCIATESHIP? Growing office in south suburban Crestwood is looking for an experienced and enthusiastic dentist to associate for a few months, then become a partner. Modern, perfectly designed office, 100% FFS, cross-trained staff, great hours. Owner dentist treats all general procedures, plus TMJ, orthodontics and nonsnorin/sleep apnea. Perfect opportunity to own without the headaches of a start-up. E-mail CV to kmbdmd@hotmail.com or call Dr. Kevin Bargamian with any questions.

FAST GROWING GROUP PRACTICE in Romeoville seeks motivated GP to join our progressive team 2-3 days a week. Excellent income potential. Fax resume to (630)968-6037.

ASSOCIATE DENTISTS NEEDED: in a busy group practice with offices in Naperville, Aurora and Oswego areas. We offer state-of-the-art dental facilities with friendly staff. An excellent opportunity for motivated dentists. For more information please fax resumes to (630)364-5746 or e-mail ashton.dental@yahoo.com.

$300,000 ANNUAL SALARY guaranteed for full-time, experienced general dentist in Chicago. The $300,000 salary is the starting salary, with an increase to $350,000 within 18 months of your start date. Must be proficient in endodontics, veneers and crown and bridge. Call (312)933-5730 or fax resume to (312)849-9109.

DENTIST AND HYGIENIST/ASSISTANT (with coronal polishing and pit and fissure sealant certificate) needed for school-based dental sealant program in the Cicero area. Three days/week, school hours. Phone: exams only, approximately $400-$500/day ($500-$400/day for hygienist/assistant), depending on speed. Fax resumes to (708)226-0248.

ASSOCIATE DENTIST: Growing office in Berwyn area is looking for a PT general dentist with future opportunity of partnership. Recent graduates welcome. Please fax your resumes to (708)788-3666.

DENTISTS: EXPERIENCED ASSOCIATE general dentists needed. DDS or equivalent + course work in prosthodontics. Illinois license required. Send resume to (847)560-0597.

PART-TIME GENERAL PRACTITIONER needed for Elk Grove and Chicago Loop offices. Start 1-2 days/week. Salary based on 6-8 hour day. Call (312)819-1460 for interview.

GENERAL DENTIST: Established group practice in the Midway Airport area seeks part-time full-time general dentist. Multi-specialty office offers excellent opportunity for the right individual. New graduates are welcome. call (773)284-1645.


OPPORTUNITY FOR GROWTH Palos Heights office looking for dentist w/potential for partnership. Ideal location for anyone looking to develop a practice or relocate to larger, more technically-advanced dental office. Newly built, state of the art office. Six chairs (four left-hand delivery but will convert two), digital X-rays, intra- & extraoral cameras, multi-user computer system, dual TV/monitors in each room. Non-HMO practice, focusing on quality. Two hygienists, great staff. Excellent opportunity. Call Terry Bartolini at (708)425-7474.

GENERAL DENTIST NEEDED AS PART-TIME associate two or three days per week near UIC campus. GPR training with endo and extractions proficiency required. Salary based on production. Call Ted, (312)226-1537 weekdays, 10 a.m.-6 p.m.

NORTH SHORE AREA: Associate needed for modern, state-of-the-art North Shore office on the cutting edge, with the option for a future partnership available. Please call (847)328-9900.

GENERAL DENTAL PRACTICE in Arlington Heights looking for associate or partner to buy into practice as solo general dentist wishes to decrease his working hours. 100% FFS. Phone (847)902-9093.

GENERAL DENTAL PRACTICE in Chicago seeks part-time associate who is comfortable working with children. Three days per week and some Saturdays. Call (773)522-0855, fax CV to (773)522-7440 or e-mail dentalopps@yahoo.com.

MULTI-SPECIALITY PRACTICE looking for an endodontist, oral surgeon and periodontist to join our interdisciplinary team. Two modern, busy locations. This is an excellent opportunity with an attractive earning potential. Fax resume to (773)527-3208 or e-mail gmdddbax@hotmail.com.

GENERAL DENTISTS: MODERN DENTAL clinic in O’Hare area looking for a general dentist, leading to partnership. Also looking for a part-time general dentist. No HMO, PPO. Send resume in confidence to: P. O. Box 59193, Schaumburg, IL 60159-0193.


GENERAL DENTIST WANTED—Bloomingdale: Part-time (2 days/week), friendly person to join our team. Experience a plus. No HMOs. Fax resume to (630)894-9185.

ENDODONTIST: Downers Grove group needs to expand again. Join our existing full-time endodontist one or two days per week in our newly remodeled Downers Grove office. All FFS. Experienced staff. Contact Dr. Robert Hurdle: sailor3739@comcast.net.
BLOOMINGTON/NORMAL, IL: Consider joining a well-established dentist in a definite ownership track opportunity with flexible partnership options. Practice has more than 2,000 records, excellent collections and a great staff and facility. Contact Cathy at (309)452-0273 or e-mail cnottoli@verizon.net.

PEDIATRIC DENTIST WANTED for a very busy office on the west side of Joliet. Flexible hours. Please contact Kim at (815)725-4269, Mondays-Thursdays.

ASSOCIATE WANTED: LONG- or short-term 1-4 days per week, in Elgin. 12-6+ p.m. $350+/per day. (815)814-1313.

PRACTICE TO LEASE—ELGIN: Minimum 12 month commitment. You will net $100,000-$150,000 working about 18-22 hours/week. High fees and all FFS (no HMO). Needs about $10,000 working capital. Doctor will mentor. Gross is $375,000-$450,000. Call (815)814-1313.

NEW EQUITY OPPORTUNITIES AVAILABLE. The premiere name in dentistry is offering opportunities for select individuals. Practice Ownership, Professional Development, Production Based Payout, New Offices, Latest Technology and Established Brand. For more information please visit www.designdental.com/opportunities.

SPANISH-SPEAKING BILINGUAL DENTIST wanted: Two dental clinics. Located in Park Ridge, across from Lutheran General Hospital, and Albany Park in Chicago. Provide comprehensive general dentistry, including implant dentistry and orthodontics. Call (773)988-8971 or fax resume to (773)539-1036.

