

145th MWM PREVIEW

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# REVIEW

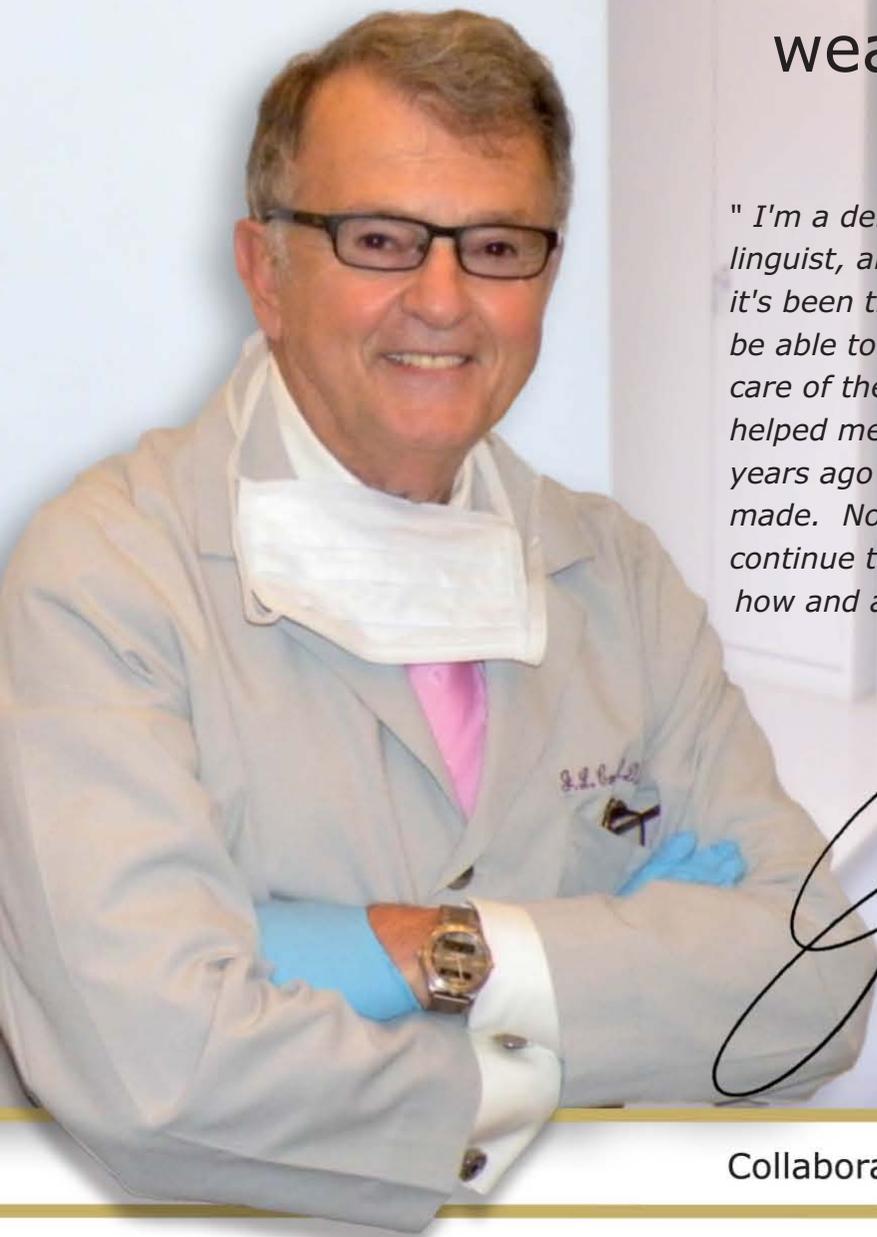
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# THREE DAYS | ONE ROOF EXCEPTIONAL MEETING CHICAGO DENTAL SOCIETY

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145TH MIDWINTER MEETING | FEBRUARY 25-27, 2010 | CHICAGO DENTAL SOCIETY  
McCORMICK PLACE WEST



In a few weeks, this empty space will be transformed into the Midwinter Meeting Exhibit Hall. Be sure to note the new schedule. The Exhibit Hall will be open all three days of the Midwinter Meeting.

## Why visit the Exhibit Hall?

With a move to the new West Building of McCormick Place for the 2010 Midwinter Meeting come new reasons to visit the Exhibit Hall. This year we have added a few more things into our bigger space.

In addition to having an outstanding group of exhibitors, the Exhibit Hall will also feature Scientific Exhibits and Table Clinics. They will be located on the far east wall of Hall F. Table Clinics are 15-20 minute presentations about dental materials, procedures or techniques. You do not need to register for these clinics, but a registration badge is required to visit them. Table Clinics will be offered Thursday and Friday, Feb. 25 and 26.

With all the walking around you will do, there will be mobile food carts located throughout the Exhibit Hall, offering Connie's Pizza, Robinson's Ribs, Butch's Lemonade and Pretzels, Mimi's Churros, Rybas Fudge, and coffee carts with Starbucks drip coffee only. The Exhibit Hall also features the Overlook Café, where you can sit down and enjoy a bite to eat while looking out over the floor deciding where to visit next.

New for the 2010 meeting is our Wellness Center, which will be located at the rear of the Exhibit Hall. For \$139 you can have 10 painless, life saving tests done. BlueAPPLE Health will conduct these health screenings in a private area from 9:30 a.m.-5 p.m. Thursday-Saturday, Feb. 25-27. You must be preregistered for the Midwinter Meeting and you must preregister with BlueAPPLE Health. Find complete information at [http://www.cds.org/mwm\\_2010/health\\_screening.html](http://www.cds.org/mwm_2010/health_screening.html).

The Exhibit Hall will be open Thursday-Saturday, Feb. 25-27 from 9 a.m.-5:30 p.m.

Shuttle bus service will be provided throughout the day to and from McCormick Place and the Chicago Hilton and Towers. Also, shuttle bus service to and from the Hyatt Regency Chicago will be provided on the hour only, during non-peak periods. The shuttle bus pick-up points will be clearly marked in the hotel lobbies. Plan your trip to allow sufficient travel time.

## Page One

### Hold the line

Can't remember the last time your CDS dues increased? That might be because it's been 22 years. Your CDS dues have remained stable over the years thanks largely in part to the successful commercial exhibition provided each year at the Midwinter Meeting.

Since registration is free for all CDS members, be sure to take advantage of the opportunity. Register today and shop the Midwinter Meeting Exhibit Hall as your way of expressing thanks to those whose support has made it possible to keep your local dues constant for the past 22 years.



### Regional Meeting minutes

The Regional Meeting of the Chicago Dental Society convened Nov. 18 at the Drury Lane, Oakbrook Terrace, with CDS President David Kumamoto presiding.

Dr. Kumamoto called the meeting to order at 9:08 a.m.

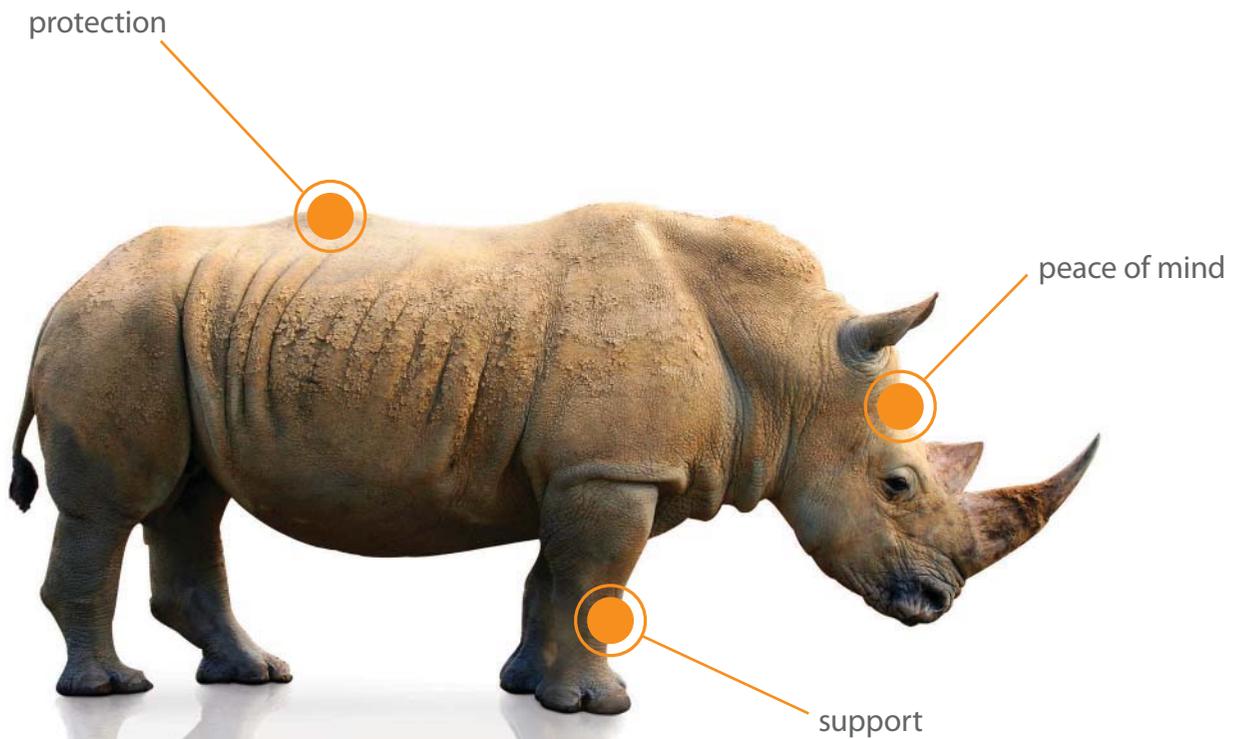
Attention was directed to the minutes of the Sept. 16 meeting. Inasmuch as the minutes of the the Sept. 16 meeting had not yet been published, a motion was entertained to dispense with reading and approving them until everyone has had the opportunity to review them.

**MOVED** by Jeffrey Socher, seconded by John Gerding, and carried to dispense with reading the minutes of the Sept. 16 meeting until everyone has had the opportunity to review them.

There were no reports of the Board, Standing Committees or Special Committees. There was no unfinished business to report, nor any new business to present.

With no further business, Dr. Kumamoto called upon James Maragos to introduce Steven Chu, DMD, MSD, CDT, who presented the program entitled "Prosthodontics – Predictable Diagnosis and Treatment of Clinical Crown and Gingival Architecture Discrepancies: A Biometric Perspective."

