

INSIDE: WEBINARS + GOLDIE'S PLACE + BRANCH NEWS + 2010-11 COMMITTEES GUIDE

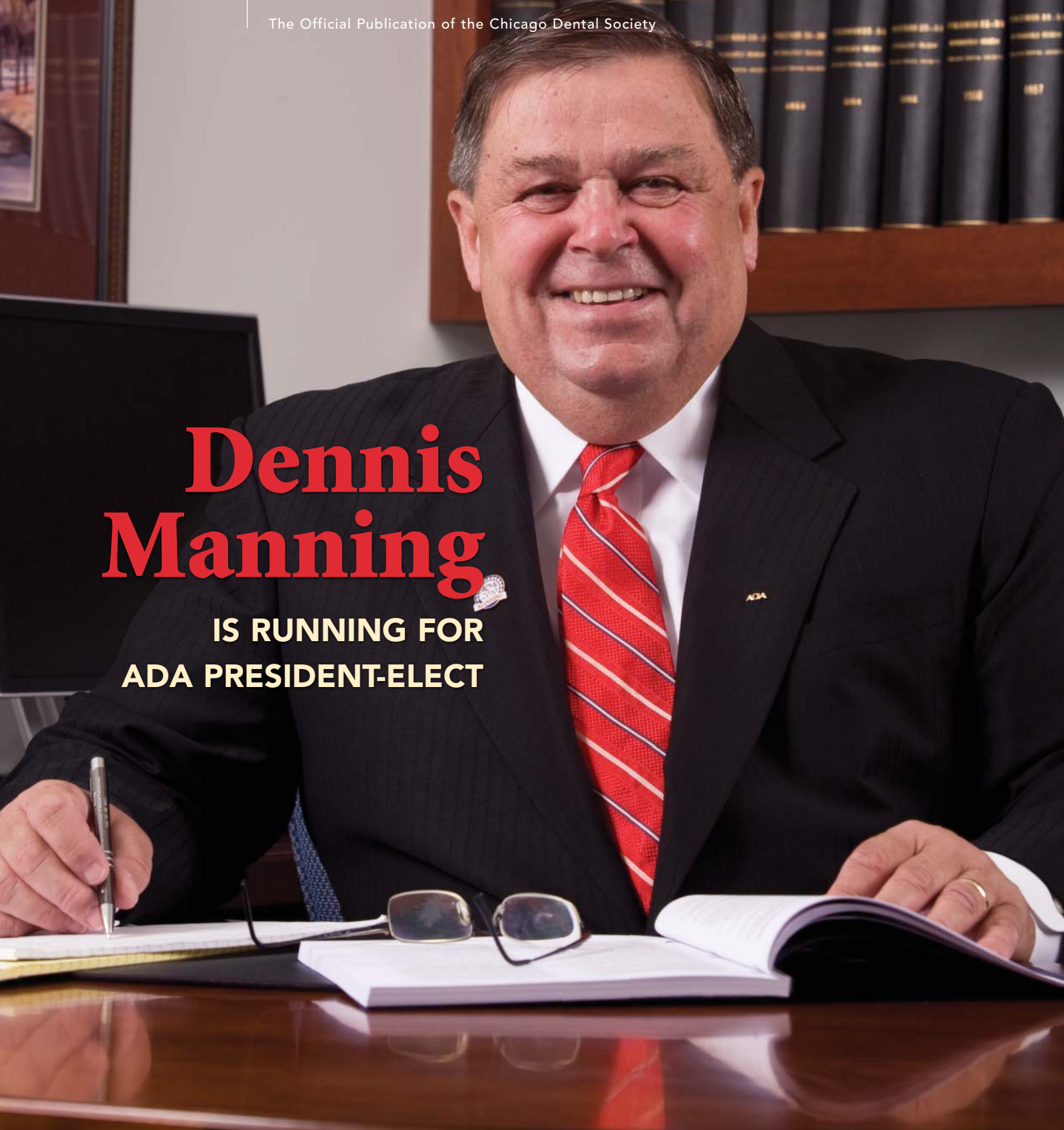
SEPTEMBER/OCTOBER 2010

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REVIEW

The Official Publication of the Chicago Dental Society



Dennis Manning

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Michael Morgan, DDS

Direct Resin Pearls for the General Practitioner: Exceptional Results with Predictable Techniques

Wednesday
Oct. 27
2 p.m.

Direct resin has become the restorative material of choice in both general and high-end esthetic practices. The explosion of demand by patients for esthetic dental services has led to an array of new dental products and treatments for practitioners to choose from. Dr. Morgan's webinar will discuss direct resin pearls and composite gems, including simplifying Class IV composites with life-like esthetics, creating predictable multiple Class II resins and decreasing chair time needed to complete Class I direct composites. Both basic and advanced esthetic restorative treatment procedures will be discussed, as well as marketing tips for attracting esthetic-oriented patients. There will be a 15-minute Q&A session following the presentation.

1 CE HOUR
FREE TO CDS MEMBERS
\$30 FOR NON-MEMBERS

REGISTRATION BEGINS AT
9 A.M. TUESDAY, SEPT. 7

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If you sign up but can't attend the lecture when it is presented, you will receive a link to watch a recording of the event whenever you'd like. Only registered attendees may earn CE credit.

COURSE OBJECTIVES:

- Learn the correct method for determining the lingual occlusion of a Class IV composite resin
- Understand how to determine the ideal marginal ridge height and occlusion of Class II posterior direct composites before starting treatment
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- Discover a predictable technique to choose the value of any anterior or posterior direct composite
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Page One

CDS to present debut webinar October 27 at www.cds.org

Following the example established by the Midwinter Meeting, CDS brings you more outstanding continuing education opportunities online. Featuring the best speakers, CDS webinars will continue the CDS tradition of fostering excellence in dentistry. We know you will find our webinars entertaining and informative.

Our first webinar debuts at 2 p.m. Wednesday, Oct. 27, when Michael Morgan, DDS, presents “Direct Resin Pearls for the General Practitioner: Exceptional Results with Predictable Techniques.”

Earn 1 CE hour when you participate in this exciting new opportunity, which is free to CDS members (non-members pay \$30). There will be a 15-minute Q&A session following the presentation.

Registration online only at www.cds.org. If you sign up but can't attend the lecture when it is presented, you will receive a link to watch a recording of the event whenever you'd like.

CDS officers election date set for November 10

The 2011 CDS Election of Officers will be held Nov. 10 during the Regional Meeting at Drury Lane, 100 Drury Lane, Oakbrook Terrace.

The 2011 CDS officer nominees are

- President: Ian Elliott
- President-elect: John Gerding
- Secretary: David Fulton Jr.
- Vice President: Richard Holba
- Treasurer: Susan Becker Doroshov



Ian Elliott

The Installation of Officers will be held Sunday, Nov. 14, at the Ritz Carlton Chicago Hotel, 160 E. Pearson St., Chicago. Welcome Reception: 6:15 p.m., Installation: 7 p.m., Dessert Reception: 8 p.m.

Committee works to bring greater access to dental care

The CDS Access to Care Committee was established to improve access to dental care for underserved groups. The committee's mission is to identify existing programs and assess local needs; resources, especially manpower and funding; and educational opportunities. They also assist in the creation, implementation and promotion of new programs.

There is an online database of clinics where CDS members can a) refer patients in need, b) volunteer their own time to help patients in need, and c) donate gently used equipment when they renovate their offices or retire. Of course, this database is constantly being updated and improved. To share updated information about a current listing or to tell the Access to Care Committee about a program you'd like to see added to the database, please contact Joanna Brown at jbrown@cds.org.

Don't forget that February is National Children's Dental Health Month! Visit www.cds.org/kids for ideas on how you can contribute in your community and local schools. If you're thinking about visiting a school, now is the time to contact the teachers to make plans to visit in February.

Clarification

In the cover story “Don't forget about me,” published in the July/August issue of the *CDS Review*, it was omitted that the Heartland International Health Center employs the dentist, oral health educator, and all other staff for the health centers located in Senn and Roosevelt high schools.

Tickets still available for 'Million Dollar Quartet'

Million Dollar Quartet is the musical inspired by the famed recording session that brought together rock 'n' roll icons Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins for the first and only time.

Join your colleagues Sunday, Oct. 24, for the 5 p.m. performance at the Apollo Theater, 2540 N. Lincoln Ave., Chicago. CDS members may purchase a maximum of four tickets to this show.

- Ticket Value: \$58
- CDS Member Price: \$38

Parking is available adjacent to the theater. Parking fees are not included in your ticket purchase.

Ticket sales will close Sept. 26 so that final counts may be provided to the theater. No refunds. No exchanges. No exceptions.

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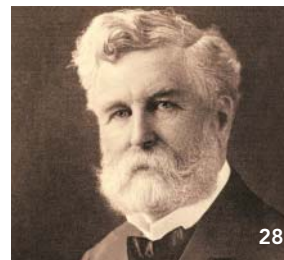
SUBSCRIPTIONS

CDS members, \$17 (US and Canada); Nonmembers, \$25 (US/Canada); Schools and Other Institutions, \$30 (US/Canada); Foreign, \$45. Single copies \$5, except Preliminary Program issue \$10 domestic, \$20 (U.S. funds) foreign.

Circulation: 8,150. Periodicals postage paid at Chicago, IL, and at additional mailing offices.

Postmaster: Send address changes to: Chicago Dental Society Member Services
401 N. Michigan Ave., Suite 200
Chicago, IL 60611-5585

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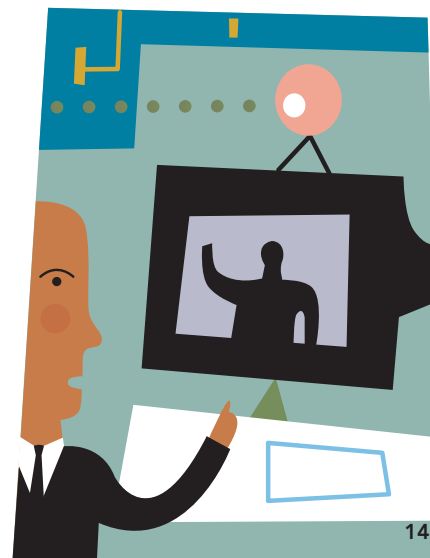
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Cover photo: John McNulty, Cover design: Tom Long

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The set of Transformers 3, July 16.

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The Mysterious Non-Carious Cervical Lesion
by John Dzakovich, DDS, FAGD

Evidence-Based Dentistry

What is Evidence in Evidence-Based Dentistry?
by Elliot Abt, DDS, MS, MSc

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Vox Pop

comments from our readers

Our readers weigh in on mid-level providers

Our goal should be one team working to benefit all

In response to Dr. Walter Lamacki's column [Final Impressions] in the July/August *CDS Review*, I agree with him that the American Dental Association has totally mishandled the mid-level provider issue. However, that fact does not justify its legitimacy as the answer to the access to care problem.

It really concerns me that the push for mid-level providers is coming from organizations outside the dental profession. There are no guarantees that these new providers would be part of the dental team or would end up treating those in need. Economic realities would force mid-level providers away from underserved areas.

Aside from the ADA, other dental societies, like our own Illinois State Dental Society, have been trying to solve the access issue by lobbying for change with our Bridge to Healthy Smiles initiatives. The Academy of General Dentistry has produced a multifaceted plan detailed in its *White Paper on Increasing Access to and Utilization of Oral Healthcare Services* successfully addressing this problem.

I don't agree with Dr. Lamacki's statement that "mid-level providers are here to stay and opposing them is a lost cause." I think it is the right and responsibility of every dentist to advocate for one level of quality care for the public and oppose a lower level of treatment for those in need. It would not serve the public to have the practice of dentistry divided and changed back from a profession to a trade. Our goal should be one dental team working together for the benefit of all.

— Jeff Kramer, DDS
Chicago

Many concerns re: DHATs

Regarding the Final Impressions column in the July/August *CDS Review*, the issue of Dental Health Aide Therapists (DHAT) could be irresolvable quickly, but those in charge should consider not just the improved access to the care, but the quality of it. The quantity of care is not necessarily equal to the quality.

Yes, there could be bad dentists and capable DHATs, but the majority of dentists are well trained and controlled by the schools and licensing boards. But what about DHATs?

The other issue is the range of the services that they will be allowed to perform. Who and how will the limitations be set up? How it will be controlled? Will they have their own malpractice insurance?

Are there guarantees that there will not be abuse of the payers? I mean, there could be fraud, which can be promoted by easy access and less responsibility.

I guess that there are quite a few things to worry about.

— Abe Dumanis, DS, DDS
Skokie

Safeguarding the public is of paramount importance

Final Impressions in the July/August *CDS Review* hit the nail on the head.

In the age of evidence-based dentistry, the American Dental Association was certainly using doublespeak when it came to condemning the Alaska program before it had a chance to be evaluated. As Dr. Walter Lamacki pointed out, other expanded duty programs both in the United States and in other countries have been evaluated and have been shown to be successful. I fully agree that we should forget about trying to quash the concept

and work to incorporate it into the dental team approach of dental practice.

Safeguarding the public is of paramount importance. The ADA should spend its time on the accreditation process of the programs, and the states should take up the licensure issues. We need programs that produce care and the care should be under the supervision of a licensed dentist. Dr. Lamacki summed that up quite well in the last paragraphs of his column, a job well done.

— Richard Perry, DDS
Oak Park

More kudos

I truly enjoyed both Dr. Lamacki's articles, Final Impressions and Looking Back, in the July/August issue of the *CDS Review*. The Stevens Hotel article was historical and very interesting. The mid-level provider article was right on the money. I applaud your willingness to take on the regionalism and the American Dental Association.

Thank you for continuing to care enough about our profession to move it forward. Kicking and screaming are adjectives that come to mind.

— William Ten Pas
Portland, OR

I just wanted to drop you a line to say I'm in complete agreement with Dr. Walter Lamacki's Final Impressions on mid-level providers printed in the July/August issue of the *CDS Review*. Well said.

— Brandon Maddox, DDS
Springfield

Bravo Dr. Lamacki. I really loved your piece in the latest *CDS Review* [July/August] on mid-level providers.

— Dr. John P. O'Keefe
Editor in chief
Canadian Dental Association



Is there a dumbing down of dentistry?

In July, I had my 37th anniversary of beginning clinical practice. The school from which I graduated insisted on the continuance of education.

Dentistry wasn't about profit centers; it was about being a doctor, and it was about expanding your horizons and knowledge without fail each day, even after those rare days of maddening ingratitude.

My mentor and early partner [Dr. Walter Lamacki] reinforced this. Rarely has a day gone by that I haven't studied dentistry. This is true of almost all of those who get to the end of the *CDS Review* and read *Final Impressions* [written by Dr. Lamacki].

Continuing dental education has certainly changed. There's less one-on-one and more online. At two in the morning, I can take a course and even be tested, but I can't take the lecturer aside and privately ask about the case that went south.

I've been told that a good number of courses in new dental facilities offer considerable hours of virtual training. You'll never get to see great anatomy instructors draw with both hands.

For some disciplines, you can now submit your patient cases online and have someone who has never seen the patient develop a treatment plan. How many teeth are spun down for marginal

At two in the morning, I can take a course and even be tested, but I can't take the lecturer aside and privately ask about the case that went south.

esthetic improvements as recommended by someone in Las Vegas?

I'm worried. Not for myself but for the "doctor" component of DDS or DMD.

Is there a dumbing down of dentistry in some sectors to the level


that some patients don't see a difference between doctors and non-doctors? Is

this the equivalent of getting our general health care at Walgreens by a nurse? How much more confusing will it be for that patient who is seeking attentive, high quality care?

We will all live with whatever outcome evolves. Some of us, like myself, closer to the end of our careers, will be less affected.

As Shakespeare wrote, "what's done is done."

— Mike Kowalik, DDS
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President's Perspective by Michael Stablein, DDS, PhD

Write to Dr. Stablein at mstablein@aol.com.

Now is the time to step up to the plate

Not long ago, I had cause to read the parts of the Patient Protection and Affordable Care Act (PPACA) that pertain to dentistry.

You may know that there is a provision in the Act to fund entities to establish demonstration programs to train "alternative dental health providers." The providers could be, naming a few, community dental health coordinators (CDHS), advance practice dental hygienists, independent dental hygienists, supervised dental hygienists, primary care physicians, dental therapists or dental health aids.

The ISDS *Dental News* last month reported positions on the issue of access to care and how to address it. At the moment, funded by a grant from the Kellogg and Macy foundations, a panel of public health dentists is drafting a position paper.

I do not know how the debate on access to care will end and will not attempt to forecast a result. I'm not Nostradamus.

But the mission of CDS is clear regarding the oral health needs of the residents of the district. The CDS constitution calls for the Society to represent the interests of our member dentists and all individuals who live in the tri-county area.

This includes the approximately 1 million residents of Cook County who live on an income under 200 percent of the federal poverty line. These are the individuals who have the least access to care.

Many of our colleagues provide pro bono care to the indigent. But the number of dentists involved in such care are not sufficient to meet the needs of so many who require oral healthcare but do not possess the

resources to obtain it. And frankly, I think it is unlikely a dental workforce to care for the underserved is a realistic concept in a state where reimbursement is much less than the cost to care for these patients.

However, ISDS is attempting to address that issue through legislation.

ISDS has a bill before the state Legislature to raise rates to 64 percent of usual and customary rates. In other states, raising

rates to this level resulted in sufficient practitioners joining other Medicaid providers to more adequately address the access to care problem. Passage and funding of this initiative is doubtful in a state that is \$13 billion in debt.

What can we do? How can members of our Chicago Dental Society fulfill its objective as listed in its constitution?

Members could join Dent-IL-PAC (www.isds.org) and become advocates for passage of the Bridge to Healthy Smiles campaign (www.bridgetohealthysmiles.com). I strongly believe that activism is necessary in this climate. Otherwise, we will not be at the table when decisions are made affecting oral health, the practice of dentistry and, more importantly, the quality of care delivered to our patients.

How else can you help?

You can also help by increasing the involvement of your colleagues.

Show this column to a CDS member who does not belong to Dent-IL-PAC or the Governors Club. Encourage them to become involved in finding a way to improve access to care. Then show the column to a colleague who does not belong to organized dentistry and encourage them to join with us in protecting dentistry and quality of care and improving access to care.

Isn't it about time for all dentists to step up to the plate? ■

I strongly believe that activism is necessary in this climate. Otherwise, we will not be at the table when decisions are made affecting oral health, the practice of dentistry and, more importantly, the quality of care delivered to our patients.

ACHIEVEMENT: MORE TIME BEING DDS, LESS TIME BEING CPA



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Dennis MANNING

calls on ADA Board, House to speak with ‘unified voice’

Dennis Manning, a past president of the Chicago Dental Society, is one of four candidates seeking election to the office of president-elect of the American Dental Association in 2011. The 2010 House of Delegates will make the selection at its annual session in Orlando Oct.9-13.

In a brief interview with *CDS Review* Editor Walter Lamacki, Dr. Manning shared his thoughts about the ADA and the challenges facing it, as well as the responsibilities of the ADA leadership.

Dr. Lamacki: *Dr. Manning, why are you running for president-elect of the ADA? What are the challenges organized dentistry faces and how would you address them?*

Dr. Manning: The American Dental Association is facing many of the most difficult challenges in its history. We are besieged by problems in operational excellence, ethical dilemmas, board dysfunction, transparency with the House and now the mid-level provider issue. To preserve and protect our profession and the patients we serve, we must not waiver to outside pressures to diminish our core values or allow the dilution of our standards.

In order to resolve these daunting issues it will require a strong defender of our profession, one who will not give in under pressure exerted by

foundations and federal agencies, or falter when faced with hard challenges.