ASSOCIATIONS WANTED

GENERAL DENTIST ASSOCIATE: Our well-established (1911) private group practice, located in downtown Chicago, seeks another general practitioner, FT or PT, to join our practice as an independent contractor associate. The incoming new associate can either have an ongoing patient following or join us without a patient following. In either case, we will refer patients, new and established, to the new associate to keep him/her busy, initially, at least part time. This is an ideal arrangement for a general dentist to work on his/her own patients within a group environment, without the stresses of maintaining the physical structure of an office, thus providing ample private time and energy to devote to a family, retirement activities or other personal interests. If interested, please call (312)649-1854 evenings.


CDS SEeks TABLE CLinICS PARTICipANTS for the 2007 Midwinter Meeting. Table Clinics are 15-minute table top presentations that may cover a wide variety of subjects. To participate, visit www.cds.org/mwm, click on the “Call for Lecturers” link, download the Table Clinic Application, complete it and send it to CDS with an outline of your presentation and your CV.

CONTACT:
Chicago Dental Society
Al Kleszynski, DDS
Director of Scientific Programs
401 N. Michigan Ave., Suite 200
Chicago, IL 60611-5585
Fax: (312)836-7329
E-mail: akleszynski@cds.org
FOR SALE BY BROKER

SENATE MANAGEMENT:
COMING: Lisle, Roselle, Waukegan, Northwest Indiana.
ILLINOIS LISTINGS:
BROOKFIELD #7088: New listing! Two operatories with possible expansion. Street level storefront. Newer equipment. $240,000 collections. FFS and PPO.


CHICAGO #7083: New listing! Stand-alone dental building near the new Chicago Fire Soccer Stadium. Recently updated.

CHICAGO #5003 (Loop): Under contract! Five operatories in the Pittsfield Building. $307,000 collections. 850+ active patients. Seller financing option.

CHICAGO #7090 (Montrose & Western): Under contract! Three operatories in a stand-alone building. $400,000 collections. FFS and PPO. Newer equipment. Doctor retiring.

CHICAGO #7035 (Streeterville): New listing! Three new operatories in Lake Point Towers. Beautiful views. Paperless. 100% FFS. Doctor relocating.

CHICAGO #6076 (Belmont & Austin): Motivated seller! Three operatories at street level. $200,000 collections. FFS and PPO. Make an offer!

CHICAGO #7082 (Belmont & Pulaski): Sold! Two operatories at street level. $200,000 collections. FFS, PPO and PA. Busy area. Well established office.

HIGHLAND PARK #7061: New listing! Four operatories in professional building. Equipment and build-out only, no patients. Great start-up!

LINDENHURST #6075: Four operatories + two plumbed in a strip mall. Modern build-out. Equipment only, no patients. Low cost start-up.


Call Wendy Pesavento at (888)264-2797 or (630)466-9690, e-mail pesavento@sbcglobal.net or visit www.senatemanagement.com.


SELLERS NEEDED. We have qualified buyers for your practice!

CHICAGO LOOP: Three opportunities in Loop. CHICAGO, NORTH: Near Evanston, 100% FFS. Two operatories grossing mid-$200,000s.

CHICAGO, NORTHWEST: 100% fee-for-service. Five-operatory practice grossing $600,000. Associate to purchase.

NORTHBROOK: Small starter in a professional building. Two operatories, fee-for-service patient base, collections in mid-$100,000s.

NORTHWEST SUBURBS: Grossing $1.8 million. Pending.

CRYSTAL LAKE: Newer equipment, digital office, cheaper than building out.

NORTHWEST LAKE COUNTY: Pending.

LAGRANGE/HINSDALE AREA: Six operatories, digital practice, Panorex, bleaching room. $800,000 gross. Brand new facility.

BROOKFIELD/LAGRANGE AREA: Two operatories, low overhead. Practice with undeniable potential. Grossing $190,000.

FOREST PARK: Grossing $250,000, three operatories. Building for sale with the practice.

CRETE: Newer equipment, grossing $250,000. Practice attached to doctor’s home. Real estate for sale.

ROCKFORD: Fantastic patient base purchase opportunity. $470,000 gross. 100% fee-for-service. Doctor will transition.

ROCKFORD AREA: 100% fee-for-service practice grossing upper-$200,000s. Three operatories, building for sale with practice.

NORTH CENTRAL ILLINOIS: Grossing $150,000, includes building.

NORTH CENTRAL ILLINOIS: Grossing $400,000. 100% FFS, includes building.

NORTHWEST ILLINOIS: Small starter in a rural community. Building for sale with the practice.

WISCONSIN, Janesville: beautiful, 1,800 square-foot office includes five treatment rooms fully computerized with digital X-ray and CEREC unit. Well-trained and dedicated staff. Two full-time hygienists. Owner retiring: will help with transition if desired. Contact Deanna Wright at (800)730-8883 or deanna.wright@henryschein.com.

HENRY SCHEIN PROFESSIONAL PRACTICE Transitions: Associateships; equity buy-ins; practice sales; practice valuations; we have qualified BUYERS. Contact Al Brown at (800)668-0629 or al.brown@henryschein.com.

CHICAGO: Owner retiring from this well-established three-operatory office. Tremendous upside. Purchase of building also an option.

COOK COUNTY: Owner of high end Practice with over $1.2 million annualized growth rate seeking 50% partner in northern suburbs.

COOK COUNTY: Excellent opportunity to acquire patient base for a merger or to start new Practice from. This $500,000 annual production office.

KANE COUNTY: Great Location. One of fastest growing counties Illinois. Three operatories with room for growth as current dentist works part time!

INDIANA-Madison County: Well established practice with historical production of approximately $500,000 annually. Recently remodeled, four operatories and plenty of room for expansion.

WISCONSIN, Janesville: beautiful, 1,800 square-foot office includes five treatment rooms fully computerized with digital X-ray and CEREC unit. Well-trained and dedicated staff. Two full-time hygienists. Owner retiring: will help with transition if desired. Contact Deanna Wright at (800)730-8883 or deanna.wright@henryschein.com.

FOR SALE BY BROKER

GLENVIEW CUSTOM HOME WITH DENTAL OFFICE
5,000 sq. ft. with ground level dental office.

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HENRY SCHEIN PROFESSIONAL PRACTICE Transitions: Associateships; equity buy-ins; practice sales; practice valuations; we have qualified BUYERS. Contact Al Brown at (800)668-0629 or al.brown@henryschein.com.

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COOK COUNTY: Owner of high end Practice with over $1.2 million annualized growth rate seeking 50% partner in northern suburbs.

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KANE COUNTY: Great Location. One of fastest growing counties Illinois. Three operatories with room for growth as current dentist works part time!