The meeting was adjourned at 1:40 p.m. ■



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### STAFF

**Editor:** Walter F. Lamacki, DDS  
**Director of Publications and Managing Editor:** Will Conkis  
**Publications Coordinator/Designer:** Tom Long  
**Senior Writer:** Joanna Brown  
**Editorial Assistant:** Rachel Azark

### CORRESPONDENCE & CONTRIBUTIONS

Address editorial correspondence to:

Chicago Dental Society  
CDS Review  
401 N. Michigan Ave., Suite 200  
Chicago, IL 60611-5585

**Phone:** 312.836.7300

**Fax:** 312.836.7337

**e-mail:** [review@cds.org](mailto:review@cds.org)

**Dr. Lamacki's e-mail:** [wlamacki@aol.com](mailto:wlamacki@aol.com)

**Web site:** [www.cds.org](http://www.cds.org)

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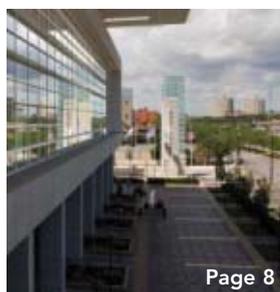
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# Directory

## CDS Officers

**President:** Michael Stablein; 9 Nottingham, Lincolnshire 60069; 847.317.9127, [mstablein@aol.com](mailto:mstablein@aol.com)  
**President-elect:** Ian Elliott; 1315 Macom Dr., Suite 106, Naperville 60564; 630.862.3600, [iedds@aol.com](mailto:iedds@aol.com)  
**Secretary:** John Gerding; 24W500 Maple Ave., Suite 101, Naperville 60540; 630.369.2020, [jgerdingdds@msn.com](mailto:jgerdingdds@msn.com)  
**Vice President:** David Fulton Jr.; 1308 Sunset Ave., Waukegan 60087; 847.249.2621, [iamdocjr@hotmail.com](mailto:iamdocjr@hotmail.com)  
**Treasurer:** Richard Holba; 1700 Ravinia Pl., Orland Park 60462; 708.349.3637, [rsh.kmh@sbcglobal.net](mailto:rsh.kmh@sbcglobal.net)

## Branch Officers

### ENGLEWOOD

**Director:** John Moore (2010); 4550 W. 103rd St., Oak Lawn 60453; 708.425.5290, [periodoctor@comcast.net](mailto:periodoctor@comcast.net)  
**President:** Carlo Pagni; 4435 W. 95th St., Oak Lawn 60453; 708.423.5990, [qubdent@comcast.net](mailto:qubdent@comcast.net)  
**Correspondent:** Thomas Remijas; 9761 Southwest Hwy., Oak Lawn 60453; 708.422.8222, [tpzi@hotmail.com](mailto:tpzi@hotmail.com)

### KENWOOD/HYDE PARK

**Director:** Melanie Watson-Montgomery (2011); 3330 W. 177th St., Unit 1G, Hazel Crest 60429; 708.798.7400, [melrozdental1@yahoo.com](mailto:melrozdental1@yahoo.com)  
**President:** Reuben Collins; 222 W. Huron St., Suite 4002, Chicago 60654; 312.573.2000, [rcqdent@aol.com](mailto:rcqdent@aol.com)  
**Correspondent:** Sherece Thompson; 9127 S. Western Ave., Chicago 60643; 773.238.9777, [sthompsondds@sbcglobal.net](mailto:sthompsondds@sbcglobal.net)

### NORTH SIDE

**Director:** John Hagopian (2012); 9101 N. Greenwood Ave., Suite 302, Niles 60714; 847.296.4030, [johnmh919@aol.com](mailto:johnmh919@aol.com)  
**President:** Genaro Romo Jr.; 4148 S. Archer Ave., Chicago 60632; 773.247.3345, [drgeneromo@aol.com](mailto:drgeneromo@aol.com)  
**Correspondent:** Alice Boghosian; 9101 N. Greenwood Ave., Suite 302, Niles 60714; 847.296.4030, [agbdds@hotmail.com](mailto:agbdds@hotmail.com)

### NORTH SUBURBAN

**Director:** Susan Becker Doroshow (2010); 3901 W. Howard St., Skokie 60076; 847.677.2774, [sbddd@aol.com](mailto:sbddd@aol.com)  
**President:** Mark Jacob; 4119 Dundee Rd., Northbrook 60062; 847.564.2180, [markjacob1@comcast.net](mailto:markjacob1@comcast.net)  
**Correspondent:** Kyint Chwa; 9229 Natchez Ave., Morton Grove 60053; 847.272.0600, [kyinthchwa@ameritech.net](mailto:kyinthchwa@ameritech.net)

### NORTHWEST SIDE

**Director:** Louis Imburgia (2012); 1416 S. Canfield Rd., Park Ridge 60068; 847.698.0888, [drimburgia@att.net](mailto:drimburgia@att.net)  
**President:** Samuel Grandinetti; 6322 N. Cicero Ave., Chicago 60646; 773.736.8070, [samgrandinetti@yahoo.com](mailto:samgrandinetti@yahoo.com)  
**Correspondent:** Chester Klos; 5841 W. Belmont Ave., Chicago 60634; 773.622.3454, [ck50dk@aol.com](mailto:ck50dk@aol.com)

### NORTHWEST SUBURBAN

**Director:** Theodore Borris (2010); 411 W. Walnut St., Mount Prospect 60056; 847.253.3203, [tjbor@comcast.net](mailto:tjbor@comcast.net)  
**President:** Matthew Gauthier; 1600 W. Central Rd., Arlington Heights 60005; 847.392.6220, [info@nwoms.com](mailto:info@nwoms.com)  
**Correspondent:** Angie Willox; 201 N. Arlington Heights Rd., Arlington Heights 60004; 847.670.9020, [angiewillox@hotmail.com](mailto:angiewillox@hotmail.com)

### SOUTH SUBURBAN

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**President:** Kevin Patterson; 61 W. 144th St., Riverdale 60827; 708.849.8627, [kpattersondds@aol.com](mailto:kpattersondds@aol.com)  
**Correspondent:** Keyur Shah; 4440 Lincoln Hwy., Suite 300, Matteson 60443; 708.481.6086, [k\\_shah66@hotmail.com](mailto:k_shah66@hotmail.com)

### WEST SIDE

**Director:** Donald Tuck (2011); 1121 Warren Ave., Suite 120, Downers Grove 60515; 630.969.0654, [dntuck@comcast.net](mailto:dntuck@comcast.net)  
**President:** Gary Clemens; 3340 S. Oak Park Ave., Suite 301, Berwyn 60402; 708.795.1255, [gclm14714@ameritech.net](mailto:gclm14714@ameritech.net)  
**Correspondent:** Charles Thometz; 7351 W. North Ave., River Forest 60305; 708.366.2300, [lkegeneva1@gmail.com](mailto:lkegeneva1@gmail.com)

### WEST SUBURBAN

**Director:** Andrew Browar (2012); 40 S. Clay St., Suite 111W, Hinsdale 60521; 630.655.3737, [healthysmile@msn.com](mailto:healthysmile@msn.com)  
**President:** Mark Ploskonka; 1818 Kelly Ct., Darien 60561; 773.846.6000, [ploskonka@msn.com](mailto:ploskonka@msn.com)  
**Correspondent:** Kenneth Korpan; 6827 Church Ct., Woodridge 60517; 630.879.2011, [kidak@aol.com](mailto:kidak@aol.com)

## American Dental Association

211 E. Chicago Ave., Chicago 60611; 312.440.2500 or 800.621.8099; Fax: 312.440.7494; [www.ada.org](http://www.ada.org)

## Illinois State Dental Society

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## Contact CDS

**Send comments and suggestions to:**  
 Chicago Dental Society  
 401 N. Michigan Ave., Suite 200  
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[review@cds.org](mailto:review@cds.org)

**Web site:** [www.cds.org](http://www.cds.org)

The CDS Review reserves the right to edit or reject any letter submitted to the editor. All submissions are edited for grammar and style in accordance with the Associated Press Stylebook and Briefing on Media Law.

## CDS Staff

### Executive Director:

Randall Grove  
 312.836.7308, [rgrove@cds.org](mailto:rgrove@cds.org)

### Associate Executive Director:

Barry Ranallo  
 312.836.7314, [branallo@cds.org](mailto:branallo@cds.org)

### Director of Communications:

Keri Kramer  
 312.836.7330, [kkramer@cds.org](mailto:kkramer@cds.org)

### Director of Exhibit Services:

Lisa Girardi  
 312.836.7327, [lgirardi@cds.org](mailto:lgirardi@cds.org)

### Director of Member Services:

Joanne Girardi  
 312.836.7320, [jgirardi@cds.org](mailto:jgirardi@cds.org)

### Director of Publications:

William Conkis  
 312.836.7325, [wconkis@cds.org](mailto:wconkis@cds.org)

### Director of Scientific Programs:

Aloysius Kleszynski, DDS  
 312.836.7312, [akleszynski@cds.org](mailto:akleszynski@cds.org)

### Manager, Financial and Information Services:

Mohammed Adil  
 312.836.7316, [mkadil@cds.org](mailto:mkadil@cds.org)

### Manager, Mediation and Peer Review:

Helen Rabitoy  
 312.836.7331, [mediation@cds.org](mailto:mediation@cds.org)

### PHONE DIRECTORY

CDS Review.....	312.836.7325
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## President's Perspective by Michael Stablein, DDS, PhD

Write to Dr. Stablein at [mstablein@aol.com](mailto:mstablein@aol.com).

# Go West, CDS!

**N**ostalgia is very powerful. Fond memories of friends and family, first dates and first dances, college days and classmates evoke longings to recapture those days.

So is it surprising that many of us have wonderfully warm memories of our first Midwinter Meetings?

Many times when in conversations with other CDS members, the Midwinter Meetings of the 1980s at the Conrad Hilton (now the Chicago Hilton and Towers) come up. And the discussions are always in loving, glowing terms.

They tell me how they wish we could return our Midwinter Meeting to the Hilton. They miss the in-room television program of the meeting, the crowds and the hustle and bustle of those meetings. Many of our members joined and became ardent participants in the MWM and CDS because of their MWM experiences at the Hilton.

But, as Thomas Wolfe said, "You can't go home again."

When CDS moved to the hotels along the Chicago River in 1987, opportunities for expansion of the meeting were limited. The MWM may have had more than 400 exhibitors at two venues, but there were fewer than 800 booth spaces to sell. The ability of CDS to do more for our members and for the public was limited to the revenue derived from the meeting. We were, for the most part, a "mom-and-pop" organization living hand-to-mouth.

But then came the move to McCormick Place North in 1993. Exhibitors jumped from fewer than 400 per year to more than 600. Booth spaces went from fewer than 800 to more than 1,000, and CDS was forever changed. The dental society could never go back. The Midwinter Meeting became a national meeting. Attendance went from under 25,000 per year to close to 30,000. The dental society found it had surplus revenues at the end of the fiscal year.

The MWM moved to McCormick Place East in 1998. The society could accommodate the demand for booth space, ultimately capping out at 1,544 spaces in 2007-09.

The surplus funds enabled the society to initiate a philanthropic effort, and in 2001 the Grants and Donations Committee was established by the Board of the Directors. Depending on need, the Board awarded grants up to \$10,000 to organizations tending to access to care. Donations over the years 2001-09,

when the committee was disbanded, totaled \$4.6 million. The Board gave \$1 million to University of Illinois at Chicago College of Dentistry and \$500,000 to the Southern Illinois University School of Dental Medicine to address issues in dental education.

In 2006, the Board voted to form and fund the Chicago Dental Society Foundation with \$1 million, and another \$500,000 in 2007. The CDS Foundation was to look at issues in dental education and access to care. The CDS Foundation is independent of the Society and can raise monies for charitable causes that the society cannot. The CDS Board gave \$500,000 to UIC and \$250,000 to SIU in 2009 for dental education via donor directed funds to the CDS Foundation.

Yes, the need is great in many areas, but your successful Midwinter Meetings made it possible for CDS to directly address needs in dental education and access to care, which the Foundation will carry on.

Now in the evolution of the Midwinter Meeting comes the



Photo of McCormick Place West Building courtesy of the Chicago Convention and Tourism Bureau.  
© Cesar Russ REALVIEWS™ Photography.

move to McCormick Place West. The move represents increased opportunity for the Society, even in this economy. My wife, Coco, and I pitched the phrase "Go West, CDS" as a playful reinvention of the Horace Greeley phrase "Go west, young man," used in an editorial in the 1860s. He was encouraging Americans to move west to pursue opportunity. Coco and I see the move as a means for the dental society to pursue opportunity.