I have proven my ability to face hard challenges. As chair of the Audit Committee I was instrumental in initiating the necessary corrective actions for the association which are ongoing at this time.

In concert with the ADA House mandates and in the interest of transparency, the Audit Committee released the necessary reports and shared vital information with the members of House of Delegates.

It is imperative that the House and the Board be unified in one voice for the benefit of our profession.

I have the skill, motivation and determination necessary to resolve our significant internal problems that can no longer be ignored so that we can be best positioned to address the external issues facing the ADA and our members.

Dr. Lamacki: *Can the CDHC gain traction in state legislatures, many of which are currently considering mid-level providers to solve access to dental care?*

Dr. Manning: I would first of all like to give you some factual information about the Community Dental Health Coordinator Project. The Community Dental Health Coordinator (CDHC) is not a mid-level provider. The CDHC is based on the Community Health coordinator – a proven model for improving the health of underserved populations.

I have been serving as a member of the Lake County Illinois Board of Health for a number of years. After reviewing the dental health of patients in our Health Department dental treatment facilities, there is a strong indication for this type of community service worker. This worker would be a conduit between the underserved communities that are in desperate need of care and dentists who are licensed and trained to provide that care.

Dental education for the public and local, state and national legislators can best be achieved with this type of worker, who would be an extension of public health facilities and the dentists providing care. The CDHC is trained to educate, inform and provide dentist referrals. The CDHC does not treat, diagnose or place permanent restorations.

In 2005 there were 120,000 Community Health Workers whose job it was to improve public health through outreach and education. They increased



Dr. Manning serves in the Naval Reserve Dental Corps and has achieved the rank of Captain.



- If Dr. Manning is successful, he will be the first ADA president from Chicago in more than a half-century.
- The last ADA president from Chicago was Harold Oppice in 1950.
- The last ADA president from the 8th District was Robert Griffiths of Charleston, 1981-82.
- Only 12 Chicago area dentists have served as president of the ADA.

A lifetime of service to his profession and country

AMERICAN DENTAL ASSOCIATION

Trustee, Eighth District; First Vice President; Vice Chair, ADA Council on Governmental Affairs; ADPAC Action Team Leader

Liaison: Council on Dental Education and Licensure, Commission on Relief Fund Activities, Publications Division, Endowment and Assistance Fund, Alliance of the ADA, American Student Dental Association

Member: ADA Grassroots Program, ADA Annual Session (Chicago), ADA Emergency Fund, ADA Tragedy Fund, National Foundation of Dentistry for the Handicapped Board, ADA Task Force on Universal Health Care, ADA Audit Committee, Subcommittee on Quality Assurance

ADA Annual Session: House of Delegates, Reference Committees (Legal and Legislative Matters, Dental Education and Related Matters, Scientific Matters)

ILLINOIS STATE DENTAL SOCIETY

Board of Trustees; Chair, Allied Health Education Committee; Chair, Allied Dental Personnel Committee; House of Delegates; Chair, Reference Committee; Liaison to Dental Specialties; DENT-IL-PAC; Governors Club

Committees: Governmental Affairs, Publications, Member Services, Annual Session, Editor Search, District and Component Relations, Credentials, Rules and Order

CHICAGO DENTAL SOCIETY

President, President-Elect, Secretary, Vice President, Treasurer

Committee Chair: Access to Care, Dental Care Plans, Midwinter Meeting Affairs, Dental Health Education Committee, Building Committee, Policy Manual

Committees: Dental Hygiene Advisory, Finance, Permanent Investment, Corporate Sponsorship, Patient Mediation, Pension, Exhibit, General Arrangements, Newsletter Editor

PROFESSIONAL ACTIVITIES

Board of Visitors, Samuel Harris National Museum of Dentistry

Examiner: North East Regional Board (NERB), Central Regional Dental Testing Service (CRDTS), Western Regional Examining Board (WREB)

Dental Hygiene Advisory Committee: Kennedy-King City College, College of Lake County, Carl Sandburg Community College, College of DuPage

Dental Laboratory Advisory Committee: Triton Community College

Counselor: Illinois Dental Assistants Association, Chicago Dental Assistants Association

Academy of General Dentistry: House of Delegates, Council on Membership, Illinois Academy (Board of Directors, Membership)

Loyola University Alumni Association: Fundraising Chair, Alumni Reunion Committee

State Network for Allied Health Education

Illinois State Bar Association: Interprofessional Relations

American Institute of Parliamentarians

MILITARY

Captain, U.S. Naval Reserve; U.S. Navy Dental Corps; Association of Military Surgeons of the United States; Naval Reserve Association; Reserve Officers Association; Military Officers Association of America; American Legion

HONORS

Dent-IL-PAC President's Award, Illinois State Dental Society President's Award, American College of Dentists, International College of Dentists, Pierre Fauchard Academy, Odontographic Society of Chicago (President, Board of Governors), Federation Dentaire Internationale, Xi Psi Phi National Dental Fraternity, Two Meritorious Service Medals, Rear Admiral William J.H. Vaughn Award for Outstanding Naval Reserve Dental Officer, Loyola University Founder's Day Award

ACADEMICS

Undergraduate: St. Norbert College, West DePere, WI; Loyola University, Chicago

Dental School: Loyola University College of Dental Surgery, Chicago



access for underserved communities and served as a valuable liaison to these communities. The statistical data gathered as a result of the Community Health Workers could support the need for this type of worker to the legislators. CDHCs will work primarily in public health and community settings like clinics, schools, senior centers and Head Start programs. They will service urban, rural and Native American settings. They will help patients navigate the healthcare system.

I do not support any form of mid-level or lower level provider providing hands-on dental treatment to patients. I do not endorse any form of a two-tiered dental delivery system. We must adhere to the gold standard of dental care. The dental profession in our United States is the voice of oral healthcare, the best in the world. Only dentists should be allowed to diagnose and treat patients appropriately with quality dental care.

Dr. Lamacki: *In June the state of Minnesota adopted a two-part exam that includes a written test and a non-patient based examination for testing the competence of graduates of Minnesota's Dental School applying for licensure. What are the ramifications of Minnesota's actions?*

Dr. Manning: On June 26, the State Board of Minnesota added the adoption of the Canadian Model Dental Exam for licensure called the Objective Structured Clinical Examination (OSCE). This is a non-patient based examination in which candidates for licensure answer questions based on models, radiographs,

casts and case histories. The results of this examination are recognized and accepted only in the State of Minnesota.

This exam is only allowed for dental students attending the University of Minnesota. Dental students attending the University of Minnesota are also eligible to take any of the Regional Licensing Examinations that are patient-based to afford them the opportunity to practice in other states as well as Minnesota. The State Board in Minnesota will accept the results of all Regional Exams including the OSCE.

One ramification of Minnesota's actions is that other states may opt to follow Minnesota's decision.

You are aware that the American Dental Association's policy going back to 2005 supports the elimination of human subjects in the clinical licensure examination process.

In 2007, an initial clinical licensure process called the Curriculum Integrated Format was adopted by the ADA. This examination consists of an independent third party assessment prior to graduation from a dental education program accredited by the ADA Commission on Dental Accreditation. This process includes patient care as part of the assessment, performed by candidates on patients of record, whenever possible, within an appropriately sequenced treatment plan.

The competencies assessed are selected components of current dental education program curricula. In 2007, the American Student Dental Association (ASDA) adopted the Curriculum Integrated Format as its policy.

Interestingly enough, I read a comment from a member of a Commission on Dental Accreditation (CODA) task force who stated: "I would suggest supporting an idea of accepting a hybrid form of the 2007 accepted Curriculum Integrated Format." An idea that he had would be to urge CODA to develop a new standard where dental students must demonstrate competency in those areas that are currently measured by various Regional Exams and make this a condition for graduation. ■

Dr. Manning seeks to be ADA president-elect

Dr. Manning last year stated in his announcement of candidacy that it has become increasingly important for the ADA to position itself as an "intuitive, adaptable organization with a unity of purpose." Leadership of the ADA, he added, must understand the challenges facing the dentistry and have the experience to help the organization "protect the future of dentistry."

According to Dr. Manning, the keystones for the continued success of the ADA are "advocacy, dedication and achievement."

He defined advocacy as dentistry, represented by the ADA, maintaining a dialogue with legislators to ensure oral healthcare is a high priority, developing innovative options to provide services to the community and establishing "strategic alliances" to preserve the profession.

He added that the "dedicated service and preparedness of dentists across the nation has propelled our association forward for decades and left behind a track record of remarkable success and utmost respect for the dental professional. The ADA will fortify its chances for success by reaching out to others within and outside the dental profession."

Dr. Manning stated in his announcement that "organized dentistry has long enjoyed a record of achievement because of its strong membership." In order to continue a record of achievement, members of the ADA "must demonstrate we are caretakers of our profession, continue to deliver quality and ethical care, and stay united as an organization and respond to issues."

As ADA president, Dr. Manning stated he will "collaborate with peer member organizations and others in the dental community, promote communications with internal and external resources, and increase effectiveness and success by securing input and support throughout the organization."

Addressing access to care in his announcement, Dr. Manning stated: "Access to care must have appropriate funding to ensure adequate reimbursement for services. Through increased funding of state and federal programs specific to dentistry, there will be an increase in member participation and the need for legislation pertaining to access and the development of mid-level provider programs will be eliminated."

Dr. Manning is finishing a four-year term as 8th District trustee. He is also a past vice president of the ADA. Dr. Manning also served the ADA as a member of the Council on Government Affairs vice chair and the Audit Committee chair. Besides service to CDS, he served in many volunteer positions for the Illinois State Dental Society. He is also a captain in the Naval Reserve. Dr. Manning and his wife, Linda, reside in Ivanhoe.



Dennis and Linda Manning

ONLINE LEARNING

CDS to present debut webinar on Direct Resin Pearls



by Joanna Brown

A long-standing, respected provider of continuing education, the Chicago Dental Society will offer a webinar for the first time in October. Dentists are invited to log on to the live presentation, scheduled to begin at 2 p.m. Wednesday, Oct. 27. The program, Direct Resin Pearls for the General Practitioner by Michael Morgan, will last one hour including time for questions. Participants may earn one hour of CE credit.

“Webinars like this one are one more way that doctors can keep up with the latest advancements in dentistry, but from the convenience of their home or office,” CDS director of scientific programs Al Kleszynski said. “We are proud to add this webinar to our menu of educational opportunities like our Midwinter Meeting, our Regional Meetings and our online CE library, as we continue our tradition of continuing excellence in dentistry.”

During the live webinar, registered participants will log on to their computers to hear Dr. Morgan’s presentation live, as he is presenting it, and watch his slides on their computer screens. The audio may be

accessed through your computer's speakers or by telephone. Participants may also ask questions of the presenter by typing them into their computer or asking them via telephone.

Registrants who choose to watch the webinar online after the live presentation will hear the same audio and see the same slides as the live participants, but they will not interact with the presenter.

"The benefit of online learning is really the saving of time and the convenience of attending the webinar at home or wherever you are, really," said Kelly Snyder, Director of Online Events for webinar provider CommPartners. "It's wherever you want to be."

Established in 1994, CommPartners has a staff of 35 professionals who facilitate 1,500 online events each year.

Online registration opens for both CDS members and non-members Sept. 7 at www.cds.org. Clicking the link on the home page takes registrants to the new page to select the Oct. 27 session (the only option at this time). Registrants are then asked to provide a variety of information, including their e-mail address to demonstrate CDS membership. Though the webinar is free to CDS members, non-members will be asked to pay the \$30 fee at this time.

Upon completion, registrants will receive an e-mail confirmation with several important items: a browser test, a link to the webinar and a pass code to log in, a phone number to dial in for audio, and a link to the speaker's handouts. This link is active both before and

after the live webinar.

Ms. Snyder advises that registrants do the browser test as soon as they receive the e-mail confirmation. This will ensure your computer has the latest versions of the software you'll need to participate in the webinar. If your computer fails the browser test, there will be links to update the necessary software so that your computer will be compatible with the webinar.

"Make sure you test the computer that you'll be using for the webinar," Ms. Snyder said. "The clients that most frequently have problems with the browser test are government offices and universities that have major firewalls. If you will be using a computer in one of these places and you don't pass the browser test, you might have to contact your IT administrator to get access to the (webinar) site."

Registered participants who are still having problems accessing the site can contact CommPartners Technical support department at cds@commpartners.com or 800.274.9390 (7:30 a.m.-4:30 p.m. CST).

Ms. Snyder further recommended that webinar participants use the pass code in their confirmation e-mail to log in to the webinar site 15 minutes before the start of the session to allow for set-up time.

Participants who are successfully logged in will see the speaker's slides on their computer screens, and must then consider their audio options: either turn up the computer's speakers, or dial in on the telephone.

Either way, participants will hear the audio from the speaker and any questions that are asked by the audience. To ask questions during the allotted Q&A period, participants may type them into the chat box at the bottom of the screen, or dial a code to ask them by phone. A moderator will ensure questions are asked and answered in an orderly fashion at appropriate times, and that the webinar ends in precisely 60 minutes.

If you log in early, consider clicking on the menu items at the top of the screen. The "Links" tab will offer items of interest related to CDS and the day's presentation. Attendees may browse these links before or during the presentation for reference.

At the end of the session, the moderator will announce that the session is over, and the browser window will automatically reset to the browser's homepage.

If plans change and registrants are not available to participate in the live webinar, check the confirmation e-mail for a link to the archive. Participants can view a recording of the webinar up to three times after the original airing, beginning within a few days of the original event. ■

Ms. Brown is the senior writer for the Chicago Dental Society.

Visit www.cds.org to register.

WEBINAR TIPS

Ms. Snyder offered a few suggestions for how webinar attendees can make the most of their experience:

- **Test your computer in advance of the webinar** – in fact, as soon as you receive the e-mail confirmation of your registration. This allows you time to update your computer's software and to talk to tech support if you do not pass the browser test. Make sure you test the computer on which you will attend the webinar (home vs. office). Ms. Snyder said her company's technical support department is busiest 15 minutes before and after each session begins; testing your computer in the days leading up to the webinar will ensure you don't miss the beginning of the session while your software is updating.

- **Print any handouts the speaker provides.** You can follow the discussion on the speaker's slides online, but you might want to make notes on paper along the way.
- **Close down other computer programs before the webinar begins** so that you can concentrate and the stream of information is uninterrupted. The only windows open on your computer during the webinar should be your confirmation e-mail and the webinar.
- **Put your phone on Do Not Disturb,** close your office doors and post a note outside the door indicating that you are in a meeting.



CDS returns to Ravinia

Members treated to a night of The American Masters



by Joanna Brown

The weather wasn't perfect, but the atmosphere under the tent was when CDS members and their guests gathered at Ravinia July 11 for the annual CDS summer picnic. The Chicago Symphony Orchestra presented *The American Masters: Bernstein/Copland*, commemorating the 20th anniversary of the deaths of Leonard Bernstein and Aaron Copland.

Guests enjoyed a light supper and cocktails before retreating to their reserved seats under Ravinia's pavilion. There, featured pianists mesmerized the crowd with their interpretations of Bernstein's *Symphony No. 2* ("The Age of Anxiety"), Copland's *Appalachian Spring* and Gershwin's *Concerto in F*.

The rain began to fall at the conclusion of the performance, but CDS guests barely noticed as they enjoyed sweet treats, coffee and camaraderie under our reserved tent. ■

Photography by John McNulty





In Other Words by Mary M. Byers, CAE

Read Mary Byers' online column, The Front Desk, at www.cds.org.

The value of virtual assistants

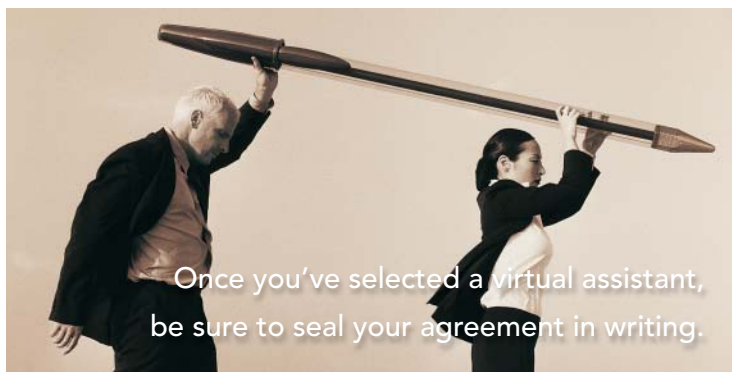
I work with three virtual assistants – none of whom I've ever met. All have made me more successful, freeing my time to complete the billable work that sustains my business.

What are virtual assistants? They are independent contractors who (from a remote location, usually their home or office) support multiple clients by providing administrative, creative and/or technical services.

You might consider hiring this type of partner for your practice if:

- You have too much work, and not enough time to do it
- A project requires specialized skills you don't have or will take too long for you to do yourself
- Certain tasks (such as bookkeeping) bore you.

You may find it makes more sense to focus on activities that produce income for your practice and to outsource other activities. Doing so is known as focusing on the "highest use of your time" – an essential concept for self-employed doctors.



The following guidelines will enable you to find a virtual assistant who helps your business instead of hindering it.

Ask for referrals. Referrals are the best way to begin the process of searching for a subcontractor or virtual assistant. Ask friends, family and other practitioners who they've used or who they know who does the type of work you wish to have done. If you're not able to find virtual assistants this way, go to the International Virtual Assistants Association website at www.ivaa.com to submit a request for proposal.

Shop around. Once you have a list of individuals, contact each one by phone or e-mail to find out if they are accepting new business. If so, describe your project and ask if they would be interested in bidding on it. Try to obtain bids from at least three contrac-

tors. This will give you an idea regarding the market value of the services and allow you to see how different contractors charge.

Be specific. The more you know about your project, the more accurate the bidding process will be. Telling a web designer you "need a website" isn't nearly as specific as telling a web designer you "need a 10-page website for which you'll write the copy and prepare a site map."

Arrange a phone meeting to discuss the bid. This will give you the opportunity to further assess the contractor's style. Is he easy to talk to? Does she answer your questions directly, thoroughly, and in a way you can easily understand? How well does he listen to you? Does this person seem like someone you could work with?

Trust your instinct. I believe the relationship you have with your subcontractors is just as, if not more, important than their technical skills. It makes no sense to hire someone who's technically proficient if you aren't going to be able to communicate or work with her.

Don't buy on price alone. While you may be tempted to select the cheapest bid, this isn't always the wisest way to select a virtual assistant. As mentioned above, there's more to outsourcing than cost. You want to be sure you're working with someone you trust and are comfortable with, as well as someone who possesses the skills necessary to complete the job.

After these criteria are met, then you should consider price.

Once you've selected a virtual assistant, be sure to seal your agreement in writing. It should outline what you're contracting, when the project will be completed, who is responsible for what, and how the contractor will be compensated.

What's the highest use of your time? And what can you outsource? Subcontracting with a virtual assistant is an excellent strategy to help grow your practice or free up more time in your busy schedule. ■

The views expressed in this column are those of the writer and not necessarily the opinions of the Chicago Dental Society.

Do you have a question you would like the CDS Review columnists to address? Send it to review@cds.org.

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Employee problems you never envisioned

In my many years of dealing with legal issues affecting dentists and their professional lives, there are situations that are unexpected.

Sometimes reality overtakes our imagination and creates problems that seem to spiral out of control. While we as dentists strive to practice our profession with expertise and diligence, taking care to do good dentistry, servicing our patients and keeping all records in good order, we are sometimes reminded, in a not so positive way, that we work with other people. There are the unavoidable patient problems, but there are also staff issues, which can be very complex and at times costly.

As my readers know, I use past client problems to illustrate and educate, while changing the parties' names and circumstances, but still leaving the basic structure of the legal problem intact.