INDIANA-Madison County: Well established practice with historical production of approximately $500,000 annually. Recently remodeled, four operatories and plenty of room for expansion.

WISCONSIN, Janesville: beautiful, 1,800 square-foot office includes five treatment rooms fully computerized with digital X-ray and CEREC unit. Well-trained and dedicated staff. Two full-time hygienists. Owner retiring: will help with transition if desired. Contact Deanna Wright at (800)730-8883 or deanna.wright@henryschein.com.

FOR SALE BY OWNER

GENERAL DENTIST WANTED to take over practice, Evanston/Chicago area. Great location, great opportunity! Must sell!
canine22@sbcglobal.net.

HOMEWOOD GENERAL PRACTICE for sale. Part-time, three days a week, 2005 gross: $155,000 High profit margin (708)341-6023.

INDIANA—MERRILLVILLE: Offering a 1/3 partnership or two 1/4 partnerships in a still-growing general dentistry practice gross collecting $2,038,000 with 45% overhead. Purchaser will net $30,000-$38,000 per month in a 24-hour work week. All new facility and equipment. Purchase price: $679,000 for 1/3; $509,000 for 1/4, with 25% down. Call (219)769-9388.

ORLAND PARK: 100% fee-for-service, great location in lucrative area. Four modern, fully-equipped operatories and Panorex. Ample parking, free-standing building on ground level. Call (219)924-8018.

NORTHWEST SUBURB: 100% fee-for-service (almost no PPO), net $150,000-$175,000+ working 18-20 hours per week, 44 weeks/year. Two PT employees. (815)814-1313. Priced for quick sale.

NORTH SHORE PRACTICE: First time listed. 100% fee-for-service, $500,000+ gross, 4 operatories, Dentrix-Schick, beautiful office. Fantastic opportunity for immediate sale. For details, write Box J0606-A3, CDS Review.


CABINETS AND DENTAL CHAIRS FOR SALE. Great for a starter practice. Three dental chairs and three a-dec dental cabinets, rear delivery, for sale. Ready to sell, make us an offer. Very good condition. Call (773)774-4611. Ask for Anna or Geri.

ESTABLISHED, 24-YEAR-OLD PRACTICE located in Midway Airport area. Options include immediate or transition buy-in/buy-out, or possible partnership. No temporary associates. Call (708)424-5700 or e-mail doctoruby@sbcglobal.net.

TWO DENTAL OFFICES FOR SALE. Well-established practices located on the north side of Chicago, in a great business area and with a low overhead. The clinics include two and three operatories, laboratory and offices. Very reasonable price. Call (773)764-0054, (708)652-8466 and (847)477-4452.

FANTASTIC LINCOLN PARK CORNER location above Starbucks, general and cosmetic-oriented boutique-type practice for sale. Collected $300,000 on only 2 and 1/2 days a week. Four ops, all new hi-tech equipment. Great patient base with unlimited potential for increased income. (708)460-3500 for more info.

WELL-ESTABLISHED, GENERAL PRACTICE ready to make the transition to a new owner. Comprehensive dental care, Cerec, Panorex, intraoral camera and supportive staff. Located in Kalamazoo, MI, an area that is attractive, offering many city features with a lower cost of living. One-dentist office has averaged $1.3 million over the past 5 years. A great opportunity for the right person with three or more years experience. For more information, fax (269)523-2005, or e-mail juux6@comcast.net.

GLENVIEW DENTAL OFFICE FOR SALE: Two operatories, fully equipped, with third room plumbed. Beautiful office with excellent visibility and location. Excellent opportunity for recent grad GP or specialist to start own practice. All equipment is in great condition, cheaper than build-out. Owner relocating. glenviewdentist@hotmail.com.

SEMI-RETIRED GENERAL PRACTITIONER of 20 years is going into full retirement. Excellent opportunity for starting solo general practitioner to fully equip an office, including business office, reception area, two operatories, lab and private office—virtually everything necessary to practice general dentistry, plus all the small items at an exceedingly reasonable cost. Call Dr. Amenta at home: (847)891-5915 or office: (847)533-4555.

ESTABLISHED, FULL PHASE PRACTICE for sale at Milwaukee/Kedzie in the Logan Square area in Chicago. Contact Dr. Lau at (630)805-4057 or fax (708)366-5465.

PRACTICE FOR SALE: General dental practice, well-established, with good visibility in north suburban Wilmette. Growing patient base, $120,000 gross on only 2 1/2 days. PT dental assistant and PT administrative. Owner relocating out of state. Asking $70,000 or best offer for immediate sale. Call (847)256-9095 or e-mail wilmette_dental@yahoo.com.

LAKE FOREST: 40-year-old dental practice. 1,300 square feet with improvements. Excellent parking. Dentist retiring. Write Box A0102-A2, CDS Review.

DENTECH CHAIR AND "RADIUS" DELIVERY system, excellent condition. Will sell as package or individually. $2,500-$1,500 or best offer. (815)725-7900.

ZOOM BLEACHING UNIT, model #2009, for sale. Original Price: $2,156. Asking $1,275 OBO. Call (708)799-1600.
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The CDS Midwinter Meeting is widely regarded as one of the best dental meetings in the country, earning a reputation as the respected leader in scientific dental meetings. Our meeting has gained this reputation through the dedication and hard work of our members who volunteer their time and energy.

CDS NEEDS ROOM AND PRESIDING CHAIRS.
In order to maintain the level of excellence for which the Midwinter Meeting has become known, we ask every regular and associate CDS member to please consider volunteering his or her time.

Presiding chairs: The primary responsibility of our Presiding Chairs is to introduce the course speakers. Presiding Chairs greet our speakers in our registration office, escort them to breakfast and then to the rooms where they will lecture. They then escort the speakers to lunch and back for their afternoon programs.

Room chairs: The primary responsibility of our Room Chairs is to verify tickets, distribute course handouts and help with crowd control.

THE ASSIGNMENTS ARE NOT DIFFICULT. CDS will provide volunteers with all of the information and support needed to fulfill their missions. In addition to complimentary amenities, Presiding or Room Chair volunteers get a unique opportunity to develop up-close and personal relationships with some of the country’s most outstanding clinicians.

VOLUNTEER TODAY! TO PARTICIPATE, VISIT WWW.CDS.ORG/MWM.
Practice what you preach

...and I alone, am responsible for the Bulls’ six championships. How, you say? Convinced that I’m a jinx, I did not watch any of the final playoff games. I waited until I heard the roar of the crowd outside to let me know it was safe to turn on the TV.