In this way, the Chicago Dental Society can pursue and fulfill its mission to serve its members and the public they serve. ■

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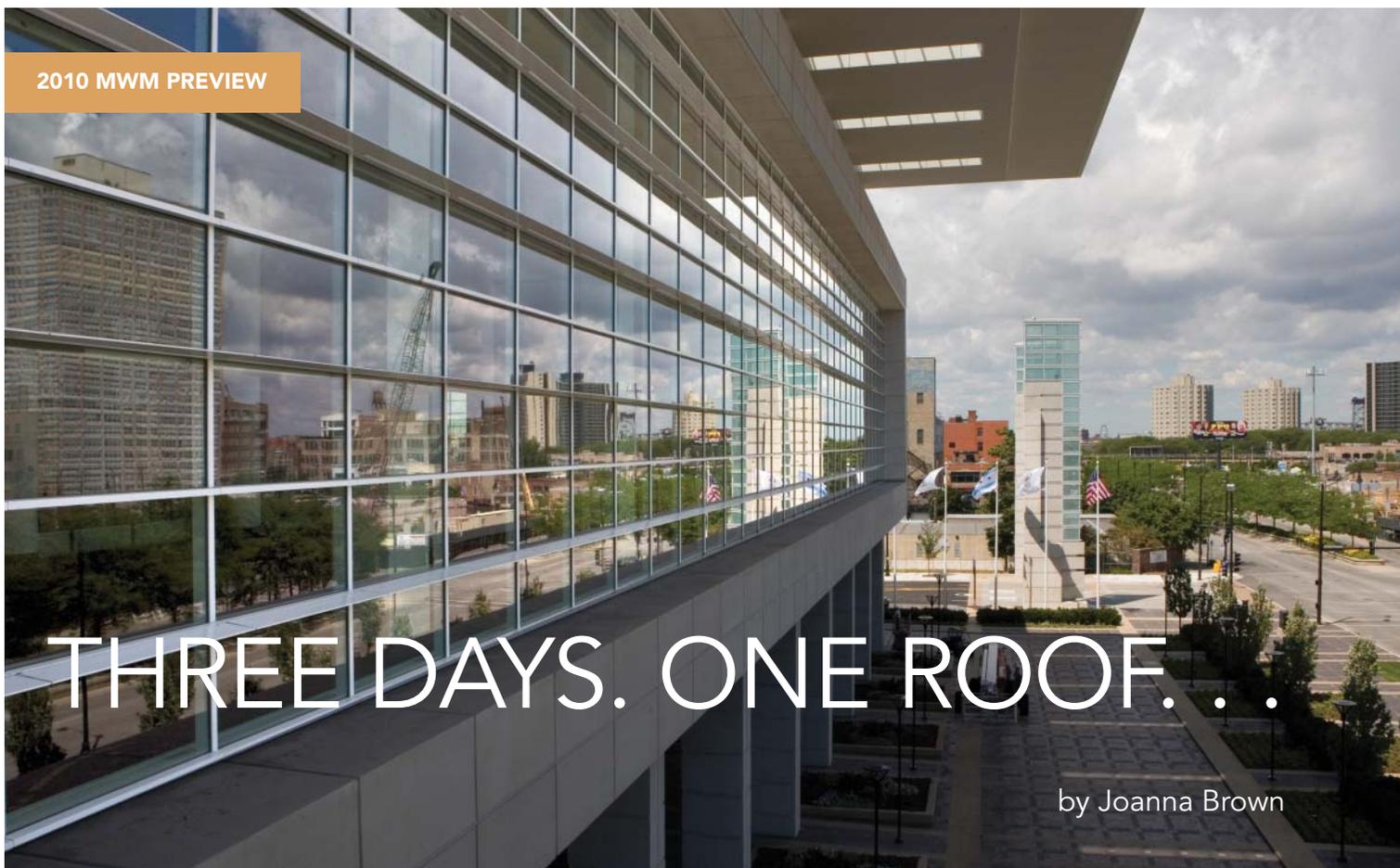
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2010 MWM PREVIEW



# THREE DAYS. ONE ROOF. . .

by Joanna Brown

*Photo courtesy of the Chicago Convention and Tourism Bureau. © Cesar Russ REALVIEWS™ Photography.*

**W**hen the 145th Midwinter Meeting opens Feb. 25, attendees will recognize much of what they find: top-rated speakers offering expertise in a variety of fields, enthusiastic exhibitors eager to show off their latest developments to aid the delivery of dental care, and crowds of colleagues happy to be reuniting in our spectacular city.

But there are also a few changes to this year's program – not the least of which is a move to the new West Building on the McCormick Place campus. The West Building is just steps from the Midwinter Meeting's previous location, but it's greater size and modern design will allow the Chicago Dental Society to offer a full complement of educational courses and scientific exhibits under one roof. We'll hope you'll join us in the West Building next month.

"The move to the West Building, like the move to McCormick Place in 1993, represents opportunity for the Chicago Dental Society in that our meeting can

get bigger and better: more technical exhibits, more educational classes, more participation courses, and greater attendance," said CDS president Michael Stablein. "The Chicago Dental Society grows on a national and international level. Go West, CDS!"

Also of note, the schedule of events has been changed to provide three days of educational courses that coincide with three days of scientific exhibits. Both the Exhibit Hall and the classrooms will open Thursday morning, Feb. 25, and close Saturday evening, Feb. 27.

These changes aim to ease attendees' efforts to coordinate their continuing education schedules with their interest in browsing – and shopping – the Exhibit Hall.

### Scientific courses

The 2010 leadership team – George Zehak, general chair; Cheryl Watson-Lowry, program chair; and Dr. Stablein – has designed a scientific program to

appeal to all members of the dental team. Topics include everything from assisting to whitening.

Of particular note are programs for women and by women, including those that address women's health and finances for women.

"In 1976, females were perhaps 5 percent of incoming classes in dental schools. In 2010, females are 25 percent of all dentists," Dr. Stablein said. "Our Midwinter Meeting has 60-70 percent female attendees. It seems only natural for CDS to feature national speakers and topics of particular interest to female attendees, one speaker each of the six sessions."

Also of special interest will be a panel discussion of Endodontics vs. Implants offered entirely in Spanish Friday morning, Feb. 26, by Paul Bery, of Evanston; Rodrigo Escalante, of Acapulco, Mexico; and Sergio Rubinstein, of Skokie.

Another panel, moderated by Gordon Christensen, will tackle Controversies in Dentistry. Panelists representing



Photos by John McNulty



oral surgery, endodontics, periodontics, implants and restorative dentistry are coming from across the country to participate.

“We have many of our familiar friends returning, as well as several talented clinicians who have not appeared on our program before, which will make for an outstanding Midwinter Meeting scientific program,” said Al Kleszynski, CDS director of scientific programs.

**Download handouts at home**

Just like in 2009, course handouts will not be available at McCormick Place. Any handouts that speakers have prepared for use in their classes are available for downloading at [www.cds.org/mwm](http://www.cds.org/mwm). Look for a red Acrobat icon next to course descriptions online to indicate that your instructor has provided a handout. Print it at home, review it, and bring it with you to McCormick Place for use in the classroom.

There will not be any printing sta-

tions at McCormick Place, nor will handouts be available in the classroom. Plan ahead and come prepared.

**Exhibit Hall**

The move to the West Building brings lots of opportunities for exhibiting companies and the dental professionals who rely on their products and services. Be

sure to visit the Exhibit Hall and seek out both the veteran vendors who keep your office running smoothly and the newer companies who will enhance your practice of dentistry.

CDS Director of Exhibit Services Lisa Girardi says the new exhibit space has more room for both.

“With the move to the West Building of McCormick Place, the Chicago Dental Society is able to allow those exhibitors who wish to expand their booth space,” she said. “In previous years, the exhibit floor would sell out mid- to late-Sep-

“The move to the West Building, like the move to McCormick Place in 1993, represents opportunity for the Chicago Dental Society in that our meeting can get bigger and better.”

tember. This typically meant that new companies would not have the opportunity to exhibit, nor could existing exhibitors expand their presence.”

More than 600 exhibiting companies

are expected to participate in this 145th Midwinter Meeting. All are dental companies, and many have been coming to the Midwinter Meeting for 20 years or more. Alongside their booths, attendees will find Table Clinics, the new CDS Wellness Center, a restaurant area and the tote bag pick-up counter on the exhibit floor.

Ms. Girardi said the layout aims to enhance the experience of all who navigate the marketplace.

"We do not want to overwhelm the attendees, nor to dampen the experience of the meeting for our exhibitor partners. Without the exhibitors the Midwinter Meeting would not be what it is today."

**Entertainment**

When the work is done we hope you will unwind with us at the many social events planned for the weekend.

The Opening Session Thursday, Feb. 25, will celebrate many achievements in dentistry, including Cushing Award winner State Rep. Cynthia Soto and

Gordon Christensen Recognition Lecturer Award winner Samuel Low. After they and others are honored, comedian Rita Rudner will take the stage and show why she has been called the "best comedian in Las Vegas" for the past five years. The reception begins at 4:30 p.m., followed by the program at 5:30 p.m. Tickets are required for admission.

"Rita Rudner's show is very funny and very clean. She tells disparate stories and weaves them together to a hilarious conclusion," Dr. Stablein said.

Friday brings more celebrating, beginning with Fashionistas, the annual Fashion Show and Luncheon. Held this year at the Chicago Hilton and Towers, ZZAZZ Productions will again showcase the best of spring fashion during a runway show. Join us for a reception at 11:30 a.m., followed by lunch and the show. Tickets are required for admission.

Friday evening the party moves to the Park West for an exclusive concert by Blood Sweat and Tears. After its set, Chuck Negron (formerly of Three Dog Night) will take charge of the band to

finish the night with a selection of songs you can't help but sing along with. The doors open at 8 p.m. and the performance begins at 9 p.m. Tickets are required for admission.

"Music at the Park West – what could be better?" said Dr. Stablein.

Close out the 2010 Midwinter Meeting at the annual President's Dinner-Dance, honoring Dr. Stablein and his wife, Dr. Caroline Scholtz. Dinner at the Chicago Hilton and Towers Grand Ballroom, followed by dancing to the music of the Don Cagen Orchestra, provide an appropriate dose of elegance to close out this exceptional weekend. The reception begins at 7 p.m., followed by dinner seating at 7:30 p.m. Tickets are required for admission. Black tie optional.

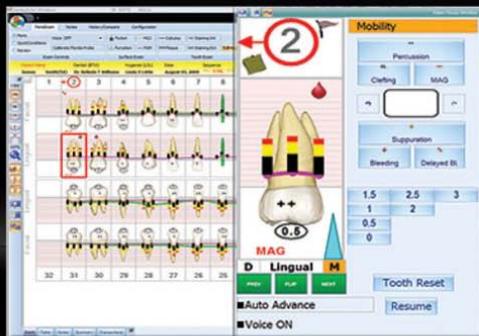
"The good music of Don Cagen, accompanying a great meal at the best venue in Chicago, followed by dancing into the night, will conclude a wonderful meeting," Dr. Stablein said. ■

Ms. Brown is the senior writer for the Chicago Dental Society.

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# Meet 2010 CDS President Michael Stablein

## **CDS Review Editor Walter Lamacki spoke with 2010 CDS President Michael Stablein to discuss his goals and expectations for his presidential year.**

**Dr. Stablein, you have expressed concern about Chicago and Cook County legislative and regulatory actions. What are the reasons for your concern and how can we influence the governing bodies?**

The ADA has a governmental affairs committee, lobbyists and staff that monitor affairs in Washington; the ISDS has a similar structure to observe and respond to dental issues in Springfield. The mission of the CDS is to represent our member dentists and the public we serve in the three-county area of Cook, Lake and DuPage counties.

There are decisions being made in the City of Chicago Department of Health and by the Cook County Board of Commissioners that impact our member dentists and the underserved of our areas. Yet CDS did not have the infrastructure to monitor, advise and influence these decisions until 2008. This nascent ad hoc committee may become a full standing committee in 2010. Its duties could include addressing the decision-making persons and processes that can impact our member dentists and the public. This committee will have to become more politically active about distribution of funds for dental services for the less fortunate. Hopefully, this committee will evolve into an advocacy committee for CDS, similar to what ADA and ISDS have.

Now is not the time for CDS to remain inactive on the sidelines, since decisions are being made for our members without any input from our members' representatives.

**You are a proponent of increasing diversity in our membership and leadership. What steps has CDS taken and what further steps need to be taken?**

The dean at the University of Illinois at Chicago College of Dentistry (UIC), Dr. Bruce Graham, is a proponent of diversity at the dental school. They monitor the diversity of all graduates and have done so for many years. CDS instituted a policy in 2007 to donate money for special occasions that can include ethnic dental organizations.

CDS also worked hand-in-hand with many three-county area dentists to form the Chicago chapter of the national Hispanic Dental Association.

I personally have broken bread with the Alpha Omegas, the Dental Arts Club members, and the Philippine American Dental Society of the Midwest membership. CDS is a proponent of the "Big Tent" approach to inclusion in our society. CDS is proud of its diversity.