Take a certain Dr. Brown who runs a successful dental practice. His staff is well trained, his manuals are in place and updated, and he has designated an assistant – let's call her Nancy – to be the OSHA compliance officer for the practice to ensure that the employment-related policies are implemented correctly.

Problems had arisen in the past with Nancy's work ethic, her ability to oversee the OSHA program, and her demands for raises, special bonuses and other favorable treatments which Dr. Brown saw as unwarranted. These problems came finally to a head when another one of her bonus demands was rejected. Nancy resigned from her position, claiming in writing that the office's non-adherence to OSHA protocols made it impossible for her to continue to work for her employer.

Nancy then lodged a complaint with OSHA enforcement authorities, accusing the dental office of OSHA violations. In addition, she filed for unemployment benefits with the Illinois Department of Employment Security on the basis of "constructive discharge." In her filing, she explained that she was forced to resign because of the office's OSHA infractions and the dentist's refusal to come into compliance with OSHA requirements despite her efforts.

The dentist, as well as the entire office staff, felt betrayed: the former employee had taken this too far. First, she had



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This case demonstrates again that successful legal action requires good documentation, quick action and the right timing.

demanding increased financial benefits on several occasions, despite her lack of due diligence in keeping the office in compliance with OSHA protocols. Then she used her own negligence in overseeing the OSHA program as the reason for filing a complaint, while also demanding unemployment benefits.

Given these circumstances and perceptions, conflict was inevitable. However, as it turned out, Dr. Brown – and not Nancy – found himself on the losing side. You may ask: How can this be? Keep in mind, any time you engage in legal actions, proof counts and an unassailable trail of documentation as well as quick action to head off problems is important.

Consider these facts: Nancy was smart enough to stay one step ahead of the game, while using the appearance of a concerned employee to her advantage. Her position was strengthened immeasurably by the fact that the OSHA investigation she instigated did find shortcomings, and the office was fined. This combination proved highly damaging to the employer's position. Any explanation by the dentist that the OSHA violations were "minor" or that they were precipitated by the "incompetence" of a disgruntled employee or that the OSHA complaint was in fact a "revenge action" by that employee sounded unconvincing in that situation and could not be proven. Not

surprisingly, it did not carry the day.

How could the dentist have prevented this meltdown in his office? There are, in fact, several steps that could have been taken to prevent, or at least mitigate, the damages caused here.

First and foremost, the claim that an employee or former employee acts out of “revenge” or has a history of poor performance, while making unjustified financial demands, is a lot more convincing if that history can be documented in terms of repeated performance evaluations. Such evaluations should document specifically the shortcomings of the employee; an improvement period should be spelled out, which should be followed by another performance evaluation. These actions should either result in a satisfactory review of the employee or additional actions by the employer, such as written warnings and possibly termination. In the above case, a paper trail of shortcomings pertaining to Nancy’s OSHA oversight responsibilities would have gone a long way to substantiate the employer’s position that Nancy’s negligence was primarily to blame for the office’s non-compliance with OSHA regulations.

Secondly, if an internal performance review had determined that the OSHA program was not in good hands, this duty should have been immediately assigned to someone else and appropriate corrections should have been made internally prior to any possible OSHA investigation. Nancy should not have been allowed to resign, but should have been dismissed long before she had reason to claim “constructive discharge.”

There are additional consequences to consider: An employer can file an objection to any claim for unemployment benefits if the employee was terminated because she neglected her job duties and jeopardized the safety of the office. In that case, a substantiated OSHA violation would have supported the employer’s position and justified the employee’s termination. Since this was not done, the former employee was able to use the OSHA violations against the employer, rather than the reverse.

This case demonstrates again that successful legal action requires good documentation, quick action and the right timing. Mere say-so rarely carries the day, and passivity in dealing with a festering office problem can often be damaging.

More about HIPPA

Readers of my column in the July/August issue of the *CDS Review*, titled “So You Thought You Had HIPAA under Control” may be interested in the July 14 *New York Times* article called “Standards Issued for Electronic Health Records.” It offers further reflections on the difficult compliance issues if the Electronic Health Records bill becomes law in its current form. ■

Editor’s note: The above article does not constitute legal advice but is for educational purposes only. In order to obtain legal advice, a personal consultation with an attorney is required. The views expressed in this column are those of the writer and not necessarily the opinions of the Chicago Dental Society.

Dr. von Heimburg is a practicing dentist and a practicing attorney in the Chicago area. She represents, advises and educates dental professionals, exclusively, in all matters relating to the practice of dentistry.

VOLUNTEERS NEEDED!

EARN MONEY WHEN YOU VOLUNTEER!

In order to maintain the level of excellence for which the Midwinter Meeting has become known, we ask every regular and associate CDS member to please consider volunteering your time as a Room Chair or Presiding Chair. If you are a dental student, consider becoming a Student Chair.

PRESIDING CHAIRS

The primary responsibility of our Presiding Chairs is to introduce the course speakers. Presiding Chairs greet our speakers in our registration office, escort them to breakfast and then to the rooms where they will lecture; then escort the speakers to lunch and back for their afternoon programs.

ROOM & STUDENT CHAIRS

The primary responsibility of our Room and Student chairs is to verify tickets and help with crowd control.

CDS will provide volunteers with all of the information and support needed to fulfill their missions. In addition to complimentary amenities, volunteers get a unique opportunity to develop up-close and personal relationships with dentistry’s most outstanding clinicians.

VOLUNTEER TODAY!

The CDS Midwinter Meeting is widely regarded as one of the best dental meetings in the country, earning a reputation as the respected leader in scientific dental meetings, thanks to the dedication and hard work of our members who volunteer their time and energy.

SIGN UP ONLINE.

To participate as Student, Room or Presiding Chairs, please visit www.cds.org/mwm_2011. Contact Dr. Al Kleszynski, Director of Scientific Programs, at 312.836.7312 or akleszynski@cds.org.

CHICAGO DENTAL SOCIETY 146th MIDWINTER MEETING

FEBRUARY 24 – 26, 2011
McCORMICK PLACE WEST BUILDING • CHICAGO

Great Expectations
A DENTAL CONTINUUM

WWW.CDS.ORG



From the Ground Up by Barbara Mousel, DDS

A column about the CDS Foundation. For more information, visit www.chicagodentalsocietyfoundation.org.



Photo by John McNulty

CDS Foundation grants foster access to care

As the chair of the Chicago Dental Society Foundation, it is a pleasure to share with you the successes of the CDS Foundation.

With your help, the CDS Foundation, established in 2007, has sponsored both fixed and mobile dental clinics by providing \$100,000 in financial support to access to care organizations. CDS has generously committed funding for education at both the University of Illinois College of Dentistry in Chicago and the Southern Illinois University School of Dental Medicine in Alton.

One of our 2009 grants supported Oral Health America's Smiles Across America program. The organization doubled the number of exams and fluoride treatments to 121,000 Chicago Public School students. Likewise, the Children's Clinic of Oak Park reported that its five-chair, full-time clinic provided 2,149 children with 6,119 dental visits last year. This year the CDS Foundation donated \$40,000 to help fund the first Illinois Mission of Mercy (MOM) in partnership with the Illinois State Dental Society Foundation.

Volunteers at the Illinois MOM treated more than 1,953 dental patients June 11 and 12 at the Interstate Center in Bloomington. Numerous CDS members were among the 900

individuals who volunteered for the event. Dental care delivered included 1,739 extractions, 1,365 fillings, 43 stainless steel crowns, 72 endodontic procedures, and 155 lab services. More than \$1 million in care was delivered in two days. Needless to say, the event surpassed all expectations.

Our efforts toward fulfilling our mission, improving oral health by providing funds to increase access to care and dental education, continue to thrive through the generosity of our donors and the dedication of our volunteers. With your support we will continue to respond to the needs of our community to ensure oral healthcare and dental education are possible for everyone. Your help is more important than ever.

For more information, please visit our website at www.chicagodentalsocietyfoundation.org or contact Executive Director Rodney Watt at 312.836.7301 or rwatt@chicagodentalsocietyfoundation.org.

We look forward to keeping you informed of CDS Foundation activities throughout the year, and we welcome your input. ■

Dr. Mousel is the chair of the Chicago Dental Society Foundation.

Snap Shots

profiles of the profession

Goldie's Place

Student-run dental clinic offers eye-opening experience

by Rachel Azark

Chicago is home to the nation's first skyscraper (built in 1884), and is the birthplace of both the car radio and the TV remote control. But it has something else we should be proud to show off. Established three years ago, the dental clinic at Goldie's Place is home to the nation's first student-run dental clinic.

Goldie's Place, which started in 1996, is a support center for homeless people working to get back on their feet. It offers career training, resume building, a clothes closet and a dental clinic. During the week, a staff of volunteer dentists runs the agency's dental clinic. But every other weekend the clinic is transformed into a student-run dental clinic.



Brian Homann, a third year dental student at the University of Illinois at Chicago (UIC) College of Dentistry, was there two years ago for the first four pilot sessions at the student-run dental clinic. He worked the front desk that first day, and experienced something that isn't taught in dental school.

Mr. Homann says the clinic is unique in that everyone learns how to run a practice by learning how to book appointments and run the front desk – the business side of things.

Caswell Evans, a 1970 graduate of the Columbia University College of Dental Medicine and now the Associate Dean of Prevention and Public Health Services at the UIC College of Dentistry, said, "They [the students] are responsible for gathering supplies, scheduling appointments, working up treatment plans, the reception area, sterilization and taking radiographs.

"The students get first-hand experience with access to care, health disparities and a community that is unrecognized."

The UIC student chapter of the American Association of Public Health Dentistry organizes the students in the clinic. The UIC chapter was the first student chapter of the AAPHD; Mr. Homann is the current president.

The executive board recruited student volunteers through

e-mail, friends telling friends, and by word of mouth.

"We told them how we got these great experiences [at Goldie's Place] and flocks of people came," Mr. Homann said.

Once at the clinic, student volunteers are organized by their progress through dental school. First years work the front desk and do sterilization and radiology. Second years assist the providers and do cleanings, and the third and fourth years are assistants and providers. There is one faculty member present at all times.

"You get to do all these things you don't get to do at school," said Mr. Homann. "Because we are working at a community clinic we don't have all the supplies like we do at school.

Goldie's teaches you how to think on your feet and modify what you're doing when you don't have the supply you need."

Not only do students need to think on their feet, they also are learning about community medicine and working with a patient base that is homeless. Their ideas on what being homeless means are changing.

Mr. Homann took the health history of one patient and found out that he had a PhD and had worked as a college professor, but because his son had been sick and

had racked up hundreds of thousands of dollars in bills, the patient had become homeless.

"That really hit it home with me. We see a lot of similar stories at Goldie's – that someone has just come into some horrible circumstance," said Mr. Homann.

Because these patients have encountered these experiences in their lives, they are incredibly grateful for the dental work because they have no other options.

Another patient had been homeless for 10 years and without any teeth. The students had a set of dentures made for him by dental labs that donate their services.

"He had a huge smile on his face. He gave everyone in the clinic high fives and hugs and then danced his way out of the clinic. He was going to go eat solid food for the first time in 10 years," said Mr. Homann.

For the students, Goldie's Place has been great for giving them real world experience; and for the patients who have received the treatment, they are able to go back out into the world with a new smile. ■

Ms. Azark is the editorial assistant for the Chicago Dental Society.

Going Local

a look at what's happening in our community

UIC dental student places second in research competition

University of Illinois at Chicago College of Dentistry DDS/PhD student Bojana Bojovic won second place in the Senior Category at the Edward Hatton Student Research Competition held at the American Association of Dental Research (AADR) meeting in Washington, DC.

"I presented my research on the role of the telomere binding protein TRF2 in controlling stem cell phenotypes in oral cancer," she explained. "The ends of our chromosomes – called telomeres – get shorter with age, and we have shown that this shortening results in more aggressive oral cancer. My research demonstrated that loss of TRF2 occurs in human oral cancer and results in increased metastasis of oral cancer stem cells."

Ms. Bojovic had submitted an abstract on her research to a panel of judges who selected only nine competitors from the entire country.

"It is such an honor to be recognized for this prestigious award from among such an outstanding group of student researchers," Bojovic said. "I hope this recognition will encourage more young researchers to consider cancer research. Oral cancer affects far too many of our patients, and much more research is needed to understand and treat this disease."



Bojana Bojovic is congratulated by UIC College of Dentistry Dean Bruce Graham.

UIC hires support to create digital learning resources

Although teaching is an ancient profession, that does not mean faculty can not teach in new ways. Nancy Norman, an instructional technologist at UIC's new Office of Dental Education, has been hired to help faculty do just that.

"I'm here to support and assist faculty in preparing to use new technology in instruction, especially as we move to the new DMD curriculum with small groups and independent learning," Ms. Norman explained. "We want to develop digital learning resources such as recorded lectures and other computer-based modules for faculty and students.

"My role is to work with faculty in developing those sorts of things, guiding them through the process. I also do instructional design, so I can assist in designing media for computer-based learning," she continued.

She also has an interest in robotics, a subject known to the College through the work of Arnold Steinberg, a professor of periodontics, and his PerioSim haptic 3-D virtual reality teaching and training simulator. "I hope to lend my expertise to endeavors like that," she said.

Ms. Norman's previous post at UIC was instructional design coordinator for the Department of Medical Education at the College of Medicine. She also previously worked for UIC's Department of Spanish, French, Italian and Portuguese, and spent 15 years as an instructional designer and project manager for the Loyola University Chicago Center for Instructional Design.

Oral Health America advocates for an end to child hunger and obesity

Oral Health America joined 128 organizations in an advertisement this summer that called on Congress to pass a comprehensive child nutrition bill. The ad, organized by Feeding America, appears in *Roll Call* and *CQ Today*, both Capitol Hill newspapers.

"With 1 in 4 kids at risk of hunger, and 1 in 3 obese or overweight, the time for strong action is now," the ad states. "Our nation's goals are to end child hunger by 2015 and solve childhood obesity in a generation."

"Ensuring that children have healthy, nutritious food is vital to their ability to grow, learn, sleep and succeed," said Beth Truett, president and CEO of Oral Health America.

"Oral health is both a result of good nutrition, and also contributes to children's health, well-being and ability to eat healthy foods." A copy of the ad can be found at

http://web17.streamhoster.com/ddc/AHA/2010/089-1857_Roll_Call_Ad_HR.PDF.

Oral Health America's mission is to change lives by connecting communities with resources to increase access to oral healthcare, education and advocacy for all Americans, especially those most vulnerable.





Gov. Patrick Quinn (seated) signed a series of laws which aim to increase access to care. He is pictured with (L-R) UIC College of Dentistry Department of Pediatric Dentistry professor and head Indru Punwani, UIC Chancellor Paula Allen-Mearns, UIC College of Dentistry Dean Bruce Graham, and state representatives David Miller and Mary Flowers.

Gov. Quinn signs laws that improve access to dental care

Illinois Governor Patrick Quinn at the University of Illinois at Chicago (UIC) College of Dentistry signed a bill into law July 23 that makes it easier for licensed dentists who live out-of-state to provide voluntary care to low-income Illinois families. He also signed legislation to create a shared database to help Illinois' schools to improve their nutritional and physical activity policies and programs, as well as a third bill concerning dental records confidentiality.

Gov. Quinn was welcomed to the College by UIC Chancellor Paula Allen-Mearns; UIC College of Dentistry Dean Bruce Graham; and UIC College of Dentistry Department of Pediatric Dentistry Head Indru Punwani.

"Keeping Illinois' children and families healthy is one of my most important duties," said Gov. Quinn. "This important legislation will help more families see a dentist and help our school districts develop better healthy practices for our children."

Senate Bill 3061 allows the state to issue temporary permits to dentists and dental hygienists who are licensed in other states and will provide free care in Illinois. To qualify for a permit, the dentist or dental hygienist must meet Illinois' dental standards and intend to provide voluntary care. The temporary permit may not exceed 10 days.

The law will help encourage more dentists to treat low-income families at free clinics throughout Illinois. The legislation passed the Illinois General Assembly unanimously. It takes effect immediately.

Gov. Quinn also signed a new law that requires the State Board of Education to develop and maintain a nutritional and physical activity best practices database for use in schools and school districts. The database will contain the results of any wellness-related fitness testing done by local school districts, as well as information on successful nutrition and physical activity programs and policies implemented by school districts.

The database will be accessible to all local school districts and will serve as an important tool for developing policies and programs to improve the health of Illinois' children. Senate Bill 3706 takes effect immediately.

Gov. Quinn also signed Senate Bill 3025, which amends the Dental Practice Act and will keep confidential dental records subpoenaed in any Board of Dentistry investigation of a dentist. The legislation takes effect immediately. ■

www.chicagodontalsocietysocietyfoundation.org



Improve oral health in your community
Visit our site today and make a donation!

Your Health

a discussion on health-related topics

Chocolate facts and fiction

by Joanna Brown

Does your calendar have a big red circle around Sept. 13? It's Milton Hershey's birthday. Known as a tenacious entrepreneur who started several businesses before he found success, Mr. Hershey is celebrated as a candy mogul and generous philanthropist who cared as much for his employees and his community as he did for the delicious products they brought to the masses. So peel back that shiny silver wrapper and celebrate Mr. Hershey's legacy.

And you can do so without guilt. Today, the Hershey Center for Health and Nutrition investigates and promotes the chemistry and health benefits of cocoa, chocolate, nuts and other ingredients. The results of these investigations guide new products and product development for The Hershey Company, of course, but they are also communicated to the consumers who enjoy these sweet treats – in moderation.

Find more information at www.hersheys.com/nutrition-professionals.

Facts

Although many do not think of nutrition when they think about chocolate, the truth of the matter is that chocolate contains a very complex nutrition profile. The nutrition of chocolate lies within each of its primary ingredients: cocoa, cocoa butter and milk (for milk chocolate).

The cocoa bean is at the heart of every chocolate product. Interestingly, the cocoa bean is not a "bean" or any type of legume; rather it is actually the



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Eating a 1.4 oz. milk chocolate bar instead of a carbohydrate-rich snack was shown to increase HDL (good) cholesterol levels.



seed of the fruit of the cocoa tree. Cocoa beans are about 54 percent fat, 31 percent carbohydrate, 11 percent protein, 3 percent polyphenols and less than 1 percent minerals.

After a cocoa bean has been fermented, roasted and ground, it is then pressed into cocoa powder and cocoa butter. The cocoa powder is a concentrated source of polyphenols and minerals, including iron, magnesium, phosphorus, potassium and copper. The fiber present within the cocoa bean also lies within the cocoa powder portion, providing 2g of dietary fiber for every 5g (1 Tbsp) of cocoa powder. The cocoa powder also contains a small amount of protein.

The naturally occurring fat within the cocoa bean is referred to as cocoa butter. In general about 37.5 percent of the fat within cocoa butter is unsaturated fat

and about 61.4 percent is saturated fat. About half of this saturated fat is stearic acid, a fatty acid that does not increase levels of LDL-cholesterol.

Although many of the health benefits surrounding chocolate are focused on dark chocolate with its concentrated amount of antioxidants, there are some additional healthy nutrients inherent to the milk used in the production of milk chocolate. The milk contains calcium, potassium and magnesium, all important nutrients for building strong bones and teeth and for cardiovascular health. Milk is also a good source of high-quality protein.

Fiction

The following are a few myths about chocolate, as explained by the Hershey Center for Health and Nutrition.

Chocolate is loaded with cholesterol-raising fat.

Cocoa butter, the fat in chocolate, might be expected to increase blood cholesterol levels because it contains saturated fat. But stearic acid, the main saturated fat found in milk chocolate, doesn't raise cholesterol levels the same way that other saturated fats do. When consumed in moderation, chocolate does not increase cholesterol levels. In fact, eating a 1.4 oz. milk chocolate bar instead of a carbohydrate-rich snack was shown to increase HDL (good) cholesterol levels.