The real reason is that I find the anxiety unbearable. That is why I love the Cubs; you can watch them without any great expectations.

So when my urologist called to tell me my forth biopsy was positive for cancer of the prostate, I was astonished at my composure. The answer was simple. For the past 20 years, I have had my PSAs checked and my prostate digitally probed. As the PSA number rose, I was more frequently checked which eventually led to three biopsies. I also did my due diligence by learning about my options from my physicians and from my own study. I was prepared.

I had radioactive seeds placed and after an unpleasant recovery, I am back to normal. On the day of my last biopsy, I underwent a colonoscopy, just to be on the safe side. Colon cancer is easily managed if caught early enough.

Mammograms are one of the most important tools in the diagnosis of breast cancer. Every woman age 40 or older should have a yearly mammogram. Thirty years of research has shown that early detection saves lives and often means women can avoid radical surgery. Unfortunately, false negatives and false positives happen. Women should practice self-examination, see their physicians and in some cases get an ultrasound and/or MRI. My mother died at the tender age of 46 from breast cancer because her old-world modesty kept her from allowing a palpation of a lump in her breast.

Pap smears are an important tool in early detection of cervical lesions that can turn into cancer. Cervical cancer kills 300,000 women yearly, including 4,000 in the United States. Amazingly, a new vaccine has been perfected that is said to prevent nearly 100 percent of cervical lesions from turning into cancer. The Centers for Disease Control and Prevention recommends the vaccination to teens and young women.

Do you take advantage of the preventive measures available to you? Are you regularly tested for diseases, particularly those with genetic components? Too many people die because they are too busy to schedule an annual comprehensive medical examination.

No profession has done more to prevent disease than dentistry. Fluoridation, sealants, promotion of effective oral hygiene, periodic exams and nutritional counseling are a few gifts our profession has given the public for good oral health. But do you practice prevention in your own life? Do you have yearly physicals? Do you exercise? Do you smoke? Do you practice moderation in food and drink? And lastly, do you have dental examinations? Do you practice what you preach?

Write Dr. Lamacki at wlamacki@aol.com.
guide to
2006-07
★ Officers
★ Committees
★ Branch Appointments
## CDS BOARD OF DIRECTORS

### Officers
- John Fredrickson, President, 2007
- H. Todd Cubbon, President-elect, 2008
- David Kumamoto, Secretary, 2009
- Michael Stablein, Vice President, 2010
- Ian Elliott, Treasurer, 2011

### Directors
- Robert Matthews, Englewood, 2007
- James Robinson, North Side, 2009
- Kenneth Bueltmann, North Suburban, 2007
- Mary Starsiak, Northwest Side, 2009
- Michael Durbin, Northwest Suburban, 2007
- Robert Manasse, South Suburban, 2008
- Gary Alder, West Side, 2008
- William Kleiber, West Suburban, 2009
- Walter Lamacki, Editor, 2007

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- Sharon Lyn-Malinowski, Secretary, 2009
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- Edward Schaaf, Kenwood/Hyde Park, 2008
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- TBA, North Suburban, 2007
- Christine Hylarazak, Northwest Side, 2008
- Steven Banks, Northwest Suburban, 2009
- James Petrie, South Suburban, 2009
- Richard Perry, West Side, 2008
- TBA, West Suburban, 2009

## COMMUNICATIONS
- Melanie Watson Montgomery, Chair, 2007
- Alice Boghasian, Vice Chair, 2008
- Trucia Drummond, Secretary, 2009
- Miharuuki Krawich, 2009
- Vickie Grandinetti, 2009
- Cheryl Watson-Jowry, 2007
- Mary Hayes, 2007
- Astid Schroetter, 2008
- Ingrid Schroetter, 2008
- Shirley Gerdinger, ACDS Rep, 2007

## CORPORATE SPONSORSHIP
- H. Todd Cubbon, Chair, 2007
- Phillip Fijal, 2007
- Ronald Testa, 2007
- Trucia Drummond, 2007
- Thomas Machnowski, 2007
- Patrick Hann, 2007
- Barbara Mousel, 2007

## DENTAL BENEFITS
- Taisa Szeremeta-Browar, Chair, 2007
- Ilie Pavel, Vice Chair, 2008
- Richard Bona Jr., Secretary, 2009
- Peggy Richardson, Englewood, 2007
- Jack Liu, Kenwood/Hyde Park, 2008
- Howard Spector, North Side, 2009
- Maria Fe Corpuz Bito, North Suburban, 2007
- Michele Bogacki, Northwest Side, 2008
- Petra Von Heimburg, Northwest Suburban, 2009
- Ronald Waryjas, South Suburban, 2007
- George Zehak, West Side, 2007
- TBA, West Suburban, 2009

## MEDIATION
- Denise Hale, Chair, 2007
- Carol Lee Weese, Vice Chair, 2008
- Chester Klos, Secretary, 2009
- Peggy Richardson, Englewood, 2008
- David Behm, North Side, 2009
- Susan Graber, North Suburban, 2009
- Salvatore Stomio, Northwest Side, 2008
- Dennis Lind, Northwest Suburban, 2007
- Ronald Myczek, South Suburban, 2007
- Carol Lee Weese, West Side, 2008
- James McKee, West Suburban, 2008

## MEMBERSHIP
- Thomas Sullivan, Chair, 2007
- Generand Algenio, Vice Chair, 2008
- Edward Segal, Secretary, 2009
- Edward Kasper Jr., New Dentist, 2007
- Neelima Chiru, New Dentist, 2008
- Victoria Rinando, New Dentist, 2009
- Kevin King, Englewood, 2007
- Teri Tiersky, North Side, 2007
- Susan Becker Doroshow, North Suburban, 2008
- Thomas Schneider Jr., Northwest Side, 2009
- Juliana Perma, Northwest Suburban, 2007
- Vincent Oganwui, South Suburban, 2008
- John Perna, West Side, 2008
- Michael Peske, West Suburban, 2009

## PEER REVIEW
- Jeffrey Kramer, Chair, 2007
- James Discipio, Secretary, 2009
- David Durbin, Englewood, 2007
- Sharon Lyn-Malinowski, Kenwood/Hyde Park, 2007
- Robert Friedstat, North Side, 2007
- Robert Kueger, Northwest Suburban, 2008
- Gordon Zolls, Northwest Suburban, 2007
- John Dzakovich, Northwest Suburban, 2007
- Philip Schelke, South Suburban, 2009
- Edward Walsh, West Side, 2009
- Sharon Szczyszki, West Suburban, 2009