I think the policies for CDS have been put in place to increase diversity. I think that all we need to do is to practice these policies, celebrate our diversity, and enjoy it.

As for female membership, UIC 1976 Dental – Dr. Mary Hayes and Dr. Dave Kumamoto's class – had six females in the class. Current national trends since then have shown about 25 percent of dentists nationally are female. Six of the last eight classes at UIC have had more female students than male.

**You are married to a dentist. How has that impacted your leadership role in CDS?**

Two heads for the price of one! No, seriously, Coco is a great confident, advisor and devil's advocate because of who she is and also her membership. She is also very capable of telling me something I do not want to hear.

Case in point is the division of areas of responsibility in the 2010 Midwinter Meeting. There are any number of decisions that she has made just because she is better equipped in these areas.

Her ownership of and participation in the 2010 MWM will make it a bigger and better meeting. Go West, CDS!

**The MWM will be in the new McCormick Place West Building. What can attendees expect?**

The attendees can find all three aspects of a dental meeting – educational opportunities, technical exhibits and collegiality – under one roof.

As of Oct. 10, CDS had sold more booth space than ever before – with the meeting still four and a half months away.

Table Clinics, registration and the technical exhibits will all be found on the third floor. CDS will debut a new member benefit, a health screening, also on the exhibit floor, available for all attendees.

Food will be located on the second and third floors.

Opening Session will be on the third floor, featuring Rita Rudner, very funny.

One thousand eight hundred parking places are connected to the West Building, and the shuttle system to and from the hotels returns. The West Building indeed represents a new opportunity for CDS to grow and put on a bigger and better meeting. ■



Photo by Andrew Campbell

## Profile

**Education:** Dr. Stablein holds several degrees: a BA from Knox College, Galesburg, IL (1971); an MS from the University of Dayton (1973); and both a DDS (1978) and a PhD in Pathology (1987) from the University of Illinois at Chicago. Dr. Stablein received a certificate in periodontics in 1983.

**Please tell us about your family:**

Dr. Stablein is married to Mary Caroline (Coco) Scholtz, a pediatric dentist, with four children: Michael (18), Gabriela (16), Andrew (13) and Amelia (11).

**Pizza: Thin Crust or Deep Dish?** Any pizza.

**On an airplane: Read or Sleep?** Read.

**James Bond: Sean Connery, Roger Moore, Pierce Brosnan or Daniel Craig?** Sean Connery.

**Would you rather be on *Survivor* or *Who Wants to be a Millionaire*?** *Who Wants to be a Millionaire*?

**All-time favorite movie line:** "I'll have what she's having." (*When Harry Met Sally*)

**Super Hero Power you'd most like to have:** Speed like The Flash.

**What three items would you put into a time capsule that will be opened in 100 years:** The Stablein-Haggerty book of genealogy, a word atlas, and *Bartlett's Familiar Quotations*.

**On a typical day off you'll find me:** hanging around home with my family.

**If I couldn't be a dentist my ideal career would be:** teaching.

**I wish someone had told me earlier in my career that:** the only dentists that have root canal failures are dentists that do root canals.

## Text from Dr. Stablein's Installation speech

Welcome to the 145th year of your Installation of the officers and directors of the Chicago Dental Society. This is a very exciting night for Coco, our kids and myself.

I'd like to first address the jubilarians.

I looked up the members who make up the jubilarians this year. You're an extraordinary group who excelled in clinical dentistry, academic dentistry, research dentistry and organized dentistry. You're our best class by far. Congratulations to the 2009 jubilarians.

Now for the retiring Branch presidents, and to the retiring Branch directors: you've done a wonderful job at the first and second levels of leadership. My fond wish for you is that someday you're up here giving this speech. Congratulations to all of you.

To my friend Dave Kumamoto: you've been a wonderful, very generous man, telling me of your presidential experiences and preparing me for the job that comes in six weeks. We've also traveled to four continents in support of CDS. You are the best ambassador CDS has ever had. You've supported CDS regionally, nationally and internationally. Yes, in six weeks you will be a past president and you will be missed – but you will never be forgotten.

Starting in January, the Board gets four new members. And while we wait for the contributions of our four new members, it is the staff and the 10 holdover Board members who must get us ready for the business of the new year.

Not many people know this, but next month Executive Director Randy Grove

will have worked for the Chicago Dental Society for 20 years. The Board in 2007 voted that staff members on their 20th anniversary could attend any dental meeting in the world as a gift of appreciation from the Board. So I'd like to say this, Randy: the 20 years that you've been with

CDS are also the years of our greatest success. And you have been very involved in all of the successes. The Society owes you a great deal of gratitude. Thank you, Randy Grove.

I am going to give you as a speech tonight a short report on the state of the Society as we enter a new decade. I'd also like to talk about Midwinter Meeting 2010, Go West, CDS; give a few thanks; and then give concluding remarks.

Let's talk about the state of the society. CDS and Midwinter Meeting are often used interchangeably, but they are different. The Midwinter Meeting is the financial engine that enables CDS – your CDS – to carry on its mission of service to our members and serving the public. To understand how CDS has been better equipped to fulfill its mission over the past 25 years, it's incumbent to review the changes to the Midwinter Meeting over the last 25 years.

We left the Conrad Hilton on Michigan Avenue in 1986. Everybody loved the Hilton. We loved the TV programs, the warmth, the crowd, the familiarity. But we've forgotten some of things that it also had. We only had 25,000 people there. We only had 400 exhibitors. And we only had a little over 700 booth spaces to sell, so we were somewhat restricted financially. We went on to the hotel years, from 1987-92, when we still only had 400 exhibitors, 700 or so booth spaces, and about 25,000 in attendance.

We went to McCormick Place North in 1993, and before we moved out of McCormick Place North, the most we had was 600 companies exhibiting with the Chicago Dental Society. We had 1,275 booth spaces by the time we moved out of McCormick Place North. Attendance was nearing 30,000, and we had money left over after paying our bills. So the Board started investing this money in a building fund and reserve fund.

We moved to McCormick Place East in 1998 and we kept the 600 exhibitors, but were able to have more booth spaces; we had so many more in 2007-09, we were capped at 1,544 booth spaces. We still had attendance over 30,000; we had attendance of 35,500 in 2008.



Photo by John McNulty

The Stablein family: (L-R) Andrew, Mike, Gabriella, Coco, Michael and Amelia.

The Chicago Dental Society began a program of philanthropy in 2001, a committee called Grants and Donations. Through Grants and Donations, CDS gave 79 grants, totaling \$4.6 million. We gave 837 student scholarships, totaling \$460,000. We gave \$1.5 million to UIC and SIU dental schools in 2005.

In 2006, the CDS Board decided to form the Chicago Dental Society Foundation, as this could portray us differently in the non-profit arena. The CDS Board funded the CDS Foundation, providing \$1.5 million in 2008 for its role with dental education and access to care.

So what has the Board done to ensure continued success? One, our investments are notoriously conservative. And yes, that's a double-edged sword. On one hand, we don't make as much money as we could when the market is good, but who would have predicted the recession of 2008 and so our investments didn't suffer the damage that other not-for-profits did.

And in 2009 at the Midwinter Meeting, we started a program of strategic planning. We interviewed exhibitors, attendees, staff and the Board. This plan will be released this spring.

Many of the things that we've done in the past we found to be good, and we've got some new opportunities given our enviable financial position. So you'll see this in the spring, your directors will explain it to you. We've done financial planning and strategic planning in the past, and we've come up with good ideas in all of these; so this is a good thing for the Board to do.

Now I'd like to talk about the Midwinter Meeting 2010. Coco and I came up with the theme, Go West, CDS, which is a play on a saying of Horace Greeley from back in the 1860s when the West, or the frontier, represented opportunity. Thus, the move to the West Building is like a move to McCormick Place in 1993 and represents opportunity for your Chicago Dental Society.

We will have a strong academic portion of the meeting. We're going to have 142 clinicians teaching 175 classes, 40 participation courses; 30 percent of the courses are taught by new speakers, and 50 percent of courses are free, as usual. We have 10,500 seats that we can

put individuals in in the West Building for each session.

We had almost 2,000 international visitors in 2008. They came from 80 countries, so the whole world is hearing about the Chicago Dental Society Midwinter Meeting. Is that good or bad? Well, you only had 600 international visitors back in 2000 and 2001. So we're growing all the time.

We have a program for women. Each session has a nationally known female speaker to speak on topics of special interest to females. We have a program in Spanish like we started in 2009. We have babysitting for the second year.

See, our Society is changing. Back in 1976 we had 120 individuals in a UIC dental school class. Four of those were female. And now, nationally, 25 percent of practitioners are female. Over 60 percent of our attendees at our meeting are female. It is time that we recognize that and appreciate them.

We are debuting a health-screening program for our members. This is a new member benefit; it's similar to one the ADA has, but the 10 tests that all attendees are eligible to take will only cost you \$139, and are worth over \$2,000. This is a brand new member benefit, and I think it really helps our membership. There are 600 appointments each day of the three days.

Now I'd like to say some thanks. I'd like to introduce Coco and my children: Andrew, 13; Gabriella, 16; Amelia, 11; and Michael, 18. We're very proud of all of you. Thank you for coming here tonight and making your mom and dad very happy.

There may be some people who come up to you at the gala dessert reception and introduce themselves to you because they've known your Christmas card picture for the last 18, 16, 13 and 11 years. My hope for you is that some day in life you will find an organization as worthy as CDS.

And then there is Coco. I wrote this 24 years ago on the dedication page of my PhD thesis, and it's easier to read this than to say it in public now: "And then there is Coco. It can be quite accurately stated that I would not be the person that I am without my companion of recent times and future times. I hope that I can do as

much for her as she does for me."

My mom, my dad and my brother, John, can't be with us tonight physically but I do think they're here. They would never miss a good party like this one. But my sister-in-law Diane Stablein and her son, my nephew, David Stablein, are here.

Coco's parents, Ralph and Cecelia Scholtz, are here tonight, and both her brothers, Joe and Ralph Scholtz, are here tonight.

My two office staff members are here tonight, Maggie Contreras and Claribel Maya.

And I'd like to say hello to George Zehak and Cheryl Watson-Lowry, my two Midwinter Meeting chairs, who have committed to us over four years to putting on a fantastic 2010 Midwinter Meeting.

Some of the many others who I am indebted to, who I've worked with, socialized with, thank you all. I would like to say something to those in attendance today. This is for you, John Kozal. This is for you, Tom Remijas. This is for you, Jimmy Sheldon, Mike Cascio. This is for you, Mark Ploskonka and Barb Mousel and Vickiann Chrobak, Mary Starsiak, Mary Hayes, Sam Ciccarella and many others.

Your Chicago Dental Society needs you.

In 1993, your Chicago Dental Society accepted a large challenge by moving from the familiarity of the downtown hotels to the large stage of McCormick Place North. I think that your Chicago Dental Society has had 17 successful meetings at East and South and North Hall. These successful meetings have allowed the Chicago Dental Society to do more for its members and more for the public we serve. These successful meetings have allowed the Society to grow the philanthropic arm that has become the CDS Foundation.

But now a newer and bigger challenge awaits your society. Your society is going to put its meeting on an even bigger stage. To stay successful, your society needs your energy. Your society needs your enthusiasm. Your society needs your focus. I know you will be there for your society. You always have been. I just wanted to thank you in advance. Thank you. I thank you for your support and presence. ■

# Board-certified

## CDS installs new officers for 2010

by Will Conkis

**M**ichael J. Stablein was installed Nov. 15 as the 145th president of the Chicago Dental Society. The ceremonies took place at the Ritz Carlton Chicago Hotel; 450 people attended the event.

In his acceptance speech, Dr. Stablein highlighted that 2010 would be a year marked by significant change for CDS with the Midwinter Meeting moving to the West Building of McCormick Place which, for the first time, puts the whole meeting under one roof.

While change can be unsettling, Dr. Stablein pointed out, the Midwinter Meeting is always changing, evolving and improving.

“In 1993 your Chicago Dental Society accepted a large challenge by moving from the familiarity of the downtown hotels to the large stage of McCormick Place North,” he said at the recent Installation of Officers. “I think that your Chicago Dental Society has had 17 successful meetings at the East and South and North halls. These successful meetings have allowed the Chicago Dental Society to do more for its members and more for the public we serve.