People with diabetes must give up chocolate.

Chocolate does not need to be completely avoided by people with diabetes. People are often surprised to learn that chocolate has a low glycemic index. Chocolate adds flavor and enjoyment when used as an occasional treat as part of a well-balanced diet. Recent research suggests that dark chocolate may actually improve insulin sensitivity in people with normal and high blood pressure and improve endothelial dysfunction in people with diabetes, although more studies are needed.

Chocolate causes weight gain.

Chocolate can be a part of an overall healthy lifestyle when consumed in moderation. The key to managing weight is balancing the calories consumed each day with the amount of energy expended from physical activity. An average chocolate bar contains about 200-220 calories, which is low enough to be included in a weight control diet if substituted for other high calorie foods. If you keep your portion sizes small, the occasional treat can be a guilt-free part of your diet.

Chocolate is high in caffeine.

A typical serving of milk chocolate contains relatively small amounts of caffeine – slightly more than an 8 oz. cup of decaffeinated coffee. Dark chocolates contain more caffeine; caffeine content can range from 25-40 mg per serving. A typical 8 oz. cup of regular coffee contains 65-120 mg of caffeine.

Chocolate causes hyperactivity.

Chocolate and other sweets are often blamed when children get overly excited and active. But research indicates that there is no relationship between consumption of sugar-containing foods and changes in behavior. It is believed that the environment in which sugary foods are often eaten, such as a birthday party or other celebration, is what affects behavior.

Chocolate lacks any nutritional value.

Chocolate and cocoa contain flavanols – antioxidant compounds also found in tea and red wine. These compounds have been associated with supporting heart health. A typical dark chocolate bar contains more antioxidant capacity than 3 cups of green tea, 1 1/4 glasses of red wine, or 3/4 cup of blueberries. In addition, chocolate also contains minerals and dietary fiber.

Chocolate must contain at least 70 percent cacao to be good for you.

In general, the percent cacao can be an indicator of the flavanol content of a chocolate – i.e., a 70 percent cacao chocolate will typically contain more flavanols than a 50 percent cacao chocolate. However, there is nothing magical about a 70 percent cacao chocolate. In an 18-week study, individuals who consumed a small amount of 50 percent cacao chocolate experienced a significant reduction in systolic and diastolic blood pressure. A recent study showed short-term improvements in blood flow and blood pressure after consumption of a 60 percent cacao dark chocolate.

Chocolate causes acne.

Studies going as far back as the 1960s have failed to show any relationship between chocolate consumption and acne. Preliminary research has actually demonstrated a beneficial impact of cocoa on skin health, measured as improved photo protection and dermal blood circulation. ■

Ms. Brown is the senior writer for the Chicago Dental Society.

Open Wide

A blog for dentists

 **BY THE CHICAGO DENTAL SOCIETY**

Open Wide, the Chicago Dental Society's official blog, is a great resource for you to interact with your fellow members, get a quick chuckle or find out what's happening at CDS. Visit www.cds.org, and click on the Blog tab in the top navigation bar to view the latest posts. Members who would like to contribute to the blog should e-mail Keri Kramer, CDS Director of Communications, at kkramer@cds.org.

Looking Back

a historical perspective

Dr. Truman Brophy was a pioneer in cleft palate surgery

by Walter F. Lamacki, DDS

In the 1870s, it was estimated that only 25 percent of Chicago dentists had earned a degree from a dental college. Preceptors in busy dental offices trained most dentists. The length of training was arbitrary and certainly unregulated.

That was to change when Dr. Truman Brophy founded, owned and served as dean of Illinois' first dental school, The Collegiate Department of the Chicago Dental Infirmary in 1879.

Dr. Brophy was born in 1848 in Goodings Grove, just southwest of Chicago. He earned a dental degree from the Pennsylvania College of Dental Surgery in 1872.

He was a preceptor in Dr. J.O. Farnsworth's office at 116 Randolph St. in Chicago at the age of 19; three years later he bought the practice, only to see the offices engulfed by flames in the Great Chicago Fire of 1871. Rather than rebuild the office, he decided to get his dental degree.

He became a member of the Chicago Dental Society in 1876 and for the next 50 years he was a prominent figure at CDS, Illinois State Dental Society and American Dental Association meetings.

Dr. Brophy, like a number of his colleagues, earned a medical degree in 1880

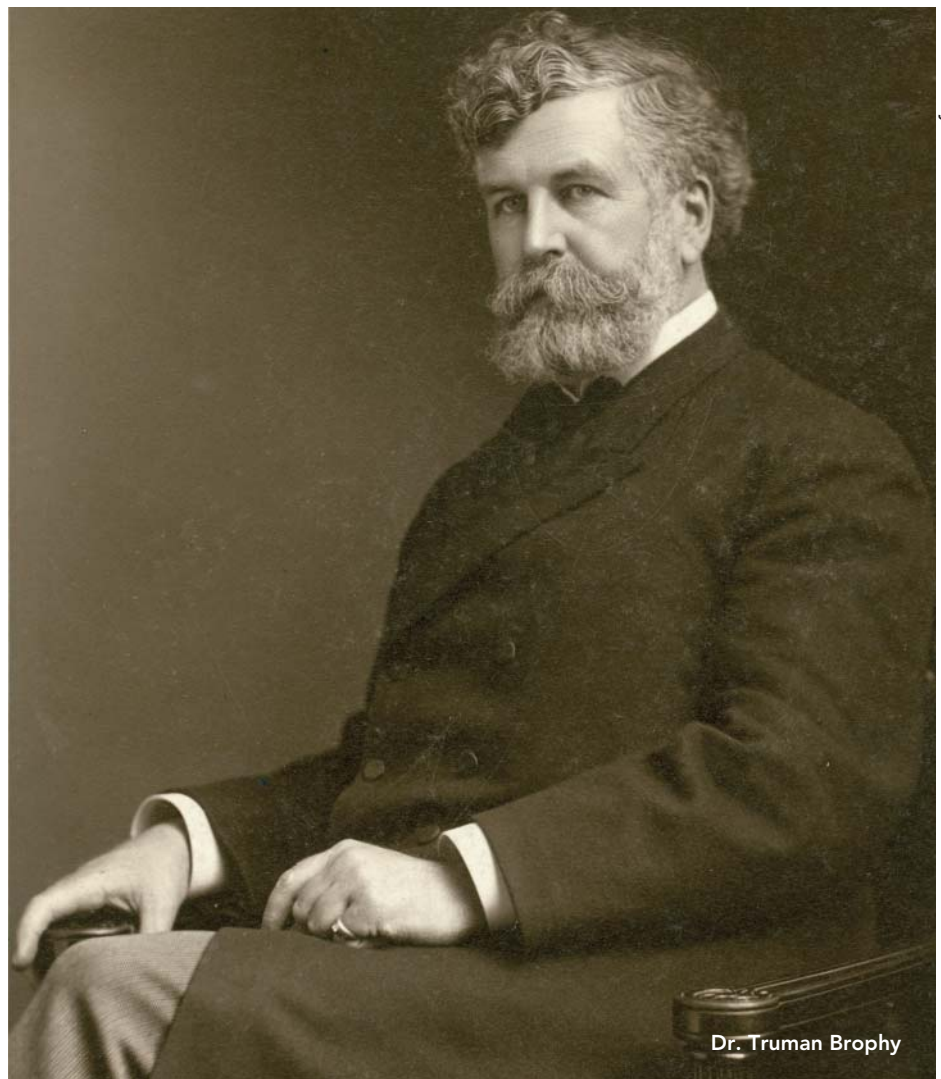


Photo courtesy of the Archives of the American Dental Association

Dr. Truman Brophy

Dr. Brophy was a pioneer in cleft palate surgery, performing the first closure of a congenital cleft palate, but his real love was dental education.

from Rush Medical College; he became a faculty member and for the next 26 years he taught oral surgery. He was an

early advocate of making dentistry a specialty of medicine, but by 1885 he

abandoned the concept as unworkable. As a result of his change of heart, the school was renamed The Chicago College of Dental Surgery (CCDS) in 1885.

He was a pioneer in cleft palate surgery, performing the first closure of a congenital cleft palate; his groundbreaking technique brought him international acclaim, but Dr. Brophy's real love was dental education.

It wasn't just books and study for the students of CCDS. A 30-piece band was

formed, which played interludes at the lengthy commencement ceremonies. Dr. R.B. Tuller, clinical professor of operative dentistry, composed a campaign song, "The National Republican League March." Dr. Tuller received a complimentary letter from President McKinley.

No band can exist without a football team. CCDS's staunch 11 played teams from Rush, Northwestern Dental, and Hahneman Medical College. Hahneman no longer exists, its demise perhaps hastened by the stout beatings they took from CCDS lads.

Dr. Brophy and his partners, Dr. William H. Logan – his son-in-law – and C.N. Johnson sold CCDS to Loyola University in 1927. Loyola kept CCDS in the school's title for several generations because of his fame.

Dr. Brophy died in 1928, 60 years before his beloved school would close its doors. ■

Dental Dateline

Dental Dateline is provided by your Chicago Dental Society member dentists.

Don't take your stress out on your mouth

How are Americans dealing with these difficult economic times? They're taking their stress out on their teeth, if you ask dentists. In the fall of 2009, the Chicago Dental Society surveyed more than 250 of its members to see if stressing about the economy was wreaking havoc on patients' oral health.

Nearly 75 percent of dentists surveyed said their patients reported increased stress in their lives. And 65 percent of dentists said they have seen an increase in jaw clenching and teeth grinding among their patients.

Jaw clenching and teeth grinding, or bruxism, can be a temporary nuisance during stressful times that causes headaches and sleep problems, but it also can cause lasting problems for your teeth and gums. It can lead to muscle inflammation, broken teeth or even damaged dental work, such as crowns and fillings.

The following tips from dentists should help you cope with the pressures of the world – before your teeth pay the price.

Take a pain reliever. If grinding and clenching is causing you headaches and muscle soreness in your jaw, take an anti-inflammatory medication, like Advil or Aleve, shortly before bedtime.

Massage. Try massaging the muscles along your jaw line, from the joint near your ear all the way to your chin, to relieve jaw soreness.

Avoid caffeine. Coffee may help you get going in the morning, but caffeine combined with stress can lead to increased muscle tension. If cutting caffeine completely out of your life won't work for you, you should try to avoid drinking it within several hours of bedtime.

Be careful with your diet. When the muscles in the jaw get inflamed, it's best to go easy on them for a while by avoiding foods that require vigorous chewing. Ice and gum chewing is a definite no-no, and so is that triple-decker-cheeseburger that almost requires you to unhinge your jaw to eat it.

Exercise. You didn't want to hear this one, did you? But exercise relieves stress and reduces anxiety, the two biggest culprits of grinding.

Meditate. Try a yoga class to achieve some relaxation. Even taking a moment before bedtime to do some deep breathing can be a big help.

Wear a mouth guard. If you have serious grinding and clenching issues, talk to your dentist about a mouth guard to wear at night. ■



© Shutterstock Images

Jaw clenching and teeth grinding, or bruxism, can be a temporary nuisance during stressful times that causes headaches and sleep problems, but it also can cause lasting problems for your teeth and gums.

Meeting Place

dental meetings and CE opportunities

Nov. 10 Regional Meeting

Larry Sangrik, DDS

Dental Fear: Successfully Treating the Apprehensive Patient

9 a.m.-2:30 p.m. at Drury Lane, 100 Drury Lane, Oakbrook Terrace.

CDS designates Regional Meetings for 5 continuing education credits.

Regional Meetings are free to all CDS members and their auxiliaries, as well as dental hygienist members of the Illinois State Dental Society. A \$250 fee is charged to dentists and their staffs who are not CDS members, which may be applied to membership for the current year. Advance registration is not required, but CDS encourages you to pre-register online at www.cds.org.

ADA C-E-R-P® | Continuing Education Recognition Program

CDS is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

Tell us about your next meeting

Fax: 312.836.7337

e-mail: review@cds.org

Snail mail:

CDS Review

Meeting Place

401 N. Michigan Ave., Suite 200

Chicago 60611-5585

Include the following information:

Subject, date, time, location and speaker's name and degree, as well as the name and phone or e-mail of your contact person.

All information must be submitted in writing. The editor reserves the right to edit material for space and style.

Although every effort is made to list all information received, only meetings sponsored by the CDS branches are assured of a regular listing in Meeting Place and online.

Branch meetings

SEPTEMBER

21: North Side Branch

Bruce Lowy: Thriving in Challenging Times.

Via Veneto, 6340 N. Lincoln Ave., Chicago.

Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8

p.m. For information, contact Jeffrey Kramer,

773.588.2100 or kramerkuhdental@aol.com.

OCTOBER

5: Kenwood/Hyde Park Branch

Cynthia Charlier, DVM, FAVD: Fido and Frie-

da Go to the Dentist. Rumba, 351 W. Hub-

bard St., Chicago. Cocktails: 6:30 p.m.;

Dinner: 7 p.m.; Program: 7:30 p.m.

For information, contact Jack Liu,

312.351.5741 or jjrlu@sbcglobal.net.

5: North Suburban Branch

Anthony Gargiulo, DDS, MS: Perio: Yesterday,

Today and Tomorrow. Green Acres Country

Club, 916 Dundee Rd., Northbrook. Cocktails:

6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For

information, contact Michael Gaynor,

847.446.6200 or mkgaynor@sbcglobal.net.

5: Northwest Side Branch

Nolen Levine, DDS: Facially Generated Treat-

ment Planning Part 1: Use of Crown Length-

ening in Posterior Bite Collapse and Anterior

Excessive Vertical Dimension. Rosewood

Restaurant, 9421 W. Higgins Rd., Rosemont.

Cocktails: 6:30 p.m.; Dinner: 7:15 p.m.;

Program: 7:30 p.m. For information,

contact David Wojtowicz, 847.933.1855 or

dewojtowicz@yahoo.com.

5: South Suburban Branch

Political Night, featuring state and local rep-

resentatives. Balagio Restaurant, 17501 Dixie

Hwy., Homewood. Cocktails: 6 p.m.; Dinner:

7 p.m.; Program: 8 p.m. For information,

contact Generand Algenio, 708.799.5437 or

generand@aol.com.

12: Englewood Branch

Staff Appreciation Night. John Fredricksen,

DDS, and Tom Remijas, DDS. Francesca's

Vicinato, 12960 S. LaGrange Rd., Palos Park.

Cocktails: 6 p.m.; Dinner and Program: 7 p.m.

For information, contact Alex Haralampopou-

los, 708.799.2550 or aleco2994@yahoo.com.

12: Northwest Suburban Branch

Edward Pavlik, DDS, MS, ABFO, ABO: The

Role of Forensic Dentistry in the Gacy Case

and the Crash of Flight 191. The Wellington,

2121 S. Arlington Heights Rd., Arlington

Heights. Cocktails: 6 p.m.; Dinner: 7 p.m.;

Program: 7:45 p.m. For information, contact

Renee Pappas, 847.253.8501 or

mbs1andassoc@aol.com; or Tina Smith-

Arpino, 847.370.4341 or

tarpino@comcast.net.

12: West Side Branch

Stephen Weeks, DDS: Endo Update.

The Carleton of Oak Park, 1110 Pleasant St.,

Oak Park. Cocktails: 6:15 p.m.; Dinner

and Program: 7 p.m. For information,

contact John Perna, 708.386.0960 or

jperna@sbcglobal.net.

12: West Suburban Branch

Christine Palumbo, MBA, RD: Top Foods for

a Long, Healthy Life. Maggiano's Little Italy,

240 Oakbrook Center, Oak Brook. Cocktails:

6:30 p.m.; Dinner: 7 p.m.; Program: 8 p.m.

For information, contact Alyssa Brown,

630.323.5200 or alysabrown8@yahoo.com.

NOVEMBER

2: Northwest Side Branch

David Musich, DDS, MS: Facially Generated

Treatment Planning Part 2: Orthodontic Intru-

sion and Extrusion to Correct Posterior Bite

Collapse and Anterior Esthetics. Rosewood

Restaurant, 9421 W. Higgins Rd., Rosemont.

Cocktails: 6:30 p.m.; Dinner: 7:15 p.m.;

Program: 7:30 p.m. For information,

contact David Wojtowicz, 847.933.1855 or

dewojtowicz@yahoo.com.

9: Englewood Branch

Speaker and topic TBA. Francesca's Vicinato, 12960 S. LaGrange Rd., Palos Park. Cocktails: 6 p.m.; Dinner and Program: 7 p.m. For information, contact Alex Haralampopoulos, 708.799.2550 or aleco2994@yahoo.com.

9: Kenwood/Hyde Park Branch

Michael Bolden, DDS, MS: Implant Failures Diagnosis and Treatment. Rumba, 351 W. Hubbard St., Chicago. Cocktails: 6:30 p.m.; Dinner: 7 p.m.; Program: 7:30 p.m. For information, contact Jack Liu, 312.351.5741 or jjrlu@sbcglobal.net.

9: North Suburban Branch

Gary Morris, DDS: Re-restoration of Existing Implant Patient. Green Acres Country Club, 916 Dundee Rd., Northbrook. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Michael Gaynor, 847.446.6200 or mkgaynor@sbcglobal.net.

9: Northwest Suburban Branch

Petra von Heimburg, DDS, JD: Current Legal

Issues Affecting Dentists. The Wellington, 2121 S. Arlington Heights Rd., Arlington Heights. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 7:45 p.m. For information, contact Renee Pappas, 847.253.8501 or mbs1andassoc@aol.com; or Tina Smith-Arpino, 847.370.4341 or tarpino@comcast.net.

9: South Suburban Branch

Speaker TBA: Tax Night: How Will the Tax Laws Affect the Future of Your Business. Balagio Restaurant, 17501 Dixie Hwy., Homewood. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Generand Algenio, 708.799.5437 or generand@aol.com.

9: West Side Branch

Dean Toriumi, MD: Facial Plastic Surgery Overview. The Carleton of Oak Park, 1110 Pleasant St., Oak Park. Cocktails: 6:15 p.m.; Dinner and Program: 7 p.m. For information, contact John Perna, 708.386.0960 or jperna@sbcglobal.net.

9: West Suburban Branch

Andrew Rosenson, MD: Coronary Artery Disease: Diagnosis and Prevention. Maggiano's Little Italy, 240 Oakbrook Center, Oak Brook. Cocktails: 6:30 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Alyssa Brown, 630.323.5200 or alysabrown8@yahoo.com.

16: North Side Branch

Michael Czarkowski, DDS: Enhancing Dento-Facial Esthetics. Hackney's, 1514 E. Lake Ave., Glenview. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Jeffrey Kramer, 773.588.2100 or kramerkuhndental@aol.com.

30: Northwest Side Branch

Holiday Celebration with Santa Claus. Rosewood Restaurant, 9421 W. Higgins Rd., Rosemont. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact David Wojtowicz, 847.933.1855 or dewojtowicz@yahoo.com.

Study clubs**Central Lake County Dental Study Club**

Meets third Tuesday of every month at noon, January-November, Grandma V's Pancakes, 10 E. Maple Ave., Mundelein. For information, contact Paul Showers, 847.816.3636.

Chicago Aesthetic Masters, a Hornbrook Group Study Club

Meets monthly, 6:30-8:30 p.m. at the office of Sheldon Seidman, 410 N. Michigan Ave., Suite 1014, Chicago. Call 312.644.4321 or e-mail smilechicago2@aol.com for information.

Chicago Dental Study Club

Next meeting is Oct. 22. For information, visit www.chicagodentalstudyclub.com or call Forrest Tower, 708.423.0610. Newcomers are free. Please RSVP.