## REGIONAL/EDUCATIONAL MEETING PROGRAM
- Thomas Remijas, Chair, 2007
- Hugo Bertagni, Vice Chair, 2008
- James Marago, Secretary, 2009

## RELIEF
- Bernard Sullivan, Englewood, 2007
- Mark Robinson, Kenwood/Hyde Park, 2007
- David Kanarek, North Side, 2009
- Robert Smith, North Suburban, 2007
- Michele Bogacki, Northwest Side, 2009
- Robert Skopke, Northwest Suburban, 2009
- Richard Holba, South Suburban, 2007
- James Bryniarski, West Side, 2008
- Robert Banks, West Suburban, 2007

## SPECIAL EVENTS
- John Kozal, Chair, 2007
- James Frett, Vice Chair, 2008
- James Roland, Secretary, 2009
- Thomas Schneider Jr., 2007
- Glenn Bailey, 2008
- Sheri Doniger, 2009

## Standing Committees
### Midwinter Meeting Committees

**COURSE DIVISION**
- John Kozal, Chair, 2007
- Michael Gaynor, Vice Chair, 2008
- Michael Biasiello, Secretary, 2009

**COURSE COMMITTEE**
- Gregory Dalton, Englewood, 2008
- Robert Michiel, Englewood, 2009
- Robert McNicholas, Englewood, 2009
- Glenn Bailey, Englewood, 2007
- Kathryn Belik, Englewood, 2007
- Kimberly Bolden, Kenwood/Hyde Park, 2009
- Sherece Thompson, Kenwood/Hyde Park, 2009
- Daniel Berman, North Side, 2008
- William Feingold, North Side, 2009
- John Hagopian, North Side, 2009
- Martin Karwowski, North Side, 2009
- Michael Stablein, Chair, 2009

**ENTERTAINMENT**
- Thomas Remijas, Chair, 2007
- James Fret, Vice Chair, 2008
- Dean Nicholas, Secretary, 2009

**EXHIBITS**
- Sam Ciccarelli, Chair, 2007
- John Schmeda, Vice Chair, 2008
- Donald Kipper, Secretary, 2009
- David Fulton Jr., 2007
- John Bonaguro, 2008
- Richard Szafrlewicz, 2009

**GENERAL ARRANGEMENTS**
- Paul Kattner, Chair, 2007
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- Vickie Grandinetti, Secretary, 2009
- Peter Domagala, 2007
- Jefferson Brack II, 2008
- Mark Robinson, 2009
- Bernard Sullivan, Englewood, 2007
- Albert Jackson, Kenwood/Hyde Park, 2009
- Harry Melnick, North Side, 2009
- David Lewis Jr., North Suburban, 2007
- Thomas Schneider Jr., Northwest Suburban, 2009
- Wayne Helge, South Suburban, 2008
- Donald Tuck, West Side, 2007
- James Maragos, West Suburban, 2008

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- Louis Imburgia, Secretary, 2009

**LECTURE DIVISION**
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- Samuel Grandinetti, Secretary, 2009

**LIMITED ATTENDANCE DIVISION**
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- Robert Moll, Vice Chair, 2008
- Maharukh Kravich, Secretary, 2009

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- James Bryniarski, Secretary, 2009

**REGISTRATION & CREDENTIALS**
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- Jack Lieberman, Vice Chair, 2008
- Robert Banks, Secretary, 2009
- Vickyann Chrabak, 2007
- Barbara Moul, 2007
- Alan Shapiro, 2008
- Julianna Parry, 2008
- Dan Hilo, 2009
- Salvatore Storniolo, 2009

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- Nancy Machrowksi, Secretary, 2009
- Laura Fulton, 2007
- Kathy Holba, 2008
- TBA, 2009

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- Peggy Richardson, Englewood, 2008
- Noreen Salmon, Englewood, 2009
- Todd Moli, Englewood, 2007
- Ryan Moli, Englewood, 2007
- Kimberly Bolden, Kenwood/Hyde Park, 2009
- Len Casimirt, Kenwood/Hyde Park, 2009
- Kirk Kolkmann, North Side, 2008
- Jeri Tersky, North Side, 2009
- Elfie Becker, North Side, 2009
- Richard Kruger, North Suburban, 2008
- Tony Wulf, North Suburban, 2008
- Maria Fe Cornell-Bato, North Suburban, 2009
- Peter Neuhaus, North Suburban, 2007
- Martin Fedoros, Northwest Side, 2008
- Jeffrey Wilmott, Northwest Side, 2008
- Timothy Tuchler, Northwest Side, 2009
- TBA, Northwest Side, 2007
- Kenneth Johnson, Northwest Suburban, 2008
- James Pastika, Northwest Suburban, 2009
- Antonio Ristori, Northwest Suburban, 2007
- Victoria Ursiti, Northwest Suburban, 2007
- Anthony Ilardo, South Suburban, 2008
- Christopher Sendel, South Suburban, 2008
- Eric Kose, South Suburban, 2009
- Alfred Kose, South Suburban, 2009
- Russell Umbricht, West Side, 2008
- Timothy Thometz, West Side, 2008
- James Bryniarski, West Side, 2009
- Susan Zelazo-Smith, West Side, 2009
- Hitesh Patel, West Suburban, 2008
- Anthony Cascin, West Suburban, 2009
- Stephen Sum, West Suburban, 2009
- Steven Oltean, West Suburban, 2007

**VIP RECEPTION**
- Michael Stablein, Chair, 2009
- Keith Suchy, Past President, 2004
- Ronald Testa, Past President, 2005
- Thomas Machnowski, Past President, 2006

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- Denise Hale, 2006-07

**Director to CDS**
- Robert Matthews, 2007

**Delegates to ISDS**
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- Peggy Richardson, 2006-07
- John Moore, 2006-07
- Denise Hale, 2006-07
- John Frederick, CDS Officer, 2006-07