(L-R) Outgoing CDS President David Kumamoto hands over the ceremonial gavel to his successor, Michael Stablein

“But now a newer and bigger challenge awaits your society. Your society is going to put its meeting on an even bigger stage. To stay successful your society needs your energy. Your society needs your enthusiasm. Your society needs your focus. I know you will be there for your society. You always have been.”

[For the full text of Dr. Stablein’s speech, please see page 14.]

Preceding his remarks, Dr. Stablein and other officers and new directors for 2010 were installed.

The other officers are: Richard S. Holba, treasurer, David J. Fulton Jr., vice president; John H. Gerding, secretary; and Ian Elliott,

president-elect.

The new members of the Board of Directors for 2010 are John M. Hagopian, North Side; Louis A. Imburgia, Northwest Side; and Andrew W. Browar, West Suburban.

During the ceremonies, the jubilarians – CDS members who graduated from dental school in 1959 and have been members since graduating dental school – retiring directors and retiring branch presidents were recognized for their contributions.

The honored jubilarians include: Erwin P. Barrington, Stephen G. Bell, Gerald R. Blake, George C. Chipain, Arnold Clevs, Philip A. DeGregorio, John L. Dolce, William G. Dracos, Anthony C. Frank, David L. Gaston, Richard A. Glenner, Bernard J. Grothaus, Michael A Heuer, Lawrence S. Hochman, Walter S. Hofman, Milton J. Isaacs, Barry A. Janov, Nicholas C. Katris, George F. Kennedy, Alan C. Keyes, Jerome J. Kozie, Morton Kreitzman, Lloyd W. Lange, Irving J. Leonard, Harry J. Melnick, Thaddeus J. Ortyn, Estrella S. Palacios, Miguel J. Palacios, Louis Paulos, Paul D. Quillman, Nijole A. Remeikis, Merwin B. Rosen, Roger T. Rydstrom, Egon B.



**2009 Jubilarians:**

(Top, L-R) Morton Kreitzman, Barry Janov, Lawrence Hochman, Edward Wydra, Gerald Ullman, Egon Schein, William Slavin, Bernard Grothaus, Philip DeGregorio, Estrella Palacios, Miguel Palacios, Thaddeus Ortyrn, Harry Melnick and Irving Leonard.

**2010 Officers:**

(Left) Richard Holba (treasurer), David Fulton Jr. (vice president), John Gerding (secretary) and Ian Elliott (president-elect) take their oaths.

**Retiring Branch Presidents:**

(Bottom left) Brian Baptist (Academic Chapter), Kamal Vibhakar (West Side), Spencer Pope (South Suburban), Edward Segal (Northwest Suburban), Russell Cecala (Northwest Side), Maria Fe Corpuz-Bato (North Suburban), Daniel Berman (North Side) and Robert Michet (Englewood). Not pictured: Lena Casimir (Kenwood/Hyde Park) and James Maragos (West Suburban)



ISDS President Larry Osborne (left) served as installing officer for the officers and new branch directors.

Schein, Albert Schonberg, Lee B. Silverglade, William H. Salvin, Joseph J. Stachniak, Gerald A. Ullman, Walter A. Walzak, Edward M. Wydra, William A. Zerlin and Frank O. Zidek.

Retiring branch presidents honored at the installation were: Robert J. Michet, Englewood; Lena J. Casimir, Kenwood/Hyde Park; Daniel C. Berman, North Side; Maria Fe

Corpuz-Bato, North Suburban; Russell J. Cecala, Northwest Side; Edward H. Segal, Northwest Suburban; D. Spencer Pope, South Suburban; Kamal Vibhakar, West Side; James M. Maragos, West Suburban; and Brian Baptist, Academic Chapter.

Retiring directors that were acknowledged included: James D. Robinson, North Side; Mary A. Starsiak, North-

west Side, and William P. Kleiber, West Suburban.

David P. Kumamoto, CDS President 2009, delivered a farewell speech in which he acknowledged the contributions of members, officers, directors and staff on behalf of CDS. He also acted as master of ceremonies for the evening.

Larry W. Osborne, president of the Illinois State Dental Society, served as

installing officer and administered the oath of office to incoming CDS branch directors and officers.

**Photo credits:**

Photography by John McNulty, except for images of 2010 CDS Officers, by Andrew Campbell.

## Profiles of the CDS Officers for 2010

### Ian Elliott, DDS • PRESIDENT-ELECT

**Education:** Dr. Elliott graduated from the Loyola University School of Dentistry in 1980. He earned a certificate in periodontics from the Northwestern University Dental School in 1982.

**Please tell us about your family:** Dr. Elliott and his wife of 33 years, Jan, have two adult children: Courtney (who recently married Rob) and Nathan.



**Pizza: Thin Crust or Deep Dish?** Deep dish

**On an airplane: Read or Sleep?** Read, then fall asleep.

**James Bond: Sean Connery, Roger Moore, Pierce Brosnan or Daniel Craig?** Sean Connery is Bond.

**Would you rather be on *Survivor* or *Who Wants to be a Millionaire*?** *Survivor*

**All-time favorite movie line:** "You're gonna need a bigger boat." (*Jaws*)

**Super Hero Power you'd most like to have:** The ability to fly, coupled with super human strength, like Superman.

**What three items would you put into a time capsule that will be opened in 100 years:** *The U.S. Constitution*, in case they forgot what it says; a family photo album; and the CDS Strategic Plan

**On a typical day off you'll find me:** golfing.

**If I couldn't be a dentist my ideal career would be:** running a sailboat charter in the Caribbean.

**I wish someone had told me earlier in my career that:** dentistry will change dramatically, but will stay the same.

### John Gerding, DDS • SECRETARY

**Education:** Dr. Gerding graduated from Loyola University of Chicago in 1964 and the Loyola University School of Dentistry in 1970.

**Please tell us about your family:** Dr. Gerding has four adult children: John, Joe, Chris and Julie. He lives with his wife, Shirley, in Lisle.

**Pizza: Thin Crust or Deep Dish?** Deep dish. It all started with Uno's and Due's.

**On an airplane: Read or Sleep?** Read. What a great time to catch up on dental publications and do board reports. And I hate naps!

**James Bond: Sean Connery, Roger Moore, Pierce Brosnan or Daniel Craig?** Sean Connery. He was the beginning of the Bond era, and my favorite was *From Russia with Love*, which has less gadgetry and a more believable plot.

**Would you rather be on *Survivor* or *Who Wants to be a Millionaire*?** *Who Wants to be a Millionaire*? Who knows – maybe Regis would need an emergency bleach touch-up while on the show.

**All-time favorite movie line:** "Here's looking at you, Kid." (*Casablanca*)

**Super Hero Power you'd most like to have:** X-ray vision (how apropos.)



**What three items would you put into a time capsule that will be opened in 100**

**years:** iPhone, Facebook/Twitter, and a 2010 World Almanac

**On a typical day off you'll find me:** probably at the office at some point or another, unfortunately.

**If I couldn't be a dentist my ideal career would be:** U.S. Ambassador to Ireland.

**I wish someone had told me earlier in my career that:** it really is okay to charge the

going rate and not feel obligated to give a discount to every other person who sits in the chair.

## David Fulton Jr., DDS • VICE PRESIDENT

**Education:** Dr. Fulton earned a BA at Miami University of Ohio in 1983 and a DDS at The Ohio State University in 1987.

**Please tell us about your family:** Dr. Fulton says he has been "married for 24 glorious years to my wife, Kimberly," with three sons: David, 19 and a freshman at Arizona State University; Spencer, 17 and a junior at Warren High School; and Lucas, 14, an 8th grader.

**Pizza: Thin Crust or Deep Dish?** Thin, but really it's all in the sauce.

**On an airplane: Read or Sleep?** Read. It's one of the few quiet times I actually can get through a book.

**James Bond: Sean Connery, Roger Moore, Pierce Brosnan or Daniel Craig?** Being an "official" Bond fan and having all the films on high def, this is a tough choice. Each Bond has contributed in part to the whole essence of Ian Fleming's charac-



ter; however, Sean Connery still has to possess the bulk share of the true Bond attributes. You also forgot one Bond. . . George Lazenby in *On Her Majesty's Secret Service*.

**Would you rather be on**

**Survivor or Who Wants to be a Millionaire?** Absolutely *Survivor*. I actually applied for *Survivor* seasons 2 and 3, and received one call back!

**All-time favorite movie line:** "Life is like a box of chocolates. You never know what you're gonna get." (*Forrest Gump*)

**Super Hero Power you'd most like to have:** The ability to fly

**What three items would you put into a time capsule that will be opened in 100 years:** A bottle of 1961 first growth Bordeaux; a photo album of all the extinct and endangered species of the world as of 2010, reminding future generations of what was and may have been if we weren't such careless stewards of this beautiful planet; and a personal, hand written letter to my great, great, great grand children, telling them of my life and the world in 2010.

**On a typical day off you'll find me:** Working in the yard (patio, lawn chair, sunglasses, chilled sauvignon blanc) or buzzing down a country road on my Harley.

**If I couldn't be a dentist my ideal career would be:** Wine maker/grower in Napa Valley

**I wish someone had told me earlier in my career that:** participating in organized dentistry would open up another unbelievable world of opportunities and friendships outside the four walls of my office. . . wait a minute, someone did. . . my dad!

## Richard Holba, DDS • TREASURER

**Education:** Dr. Holba graduated from the University of Illinois at Chicago College of Dentistry in 1973.

**Please tell us about your family:** Dr. Holba is married to Kathy. He has four adult children: Paul, Janice, John and James.

**Pizza: Thin Crust or Deep Dish?** Thin crust

**On an airplane: Read or Sleep?** Read

**James Bond: Sean Connery, Roger Moore, Pierce Brosnan or Daniel Craig?** Sean Connery

**Would you rather be on Survivor or Who Wants to be a Millionaire?** *Who Wants to be a Millionaire?*

**All-time favorite movie line:** "Freedom!" (*Braveheart*)

**Super Hero Power you'd most like to have:** The ability to read minds or to be invisible

**What three items would you put into a time capsule that will be opened in 100 years:** A daily newspaper, a radio and a land line telephone.

**On a typical day off you'll find me:** reading the paper, taking the dog for a walk or working in the yard.

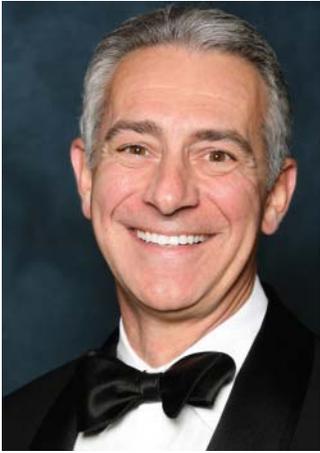


**If I couldn't be a dentist my ideal career would be:** a high school history teacher.

**I wish someone had told me earlier in my career that:** there will be times when a case or restoration will fail, no matter how you planned or treated, and it will not be your fault. Some patients do not comply with their treatment.

## New Branch Directors

### John Hagopian, DDS • NORTH SIDE BRANCH



**Education:** Dr. Hagopian earned a BS from St. Ambrose University in 1977 and a DDS from the Loyola University School of Dentistry in 1982.

**Please tell us about your family:** Dr. Hagopian lives in Elk Grove Village with his daughter, Alexandra, who recently graduated from the Krannert School of Management at Purdue University, and his son, Zachary, a junior at the Henry B. Tippie College of Business at the University of Iowa.

**Pizza: Thin Crust or Deep Dish?** Deep Dish

**On an airplane: Read or Sleep?** Read for the first 15-20 minutes, then sleep.

**James Bond: Sean Connery, Roger Moore, Pierce Brosnan or Daniel Craig?** There's only one: Sean Connery.

**Would you rather be on Survivor or Who Wants to be a Millionaire? Who Wants to be a Millionaire?** I need the lifeline.

**All-time favorite movie line:** "There's a minkey in my rooom," as said by Peter Sellers in *The Return of the Pink Panther*. It makes me laugh just thinking about it.