Greater Evanston Dentists Association

Meets first Monday of every month, noon-1 p.m., Gio Restaurant, 1631 Chicago Ave., Evanston. For information, contact Roger Nouneh, 847.475.7754.

Uptown Dental Forum

Meets weekly, 12:30-2 p.m., at Via Veneto Restaurant, 6340 N. Lincoln Ave., Chicago. AGD sponsorship approved. For information, contact Marshall Dolnick, 773.588.3880.

Waukegan Dental Study Group

Semi-monthly meeting, noon-2 p.m., Waukegan Ramada, 200 Green Bay Rd., Waukegan. For information, contact Rob Bard, 847.244.0155, or Rod Morrow, 847.689.1213.

Other meetings**Oct. 20: Edgar D. Coolidge Endodontic Study Club**

Ken Hargreaves, DDS, PhD: An Update on Regenerative Endodontics (a.m.) and Successful Management of Pain (p.m.) 8 a.m.-4 p.m., ADA Headquarters, 211 E. Chicago Ave., Chicago. Information and registration forms are available at www.coolidgeclub.com. For information, contact Joseph Baldassano at 847.359.6979.

Oct. 26: Dental Arts Club

Keith Guzaitis, DDS: The Prosthodontist in the Dental Team. Bohemian Crystal, 639 N. Blackhawk Dr., Westmont. Meeting: 6:30 p.m. For information, contact Dan Weber, 630.450.3616 or danwebdds@gmail.com.

Oct. 29: Dental Volunteers for Israel

Steven Anderson: How to Thrive in a Changing Economy (12 Rules for a New Reality). 8 a.m.-4:30 p.m., UIC College of Dentistry, 801 S. Paulina St., Chicago. Fees: Dentists: \$195

each, Staff: \$95 each. For information, call Dr. Fred Margolis, 847.537.7695, or e-mail kidz-dr@comcast.net.

Nov. 23: Dental Arts Club

Chester Handelman, DMD: Orthodontic Aid for Difficult Restorations. Bohemian Crystal, 639 N. Blackhawk Dr., Westmont. Meeting: 6:30 p.m. For information, contact Dan Weber, 630.450.3616 or danwebdds@gmail.com.

The Chicago Dental Society Officers and Directors cordially invite you and your spouse/guest to attend the

Installation of Officers

Sunday
November 14
Ritz Carlton Chicago Hotel
160 E. Pearson Street, Chicago

Welcome Reception:
6:15 p.m. in the Loge

Installation of Officers:
7 p.m. in the Ballroom

Dessert Reception:
8 p.m. in the Loge



The 2011 Officer Nominees

President: Ian Elliott, DDS

President-elect: John Gerding, DDS

Secretary: David Fulton Jr., DDS

Vice President: Richard Holba, DDS

Treasurer: Susan Becker Doroshow, DDS



Picasso photo credit: © Chicago Convention & Tourism Bureau

Branch News

news from the home front

Kenwood/Hyde Park

Sherece Thompson, DDS
sthompsondds@sbcglobal.net

Congratulations to Cornell and **Yetta McCullom**! Their daughter, Kristyn, graduated from the University of Illinois, having majored in psychology and Spanish. She will be attending Northwestern University for a Masters program.

Ed Schaaf celebrated his retirement by attending a party in his honor at the Parrot Club in the South Shore Cultural Center May 30. Also attending were community leaders, staff from the Free People's Clinic at St. Basil's Church, family and friends. Ed was presented with a plaque recognizing his 53 years of service to dentistry and humanity by his classmate, **Tom Salmon**.

North Side

Lynse Briney, DDS
brineydds@gmail.com

Jeff Arnold is pleased to announce the relocation of his Chicago office to 4801 W. Peterson Ave., Suite 311, where he will be sharing space with **Chuck Shulruff**. Jeff's location in Northbrook remains the same.

Jun Lim presented Periodontal Surgery Indication, Contraindications, Expectations, and Techniques at the AGD annual session in Orlando.

Alice Boghosian's daughter, Lydia Gerlach, is studying in Japan at Sophia University, the sister school of her current school, Xavier University in Cincinnati. Alice was also appointed an ADA spokesperson on Consumer Affairs.

D. Milton Salzer, Class of 1968, was named the Distinguished Dental Alum-



KENWOOD/HYDE PARK: Cornell and Yetta McCullom (not pictured) celebrated the graduation of their daughter, Kristyn, from the University of Illinois. She graduated with a double major in psychology and Spanish.

President Profile

Kimberley Bolden, DDS | KENWOOD/HYDE PARK

Dr. Bolden earned her dental degree in 1983 from the Howard University College of Dentistry.

Home: Dr. Bolden lives in Chicago and practices in the Loop.

Hobbies: She enjoys needlepoint and skiing, as well as collecting nutcrackers and Blue Willow china.

What is your goal for the coming year?

Dr. Bolden's goals for the year are to bring excellent continuing education programs to the branch meetings and to foster a spirit of camaraderie with her fellow members.





NORTH SIDE: (Left) The North Side Branch held its installation at the Goose Island Brewery. (Above) D. Milton Salzer (left) was named the Distinguished Dental Alumnus. He is pictured with Chuck DiFranco.

nus – the highest honor which can be bestowed on an alumnus of the University of Illinois at Chicago College of Dentistry.

The University of Illinois at Chicago College of Dentistry honored **Irwin Robinson** by renaming the President's Leadership Award the Irwin B. Robinson President's Leadership Award.

North Side Branch members **Alice Boghosian** and **Joseph Sodini** celebrated their 25th anniversaries at the UIC Reunion dinner, which has included Loyola graduates for the last several years. In fact, this year the UIC Alumni Board has a Loyola graduate as its president: **Chuck DiFranco**.

North Side Branch members had a great experience volunteering at the Mission of Mercy in Bloomington in June.

North Suburban

Nikisha Jodhan, DDS
nikishajodhan@yahoo.com
Ingrid Schroetter, DDS
ingridschroetter@att.net

Paul Akers' youngest son, Kyle, recently graduated from Loyola Academy and will be attending Indiana University this fall. Paul's oldest son, Kurt, worked as a surgical assistant in his Glenview oral surgery office for the second summer before returning to college this fall.

Paul also participated for the 18th time in the Chicago Yacht Club's Race to Mackinac sailboat race, which took

President Profile

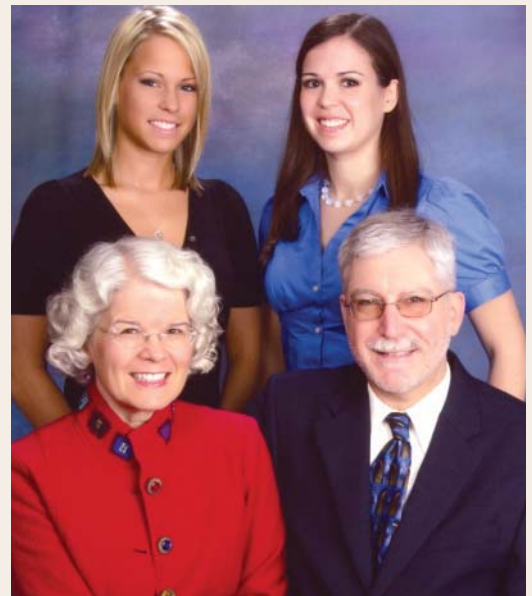
Janet Kuhn, DDS | NORTH SIDE

Dr. Kuhn earned her dental degree from the University of Illinois at Chicago College of Dentistry in 1979.

Home: Dr. Kuhn lives in Skokie with her husband and past branch president, Jeffrey Kramer. They have two daughters, Jessica and Jill.
Hobbies: She enjoys ballroom dancing, downhill skiing, gardening and live theater.

What is your goal for the

coming year? "(My goal is) to foster camaraderie at our dinner meetings that extends beyond the formal programs. I hope our presentations offer interesting information relevant to our daily practice. Our practices are also affected on a daily basis by governmental actions. So we must proactively strive to become involved through political action. Increasing membership in Dent-IL-PAC is essential to protecting the public and our profession."



(Counterclockwise) Janet Kuhn with her husband Jeffrey Kramer and daughters Jessica and Jill.

place July 24. The Race to Mackinac is the longest freshwater yacht race in the world at 333 miles to the island from Chicago.

Bruce Teipel sold his practice in January to **Shanthi Nallasamy**, due to health reasons. Bruce plans to relocate to Costa Rica, and welcomes all friends and colleagues to visit him there. Bruce has also been blessed with his first grandchild, Peyton Elizabeth Teipel, born March 13. He thanks all his colleagues for their support during these difficult times.

Al Atta presented a free CE course on how to manage the orthodontic treatment process efficiency and effectively at www.orthotown.com.

Ian Elliott, our CDS president-elect, and **David Fulton Jr.**, our vice president, made a summit attempt on Mount Rainier prior to scouting the Pacific Northwest Dental Conference. It was a three-day technical climb which ended in a total blizzard and 30 mile/hr winds.



NORTH SUBURBAN: (Top left) Ahmed El-Maghraby, Paula Lobo, Anjali Talati and a hygiene student volunteered at the Special Olympics in May. (Bottom left, L-R) Past president Maria Fe Corpuz-Bato and current branch president, Astrid Schroetter, at the June 8 Executive Board Meeting. (Right) David Fulton Jr. enjoys a mug of hot coffee at a base camp of 10,500 feet, with Mt. Baker rising up in the background.

The

North Suburban Branch

presents

Anthony Gargiulo, DDS, MS | October 5

Perio: Yesterday, Today and Tomorrow

Dr. Gargiulo is one of the most respected periodontal leaders of our time. He will give an exciting presentation on the history of periodontology that encompasses its development and evolution into its present practice, as well as what he believes the future will bring to his specialty.

Green Acres Country Club | 916 Dundee Rd., Northbrook | 847.291.2200

Cocktails: 6 p.m. | Dinner: 7 p.m. | Program: 8 p.m.

For more information, contact Dr. Michael Gaynor, 847.446.6200 or mkgaynor@sbcglobal.net.

They made it to 12,500 feet (1,900 feet short of summit) before it was decided that the avalanche danger was too great! One week prior, 11 climbers were buried in an avalanche; one climber was never found.

Ryan Skale tied the knot in Columbus, OH, May 15. He and his blushing bride thoroughly enjoyed their honeymoon in Great Exuma, Bahamas, where they spent their time in the clear blue ocean, scuba diving. Ryan also attended the Operation Smile Casino Night benefit, which was great fun!

Many of our colleagues gathered to perform screenings for kids at the Special Olympics May 5, including **Ahmed El-Maghraby**, **Paula Lobo** and **Anjali Talati**.

Sergio Rubinstein had the grand opportunity to contribute an entire chapter to a book: *Parameters for Integrating Esthetics with Function in The Art of Treatment Planning: Dental and Medical Approaches to the Face and Smile*.

He contributed to a second publication with a multi-author article, *The Reverse Pathway: Parameters for the Integration of Function and Aesthetics with Implants*, in *The Journal of Implant & Advanced Clinical Dentistry*.

Christine Yonker has joined the private practice of **Alan Nidetz** and **Sergio Rubinstein** in Skokie.

While Christine is a recent graduate of Indiana University, we are extremely impressed with her clinical skills and charming personality. She is new to Chicago and is interested in exploring all the city has to offer. Her personal interests include traveling, baking and all things fitness-related. Her passion for dentistry is contagious and her presence in the office is already evident.

On June 26, Willow Lake Orthodontics hosted its first bake sale to benefit Cookies for Kids' Cancer (www.cookiesforkidscancer.org). The patients and staff baked and helped sell cookies at the annual Glenview 3v3 Summer Soccer Fest. **Barbara Siargos** and **Matthew Israel** are very proud of



NORTH SUBURBAN: Willow Lake Orthodontics hosted its first bake sale in June, benefiting Cookies for Kids' Cancer.

and thankful to all those who helped make this event such a success.

The middle daughter of **Kathleen Christie-Jaroch**, Mackenzie, decided to attend the University of Arizona in Tucson this year. She went to a soccer camp there, where she was offered a roster spot on the soccer team. She gladly embraced the offer from this Division 1 PAC 10 school and her family is very excited for her unexpected invitation, which turned out to be bittersweet since she had to leave a month earlier than originally planned. They grow up so fast!

Congratulations to **Dorothy Anasinski**, who recently became a Diplomat of the American Board of Periodontology. Dorothy can also add the title of Executive Director of Corporate Relations for the American Association of Women Dentists to her repertoire.

Past branch president **John Stone** and his wife witnessed the spectacular views of the Iguassu Falls on the border of Brazil and Argentina this summer.

The Institute of Dental Implants and Periodontics, formerly known as Lake County Periodontics, would like to announce its new location at 310 Tri-

State Pkwy., Suite 100, in Gurnee.

Peter Domagala and his staff are very thankful to everyone who contributed to the planning and execution of their new facility. Peter extends an open invitation to any North Suburban members who wish to stop by and see the new building.

Northwest Side

John Nowak Jr., DDS

jrnnowak@sbcglobal.net

As the summer comes to an end, we look forward to the beginning of the 2010-11 Northwest Side branch meeting season. I would like to take this opportunity to introduce myself: my name is **John Nowak**, and I will serve as your new branch correspondent. For those of you who may not know me, I have a practice limited to endodontics on the northwest side of Chicago. If you wish to submit any news for the *CDS Review* please either call me at 773.792.2369 or send an e-mail to the address above.

Dan Janowski welcomed **Eric Kunath** as his new associate August 1. Eric is a graduate of University of Colorado School of Dentistry and received his endodontics degree from Fort Bragg,

North Carolina. His wife's name is Sophie, and they have two daughters: Mia (7) and Ella (3). We recognize and salute Eric for his 10 years of military service.

Walter Jagodzinski with his wife, Nancy, traveled to Colorado to enjoy the beautiful summer views of the Rocky Mountains.

Larry Kolar's son, Brad, played in a concert with the Emerson Middle School Jazz Band. His daughter Stephanie (Steffi) received a trophy for her participation in the Franklin Elementary School Variety Show.

David Wojtowicz performed for Chamber Opera Chicago as an aristocrat, the post card vendor and a plantation slave in Lacuona's *Maria la O* – a Chicago premier in English translation.

"While everyone has heard his famous piano virtuoso composition, *Malaguena*, few Chicagoans were aware of his captivating Afro-Cuban beat, which sweeps you from sultry/moody to vibrant exuberance. Lots of toe tapping and spontaneous applause made this a joy to sing and dance to these sold-out performances," said Dave.

Next came the Mozart *Requiem*, with orchestra at Northwestern University. "Between Mozart lovers and film fans – this was the underscore to much of the movie *Amadeus* – this concert attracted a large crowd indoors despite a temptingly gorgeous summer evening," Dave noted.

Dave's upcoming performances include the role of David Bascomb in Light Opera Works' performance of *Carousel* and Benny in *Guys and Dolls* with Trinity Players.

Spencer Bloom, attended the Scroll Saw Picnic ("Convention") in Dallas. In addition to dentistry, Spencer enjoys his hobby of scroll sawing which is evident in the two ribbons (first place and Best in Class) he was awarded at this year's picnic.

Our branch thanks **David Kumamoto** for his support and leadership as the past CDS president. **Chet Klos** sent me



NORTHWEST SIDE: Past CDS president David Kumamoto congratulates Vasyl Baranovsky and Kelvin Chou upon graduating from dental school at UIC.

a picture of David from the May 2010 UIC Graduation.

I hope this news finds everyone in good spirits. I look forward to seeing everyone at the first branch meeting, where we will begin an exciting new lecture series this season.

Northwest Suburban

Angie Willox, DDS

angiewillox@hotmail.com


I hope everyone has been enjoying their summer, spending time with family and friends, and hopefully getting in a little vacation time, too! It will be great to reconnect and share stories as we start up our branch meetings again in the fall.

The Northwest Suburban Branch held its Installation of Officers Night April 6 at the Makray Memorial Golf Club. We welcomed the following members as officers for the 2010-11 term who will serve our branch this coming year: **Tina Smith-Arpino**, president; **Scott Smoron**, president-elect; **Petra von Heimburg**, secretary; **Will Perkinson**, treasurer; and **Renee Pappas**, vice president.

The Arcolian Dental Arts Society also held its Installation Night for the 2010-11 officers. Serving as president, **Angela Falcone**; president-elect, **Vicki Ursitti**; secretary, **Joe Favia**; treasurer, **Russ**

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Pollina; and vice president, **Ben LoGiudice**. **Sam Cascio** was master of ceremonies, and Immediate Past-President **Joseph Baldassano** was presented with the President's Plaque.

Scott Smoron has been busy this summer running marathons. On April 10, he ran the McNaughton Park Trail Run, a 50-mile race just outside Peoria with almost two miles of elevation change during the race. He also ran the Race to Wrigley 5k, the North Shore Half Marathon and the Wisconsin Marathon. What an achievement, Scott. Congratulations!

Scott also co-hosted a Sure Smile Conference in June at the Marriott Oak Brook, with branch members **Michele Arnold**, **Amy Lies**, **William Putzbach**, and **Angela Willox** in attendance. Participants spent the morning taking an in-depth look into this new and exciting orthodontic technology and enjoyed lunch afterwards. Thanks to Scott for the invitation to a great, informative presentation!

Several branch members volunteered their time at the Illinois Mission of Mercy in Bloomington June 11-12. More than \$1 million in free dental care was provided and nearly 2,000 patients were seen in the two-day period. A second Illinois MOM event will be held in 2012 at a site to be determined.

Volunteers from the branch included **Phil Fijal**, **Mike Durbin**, **Renee Pappas**, **Stephanie Skopek**, **Scott Smoron**, **Russ Pollina**, **Ed Siegel**, **Bob Slovick** and **Mike Higgins**. What a terrific way to give back to the underserved community. Thanks to everyone who participated!

Please check out the schedule for our 2010-11 branch meetings (www.cds.org/for_your_practice/branches/nw_suburban.html) and plan to join us for some great presentations, discussions, meals and CE! I look forward to seeing many of you there.

As always, please feel free to contact me with any branch news at my office by phone, 847.670.9020, or e-mail angiewilcox@hotmail.com or smilesforkids@comcast.net.



NORTHWEST SUBURBAN: (Left) Scott Smoron ran the North Shore Half Marathon, among many other distance races.



(Top right) Renee Pappas was one of many branch members who volunteered at the Illinois Mission of Mercy in Bloomington this past May.



(Bottom right) Vince Arpino and Theodore Borris welcome Tina Smith-Arpino as the new branch president.

South Suburban

Eric Kosel, DDS

koseldental@netzero.com

The South Suburban Second Annual "Deadliest Catch" excursion took place on a balmy June morning from St. Joseph, MI. Organized by **Loren Feldner**, the finest (and not-so-great) anglers from the south suburbs ventured out on a morning

fishing excursion on Lake Michigan. The prizes to be had were lake trout, king salmon, steelhead and coho. The adventurers were treated to a pleasant lunch and fish fry after their adventure.

Congratulations to **Kevin Patterson**'s son who took home the biggest fish of the day. The award for "biggest fish story" is still up for grabs. Nominations are still being accepted!



SOUTH SUBURBAN: Members showed off their catch following their annual fishing trip.

West Side

Charles Thometz, DDS
lkegeneva1@gmail.com

Greetings! Four months have passed since our last visit and, as I write this, we are in the middle of a rather hot and frequently wet summer. However, as you read this summer will basically be over and once again our West Side Branch members will be looking forward to our monthly meetings and another successful and rewarding year.

The West Side Branch officers for 2010-11 are: **Don Bennett**, president; **John Perna**, vice president; **Frank Orland**, secretary; **Fred Orendach**, treasurer; and **Shafa Amirsoftani**, librarian. West Side Branch director is **Don Tuck**.