**Alternate Delegate to ISDS**
- Wilson Heaton, 2006-07

**Care to the Elderly**
- Robert Unger, 2006-07

**Denture Referral**
- Noreen Salmon, 2006-07

**Homebound**
- Jeffrey Walker, 2006-07

**Ethics**
- Glenn Bailey, 2006-07

**Attendance & Reception**
- John Green Jr., 2006-07

**Branch Correspondents**
- Noreen Salmon, 2006-07
- Thomas Salmon Sr., 2006-07

**Budget & Finance**
- Carlo Pagni, 2006-07

**Children’s Dental Health & Education**
- Chris Sarlas, 2006-07

**Christmas Brunch**
- John Green Jr., 2006-07

**Credentials**
- Thomas King Jr., 2006-07
- Wilson Heaton, 2006-07

**Dinner Arrangements**
- Jeffrey Chandler, 2006-07

**General Arrangements**
- John Green Jr., 2006-07

**Historian**
- Thomas Remijas, 2006-07

**Officers Installation**
- Jeffrey Walker, 2006-07

**Golf outing**
- Larry Lenz, 2006-07

**Membership**
- Denise Hale, 2006-07

**Nominating & Election**
- Peggy Richardson, 2006-07
- John Kozal, 2006-07
- Denise Hale, 2006-07

**Old Timers’ Night**
- John Green Jr., 2006-07

**Program Chair**
- John C. Burke, 2006-07

**Mediation**
- Denise Hale, Chair, 2008-09
- Michael Patricoski, 2006-07
- F. Michael Sheehan III, 2006-07
- John Breindich, 2006-07
- Robert Bara, 2006-07
- Kenneth Grebliunas, 2007-08
- Thomas King Jr., 2008-09

**Peer Review**
- David Dukin, Chair, 2006-07
- Thomas Hlousek, 2006-07
- Arnold Morof, 2006-07
- Kenneth Grebliunas, 2006-07
- Walter Dudek Jr., 2007-08
- Noreen Salmon, 2008-09
- Thomas Meyering, 2007-08

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- Michael Guifite, 2006-07
- Henry Moore, 2006-07

**Director to CDS**
- Allen Knox, 2008

**Delegate to ISDS**
- Allen Knox, 2006-07

**Branch Correspondent**
- Sheree Thompson, 2006-07

**Dinner Arrangements**
- Kimberley Bolden, 2006-07

**Membership**
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**Program Chair**
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- Spyro Vallianatos, 2007-08
- Melanie Watson Montgomery, 2006-07
- E. Jerome James, 2006-07

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- Henry Moore, 2006-07
- Nichol Houston, 2007-08
**NORTH SIDE**

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- Cissy Furusho, President-elect, 2006-07
- Daniel Berman, Vice President, 2006-07
- Cecile Yoon-Tarlie, Recording Secretary, 2006-07
- Genaro Romo Jr., Branch Correspondent, 2006-07
- Janet Kuhn, Treasurer, 2006-07
- Kirk Kollmann, 2009
- Eliot Becker, 2008
- Ille Pavel, 2007

**Director to CDS**
- James Robinson, 2009

**Delegates to ISDS**
- Ille Pavel, 2006-07
- Mary Hayes, 2006-07
- Janet Kuhn, 2006-07
- Jeffrey Kramer, 2006-07
- Paul Landman, 2006-07
- Terri Tiersky, 2006-07

**Alternate Delegate to ISDS**
- Steven Steinberg, 2006-07

**Access to Care**
- Daniel Berman, 2006-07

**Dent-IL-PAC**
- Jeffrey Kramer, 2006-07

**Dinner Arrangements**
- Isaac Yue, 2007
- Mary Hayes, 2008

**Membership**
- Terri Tiersky, 2006-07
- Ille Pavel, 2006-07

**Program Chair**
- James Robinson, 2006-07

**Publicity**
- Ronald Jacobson, 2006-07
- Kirk Kollmann, 2006-07

**General Arrangements**
- Eliot Becker, 2006-07

**New Dentists**
- Genaro Romo Jr., 2006-07

**Good & Welfare**
- Jeffrey Kramer, 2006-07

**Dental Plans**
- Daniel Berman, 2006-07

**Mediation**
- David Behm, Chair, 2006-07
- Janet Kuhn, 2006-07
- Marshall Dolnick, 2006-07
- Terri Tiersky, 2006-07
- James Robinson, 2006-07
- Joseph Toups, 2006-07
- Howard Blivaiss, 2008-09
- Daniel Berman, 2008-09
- Samuel Golfin, 2008-09
- Jack Horbal, 2008-09
- Harald Kirsky, 2008-09
- Alan Kushner, 2008-09
- Gary Wegmann, 2008-09
- Ronald Widen, 2008-09
- Richard Gershenzon, 2008-09
- Lawrence Zager, 2008-09
- Albert Zickmann, 2008-09

**Peer Review**
- Robert Friedstat, Chair, 2006-07
- Larry Fisher, 2008-09
- Gloria Chen, 2007-08
- James Robinson, 2007-08
- Ille Pavel, 2007-08
- Howard Blivaiss, 2008-09
- Harald Kirsky, 2008-09
- Cissy Furusho, 2006-07
- Shosh Kelzner, 2006-07

**NORTH SUBURBAN**

**Board of Directors**
- Mark Humensik, President, 2006-07
- Michael Gaynor, President-elect, 2006-07
- Maria Fe Corpuz-Bato, Secretary, 2006-07
- Mark Jacob, Vice President, 2006-07
- Astrid Schroeetter, Treasurer, 2006-07
- Susan Becker Doroshow, 2006-07
- David Lewis Jr., 2006-07
- Thomas Bleck, 2006-07

**Director to CDS**
- Kenneth Bueltmann, 2007

**Delegates to ISDS**
- Kenneth Bueltmann, 2006-07
- Maria Fe Corpuz-Bato, 2006-07
- Michael Gaynor, 2006-07
- Mark Humensik, 2006-07
- Mark Jacob, 2006-07
- Dennis Manning, 2006-07
- David Schnitzer, 2006-07
- Astrid Schroeetter, 2006-07
- Brad Weiss, 2006-07