**Super Hero Power you'd most like to have:** Flight

**What three items would you put into a time capsule that will be opened in 100 years:** a newspaper, a CD and a 35mm film camera.

**On a typical day off you'll find me:** on a ski slope, on a golf course, or riding my bike.

**If I couldn't be a dentist my ideal career would be:** This is a tough one because the only career I ever wanted from the time I was quite young was to be a dentist, so I have never really thought about another career. That being said, I enjoy travel and learning about other cultures so it would be something that would allow me to work in and possibly live in other countries.

**I wish someone had told me earlier in my career that:** I would make such great friendships with colleagues I would meet in organized dentistry. I would have gotten involved even sooner.

### Lou Imburgia, DDS • NORTHWEST SIDE BRANCH



**Education:** Dr. Imburgia graduated from the Loyola University School of Dentistry in 1984.

**Please tell us about your family:** Dr. Imburgia is married to Rosemary and has three children – Michelle (21), Anthony (18) and Sean (15).

**Pizza: Thin Crust or Deep Dish?** Both – just look at my stomach.

**On an airplane: Read or Sleep?** Read

**James Bond: Sean Connery, Roger Moore, Pierce Brosnan or Daniel Craig?** Sean Connery.

**Would you rather be on Survivor or Who Wants to be a Millionaire? Who Wants to be a Millionaire?**

**All-time favorite movie line:** I have several, including, "Leave the gun, take the cannolis" (*The Godfather*). Also, I'm partial to "We play both kinds (of music), Country and Western" (*The Blues Brothers*).

**Super Hero Power you'd most like to have:** To be able to fly like Superman.

**What three items would you put into a time capsule that will be opened in 100 years:** a cell phone, a Sunday *Tribune* and an iPod.

**On a typical day off you'll find me:** running errands.

**If I couldn't be a dentist my ideal career would be:** An ideal career? All right. . . owner of the Chicago Cubs.

**I wish someone had told me earlier in my career that:** I'd have to answer questions like these!

**Andrew W. Browar, DDS • WEST SUBURBAN BRANCH**



**Education:** Dr. Browar earned a DDS from the University of Illinois at Chicago College of Dentistry in 1979. He earned a specialty certificate in periodontics from the same institution in 1981.

**Please tell us about your family:** Dr. Browar is married to Taisa Szeremeta-Browar, DDS, and they share a periodontic-endodontic practice in Hinsdale. Their daughter, Irena, is 15 and a high school sophomore.

**Pizza: Thin Crust or Deep Dish?** yes

**On an airplane: Read or Sleep?** yes

**James Bond: Sean Connery, Roger Moore, Pierce Brosnan or Daniel Craig?** actually the sidekick, Mila Jovovich.

**Would you rather be on Survivor or Who Wants to be a Millionaire?** I don't watch much TV.

**All-time favorite movie line:** "Frankly my dear, I don't give a damn" (*Gone with the Wind*).

**Super Hero Power you'd most like to have:** Know when to hold 'em, know when to fold 'em.

**What three items would you put into a time capsule that will be opened in 100 years:** a book, an iPod and a toasted cheese sandwich.

**On a typical day off you'll find me:** trying to organize my clutter.

**If I couldn't be a dentist my ideal career would be:** wood working/furniture maker.

**I wish someone had told me earlier in my career that:** people always want something for free. ■



**Retiring Branch Directors:** James Robinson (North Side) and wife, Carol; Mary Starsiak (Northwest Side); William Kleiber (West Suburban) and wife, Diane.



## In Other Words by Mary M. Byers, CAE

Read Mary Byers' online column, The Front Desk, at [www.cds.org](http://www.cds.org).

# How to master information overload

**D**id you know that one Sunday edition of the *New York Times* contains more information than the typical adult in 1892 was exposed to during his or her entire life?

I felt overwhelmed when I first read that fact. "How can I ever keep up?" I wondered. It didn't take me long to figure out that due to the information explosion, it's simply not possible to know or read everything. Instead, lifelong learners simply need to be resourceful – and well organized when it comes to being able to catalog, file and retrieve information. The following steps will make it easier for you to master information overload.

**Narrow your choices.** The first step to conquering information overload is to accept that you can't possibly know everything. Once you admit this, it's much easier to let unnecessary information pass through your life. Identify what you're interested in learning more about and let someone else read and digest the rest. Remove your name from the mail and e-mail lists of publications that don't interest you. Fewer pieces of information coming into your office means less to manage.

**Be willing to let yesterday's information remain less organized while committing to handling incoming information more proactively from today forward.**

**Assign information experts in your office.** Who's the software guru in your office? The financial whiz? Identify each staff member's strengths, areas of interest and job responsibilities and route information accordingly.

Ask staff members to scan information, dispose of what's not useful and create a personal filing system for the information they'd like to retain. By asking staff to do this, you lessen the amount of data you're responsible for yet still have a system in place for capturing the information that is – or may be – beneficial to your practice.

**Use a filing system that works for you.** If you are a tactile or visual learner who takes a lot of notes, you may prefer paper files and "filing by piles" rather than putting things in a filing cabinet where they are "out of sight, out of mind." You might also benefit from using color-coded files (i.e. red folders for projects, orange for personnel, green for financial papers, etc.).

Other organizational styles employ more structure, such as filing alphabetically and/or chronologically, and having only one folder out at a time. Embrace your individual preferences

rather than trying to adapt to a style that doesn't work for you. Many people spend their lives trying to be something they are not. Instead, capitalize on your preferred method of capturing information and make it work for you.

**Sort daily.** Ten minutes of sorting and filing each day results in a clutter-free workspace and an office that practically straightens itself. File as you go, trash the items you don't need, and share information generously. Then do the same thing tomorrow. This habit prevents you from getting behind, which leads to feeling overwhelmed.

**Take advantage of technology.** There is an amazing array of productivity tools to help you catalog, store and manage data. Handwriting recognition pens allow you to take notes by hand and then upload them directly to your computer where they are turned into typed text. Document management software allows you to scan articles and documents for electronic archival and instantaneous retrieval. Thanks to these innovations, you no longer have to manually search for information muttering, "I know it's around here somewhere."

**Start today.** It can be overwhelming to organize your existing files. Instead of feeling intimidated by the prospect, do what organizing professionals often suggest: start from this day forward. Be willing to let yesterday's information remain less organized while committing to handling incoming information more proactively from today forward. Doing so makes it easier to master information overload without first having to create order in your existing filing and retrieval system. Instead of looking back, look forward. And the next time you read the Sunday *New York Times*, remember that you already know a whole lot more than you think! ■

The views expressed in this column are those of the writer and not necessarily the opinions of the Chicago Dental Society.

**Do you have a question you would like the CDS Review columnists to address?** Send it to [review@cds.org](mailto:review@cds.org).



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## It's the Law by Petra von Heimburg, DDS, JD

Contact Dr. von Heimburg at 847.382.2832 or [ceprof@aol.com](mailto:ceprof@aol.com), or visit [www.petravonheimburgddsjd.com](http://www.petravonheimburgddsjd.com).

# License problems that don't need to happen

**A**s a profession, we are governed by the Illinois Dental Practice Act, 225 ILCS 25/1 through 25/57 and the Administration of the Act, Title 68, Chapter VII, Subchapter b, Part 1220. Unfortunately, the powers of the statutes only become clear to many dentists when they are faced with allegations of violating an act levied by the Illinois Department of Financial and Professional Regulation (IDFPR), the oversight agency.

Most practitioners only have contact with the department once every three years, when the laws call for license renewal and the payment of fees. If the application is submitted in time, the license arrives without further effort and the dentist does not give this process another thought.

However, a complaint of an alleged violation is the first exposure a dentist has to the statutes which govern our profession and the agency that enforces them. As anyone who has been caught up in the maelstrom of the legal workings of IDFPR (or "the Department") can attest, it is an experience no one is anxious to repeat.

Every year, right after the cut-off date for license renewal (the latest was Sept. 30), I receive calls from frantic dentists who forgot to submit their license renewal applications in time. What is the situation for those who find themselves in license limbo? What are the consequences and what can be done to remedy the situation?

### License limbo

A dentist who practices after the deadline without having renewed his license is, technically speaking, practicing without a license. This in itself is a violation of the Dental Practice Act, but has other unintended consequences.

Since any malpractice insurance policy only covers licensed dentists, a dentist who forgets to renew his license can be denied coverage, should a malpractice allegation arise during the unlicensed time period.

The same voidability of contract applies to payment issues. For example, since PPO contracts require the provider to be licensed, the PPO has the right to cancel the provider contract with the dentist and dispute payments for services rendered.

### The continuing education hurdle

It is no wonder that a dentist who finds himself in this predicament is under pressure to remedy the situation. The first obstacle presenting itself regarding a late renewal is the requirement to prove the number of continuing education hours taken during the prior licensing period. A dentist who renews his license in time only has to attest to his CE compliance, but is not required to submit proof thereof.

IDFPR processes the renewal of licenses in Springfield.

When I receive a call from a dentist who finds himself unlicensed, I usually suggest that the dentist collect the required CE certificates, prepare himself to pay fees and fines, and travel to Springfield in person in order to get the licensing issue resolved as quickly as possible. The time invested is well spent, since it tends to pay off in the form of a speedy renewal minimizing the exposure to the previously mentioned problems. A renewal undertaken within 90 days of the license expiration date will result in the license being retroactively reinstated, and thus any malpractice or contract issues tend to be resolved.

Problems arise when the dentist who discovers his non-renewal status finds that he can not produce the required number of CE credits. If so, it behooves the dentist to acquire the necessary number of missing credits as soon as possible, keeping in mind that only 50 percent of CE hours may be obtained in correspondence format. At this point, the dentist has to accept that any course certificates obtained will be dated after the renewal cycle in question. Appearing at the IDFPR offices in Springfield in person and being able to prove that, despite the CE shortcomings, the dentist has acted with speed and concern in remedying the situation often go a long way toward overcoming the belated renewal.

### Reasons for non-renewals

Reasons for license renewal failures frequently include sheer oversight by the dentist or contact problems by the Department.

A dental license has a three-year renewal cycle; the present one started Oct. 1, and ends Sept. 30, 2012. The three-year time frame lulls many professionals into becoming complacent about obtaining the required CE credits, thus putting off attending continuing education courses. Living our busy lives, we miss requirements and deadlines.

At times dentists forget to renew their licenses on time due to a change in address during the past renewal cycle. Even though the Dental Practice Act requires a dentist to keep his address current with IDFPR, this is sometimes ignored. Since the Department has no contact information other than the one supplied by the dentist, the renewal is sent to an outdated address on file, and if forwarding has expired, no contact with the dentist is possible. This situation is frequently the basis for a missed license renewal, bringing about desperate attempts to rectify the situation.

Some forethought and care can prevent many of these unnecessary upheavals in the life of a dentist; I hope that this article will prevent some future problems. ■

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**Editor's note:** This article does not constitute legal advice but is for educational purposes only. The views expressed in this column are those of the writer and not necessarily the opinions of the Chicago Dental Society.

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P&G Oral Health

# Going Local

a look at what's happening in our community

## Rockford dentist receives NU Alumni Merit Award

CDS Associate member Tina Brenza, of Rockford, has received an Alumni Merit Award from the Northwestern University Alumni Association. Alumni Merit Awards are presented to outstanding alumni who have distinguished themselves in their particular professions or fields of endeavor.

Before opening her own practice in Rockford, Dr. Brenza helped to establish and then worked for Milestone Dental Clinic, serving developmentally disabled patients who otherwise would not be able to afford dental care. Dr. Brenza earned the American Dental Association's Access to Care Award in 2001, and the Illinois State Dental Society's (ISDS) William J. Greek Award and the National Children's Dental Health Month Award in 2003. She served as chair of ISDS's Access to Care Committee and the Winnebago County Dental Society's Public Health Committee.

Dr. Brenza received a doctorate in dental surgery from Northwestern University Dental School in 1996.

Find more information at [www.northwestern.edu/newscenter](http://www.northwestern.edu/newscenter).