Before I go further, the West Side Branch extends special kudos to **Gary Clemens** who served as branch president this past year and did an outstanding job. Thanks, Gary, for a job well done!

The West Side/West Suburban Branch

Golf Outing was held at the beautiful Old Oak Country Club June 2. The weather, which had been inclement the previous day, changed the morning of the golf outing and turned into a very pleasant day. West Side Branch PGA wannabees included **Russ Umbricht, Don Tuck, Ralph Cress, Kamal Vibhakar, Greg Matke, Dick Perry** and **Gary Alder**. As usual, our golfers were all outstanding and shared a most enjoyable day.

On July 17, CDS hosted a day at Ravinia for the second consecutive year. The day's performance featured the Chicago Symphony Orchestra and two excellent piano soloists.

Prior to the performance a buffet dinner was served under a tent, and following the performance dessert and again more visiting under the tent.

West Side Branch members present to enjoy this wonderful day included our CDS President **Mike Stablein, Dick Perry, Jim Bryniarski, Frank and Carla Orland, Don Tuck, Dean Politis, Sue Zelazo-Smith** and **Chuck Thometz**.

The Orlands came with their son, Geoffrey, and his fiancé, Jennifer Chiariello, who had become engaged two nights previous – which made the day extra special for Frank and Carla.

Speaking of **Frank and Carla Orland**, the family reports things have been going well in their new office and that it has been ideal and a pleasure to have daughter **Gina Orland** working and sharing with them in their practice.

In addition, having Gina with them to watch over the practice has given them the opportunity to do things they have been waiting to do for a couple of decades. In late May they drove to Sarasota, and spent a week along the gulf coast visiting with friends. In addition they have been getting to their town-home in the Galena Territory more frequently these days.

Jim Bryniarski and Leona Hubatch report that their son, Jeff, as of mid-July has been deployed to the gulf for two separate two-week sessions, and was scheduled for a third deployment in

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Gordon Christensen

Implant Education and Practice Support
Russell A. Baer, DDS
Advanced Bone Grafting Seminar

Hands on Pig Jaw Workshop / 10 CE Credits
2010: Sept 24-25 (live surgery)
rabaer@uadchicago.com uadchicago.com
312.704.5511
Dental Implant Institute of Chicago

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August to assist in the gulf cleanup following the BP oil leak.

Jeff works as an environmental engineer for Weston Solutions and his company is working in conjunction with the Federal Environmental Protection Agency. Some two years previous Jeff had been thrust into a similar situation following Hurricane Ike.

It appears that the Illinois Mission of Mercy sponsored by the Illinois State Dental Society and the ISDS Foundation June 11-12 was a resounding success. An estimated \$1 million in dental care was delivered to patients through the volunteer efforts of Illinois dentists and auxiliary personnel. West Side Branch members who volunteered their services included **Don Bennett, Jim Bryniarski, Mike Santucci** and **George Zehak**.

The ISDS Capital Conference took place April 29-30. West Side Branch members had the opportunity to meet with our Illinois legislators and share their information, ideas and expertise. Participants included **Fred Orendach, Don Tuck, Russ Umbricht, Ed Walsh, George Zehak** and **Sue Zelazo-Smith**.

Eleanora and **Richard Perry** celebrated the birth of their tenth grandchild, Samuel Richard Crase, born April 17. Proud parents are Drs. Teresa and Cody Crase.

The Perrys also took a train trip to Kansas City with nine-year-old twin grandsons, Jack and Aidan. While there they watched the Kansas City Royals/White Sox game (which the White Sox won). Dick also served as Regional Board Examiner June 11-13 at the Meharry Medical College School of Dentistry in Nashville.

While his wife, Maria, was visiting family in Italy, **George Zehak** traveled to Florida for a week in late July with son Conor (high school junior) and daughter Natalie (college junior). They were based in Weston, but also hit Del Ray Beach, South Beach, Boca Raton, Ft. Lauderdale and Orlando. Definitely not an R&R vacation.

George continues his very active schedule. In March and again in June

George traveled to Springfield to attend meetings of the ISDS Board of Trustees. He also served as Regional Board Examiner at the University of Illinois at Chicago (his alma mater) and the University of Michigan dental schools, and as Board Examiner for hygienists at the Indiana University/Purdue University school for hygienists this past spring. In early July, George attended the annual meeting of the Academy of General Dentistry in New Orleans, where he served as an alternate delegate.

Special bulletin: Long time West Side Branch member (and, I might add, a very active member) **Ed Walsh** announced the sale of his practice and his retirement from active practice as of July 1. Things happened very rapidly, negotiations began in mid-May and were completed by July 1. Ed assures me that he will continue to be active in CDS and we will see him at our meetings and activities. The West Side Branch wishes Ed much happiness in his retirement.

Kamal and **Charu Vibhakar** vacationed in Turkey May 11-26 and combined some well-deserved R&R with considerable sightseeing. The Vibhakars found Turkey to be very beautiful and rich in history. They report that their daughter, Brindy, has successfully completed her freshman year in dental school and recently finished Part I of the National Board Examination. They also report that their son, Neil, graduated from Kellogg Business School and immediately accepted a position with Morgan Stanley as an analyst.

Late breaking news: Marcie and **Russ Umbricht** announced the July 31 wedding of their son David to Denise Grossman. The marriage is the third in the family for the Umbrichts, who have four children. David is a manager at Poor Phil's, where West Side Branch members sometimes gather before and/or after branch meetings.

Sue Zelazo-Smith and husband, Tom, report that their son, Yost, served an engineering internship this summer in Austin, TX, and will be a senior at the

University of Illinois in Champaign this year. Also, daughter Carolyn attended French Voyager camp at Bemidji, MN, speaking only French (what else) and living in tents and canoes while at camp.

Sue and **Chuck Thometz** attended the annual AAO Annual Session in Washington, DC, in the spring. The highlight of their visit was a personal tour of the White House by a friend who works for the government two blocks from the White House.

Chuck also reports that the practice transition with new owner **Darshana Novick** is working out very nicely.

Meanwhile, Darshana reports that she and her husband, Rob, and daughter, Mira, spent 10 days in Michigan over the Fourth of July at Rob's family home and they had a lively time – as might be expected considering that there were five children age 3 or younger sharing the home.

That's all for now. Auf wiedersein.

West Suburban

Kenneth Korpan, DDS

kidak@aol.com

We welcome our new branch president, **Don Kipper!** Installation Night was May 14, held at Lucky Strike Lanes and Lounge in Lombard. It was a night of food, fun and drink and what appeared to be some form of bowling.

ISDS secretary **Brian Soltys** did the honors of installing: **Brian Del Carlo**, president-elect; **Paul Kempf**, vice president; **Derrick Williamson**, secretary; **Doug Kay**, treasurer; and **Doug Chang**, librarian. Then in a very special ceremony, **Donald Kipper** was installed by his uncle and mentor, **Robert Banks**, as branch president.

On June 2, the annual West Suburban/West Side Golf Outing was held at Old Oak Country Club in Homer Glen. More than 70 golfers attended, and although the clouds looked threatening, the only thunder heard was from the sound of drivers blasting golf balls down the fairways (and into the occasional tree or beverage cart). Golf was

followed by a BBQ lunch, awards and prizes for all. Thanks again to our sponsors and all who came out that day.

Another event held in June was the Mission of Mercy in Bloomington. Hundreds of volunteers +1,900 patients + \$975,000 in dental care = impact on the lives of all involved: PRICELESS! We thank the West Suburban Branch members and staff who helped make a difference: **Robin Blakkolb; Michael Bond; Andrew Browar** and his daughter, Irena; **Susan Burgess; Jeffery Chandler; Zivile Chirban; Gerald Ciebien; Timothy Crombie; John Gerding; Rosanne Harrington; Peter Hasiakos; Yihsiong Huang; Stephen Jagielo; Douglas Kay; Paul Kempf; Donald Kipper; Diane Kleiber; William Kleiber;** Nancy and **William Kort;** Dottie Mackie, RDH; **Joseph Maggio; James Maragos; Michael Morgan; Brian O'Donovan; Ronald Petrucci; Keith Rojek; Keith Suchy; Thomas Sullivan; Sharon Szeszycki; Steven Temple;** and Tami Wanless, RDH.

Lastly, The WSDS 2010-11 meetings program features the theme: "Doctor (Staff) Heal Thyself." Expert speakers will discuss topics that can help us stay happier and healthier, and live longer. The dates, speakers and topics are as follows:

Oct. 12: Christine Palumbo, MBA, RD
Top Foods for a Long, Healthy Life

Nov. 9: Andrew Rosenson, MD
Coronary Artery Disease: Diagnosis and Prevention

Jan. 11, 2011: Mark Storer, DDS
Drug and Alcohol Addiction in Dentistry

March 8, 2011: Clinic Night

April 12, 2011: Tim Caruso, PT, MS
A Primer on Posture: Sit Straight. Mom Was Right. Don't Be a Slouch!

So mark your calendar now and plan on attending.

Thank you, and remember that if you have any news, please let me know at kidak@aol.com. ■

President Profile

Donald Kipper, DDS | WEST SUBURBAN

Dr. Kipper earned his dental degree from the Loyola University School of Dentistry in 1987.

Home: Dr. Kipper lives in Glen Ellyn with his wife, Margaret, and son, Andrew.

The family has four dogs: Duffy, Snickers and Carmel are 8 years old, and JJ is 2 years old.

Hobbies: Dr. Kipper enjoys spending time with his family

and friends. He spends his free time trying to stay in shape and just completed the Naperville Sprint Triathlon.

What is your goal for the coming year? "(My goal is) to help our branch and its members develop and keep a healthy attitude both physically and mentally during these challenging times. As compassionate caregivers, we feel a responsibility to our families, staff and patients. This can lead to even more stress, which is why I chose the theme 'Doctor (Staff) Heal Thyself' for my program. Hopefully, members will pick up nuggets of information they can use in their daily lives, helping to make them, as well as their families and practices, better and healthier."



The Kippers: Andrew, Margaret and Donald.

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Michael Morgan, DDS:

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Applicants & Deceased Members

Applicants

Adebayo, Loni

University of Illinois, 2010
1649 E. 50th St., Chicago
Kenwood/Hyde Park Branch

Ali, Zehra

University of Illinois, 2010
5667 Red Oak Dr., Hoffman Estates
Northwest Suburban Branch

Ata, Ramsey

Marquette University, 2010
8752 W 159th St., Orland Park
South Suburban Branch

Balaney, Samir

University of Illinois, 2010
1255 S. State St., Chicago
Kenwood/Hyde Park Branch

Baluk, Gregory

Loyola University, 1990
809 W. Lawrence Ave., Chicago
North Side Branch

Baranovsky, Vasyi

University of Illinois, 2010
1024 N. Hoyne Ave., Chicago
West Side Branch

Becirspahic, Alisa

Southern Illinois University, 2007
4823 N. Harlem Ave., Chicago
Northwest Side Branch

Bholat, Naznin

University of Illinois, 2010
901 S. Ashland Ave., Chicago
West Side Branch

Botezatu, Vlad

Tufts University, 2009
9211 Waukegan Rd., Morton Grove
Northwest Side Branch

Brenner, Richard

Loyola University, 1986
4119 Linden Ave., Western Springs
Englewood Branch

Bunin, Kevin

University of Maryland, 2009
520 N. Kingsbury St., Chicago
Kenwood/Hyde Park Branch

Canning, John

University of Illinois, 2010
565 W. Quincy Ave., Chicago
Kenwood/Hyde Park Branch

Canty, David

Southern Illinois University, 2010
305 E. Rollins Rd., Round Lake Beach
North Suburban Branch

Castro, Grace

Tufts University, 2010
757 Thornbury Ct., Bartlett
West Suburban Branch

Cepulenaite, Reda

University of Illinois, 2010
5575 Clarendon Hills Rd., Clarendon Hills
Englewood Branch

Chapagain, Shweta

University of Illinois, 2010
2322 W. Harrison St., Chicago
West Side Branch

Chatzopoulos, Soutana

Columbia University, 2007
3012 W. Fullerton St., Chicago
North Side Branch

Damerji, George

University of Illinois, 2010
2512 N. Lincoln Ave., Chicago
North Side Branch

Demas, Matthew

University of Illinois, 2010
922 N. Grove, Oak Park
West Side Branch

Demian, Adina

Southern Illinois University, 2010
6115 Lincoln Ave., Morton Grove
Northwest Side Branch

Dhaliwal, Manjote

New York University, 2005
160 Commerce Dr., Grayslake
North Suburban Branch

Dowlatshahi, Alaleh

University of Illinois, 2007
1044 N. Mozart Ave., Chicago
West Side Branch

Drozd, Thomas

Loyola University, 1983
5399 N. Milwaukee Ave., Niles
Northwest Side Branch

Escobar, Julio

University of California, San Francisco, 2008
1241 N. Paulina St., Chicago
West Side Branch

Feinstein, Allyson

University of Pittsburgh, 2008
2601 Compass Rd., Glenview
North Suburban Branch

Gelman, Asher

University of Pennsylvania, 2009
2604 E. Dempster St., Park Ridge
North Side Branch

Gonzalez-Inpantes, Rina

University of Pennsylvania, 2010
5013 N. Mango Ave., Chicago
Northwest Side Branch

Guadiz, Michael

Loma Linda University, 2010
6964 Fieldstone Dr., Burr Ridge
Englewood Branch

Holcombe, Rhiannon

Baylor University, 2007
366 N. Maple Ave., Wood Dale
West Suburban Branch

Kapadia, Mufaddal

University of Detroit Mercy, 2009
4516 S. Damen Ave., Chicago
Kenwood/Hyde Park Branch

Kim, Hojung

Southern Illinois University, 2010
2760 Salceda Dr., Northbrook
North Suburban Branch

Kirilescu, Dikran

International School, 2002
281 Waukegan Rd., Northfield
North Suburban Branch

Ko, Jungah

Columbia University, 2009
12200 Western Ave., Blue Island
South Suburban Branch

Lee, Jung Ho

University of Michigan, 2010
855 S. Randall Rd., St. Charles
West Suburban Branch

Lobo, Paula

Tufts University, 2009
155 N. Harbor Dr., Chicago
Kenwood/Hyde Park Branch

Luong, Wini

Loma Linda University, 2007
1015 W. Lawrence Ave., Chicago
North Side Branch

CONTINUING EXCELLENCE IN DENTISTRY

“The Midwinter Meeting is one of the premier “happening” meetings of the year on a speaker’s calendar! With both quality and quantity attendance – which includes participants, exhibitors and speakers – one can rest assured that emerging technology will be unveiled at this event. By combining both quality CE and camaraderie, the Midwinter Meeting is the essence of a truly great dental meeting.”

— Sam Low, DDS

“I have had the privilege of speaking at the Midwinter Meeting for over 40 years, as well as at many other regional, national and international meetings. The quality, quantity and variety of programs presented at the CDS meeting are in the top of all international continuing education programs.

It is hard to equal the quality of the Midwinter Meeting. This highly eclectic, exciting program in a great city offers all of what dentists are seeking in continuing education.

There are only a few dental meetings that have it all – quality programs, enormous variety of topics, superb organization, a beautiful meeting venue, congenial staff and volunteer hosts, and entertainment and dining in a great city, and the CDS Midwinter Meeting is at the top of the list.”

— Gordon J. Christensen, DDS, MSD, PhD

CHICAGO DENTAL SOCIETY 146TH MIDWINTER MEETING

FEBRUARY 24 - 26, 2011

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THREE DAYS OF THE BEST IN LECTURES AND HANDS-ON LEARNING COINCIDING WITH THREE DAYS OF EXHIBITS

Pre-registration begins at 9 a.m. Nov. 1.

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CHICAGO DENTAL SOCIETY



The Respected Leader in Scientific Dental Meetings

McMahon, Allison

University of Illinois, 2008
737 N. Michigan Ave., Chicago
North Side Branch

Mills, Linisha

Howard University, 2005
204 Rich Rd., Park Forest
South Suburban Branch

Obeid, Nidal

Nova Southeastern University, 2009
1235 N. Rand Rd., Arlington Heights
Northwest Suburban Branch

Olarov, Cristina

University of Illinois, 2010
1105 N. Washington St., Naperville
West Suburban Branch

Patel, Avni

University of North Carolina, 2009
355 E. Ohio St., Chicago
North Side Branch

Patel, Crystal

University of Illinois, 2010
120 E. Lake St., Addison
West Suburban Branch

Patel, Jay

Case Western Reserve University, 2008
120 E. Lake St., Addison
West Suburban Branch

Philpott, Rawley

University of Nebraska, 2010
428 N. Rand Rd., North Barrington
Northwest Suburban Branch

Piccolo, Claudia

University of Illinois, 2010
6619 Pine Lake Dr., Tinley Park
South Suburban Branch

Rabadi, Kais

University of Illinois, 2010
10516 Ridge Cove Dr., Chicago
Englewood Branch

Ratliff, Megan

Marquette University, 2006
30 N. Michigan Ave., Chicago
Kenwood/Hyde Park Branch

Rezai, Payam

University of Illinois, 2010
2316 W. Madison St., Chicago
West Side Branch

Ruggio, David

Loyola University, 1981
2518 N. Lincoln Ave., Chicago
North Side Branch

Ruttencutter, Jeffrey

University of Illinois, 2010
345 Parkview Rd., Chicago
West Side Branch

Shah, Kalpit

New York University, 2010
677 Partridge Hill Dr., Hoffman Estates
Northwest Suburban Branch

Shlimon, Alan

University of Illinois, 2010
1815 Balmoral Ct., Glendale Heights
West Suburban Branch

Singh, Gundeep

University of Illinois, 2010
1812 Churchill Ln., Glendale Heights
West Suburban Branch

Tekdogan, Deborah

Creighton University, 1995
2805 Central St., Evanston
North Side Branch

Vaidya, Ami

University of Pennsylvania, 2008
25 E. Washington St., Chicago
Kenwood/Hyde Park Branch

Valtcheva, Silvia

University of Illinois, 2010
351 Banbury Ln., Grayslake
North Suburban Branch

Walczak, Brian

University of Illinois, 2010
1150 W. 15th St., Chicago
West Side Branch

Woodward, Nicholas

University of Nebraska, 2007
2 E. 22nd St., Lombard
West Suburban Branch

Zahurullah, Ayesha

University of Detroit Mercy, 2010
4516 S. Damen Ave., Chicago
Kenwood/Hyde Park Branch

Zhu, Yingchun

University of Colorado, 2009
567 W. 14th St., Chicago Heights
South Suburban Branch

Deceased members**Bunger, Gary**

Southern Illinois University, 1980
332 S. 36th St., Quincy, IL
Associate Member Branch
Passed away July 1.

Gasior, Edwin

Loyola University, 1955
2758 Valley Forge, Lisle, IL
West Suburban Branch
Passed away July 19.

Portero Benayas, Lorenzo

International Dental School
Serrano 184, Madrid, Spain
Associate Member Branch
Passed away in April.

Quade, Merritt

University of Iowa, 1954
811 Main St., Quincy, IL
Associate Member Branch
Passed away May 6.

Schulien, John

Loyola University, 1969
121 E. Boyd, Dixon, IL
Associate Member Branch
Passed away Jan. 3.

Looking for a dental hygienist?

The CDS online Job Board helps connect dentists with dental hygienists

If you are looking to hire a dental hygienist, the online Job Board is the place to start your search. CDS offers this service to members and dental hygienists. CDS members may post positions available; dental hygienists seeking jobs may post their résumés; and each may browse the other's postings. It is a great way to connect the job seekers with the job posters. And it is FREE!

Check out this recent addition to your Web site and don't forget to tell your fellow members about it. Looking for a new dental hygienist just got really easy. For more information on the Job Board visit www.cds.org/jobboard.