**Alternate Delegates to ISDS**
- David Fulton Jr., 2006-07
- Yendis Gibson-King, 2006-07
- Kathy Jean, 2006-07

**ADA Grass Roots Representative**
- Dennis Manning, 2006-07

**Dent-IL-PAC**
- Dennis Manning, 2006-07

**Branch Correspondent**
- Richard Egan, 2006-07

**Dinner Arrangements**
- Katherine Gruber, 2006-07
- Chad Freund, 2006-07

**Golf Outing**
- Mark Jacob, 2006-07

**Membership**
- Susan Becker Doroshow, 2006-07

**Newsletter Editor**
- William Nickel, 2006-07

**Program Chair**
- Martin Rogers, 2006-07

**Mediation**
- Mark Jacob, Chair, 2008-09
- Susan Becker Doroshow, 2006-07
- Archie Estey, 2007-08
- Michael Harada, 2006-07
- David Schnitzer, 2006-07
- Jeffrey Cohen, 2006-07
- Michael Gaynor, 2007-08
- Jerry Happe, 2006-07
- Stephen Labkon, 2007-08
- Anthony Markiewicz, 2006-07
- Clifford Prince, 2007-08
- David Schwartz, 2006-07
- Robert Uhland, 2006-07
- Paul Quillman, 2008-09
- David McWhinnie, 2006-07

**Peer Review**
- Robert Kueger, Chair, 2006-07
- John McArthur, 2006-07
- Steven Michaels, 2006-07
- Kenneth Milin, 2007-08
- James Orbon, 2007-08
- Egon Schein, 2006-07
- Joseph Silberman, 2006-07

**Membership**
- Susan Becker Doroshow, 2006-07

**Newsletter Editor**
- William Nickel, 2006-07

**Program Chair**
- Martin Rogers, 2006-07

**Mediation**
- Mark Jacob, Chair, 2008-09
- Susan Becker Doroshow, 2006-07
- Archie Estey, 2007-08
- Michael Harada, 2006-07
- David Schnitzer, 2006-07
- Jeffrey Cohen, 2006-07
- Michael Gaynor, 2007-08
- Jerry Happe, 2006-07
- Stephen Labkon, 2007-08
- Anthony Markiewicz, 2006-07
- Clifford Prince, 2007-08
- David Schwartz, 2006-07
- Robert Uhland, 2006-07
- Paul Quillman, 2008-09
- David McWhinnie, 2006-07

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- Robert Kueger, Chair, 2006-07
- John McArthur, 2006-07
- Steven Michaels, 2006-07
- Kenneth Milin, 2007-08
- James Orbon, 2007-08
- Egon Schein, 2006-07
- Joseph Silberman, 2006-07
# Branch Officers & Committees

## NORTHWEST SIDE

**Board of Directors**
- Timothy Tishler, President, 2006-07
- Salvatore Storniolo, President-elect, 2006-07
- Samuel Grandinetti, Secretary, 2006-07
- Jeffrey Wittmus, Treasurer, 2006-07
- Michele Bogacki, 2006-07
- Vickie Grandinetti, 2006-07
- Charles DiFranco, 2006-07

**Director to CDS**
- Mary Starsiak, 2009

**Delegates to ISDS**
- Barbara Mousel, 2006-07
- Louis Imburgia, 2006-07
- Janice Genovese, 2006-07
- Louis Imburgia, 2006-07
- Kelli Christensen-Grandinetti, 2006-07

**Branch Correspondent**
- Kenneth Hauser, 2006-07

**Dental Care Plans**
- Michele Bogacki, 2006-07

**Attendance/Dinner Arrangements**
- Biplab Malo, 2006-07

**Ethics**
- Louis Imburgia, 2006-07

## NORTHWEST SUBURBAN

**Board of Directors**
- Steven Banks, President, 2006-07
- Daniel Greising, President-elect, 2006-07
- Edward Segal, Secretary, 2006-07
- Tina Smith-Arpaio, Vice President, 2006-07
- Matthew Gauthier, Treasurer, 2006-07
- Kevin Lucas, 2006-07

**Director to CDS**
- Michael Durban, 2007

**Delegates to ISDS**
- Michael Durban, 2006-07
- Steven Banks, 2006-07
- Phillip Fijal, 2006-07
- Matthew Gauthier, 2006-07
- Tina Smith-Arpaio, 2006-07

**Branch Correspondent**
- Russell Spinazze, 2006-07

**Attendance/Membership**
- Lisa Grant-Goldberg, 2006-07

**Branch Correspondent**
- Dominik Dubravec, 2006-07

**Leisure Day**
- Loren Feldner, 2006-07

**Spouse Night**
- Loren Feldner, 2006-07

**Distinguished Service Awards**
- Loren Feldner, 2006-07

**Program Chair**
- Joseph Noetzel, 2006-07

**Dent-IL-PAC**
- Eric Kasel, 2006-07

**Mediation**
- Michael Durban, 2006-07
- Steven Banks, 2006-07
- Michael Durban, 2006-07
- Paul Ortiz, 2006-07
- Michele Bogacki, 2006-07
- Timothy Toepke, 2006-07
- Michael Biavvolo, 2006-07
- Robert Kompanowski, 2006-07

**Peer Review**
- John Dzakovich, 2006-07
- Phillip Fijal, 2006-07
- Jeffrey Eaton, 2006-07
- Herman Salzberg, 2006-07
- Scott Smoron, 2006-07
- Lorelei Grist, 2006-07

## SOUTH SUBURBAN

**Board of Directors**
- Michael J. Mintz, President, 2006-07
- Loren Feldner, President-elect, 2006-07
- Kevin Patterson, Secretary, 2006-07
- D. Spencer Pope, Vice President, 2006-07
- Generand Algenio, Treasurer, 2006-07
- Larry Jagmin, Past President, 2006-07
- Robert Manasse, Past President, 2006-07
- Robert Manasse, Past President, 2006-07
- Richard Mantoan, Past President, 2006-07
- Anthony Maoloni, Past President, 2006-07

**Director to CDS**
- Robert Manasse, 2008

**Delegates to ISDS**
- Loren Feldner, 2006-07
- Michael J. Mintz, 2006-07
- Ronald Testa, 2006-07

**Alternate Delegates to ISDS**
- Richard Holba, 2006-07

**Attendance/Membership**
- Lisa Grant-Goldberg, 2006-07

**Dinner Arrangements**
- Petra Von Heimburg, 2006-07

**Membership**
- Juliana Parry, 2006-07

**Program Chair**
- Joseph Noetzel, 2006-07

**Dent-IL-PAC**
- Eric Kasel, 2006-07

**Mediation**
- Michael Durban, 2006-07
- Steven Banks, 2006-07
- Paul Ortiz, 2006-07
- Michael Biavvolo, 2006-07
- Robert Kompanowski, 2006-07

**Peer Review**
- John Dzakovich, 2006-07
- Phillip Fijal, 2006-07
- Jeffrey Eaton, 2006-07
- Herman Salzberg, 2006-07
- Scott Smoron, 2006-07
- Lorelei Grist, 2006-07