## UIC unveils newly renovated pediatric dentistry clinic

The University of Illinois at Chicago College of Dentistry unveiled its newly renovated pediatric dentistry clinic, the Delta Dental of Illinois Pre-doctoral Pediatric Dentistry Clinic, at a dedication ceremony Dec. 3. The clinic is named in recognition of a \$250,000 grant from Delta Dental of Illinois.

"We're happy to help provide faculty, students and patients with a completely modern facility in which they can deliver and receive high quality dental care and oral health education," said Tom Colgan, president and CEO of Delta Dental of Illinois.

The 2,500-square-foot, 16-chair clinic features innovative equipment such as

## ACP names the UIC's Campbell Educator of the Year

Stephen Campbell, professor and head of restorative dentistry at the University of Illinois at Chicago (UIC) College of Dentistry, was named Educator of the Year by the American College of Prosthodontists.

The award recognizes outstanding contributions to prosthodontics, overall achievement in academic dentistry, and contributions to the sciences or health professions.

Dr. Campbell has long been a leader in prosthodontics. He was influential in modifying the certification program of the American Board of Prosthodontics, and most recently he played an integral role in revising the Commission on Dental Accreditation Standards as they relate to prosthodontics.

Those changes will have a significant impact on the core education students receive while training to be dentists, Dr. Campbell said, and will strengthen their preparedness to provide appropriate care.

"Over the past several years, prosthodontics has seen a great many changes, and we want to do what is best not only for our patients, but also our students," he said. One of the revisions in the standards was to ensure that all graduating students are competent in screenings for head and neck cancer.

Dr. Campbell has also been instrumental in integrating an evidence-based dental medicine curriculum in the UIC College of Dentistry. The practice applies information from clinical studies to assess the quality of evidence, risks and benefits of treatments for patients.

"Dental education is preparing a new generation of practitioners who will have the skills to integrate the tools of evidence-based dental medicine into their clinical practice, to foster a commitment to their life-long learning and use it as a life tool," he said.

Dr. Campbell has been at UIC for 17 years, and during that time he has been "an extraordinary leader not only in our college but nationally as well," said Bruce Graham, dean of the UIC College of Dentistry.

"Steve has consistently encouraged our faculty and me to embrace significant innovations to improve the learning environment of our students. This award recognizes his tremendous contributions to the field of prosthodontics, and he truly sets the standard for excellence in dental education at UIC."



Stephen Campbell

digital radiographs, new sedation areas and operatories with new dental chairs, cabinetry and piped-in nitrous oxide, advanced radiological equipment, educational tools and facilities for special needs residents.

The clinic serves 40,000 patients a year and is the largest provider of dental services to children on Medicaid in Illinois. Of the nearly 36,000 patient visits covered by Medicaid or SCHIP to the College of Dentistry every year, more than 19,000 are for children. Only 27.6 percent of Medicaid eligible children received any kind of dental services in Illinois in 2003. The college provides more than \$2 million in uncompensated dental care every year.

“An essential part of our mission is to improve of the oral health of the communities we serve,” said Mr. Colgan. “The newly renovated clinic will help establish good oral health that could last a lifetime for the children treated at the clinic and make oral health more accessible for underserved individuals.”

### Dental Arts Club installs officers and directors

The 2009-10 installation of officers and directors of the Dental Arts Club of Chicago was held Saturday, Sept. 19, at the Oak Park Country Club. James Bryniarski installed Paulina Brzozowski-Sawicki, President; Daniel Weber, President-elect; Robert Daszkiewicz, Vice president; Chester Klos, Secretary; Martin Piekos, Treasurer; and Michael Lenart, Joseph Sodini and David Wojtowicz as Directors.

Also installed was the advisory board, comprised of Vickyann Chrobak, Walter Lamacki, Lorette Luksha, Mary Starsiak and Stephen Slomski. Dr. Brzozowski-Sawicki, the 102nd president of the

Dental Arts Club, asked Dr. Bryniarski to be the installing officer because he was her clinical instructor when she was a student at UIC and had introduced her as a student to the organization.



**Dental Arts Club Officers (L-R): Chester Klos, secretary; Daniel Weber, president-elect; Paulina Brzozowski-Sawicki, president; Robert Daszkiewicz, vice president; and Martin Piekos, treasurer.**

The officers will hold their positions for the academic year, which began in September and concludes with the election of new officers in May. ■



## A blog for dentists by the Chicago Dental Society

Open Wide, the Chicago Dental Society's official blog, is a great resource for you to interact with your fellow members, get a quick chuckle or find out what's happening at CDS.

Visit our Web site, [WWW.CDS.ORG](http://WWW.CDS.ORG), and click on the Blog tab in the top navigation bar to view the latest posts.

Members who would like to contribute to the blog should e-mail CDS Director of Communications Keri Kramer at [kkramer@cds.org](mailto:kkramer@cds.org).



# Your Health

a discussion on health-related topics

## Prevent flu with a healthy dose of fruits and vegetables

by Joanna Brown

© Barbara Helgason | Dreamstime.com

**T**he list of ways to ward off cold and flu germs grows every day: wash your hands for 20 seconds, cover your mouth when you sneeze and cough, and stay home when you start to feel ill.

Remember, though, that your immune system is always working to ward off germs. Keep it strong by giving it the foods it craves – namely, those rich in antioxidants: the vitamins, minerals and other nutrients that protect and repair cells.

The good news is that adding more fruits and vegetables to your diet will provide the antioxidants needed to keep your immune system going strong. Well-planned snacks and light meals you squeeze in between patients will help to keep you healthy this season, explained physician and registered dietician Christine Gerbstadt. Dr. Gerbstadt is also a spokesperson for the Chicago-based American Dietetic Association.

“Include the edible building blocks of immune factors, which are proteins, vitamins C and E, zinc, magnesium and calcium,” she said. “The snacks that best supply these nutrients are low fat dairy like yogurt, milk and part skim cheese; dry roasted unsalted

nuts and peanut butter; whole grains; and vegetables and fruits.”

Antioxidants are found in nearly all fruits and vegetables, including:

- cauliflower
- broccoli
- mushrooms
- onions
- garlic
- berries
- apples
- pumpkins
- squash.

Foods high in zinc are mostly from animal sources:

- oysters
- red meat
- seafood, including crab and lobster
- dairy products
- fortified cereals
- seeds, like sunflower seeds, sesame seeds and sesame paste.

Vegetarians can find zinc in:

- milk
- cheese
- pumpkin seeds
- peanuts
- beans
- wholegrain cereals
- brown rice
- whole wheat bread
- potatoes
- yogurt.

Don't be intimidated if you take this list to the grocery

store. Many food manufacturers work these immunity-boosting ingredients into the products you already eat.

When Dr. Gerbstadt describes “whole grain” snacks, she includes items that have any kind of oats (steel-cut, rolled or instant), whole wheat, buckwheat, corn or barley.

If you're buying granola to mix with yogurt, or even re-examining the granola and cereal bars in your pantry, check the label for sugar and fat content. You always want to aim for zero in each category, but Dr. Gerbstadt said 5-10 grams of sugar and 5 grams of fat per serving are acceptable in healthy snacks. Just be aware of how many servings you're consuming when you rip into the bag.

And if you're worried about getting fresh vegetables and fruits into your brown bag when you rush out in the morning, Dr. Gerbstadt said you shouldn't be.

“Buy organic when you can,” she said. “but the pre-washed and pre-cut vegetables work just fine, too. The goal is to get the biggest variety of grains and fruits and vegetables that you can.

“Grab-and-go snacks for eating throughout the day include small sandwiches, like whole grain bread and low fat

cheese with cucumbers and tomato; or lean meat with lettuce and red pepper; or peanut butter and ripe banana with raisins,” she suggested. Other favorites are yogurt with granola, hummus with whole wheat pita bread, and whole grain crackers and string cheese with fruit slices. She further recommended pre-cut and pre-washed vegetables with yogurt-based dips flavored with curry or herbs, dry roasted and unsalted nut mixes, and baked tortilla chips with salsa and avocado slices.

And if you're cooking for kids, remember that texture and shape matter. Steam and puree vegetables like carrots or peas and sneak them into meatloaf, casseroles, or even macaroni and cheese. Grate or mash carrots and zucchini and use them in baked goods.

“Use them in muffins and call them cupcakes or bake something in a loaf pan and call it a cake,” Dr. Gerbstadt said.

“I have a 5-year-old kindergartener who has to pack a snack every day, and these are his favorites: string cheese, yogurt cups, baggies of dry whole grain cereal mixed with raisins, peanut butter on celery with raisins, granola, peanut butter and whole grain crackers.” ■

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# Snap Shots

profiles of the profession

## Marathon Man Barry Booth

by Rachel Azark

**I**t was only two and half years ago – shortly before his 50th birthday – that Barry Booth decided that running marathons was probably the best thing he could do for himself. Having been a casual runner for a long time, Dr. Booth, a 1984 graduate of the University of Illinois at Chicago College of Dentistry, started training for his first marathon.

Dr. Booth started his six-month training regimen in 2006. For five months he built up his endurance to run long distances, going as far as 20-22 miles three weeks before the big race. For the few weeks just before the marathon he “tapered down” by running only short distances to build up his legs.

When Dr. Booth completed his training, he ran the Chicago Marathon. He compared the marathon to being on a tour of all the highlights of the city. He started and finished in Grant Park, but ran as far north as Wrigley Field, as far west as the United Center, and as far south as U.S. Cellular Field. Dr. Booth completed his first marathon with a finishing time fast enough to pre-qualify for the Boston Marathon.

Training for the Boston Marathon threw in a different challenge that training for the Chicago one didn’t have: Boston has more hills. Dr. Booth did his hill training in Palos Hills at the old toboggan slides by running up and down the stairs to get used to the East Coast terrain he would encounter.

“In Boston, they bused us out 26 miles to the start of the race and then we ran toward the city,” said Dr. Booth “That’s what’s fun: (the marathons) are running tours of the city.”

After completing the New York City Marathon a year after running in Boston, Dr. Booth was well on his way to completing the World Marathon Majors. This three-year-old organization consists of the five oldest marathons in the world: London, Berlin, Chicago, Boston and New York City. Professional runners who complete all five marathons within two years receive points for their times. The runner with the lowest point total gets \$1 million.

Dr. Booth doesn’t plan on being a professional runner going for \$1 million, but he plans on doing all five races. Just this September he ran his fourth marathon in Berlin and has only



one more to go. In April, he will run in London.

Dr. Booth turned two of his marathons into fundraisers for cancer research. He double-matched donations collected in his office – a total of more than \$7,500 – to benefit the American Cancer Society and Memorial Sloan Kettering Hospital’s Aubrey Fund for pediatric cancer research.

Another benefit, traveling overseas for the marathons becomes a vacation when the race is over. Dr. Booth arrives a few days early to get over the jet lag before he runs, and after the race is done he makes time to sightsee.

“We stopped in Munich and rehydrated at Oktoberfest. Imagine a tent with 10,000-15,000 people standing on benches singing. Everyone is happy and no one is fighting,” Dr. Booth described.

If you’re thinking of taking up running or achieving a goal of running a marathon, Dr. Booth advised to start slowly and to build up gradually. He also suggested reading about running.

“I followed Hal Higdon’s marathon training guide. Online you can plug in the race and get a day-by-day training session.”

And after he finishes all five legs of the Marathon Majors, what is next on Dr. Booth’s plate?

“Triathalons. That is the next thing. But I have to finish this first!” ■

Ms. Azark is the editorial assistant for the Chicago Dental Society.

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# Looking Back

a historical perspective

## ‘Watson, come here!’

by Walter F. Lamacki, DDS

**D**istance learning is the new buzz term for continuing dental education. However, the origins of this modality are over 60 years old.

In 1947, Scranton, PA, dentist Saul Levy received an announcement from his alma mater, the University of Illinois at Chicago College of Dentistry, of six weekly symposiums on dental caries and its prevention moderated by Robert Kesel and featuring Hamilton Robinson, future dean of the University of Missouri School of Dentistry and author of a book on pathology. His was the standard text for dental students for a generation.