Chicago Dental Society

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Deadlines

December.....November 2, 2010
 January/February.....December 10, 2010
 March/April.....February 1, 2011
 May/JuneApril 10, 2011
 July/August.....June 10, 2011
 September/OctoberAugust 3, 2011
 November.....September 9, 2011

All advertisements, changes and extensions must be submitted in writing. No ads, changes or confirmations will be taken by phone. Although every effort is made to place ads received after the deadline in a specific issue, we cannot guarantee that late advertising will appear in the issue requested. The ad will appear in the following issue.

Payment

Advance payment must accompany your advertisement. **Make checks payable to Chicago Dental Society.**

Rates

Standard Classified: \$85 for the first 30 words plus \$2 for each additional word.

Display Classified: \$100 per column inch. Minimum ad size is one column inch.

Member discount: CDS members are entitled to a 10% discount. Your CDS membership number must be provided as proof of membership when placing the classified ad to qualify.

Changes or edits to ads: \$10 per ad for any edit or change that an advertiser asks CDS to make prior to the ad's expiration.

Practices for Sale

Dental practices listed for sale within this section of the *CDS Review* are limited to practices that are being sold either by a dentist or a management company hired by the dentist to sell the practice. Ads from all others may not be accepted.

Reply Box Numbers

For an additional \$30, CDS will issue a confidential reply box number for your ad. These numbers ensure the privacy of our advertisers. All unopened responses are mailed to the advertiser once a week.

Address your replies to CDS Review reply box number ads as follows:

Box Number
 Classified Advertising
 Chicago Dental Society
 401 N. Michigan Ave., Suite 200
 Chicago, IL 60611

Although CDS believes that advertisements published in the *CDS Review* are from reputable sources, CDS neither investigates the offers nor assumes responsibility for them. CDS reserves the right to edit, decline, accept and withdraw advertisements at its discretion.

Classifieds

place your ads online at WWW.CDS.ORG

Classified advertising rates to increase for 2011

Beginning with the January/February 2011 issue, classified advertising in the *CDS Review* will cost more. The changes take effect online Nov. 3.

Standard classifieds will cost \$90 for the first 30 words, plus \$2 for each additional word.
Display classifieds will cost \$110 per column inch (roughly 30 words).

In addition, the *CDS Review* will offer a new category.

Premium standard classifieds are just like a standard text ad, but we will add a yellow background to help your ad stand out. The cost will be \$100 for the first 30 words, plus \$2 per each additional word.

For Rent

OAK BROOK AREA: Excellent location for dentist or dental specialist. Modern building with atrium, 1,100 and 2,000 sq. ft. available. Landlord will assist in build-out and remodeling cost. Call 630.279.5577 or visit www.brit-tanyoffices.com.

BUFFALO GROVE PROFESSIONAL building: Four operatories with office and waiting room and lab area. Additional space available. Plumbed and set up for gas. Older chairs and equipment in good working order or install your own new. S&I Management 847.259.8871, sandicorp@gmail.com.

BEAUTIFUL TURNKEY DENTAL OFFICE: Grayslake. Walk-in and start producing. Dental office has two operatories, waiting room, lab and private doctor office. Room to expand. Chairs and equipment in good working condition. View online at www.ajm-properties.com or call 847.274.0857.

OFFICE SPACE FOR RENT: Winnetka Professional Center. Great downtown location. Two available suites can be rented separately or together for up to six operatories. Please call 847.446.0970 for details.

SCHAUMBURG DENTAL OFFICES FOR RENT: Upscale professional building, across from Schaumburg Town Center and library complex. Up to three or four operatories, fully plumbed, private office, large reception area. Professional clientele. Available immediately. www.postlets.com/rts/2205514.

BEAUTIFUL OAK BROOK OFFICE

BEST CENTRAL LOCATION
 Fully functional, beautiful five ops. Start making money. Two months free rent. Golden opportunity not to miss.
Please see details: 312.805.0101 or wwwkwandsmd@aol.com.

OFFICE SPACE FOR LEASE

*** 1605 S. MICHIGAN AVE. ***
 Six-op, reception, break, consultation, two-business office. Completely remodeled with high-end granite and lots more. Must see. Parking included. **Leila Keene 312.953.6161**

GENERAL DENTIST NEEDED: Well-established medical center located near south side Chicago looking for general dentist to rent ready-to-go dental office. Call 773.592.9501 or 773.538.6900.

LINCOLN PARK: PROFESSIONAL building has 1,000-2,200 square feet ideal for dental office. Building has doorman and valet parking. Call Matt at 312.953.1798.

NEWLY REMODELED OFFICE SPACE for rent: Established primary care medical center looking for general dentist. Fully plumbed and located in the heart of Lakeview. Rent includes utilities (water, electricity, gas). Call Irene 773.248.8644.

Space Sharing

SPACE SHARING IN CHICAGO'S Old Town: New beautifully decorated, uniquely designed, computerized office with Panorex available to share with GP or specialist. Will consider merger or buy-out. vmf33@yahoo.com.

SPACE SHARING in Lincoln Park/Lakeview
 Modern, loft office in popular professional building. Great for practice start up or if you need new space for existing practice. Beautiful, three-chair office with all amenities. Valet parking available.
>>> Call 847.341.2956.

PALATINE OFFICE SPACE TO SHARE: Beautiful office with plenty of room for another general or specialty practice to work along with existing practice. Rent as independent space share or potential to merge practices with option to buy into building. Call 847.359.7520.

SPACE SHARING: Your patients will love our beautiful loop office with views of Millennium Park and Trump Tower. We have a quality-oriented, dedicated staff to support you in our modern three-op, digital office. Great opportunity for stable long-term growth with buy-in/buy-out potential. Call 312.782.6097.

MERGER/OFFICE SHARING: North suburban dentist looking for merger/office sharing arrangement with a dentist who has an active practice. Buyout on the horizon. Lots of potential for growth. Contact julliannebrock@aol.com.

IDEAL SPACE SHARING OPPORTUNITY for semi-retired dentist, or dentist developing practice. Attractive Michigan Avenue office overlooking Millennium Park and lake front available up to four days a week. If interested, please call 312.332.4003 or e-mail dcbdmd1@aol.com.

DENTAL ASSOCIATE FOR newly remodeled practice in shopping plaza on northwest side of Chicago. Fully equipped and with plenty of parking. Looking for associate dentist with developed patient base. Contact us at info@beautydentalchicago.com.

GLENVIEW DENTAL OFFICE AVAILABLE for share/rent/expenses. Available Feb. 1. Fully plumbed and set up for gas. Two chair spaces available. Private office for doctor. Contact 847.657.8000 or fax questions to 847.657.8001.

FANTASTIC SPACE SHARING OPPORTUNITY in Yorkville: Paperless, all digital, brand new dental office looking to share space with periodontist/pediatric dentist. Please e-mail yorkvillefamilydental@yahoo.com to view.

Positions Wanted

PART-TIME: Oral surgeon would like to pick up one-two days a week in a GP or prosthodontic practice located in downtown Chicago or suburbs. Please call 312.698.8653, e-mail chicago.oms@gmail.com.

Opportunities

SMALL TOWN, VERY PROSPEROUS GROUP practice in North Central Illinois. Progressive town with strong economy. New community center with lots of recreational facilities. No commuting. Near big city universities for cultural events. Excellent opportunity to do good, mostly fee-for-service dentistry in modern office with excellent staff support. We will finance a buy-in. Reply to Box M0310-B2, *CDS Review*.

ORTHODONTIST WANTED: Established, fee-for-service, Lockport practice seeks orthodontist one day/week to join current part-time orthodontist. Beautiful, well-run office. Must have excellent clinical/communication skills and friendly personality that sells cases. Résumé e-mailed to healydental@yahoo.com.

GENERAL DENTIST NEEDED: PART-TIME leading to full-time. Busy, state-of-the-art, digital office(s). FFS/PPO/Medicaid. Excellent collections-based compensation with initial guaranty. Paid malpractice insurance, CE allowance and sign-on bonus. E-mail résumé to dmddds007@gmail.com.

NEW PRACTICE OPPORTUNITIES: Midwest Dental is seeking candidates for Illinois. Since 1968, our philosophy of supporting doctors and staff has lead to unmatched consistency and paved the way for future growth. Our team is committed to supporting doctors focused on providing optimal patient care. We pride ourselves on providing doctors the ability to practice in a traditional non-HMO practice environment coupled with the flexibility and rewards that a group can offer. Throughout 2010, we will be working on new opportunities in the Rockford market. We'd enjoy the opportunity to learn about your practice philosophy along with your career goals and expectations. Please consult our website at www.midwest-dental.com for more specific background on our support team. For a direct contact, call 715.926.5050 or e-mail development@midwest-dental.com.

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OPPORTUNITY: CHICAGO-BASED GROUP practice has position for enthusiastic, personable individual with IV experience. Excellent compensation. FT/PT available. Respond to toothgroup@comcast.net.

IDEAL LOCATION FOR A YOUNG dentist for the spring or summer 2010. We are a privately owned group practice in a stable, nice, small town. There is a buy-in for a full partnership, fully financed by the practice. Excellent mentoring available in all aspects of dentistry, including ortho, oral surgery and perio. This is a good place to raise a family, near urban areas and excellent income potential. Send résumé to Box J0709-A3, *CDS Review*.

DENTAL DREAMS desires a motivated, quality-oriented associate dentist for its offices in Chicago and suburbs. We provide quality general family dentistry in a technologically advanced setting. Our valued dentists earn \$240,000/year, with health insurance, three weeks vacation, CE and malpractice insurance. We have full-time, part-time and Saturdays-only schedules available. Call 312.274.0308, ext. 324, e-mail hr@dentaldreams.org or fax CV to 312.944.9499 to join our team.

DENTIST: Chicago-based group practice has a position for enthusiastic, personable individual, ability to grow with quality operated group of general dentists and specialists. Excellent compensation. Please respond to toothgroup@comcast.net.

DENTALCARE PARTNERS is an established practice management development company operating in nine states (Illinois, Indiana, Michigan, Ohio, Pennsylvania, Wisconsin, Kentucky, Tennessee and North Carolina). We are currently seeking highly motivated general dentists as well as specialty dentists and orthodontists for full- and part-time positions. The ideal candidate must be concerned with quality patient care, be a team player and have a strong desire to learn, grow personally and professionally. Benefits will include a guaranteed salary with attractive earning potential, partnership opportunity, 401(k), health insurance, term life and vision insurance, short- and long-term disability, malpractice insurance, paid vacations and continuing education. Interested candidates please contact Deborah Hammert at 800.487.4867, ext. 2047, fax résumé to 440.684.6942, or e-mail her at dhammert@dcpartners.com.

DIRECTOR, DENTAL SERVICE PLAN (faculty dental practice): Individual in this position will manage daily operations of a clinical faculty dental practice site by providing patient and financial management, as well as administrative support. The director manages patients, staff and faculty interactions in a clinical environment. Duties include managing day-to-day operations of the clinic, including but not limited to, registration, scheduling, A/R management, HIPAA, OSHA, QA, licensing and regulatory compliance and monitoring of facility maintenance. Participates in development and implementation of clinical programs. Oversees compliance with clinic guidelines, treatment plans and financial policies. Provides direct and indirect supervision to the clinic staff. Minimum qualification: Bachelor's degree in business administration, management or a related field to the position. Minimum of five years of office managerial experience in dental healthcare required. Must possess supervisory and administrative abilities. Must be customer service driven. Excellent written and verbal communication skills and proficiency in Microsoft office applications required. Preferred: DDS/DMD, BS/RDH, RN and five years of office managerial experience in dental healthcare required. Also desirable: MBA, MPH, MA, MS in business or health field. Qualified applicants should send a cover letter, résumé with salary history and the names of three business references to Human Resources, UIC College of Dentistry, 801 S. Paulina Street (M/C 621), Chicago, IL, 60612, or e-mail to den-thr@uic.edu. Please reference Job Code: DIRDC in your cover letter. For fullest consideration, applications should be received by Sept. 15.

DENTIST ONE-TWO DAYS A WEEK, Grayslake: Owner wants to concentrate on seniors, lower-income patients, nonsurgical perio, hygiene, walk-ins etc. September start. (Flexible schedule.) Compensation open. E-mail me epsmyth@sbcglobal.net.

GENERAL DENTIST AND ORTHODONTIST needed part-time, three days. Root canal and denture experience required. Call after 12 p.m. 773.745.7188. Ask for Grace.

DENTIST POSITION: Part-time leading to full-time general dentist position in Mundelein. Fee-for-service dentistry. Please send résumé to thyandassociates@yahoo.com.

BERWYN: GENERAL DENTIST full-time/part-time. 25-32%+ of collections plus bonuses. \$1000-1500/day. Bilingual a plus. Chance to buy in. cowboy3368@sbcglobal.net. 815.814.1313.

GENERAL DENTIST: Family Dental Care. Full- or part-time. Several of our associates have become partners. Come and talk to them. Very high income potential. Specialists on staff. Currently four locations and growing. 95% fee-for-service. No Public Aid. 773.978.7801 (ask for Tony or Niko) or e-mail fdc92@hotmail.com. www.familydentalcare.com.

DENTIST WANTED: Part-time associate wanted for well-established, beautiful FFS/PPO general dental practice with periodontist on staff. Joining doctor must have minimum two years experience and ability to work Saturdays and one evening/week, dynamic personalities preferred. Please fax résumé to 312.962.4972 or e-mail southsuburbdentist@gmail.com.

NEW POSITIONS/TEMPORARY COVERAGE: Do you have a passion for patient care? Do you enjoy new challenges and desire a flexible work environment? We want to talk with you! Our team is looking for doctors with open personalities who are interested in covering maternity leaves, military leaves and extended vacations in our fee-for-service practices. If you've ever considered the benefits of temporary coverage, give us a call. With us, you can work as much or as little as desired. We have practices located in various communities throughout CO, IA, IL, MN, NM and WI. To learn more, please contact our development team at 715.926.5050 or development@midwest-dental.com. Visit online at www.midwest-dental.com and www.mountaindental.com.

GENERAL DENTIST NEEDED: Brand new dental office in Deerfield seeks full-/part-time dentist. 45% collections for start. No experience is required. Send résumé to fhp dental@hotmail.com.

GENERAL DENTIST: Full or part-time associate wanted for a beautiful, modern office in a great Oak Brook location. Excellent opportunity for a dynamic, motivated dentist. Experienced staff, no HMOs. Fax résumé to 630.573.1300.

PERIODONTIST, PEDODONTIST and ENDODONTIST TO JOIN OUR Professional Condominium Association: ~1275 E. Belvidere Rd., Grayslake~

Contact:
Lou Kahn
Zifkin Realty
Office: 312.624.7754
Mobile: 312.391.6262
E-mail: lkahn@zifkinrealty.com

Current owners include: Dr. Yan Razdolsky, orthodontist; Drs. German, dentists; Dr. Steven Oltean, oral surgeon; Drs. Kim, physicians.

~GENERAL DENTIST~
 Family practice in Chicago seeks part-time associate. Please fax CV to 773.375.9526.

PART-TIME DENTAL ASSOCIATE POSITION AVAILABLE
 New graduates welcome. 40% commission on daily collection. Please contact Mr. Youbert at 312.671.3375.

WELL-ESTABLISHED DENTAL CLINIC IN CHICAGO
 Seeks experienced dentist in extractions and root canals Monday-Friday, 2-10 p.m. If you are available, please fax your résumé to 630.794.9162.

DENTIST WANTED ~ ASSOCIATE DENTIST ~
 Extremely busy, full, fee-for-service practice is looking for a dynamic, self-driven, charismatic and passionate dentist to join our team. We average 100 plus new patients a month. Our office is equipped with all the latest and most advanced technology (I-Cat, Waterlase MD, digital X-rays, intraoral camera, etc.) to provide the most optimum patient care. For more information on our practice, our philosophy and our doctors, please visit www.dyerfamilydentistry.com and www.chicagonodontures.com. If interested, please e-mail your résumé to dratcha@sbcglobal.net or fax to 219.322.9986, attn: Dr. Atcha.

QUALITY GENERAL DENTIST NEEDED
 * Northern Suburbs – Vernon Hills *
 State-of-the-art paperless practice looking for quality-oriented, general dentist part-time/full-time. Great team, multi-doctor, multi-specialty practice. Winning staff, the latest equipment and a fantastic facility. We are looking for a confident dentist who wants to be associated with a great office. E-mail us today!
Send résumé to drjeff@metro dental.com.

ENDODONTIST
 * SPECIALTY DENTAL PRACTICE *
 Endodontist needed full-/part-time for large multi-Dr./multi-specialty practice. Existing endodontist is leaving. Excellent opportunity. Send résumé to drjeff@metro dental.com.

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 Dental Dreams desires a motivated, quality-oriented associate dentist Offices in Chicago, southwest, far north, and northwest suburbs. Our valued dentists earn \$240,000/year with health insurance, malpractice insurance, vacation and more. We have full-time, part-time and Saturday only schedules available.
 Please call 312.274.0308 ext. 324. E-mail hr@dentaldreams.org or fax CV to 312.944.9499 to join our team.

SEEKING PART-TIME ASSOCIATE DDS
 Looking for experienced general DDS to work in our Park Ridge office one to two days per week and two Saturdays per month (minimum). Please e-mail résumé/CV. prdds@hotmail.com.

SPECIALISTS WANTED EXCELLENT OPPORTUNITY
 Seeking endodontist, orthodontist and oral surgeon to join a well-established perio practice on the south side of Chicago. Flexible hours with great growth potential. Will accommodate working arrangements to fit your needs and goals. Please e-mail your résumé to hpperio@sbcglobal.net or fax it to 773.955.5838.

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PEDIATRIC DENTIST
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 Long-term opportunity in a well-established pediatric practice located in the western suburbs. Reply to Box S0910-S2, CDS Review.

GENERAL DENTIST NORTHWEST SUBURBS FIVE-LOCATION GROUP PRACTICE
 Three to five years general dentistry experience. Excellent communication and interpersonal skills are essential. Advanced Cardiac Life Support (ACLS) required. Practice also offers IV sedation placement and restoration of dental implants bone harvesting and reconstruction. References and evidence of residency and qualifications are required. Compensation competitive depending on experience and qualifications. Potential for future partnership or co-ownership. Excellent opportunity to learn the latest dental procedures and techniques. If you would like to join our team please tell us why and e-mail your résumé to jhigh00@hotmail.com or mail to HR, General Dentist, P.O. Box 1469, Deerfield, IL 60015.

GENERAL DENTIST NEEDED: Looking for a general dentist, full-/part-time for an established dental office in northwest suburbs. Please fax your résumé to 630.477.0447.

LOOKING FOR PART-TIME ASSOCIATE: Busy north Chicago office looking for part-time, bilingual associate (Spanish, Polish). Please send résumé to bordoc@gmail.com.

READY TO MOVE-IN DENTAL OFFICE: Location - Randall Road, South Elgin. Excellent location and demographics. Perfect for satellite office or any new graduate starting own practice. Call 815.351.5831.

ESTABLISHED GROUP PRACTICE in the western suburbs of Chicago is looking for a part-time orthodontist for our newly remodeled state-of-the-art facility. Your excellent clinical skills will be complemented by our outstanding staff. Over 30 years of proven practice administration experience allows you to practice dentistry, not to worry over business decisions. Terrific opportunity for energetic, motivated orthodontist with superior people skills to be part of a dedicated team of dental professionals. Fax résumé/CV to 630.539.1681.

GENERAL DENTIST: Full-/part-time position in a progressive office, Aurora. Fax résumé to 630.859.8684.

ASSOCIATE DENTIST: Modern, high-tech dental practice in far west suburb seeking associate doctor with buy-in potential. Practice is looking for oral surgeon or general dentist with IV conscious sedation, implant and oral surgery experience. Please fax résumé to 815.895.6107 or e-mail to smile@prairieviewdental.com.