## Branch Officers & Committees
WEST SIDE
Board of Directors
Brian Caraba, President, 2006-07
Gregory Matke, Vice President, 2006-07
Kamal Vibhakar, Secretary, 2006-07
Gary Clemens, Treasurer, 2006-07
Donald Bennett, Librarian, 2006-07
Richard Perry, 2006-07
Donald Tuck, 2006-07
Edward Walsh, 2006-07

Director to CDS
Gary Alder, 2008

Delegates to ISDS
Gary Alder, 2006-07
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Donald Tuck, 2006-07
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Nominating Committee
Richard Perry, 2006-07
Russell Umbricht, 2006-07
Donald Tuck, 2006-07
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Constantine Politis, 2006-07

Program Chair
Gregory Matke, 2006-07

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Web Site
Gregory Matke, 2006-07

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WEST SUBURBAN
Board of Directors
Mark Sloan, President, 2006-07
Patrick Pendleton, President-elect, 2006-07
Mark Plaskonka, Secretary, 2006-07
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Donald Kipper, Treasurer, 2006-07
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Russel Umbricht, 2006-07

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Sam Lakhani, 2006-07
## Auxiliary Organizations

### ACADEMIC CHAPTER

**Board of Directors**
- Alyssa Brown, President, 2006-07
- Edward Cheng, President-elect, 2006-07

### ALLIANCE OF THE CHICAGO DENTAL SOCIETY

**Board of Directors**
- Shirley Gendling, President, 2006-07
- Johannna Manasse, President-elect, 2006-07
- Janet Elliott, Vice President, 2006-07
- Karen Schefke, Recording Secretary, 2006-07
- Roxanne Kozal, Corresponding Secretary, 2006-07
- Connie Yuman, Treasurer, 2006-07
- Mary Poppins, Historian, 2006-07
- Monica Sullivan, Director & Past President, 2006-07
- Gloria Lamacki, Director to AISDS, 2006-07
- Eleanora Perry, Alliance Correspondent, 2006-07

**Benefit**
- Diane G. Kleiber, 2006-07
- Karen Mantoan, 2006-07

**Breakfast with the Presidents**
- Norine Berlaghi, 2006-07
- Jacqueline Frett, 2006-07
- Barbara Testa, 2006-07

**Constitution & Bylaws**
- Sherie Shapiro, 2006-07

**Dental Health Education**
- Joan Ashby, 2006-07
- Sherie Shapiro, 2006-07

**Legislative**
- Marilyn Lieberman, 2006-07

**Membership**
- Jacqueline Frett, 2006-07

**Newsletter Coordinator**
- Sandy Kalant, 2006-07

**Oral Health Education & Health Fairs**
- Joan Ashby, 2006-07
- Mary Kay Bueltmann, 2006-07
- Janice Fijal, 2006-07
- Margaret Kipper, 2006-07
- Cristina Pavel, 2006-07

**Public Relations**
- Eleanora Perry, 2006-07

**Registered Agent**
- Betty Schroeder, 2006-07

**Scholarship Programs**
- Kathy Holba, 2006-07
- Lynne Tuck, 2006-07

### Directory

#### CHICAGO DENTAL SOCIETY

- **401 N. Michigan Ave., Suite 200, Chicago, IL 60611-5585**
- **Phone** .................................................. (312)836-7300
- **Fax** .......................................................... (312)836-7337
- **Web site** .................................................. www.cds.org

**CDS Directors and Managers**
- Randall B. Grove (rgrove@cds.org) .................................................. Executive Director
- Barry J. Ranallo (branallo@cds.org) ........................................... Associate Executive Director
- Karl S. Richardson (hastir@aol.com) .............................................. Executive Director Emeritus
- Walter F. Lamacki (wlamacki@aol.com) ...................................... Editor
- Keri Kramer (jkramre@cds.org) ................................................... Director of Communications
- Lisa Girardi (lgirardi@cds.org) ..................................................... Director of Exhibit Services
- Joanne Girardi (jgirardi@cds.org) ................................................... Director of Member Services
- Will Conkis (wconkis@cds.org) .................................................... Director of Publications
- Aloyzis F. Kleszynski, DDS (akleszynski@cds.org) ....................... Director of Scientific Programs
- Helen Rabitoy (mediation@cds.org) ............................................ Manager of Mediation & Peer Review

**Telephone Directory**
- **Member Dues** .................................................. (312)836-7321
- **Mediation & Peer Review** .................................................. (312)836-7321
- **CDS Publications** .................................................. (312)836-7325
- **Communications** .................................................. (312)836-7330
- **Classified Advertising** .................................................. (312)836-7323
- **Display Advertising** .................................................. (312)836-7326
- **Midwinter Meeting Exhibit Services** .................................. (312)836-7327
- **Referrals** ........................................................... (312)836-7305
- **Scientific Programs** .................................................. (312)836-7312

#### AMERICAN DENTAL ASSOCIATION

- **211 E. Chicago Ave., Chicago, IL 60611**
- **Phone** .......................................................... (312)440-2500 or (800)621-8099
- **Fax** ............................................................... (312)440-7494
- **Web site** .................................................. www.ada.org

#### ILLINOIS STATE DENTAL SOCIETY

- **1010 S. Second St., P.O. Box 376, Springfield, IL 62705**
- **Phone** .......................................................... (217)525-1406 or (800)475-4737
- **Fax** ............................................................... (217)525-8872
- **Web site** .................................................. www.isds.org

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**Auxiliary Organizations**

1. **Benefit**
   - Diane G. Kleiber, 2006-07
   - Karen Mantoan, 2006-07

2. **Breakfast with the Presidents**
   - Norine Berlaghi, 2006-07
   - Jacqueline Frett, 2006-07
   - Barbara Testa, 2006-07

3. **Constitution & Bylaws**
   - Sherie Shapiro, 2006-07

4. **Dental Health Education**
   - Joan Ashby, 2006-07
   - Sherie Shapiro, 2006-07

5. **Legislative**
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6. **Membership**
   - Jacqueline Frett, 2006-07

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   - Sandy Kalant, 2006-07

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   - Joan Ashby, 2006-07
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   - Janice Fijal, 2006-07
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   - Cristina Pavel, 2006-07

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8. **Referrals** ........................................................... (312)836-7305
9. **Scientific Programs** .................................................. (312)836-7312