ILLINOIS - ASSOCIATE DENTIST FULL-TIME: Established group practice is looking for a caring, energetic dentist for our west suburban Chicago location. Our well-trained and experienced staff has the practice administration and clinical skills to complement your commitment to excellence. Established and growing patient base, dedicated employees and proven practice administration for over 30 years. This is an outstanding opportunity for an enthusiastic and motivated dentist. Fax résumé/CV to 630.539.1681.

ELGIN – ASSOCIATE: 25-32%. \$500-\$1,500/day possible. cowboy3368@sbcglobal.net. 815.814.1313. Ownership possible.

DENTAL ASSOCIATE: Part-time position available. 5008 W. Cermak Ave. Cicero. Great opportunity, offering 40% on collections. In practice 12 years, great patients. Contact Dr. Blanca Salazar 708.288.4101.

\$180,000 PLUS for full-time independent and motivated general dentist. Sorry, no new graduates at this time. Some experience preferred. Start immediately in Chicago. Salary based on production with guaranteed minimum. Fully digital office with excellent staff. E-mail pdc4614@yahoo.com, or fax 773.283.2500. www.precisiondentalchicago.com.

GENERAL DENTIST NEEDED for either full- or part-time position in state-of-the-art, 100% digital paperless office. Northwest suburbs. Excellent, experienced staff and professional, pleasant working environment. Please fax résumé to 847.458.7701.

ENDODONTIST: Busy, modern Norridge group practice seeks to replace our caring, quality-oriented endodontist who is leaving the area. Two days a month. Digital X-rays. Please call 847.477.6443 or e-mail wtpdds@earthlink.net.

ASSOCIATE: General practice in LaSalle/Peru, experienced team, excellent growth potential. Looking for a motivated dentist to practice quality dentistry, in our fun, friendly atmosphere. Income potential \$200,000. No PPO/HMO. Send résumé to edmonroe@comcast.net.

EXPERIENCED DENTIST comfortable with molar endo and extractions needed for a patient-centered, northwest Indiana private practice. Our practice employs expanded functions, dental assistants and is 100% fee-for-service. Excellent compensation with partnership potential. Send résumé to P.O. Box 2509, Chesterton, IN 46304.

GENERAL DENTIST PART-TIME DES PLAINES: Growing practice looking for general dentist, Monday, Friday, Saturday. New grads welcome. Spanish speaking ability a plus but not necessary. Fax résumé 847.803.5130. We will call to discuss about pay.

PART-TIME DENTIST: Progressive paperless practice in Niles is looking for a part-time dentist. Two years experience necessary. Fee-for-service and PPO only. Send résumé to globaldental1@gmail.com.

ASSOCIATE PART-/FULL-TIME NEEDED for state-of-the-art, paperless office in the western suburbs. Must be proficient in all phases of dentistry. Long-term and serious inquiries only. E-mail smile4us96@gmail.com.

GENERAL DENTIST AND ORTHODONTIST wanted: Skokie, state-of-the-art dental practice seeks an orthodontist once a month, preferably with a patient base. Also seeking maternity coverage for general dentist October-December, three-four days a week. Space sharing opportunity available. Please e-mail curdentist@yahoo.com.

PERIODONTIST AND ORAL SURGEON wanted: Looking for part-time associate for well-established, northwest suburban general practice. Fee-for-service, PPO, few HMO. Ability to work evenings or Saturdays is plus. Call 847.255.5550, e-mail résumé to smilesolutions@comcast.net or fax 847.259.3945.

ENDODONTIST NEEDED three-four days per week in thriving endodontic practice near Naperville. Great opportunity with no management headaches. Contact 630.717.4988.

ASSOCIATE DENTIST: Near west suburbs practices looking for a motivated person performing quality dentistry to join our two locations. Please fax your résumé to 708.485.7724.

ASSOCIATE DENTIST: Full-/part-time position available in Chicago-Midway office. Call Dr. Linda at 708.299.5499 or e-mail 123909@sbcglobal.net.

ASSOCIATE DENTIST: General dentist wanted (Chicago). We seek a quality-oriented general dentist experienced in all phases of dentistry for our fee-for-service practice. E-mail résumé to butterfielddental@yahoo.com.

ASSOCIATE WANTED: Northwest suburbs. Associate needed for three-four days/week. High-tech office with digital X-rays and CBCT. We are looking for an outgoing, personable candidate. Please send résumé to drtooth81@gmail.com.

GENERAL DENTIST WANTED: Busy medical/dental practice in Desplain looking for part-time/full-time dentist. Gujarati or Hindi speaking plus. International and new grads are welcome. Please fax your résumé to 630.289.6870 or e-mail gdsdental1@gmail.com.

GENERAL DENTIST: Wanted part-time for eight weeks to cover maternity leave December-January. Busy, northwest suburban dental office. Fax résumé to 847.364.0685.

PART-TIME PERIODONTIST wanted for new, growing, custom built, state-of-the-art periodontal practice in West Loop. Submit résumé to tiffany@millenniumperiodontics.com or fax to 312.588.0398.

GENERAL DENTIST NEEDED: Part-time in Addison. Flexible hours. Salary based on commission. Please call 630.627.7626.

ASSOCIATE GENERAL DENTIST: Busy, established, modern, north side Chicago practice seeks a quality, caring, independent dentist to join our team. Part-time three-four days/week with potential for full-time in future. FFS & PPO / No HMO. E-mail résumé to namaste23@sbcglobal.net.

SEEKING ORTHODONTIST for a part-time leading to full-time position in a rapidly growing Buffalo Grove practice. Phone: 847.520.0770, Fax: 847.520.1179.

GENERAL DENTIST NEEDED: A group practice with several offices in western suburbs is looking for a full-/part-time general dentist to work in Shorewood/Plainfield area. Beautiful, high-tech office with a great staff. Please e-mail résumés to applydds@gmail.com or fax to 630.596.5019.

ASSOCIATE GENERAL DENTIST OR pediatric dentist: Busy, five-chair office located in Belvidere, IL, west of Elgin. Accept dental insurance and kids care. Good potential to bring home \$100,000 per year on two and half days. New graduates welcome. Send résumé to belvideredental@gmail.com.

GENERAL DENTIST needed Saturdays and Mondays in busy Austin neighborhood practice. Must be comfortable with extractions. Base salary plus percent of collections. E-mail adcdentist@gmail.com or fax 773.378.4332.

GENERAL DENTIST NEEDED: Busy west side Joliet office is looking for a quality, caring dentist to join our team. Flexible hours. Call Kim 815.725.4269 or fax 815.725.9363.

PART-TIME/FULL-TIME POSITION LEADING to ownership: Opportunity for a new dentist to work in an upscale dental practice. Ownership available in one year. Transition would be based on debt services, dentist is leaving to specialize. Serious candidates contact gsingh30@gmail.com.

GREAT OPPORTUNITY for an independent and motivated general dentist. Some private practice experience preferred. Prefer full-time but will consider part-time. Earn over \$180,000. Salary based on production with guaranteed minimum. Chicago office: clean, modern, fully digital and paperless with excellent staff. Fax: 773.283.2500 or e-mail: pdc4614@yahoo.com.

GENERAL DENTIST NEEDED: Dental office in Chicago seeks part-time dentist. Flexible hours. Offering 40% of daily collections. New grads welcome. FFS/PPO/Medicaid. Please fax your résumé to 773.353.2102.

ORTHODONTIST TO START ASAP: Looking for an orthodontist for one-two days a month in a multi-specialty office in northwest suburb. Fee-for-service. Fax résumé to 847.581.1943 or e-mail it to mubashy2000@yahoo.com.

OPPORTUNITY FOR PERIODONTIST: Part-time, Wood Dale and Aurora locations. Fax 630.787.0662.

PERIODONTIST, PROSTHODONTIST FOR surgical implant placement: One-two days a month. Modern, growing practice in Palos Hills. Please send résumé dr.beata@att.net or fax 708.233.6208.

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PURCHASING OFFICES/PARTNERSHIP opportunities: Family Dental Care. The service to our patients and the workability of our management systems are second to none. Call us if you: A) are interested in selling your practice (preferably south of the Loop and south suburbs); B) would like to remain as an owner but want us to manage your practice; or C) want to grow with us as an employee or a partner. Call Tony at 773.978.7801 and visit us at www.familydentalcare.com.

EXPERIENCED GENERAL DENTIST SEEKS to purchase practice in Naperville/Aurora or surrounding communities. Ideally looking for three-five chairs and around \$500,000 collections. Willing to entertain all transition options. Please contact justin.dds2@gmail.com.

LOOKING TO PURCHASE PRACTICE: General dentist seeks to purchase established practice in Addison, Villa Park, Melrose Park, Northlake, Bensenville or near area. Call 708.261.2610.

Miscellaneous

ORDER SCHOOL EXCUSAL FORMS for your student-patients. The Chicago Dental Society sells packages of 250 at a cost of \$12.95 per package (includes shipping). All order must be prepaid. Send a check payable to Chicago Dental Society, Excusal Forms, 401 N. Michigan Ave., Suite 200, Chicago, IL 60611.

For Sale by Owner

ESTABLISHED, 27-YEAR-OLD PRACTICE located in Midway Airport area. Options include immediate or transition buy-in/buy-out. No temporary associates. Doctor transitioning to teaching career. Call 708.424.5700 or e-mail doctorwhy@sbcglobal.net. Visit www.yerkesdental.com.

PRACTICE FOR SALE in southern Wisconsin: Exceptional opportunity for practice ownership in a prosperous and growing community. Successful practice, modern facility, well-trained staff. Accommodating transition arrangements. Motivated seller. Reply to Box J0710-C1, CDS Review.

SOUTHWEST CHICAGO PRACTICE and building for sale/rent: Grossing over \$70,000 on one day/week, two ops. Can work sale into rent. Plenty of room to expand, park. E-mail archertoothdoc@aol.com.

\$20,000 GRAYSLAKE: Beautiful turnkey dental office with two operatories, waiting room, lab and private doctor office. Room to expand. Chairs and equipment in good working condition. View online at www.ajmproperties.com or call 847.274.0857.

FOR SALE – PRACTICE: Chicago north side. Doctor retiring after 50 years of practice. Three-chair office in a professional building. Prime north side location. Call Jan 773.604.4619.

DENTAL PRACTICE FOR SALE in the heart of Lincoln Park: Amazing location in Chicago. I am relocating out of state and am looking to sell asap. Practice has incredible PPO and FFS active patient base, Dexis digital X-rays, intraoral camera, Dentrix management software, prophyl-jet and many other modern accessories. If interested please contact Dr. Alia Ezziddin 312.237.6390. Will give more details when you call.

TWO GENERAL PRACTICES, one three-op condo located at Ogden/First in Lyons. Includes real estate. Second practice, four ops, very reasonable rent, located Villa Park. Both practices priced total \$389,000 including real estate for Lyons practice. Assumable lease for Villa Park practice. Residential condo also available in Lyons building for \$90,000. Call 708.448.3355.

FOR SALE: Fee-for-service, restorative dental practice Chicago/Oak Lawn area. Established over 25 years with \$1.3 million annual income. Exquisite build-out 3,600 square feet, five operatories, one private surgical suite, two consultation, one conference, two offices and kitchen. Newly remodeled with state-of-the-art equipment. Building for lease or purchase. 708.285.2000.

FOR SALE – SOUTH SHORE: long-established family practice. Make an offer. Building, attached heated garage, equipment and inventory. Three ops. Excellent opportunity for new or established dentist. Practice occupied half of building. Other half of building with separate street entrance potential for second business. Call 312.750.1065 for more information.

DIGITAL PAN: Kodak 8000 Digital Panoramic System. TMJ, panoramic, segmented pan, and sinus settings. Five years old. \$16,000. Details: Ryan Moore 815.621.8579.

FOR SALE: K7 Machine. Opened, used once. Equipment in perfect working order. Best offer. E-mail christine@chicagolanddentists.com.

FOR SALE: Pelton Crane sterilizer, Porter SES 2000E sterilizer, Panoramic PC 1000 X-ray, large wooden desk with glass top and matching chair. 630.834.7446. dkbusters@aol.com. Photos available.

FOR SALE: A-dec chair with delivery unit, light and stools. Pelton & Crain chair (that traverses) with executive unit (delivery and cabinets). Belmont executive unit (delivery and cabinets). Peri-pro III developer with duplicator. Contact info@euclidsmiles.com, 847.342.1999. Photos available.

FOR SALE: Dental equipment for sale. Contact Dr. Givens at 708.261.6989 to view the equipment list and pictures. Items available are dental chairs, delivery systems, Belmont lights, dental stools, autoclave, Gendex X-ray units, handpieces, Apollo vacuum pump and compressor and more.

PROPERTY FOR SALE: Mixed commercial building with dental office and tenant spaces located in Oak Park. Property is located in great area for potential growth and prosperity. Contact Dr. Givens at 708.261.6989 for more information.

PC-1000 PANORAMIC X-RAY FOR SALE: Barely used. Purchased in 2005. Best offer. 847.224.9133 or ihussaindds@gmail.com.

GREAT DEAL: Busy, community-based practice for sale in professional building. \$250,000 gross on three and a half days a week, and no weekends. Doctor relocating. \$100,000 or best offer. E-mail adcdentist@gmail.com or call 773.988.2128.

PLANMECA PAN/CEPH ANALOG X-RAY machine: This Planmeca PM 2002 CC analog pan/ceph X-ray machine is currently being used in our north suburban orthodontic office. It takes wonderful images and is being sold only because the office is going digital. This X-ray machine is available with the remaining film, bite sticks and film developer (A/T2000 XR) for \$7,500. Available for pickup in our Buffalo Grove office. Contact Kristina Sakas 847.609.4148.

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Illinois practices for sale:

BERWYN: Under contract! Two ops in a street level storefront. Collections: \$490,000.

CHICAGO, LINCOLN PARK: Sold!

CHICAGO, NORTH SIDE: New! Three ops in a professional building. 100% FFS. Collections: \$130,000. Doctor retiring.

CHICAGO, LOOP: New! Four ops. Great views. Collections: \$440,000. PPO and FFS.

CHICAGO, MAGNIFICENT MILE: New! Six ops, expandable. Great views. 100% FFS. Collections: \$300,000. Sublease tenant pays half of rent.

CHICAGO, MIDWAY AREA: New! Two ops in a storefront; expandable. Collections: \$140,000. Spanish-speaking patient base.

CICERO: Sold!

NAPERVILLE: Upgraded buildout! Two ops at street level; expandable. Collections: \$300,000.

OAK BROOK: Two ops in a professional building. 100% FFS. Collections: \$80,000.

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WESTERN SUBURB: Three ops with room to grow. \$500,000+ FFS. Highly desirable suburb. R/E included. Associate to purchase.

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CHICAGO, #22119: Very profitable practice grossing approximately \$45,000/month on only three days. Excellent location on busy street in growing area of the city with high net worth individuals.

NORTHWEST SUBURBS, #22131: Beautiful, newer office producing over \$500,000+ annually and growing. Great street level exposure in busy downtown suburban location. 20 minutes from downtown Chicago.

CHICAGO METRO/NORTHWEST IN, #23112: Large, four op office with great growth potential as currently open only three days producing \$300,000+ annually.

CHICAGO NORTHWEST SUBURBS, #22132: Gross \$450,000 and growing. Newer, four-operator office located on major intersection in high growth suburb.



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Write Dr. Lamacki at wlamacki@aol.com.

Don't underestimate the value of dignity

As I have told many colleagues to the point of exasperating tedium, I treat the elderly in retirement communities.

It is challenging to deal with ever-changing health histories and medications along with memory loss, which often drifts into Alzheimer's disease, the most common form of dementia.

Ah, but it can be so rewarding to treat the elderly.

This summer, I received a call from a woman who asked me to examine her friend, a retirement community resident who was rapidly losing weight because she couldn't eat. The caller had her friend's power of attorney (POA).

Examination of the patient revealed an ill-fitting upper denture and an unserviceable lower partial denture. Consent was given by the patient's friend to make new dentures as quickly as possible. At the first appointment, I took final impressions and registered the bite. (I've developed techniques to make dentures in a short time, but that is a subject for another article.) I was positive that my recordings were accurate, and as I have often done before, I completed the appliances without a try-in.

The patient perked up when I placed her new dentures, and she smiled. The next day I visited her and found a more animated vital person. I made a minor adjustment to the dentures; the patient had no further need for adjustments.

Three weeks later the caller informed me that her friend died of a heart attack. She went on to say that her friend had put on weight and was cheery and proud of her new look.

"Don't feel guilty about the short time my friend had her dentures; you immensely improved her quality of life," the caller told me.

I had another lesson in the rewards of treating the elderly thanks to the son of an aging, frail mother who was another victim of mild dementia.

She had fractured a three-unit bridge at the gum line involving her two central incisors and a lateral incisor; he asked me if the bridge could be re-cemented, or if not, could a new one be made.

"Not possible. Her remaining teeth are loose."

"Please make something to replace those front teeth for her dignity."

And so we made her an acrylic partial with wrought clasps over the fractured teeth. When she saw the result, her smile told me all I need to know about the value of one's dignity.

If my patients do not manage their own financial affairs, I call their responsible family member or POA for consent.



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Of course, there is no answer to that question.

I am frequently asked, "Will I live long enough to make the cost of treatment worthwhile?"

Of course, there is no answer to that question, but I've treated patients who are over 100 years old whose vigor and general health justified definitive care. No dental procedure is invasive; it is the health of the patient that determines what treatment can be done.

As dentists, it is our privilege and a source of tremendous satisfaction to relieve pain and infection and to restore a smile.

But for me, I will always remember the two elderly patients who gave me the gratification of making their life better. ■



February is National Children's Dental Health Month!

How do you plan to help?

If you're donating your time to help treat or educate children about the importance of dental health, CDS wants to support you in those efforts.

Visit www.cds.org/kids for more information on what resources CDS has available to its members and the community at large.

If you have any questions, please contact Rachel Azark at 312.836.7323.



CDS Regional Meeting



Dental Fear: Successfully Treating the Apprehensive Patient

Featuring **Larry Sangrik, DDS**

PRE-REGISTER ONLINE!

We encourage you to reserve your spot at the next CDS Regional Meeting by visiting www.cds.org.

Wednesday, Nov. 10

9 a.m.-2:30 p.m. • Drury Lane, 100 Drury Lane, Oakbrook Terrace

About our program:

Research indicates that over 70% of the adult American population finds dental treatment to be an anxiety-producing experience. Fortunately, today there are numerous choices to address dental fear. These range from simple behavior techniques to the use of medications in varying degrees. The most appropriate choice of apprehension management depends on the patient's degree of dental fear and the intensity of dental treatment.

Dr. Sangrik will present a dynamic lecture that covers the following topics:

- Medical emergencies in the dental office
- Dental fear
- Nitrous oxide sedation
- Monitoring vital signs

About our speaker:

Dr. Sangrik has practiced general dentistry in his hometown of Chardon, OH, since 1979. His practice emphasizes dental implants and treatment of apprehensive patients with intravenous sedation. Dr. Sangrik has presented lectures at dental meetings throughout the country on the prevention of medical emergencies in the dental office.

Target audience: Dentists and staff

Directions to Drury Lane: Call 630.530.8300

About CDS meetings:

Regional Meetings are FREE to all CDS members and their staffs, as well as dental hygienist members of the Illinois State Dental Society.

A fee of \$250 is charged to dentists who are not CDS members and their staffs, which may be applied to membership for the current year. Advance registration is not required, but CDS encourages you to pre-register online at www.cds.org.

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ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

CDS designates this activity for 5 continuing education credits.