Dr. Levy wanted to attend but he couldn't afford to travel back and forth to Chicago. But he hit upon a novel way to take in the course. At 1 a.m. he called Dr. Kesel and told the sleepy man he would take the course.

*“Fine, when will you come out?”*

*“I'm not, I'm taking it over the phone with a loudspeaker on my end.”*

*“There are too many slides and black-board illustrations.”*

Dr. Levy countered that he would get a group of dentists together to take care of that.

Still skeptical, Dr. Kesel passed the matter off to Dean Allan Brodie, who immediately recognized the possibilities. A call was made to Ma Bell; 15 minutes later three phone company experts appeared at the school to work out the technicalities.

Dean Brodie waived the \$25 course fee and the Scranton group of 20 dentists agreed to pay transmission costs of approximately \$25 per person.

The Scranton dentists huddled around a loudspeaker on opening night at the Chamber of Commerce building,

possibly the adumbration of business conferences.

The following year, 35 Scranton dentists and a group in Iberia, LA, joined the nascent network; later in the year six Illinois cities tuned in.

Dr. Levy was invited to Chicago to help in expanding the program nationally. The school developed a manual in 1949 for listeners, taking the place of slides and illustrations.

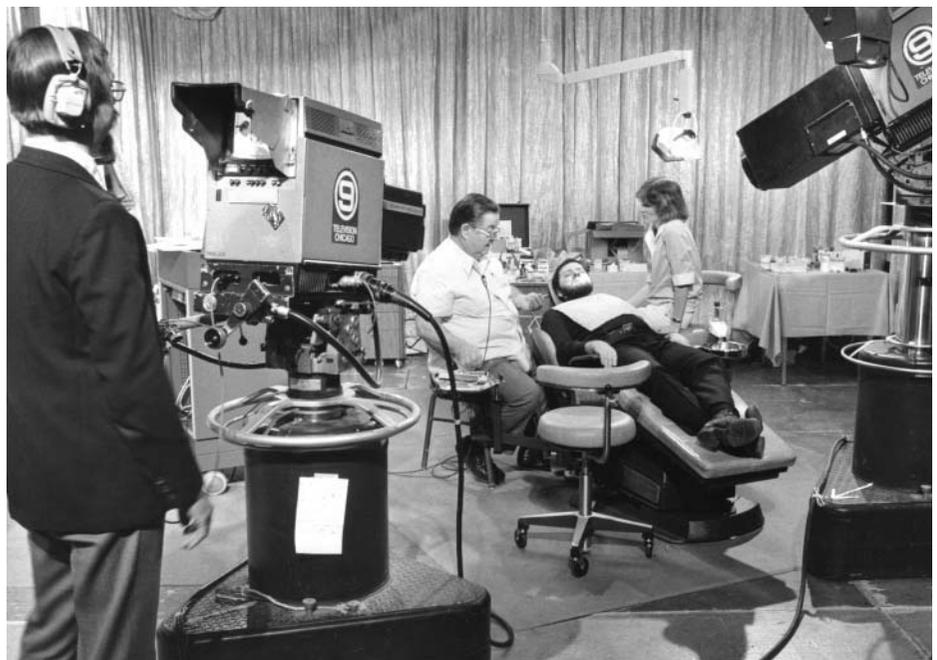
Six thousand dentists in 163 cities across the United States and Canada participated that year, with 33 nationally recognized clinicians lecturing to ever-growing audiences. The W.K. Kel-

logg Foundation made substantial contributions to expand the program.

By 1950, television supplanted radio in distance learning; soon the MWM would raise the bar of education by offering live, closed-circuit, interactive television programs, using live patients on site and taping the presentations for purchase.

MWM television died a merciful death as PowerPoint became the choice of clinicians.

Today, CDS offers distance learning online at [www.cds.org](http://www.cds.org), where we have four programs to choose from, with more to come. ■



In 1979, closed-circuit television was the state-of-the-art in distance learning for the Midwinter Meeting. Today, CDS offers a number of online CE opportunities.



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# Dental Dateline

Dental Dateline is provided by your Chicago Dental Society member dentists.

## Dental tourism

If you will be traveling outside the United States this year, consider how your travel plans will affect your oral health. Whether you seek out dental treatment abroad in an attempt to save money (“dental tourism”) or an unforeseen emergency on the road forces you to call a dentist, remember to ask questions before you open wide.

### Who will administer care?

Dentists in the U.S. have undergraduate degrees from accredited colleges and universities and dental degrees from dental schools accredited by the American Dental Association Commission on Dental Accreditation (CODA) – a total of eight years of college education. Some U.S.-trained dentists choose to continue their education in specific areas of dentistry, for which they are awarded certificates from academic institutions. All U.S. dentists must also pass national exams and meet their state’s requirements before they receive a license to practice dentistry on patients like you.

Comparable levels of training exist in other countries. Do some research before you make an appointment.

### What about their tools and medicines?

The tools, procedures and medications used in U.S. dental offices are highly regulated by recognized agencies like the U.S. Centers for Disease Control and Prevention (which issues guidelines for infection control in dental offices) and the U.S. Food and Drug Administration (which monitors the drugs, tools and other materials dentists use to care for your teeth and gums). Their oversight intends to prevent the spread of infections and blood-borne illnesses.

Make sure any dentist you see outside of the U.S. employs similar procedures to keep you safe and healthy.



### What happens after treatment?

If the dental procedure you’re seeking is surgical in nature (dental implants, extractions, root canal or gum surgery, among others), remember that follow-up care will be necessary, as healing can take several months. Your body will need time to recover, which should be a consideration as you set the schedule for further activities and return travel.

Keep in mind, too, that changes in cabin pressure during air travel will cause discomfort in some patients recovering from oral surgery.

Talk to your U.S. dentist about your anticipated need for follow-up care upon your return. Confirm with your insurance company if this care will be covered by your policy. ■

### More information about dental tourism and safe healthcare abroad

- From the American Dental Association: <http://ada.org/public/manage/care/index.asp>
- From the International Association for Medical Assistance to Travelers: <http://www.iamat.org>
- The Organization for Safety and Asepsis Procedures: <http://www.osap.org/displaycommon.cfm?an=1&subarticlenbr=55>
- The American Dental Society of Europe: <http://www.adse.co.uk>

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# Meeting Place

dental meetings and CE opportunities

## Upcoming events

### MARCH

#### 2: Kenwood/Hyde Park Branch

Consultants from Cirrus: Lease Negotiations. Rumba, 351 W. Hubbard St., Chicago. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Kimberley Bolden, 312.372.7874 or [kmhbolden@aol.com](mailto:kmhbolden@aol.com).

#### 2: Northwest Side Branch

Joseph Caruso, DDS: Cosmetic Dentistry Update. Colletti's Restaurant, 5707 N. Central Ave., Chicago. Cocktails: 6:30 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Patrick Fitzgerald, 847.823.4161 or [drfitz11@hotmail.com](mailto:drfitz11@hotmail.com).

#### 9: Englewood Branch

Speaker from ISDS TBA: PANDA (Prevent Abuse and Neglect Through Dental Awareness). Nikos Restaurant, 7600 S. Harlem Ave., Bridgeview. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 7 p.m. For information, contact Brian Karshen, 708.361.1770 or [karshen@msn.com](mailto:karshen@msn.com).

#### 9: North Suburban Branch

Mark Steinberg, DDS, MD: Diagnosis and Management of Trigeminal Nerve Injuries. Green Acres Country Club, 916 Dundee Rd., Northbrook. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Ted Constantine, [drconstantine@comcast.net](mailto:drconstantine@comcast.net) or 847.272.6466.

#### 9: Northwest Suburban Branch

Patrick Gannon, DDS: Full Arch Restoration on Four Implants – Provisional and Definitive Prosthetic Procedures. The Wellington, 2121 S. Arlington Heights Rd., Arlington Heights. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Will Perkinson, [a4oms@sbcglobal.net](mailto:a4oms@sbcglobal.net) or 847.255.7080.

#### 9: South Suburban Branch

Mark Lingen, DDS, PhD: Recent Advances in the Detection and Prevention of Oral Cancer. Bala-gio Ristorante, 17501 Dixie Hwy., Homewood. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Monil Shah, [monilshah76@yahoo.com](mailto:monilshah76@yahoo.com) or 708.849.8627.

**Tell us about your meeting** Fax: 312.836.7337 • e-mail: [review@cds.org](mailto:review@cds.org)  
Include the subject, date, time, location and speaker's name and degree, as well as the name and phone or e-mail of your contact person.

## April 21 Regional Meeting



#### Gail Molinari, DDS, MS: Pediatric Dentistry Potpourri

9 a.m.-2:30 p.m. at Drury Lane, 100 Drury Lane, Oakbrook Terrace.

#### CDS designates Regional Meetings for 5 continuing education credits.

Regional Meetings are free to all CDS members and their auxiliaries, as well as dental hygienist members of the Illinois State Dental Society. A \$250 fee is charged to dentists and their staffs who are not ADA members, which may be applied to membership for the current year. Advance registration is not required, but CDS encourages you to pre-register online at [www.cds.org](http://www.cds.org).

### ADA CERP® | Continuing Education Recognition Program

CDS is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

## Study clubs

#### Central Lake County Dental Study Club

Meets third Tuesday of every month at noon, January-November, Grandma V's Pancakes, 10 E. Maple Ave., Mundelein. Contact Paul Showers, 847.816.3636.

#### Chicago Aesthetic Masters, a Hornbrook Group Study Club

Meets monthly, 6:30-8:30 p.m. at the office of Sheldon Seidman, 410 N. Michigan Ave., Suite 1014, Chicago. Call 312.644.4321 or e-mail [smilechicago2@aol.com](mailto:smilechicago2@aol.com) for information.

#### Chicago Dental Study Club

Visit [www.chicagodentalstudyclub.com](http://www.chicagodentalstudyclub.com) for information, or call Forrest Tower, 708.423.0610. Newcomers are free. Please RSVP.

#### Greater Evanston Dentists Association

Meets first Monday of every month, noon-1 p.m., Gio Restaurant, 1631 Chicago Ave., Evanston. Contact Roger Nouneh, 847.475.7754.

#### Uptown Dental Forum

Meets weekly, 12:30-2 p.m., at Via Veneto Restaurant, 6340 N. Lincoln Ave., Chicago. AGD sponsorship approved. Contact Marshall Dolnick, 773.588.3880.

#### Waukegan Dental Study Group

Semi-monthly meeting, noon-2 p.m., Waukegan Ramada, 200 Green Bay Rd., Waukegan. Contact Rob Bard, 847.244.0155, or Rod Morrow, 847.689.1213.

#### 9: West Side Branch

Chris Pusateri, DDS: Dental Materials Update. Philander's at The Carleton of Oak Park, 1120 Pleasant St., Oak Park. Cocktails: 6:15 p.m.; Dinner: 7 p.m.; Program: 7 p.m. For information, contact Donald Bennett, 312.642.5253 or [dben692756@aol.com](mailto:dben692756@aol.com).

#### 9: West Suburban Branch

Clinic Night. Naperville Country Club, 25W570 Chicago Ave., Naperville. Cocktails: 6:30 p.m.; Dinner: 7 p.m.; Program: 8 p.m.

For information, contact Douglas Chang, [doug@changdentalcenter.com](mailto:doug@changdentalcenter.com) or 630.963.4306.

#### 23: North Side Branch

Mark Rosen, DDS, and Jill Doan, DDS, MS: Implant Prosthetic Treatment Planning for the Posterior Maxilla. Wildfire, 159 W. Erie St., Chicago. Cocktails: 6 p.m.; Dinner: 7 p.m.; Program: 8 p.m. For information, contact Cissy Furusho, [bbyteeth@cs.com](mailto:bbyteeth@cs.com) or 773.545.0007.



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## DENTALEXPO®

# Branch News

news from the home front

## Englewood

Thomas Remijas, DDS

The Englewood Branch held its member recognition night Nov. 10. Receiving honors that evening were: 20-year member **Robert Bara**; 30-year members **Vincent Biank**, **Eugene Decker**, **David Durkin**, **John Hart** and **Todd Molis**; and 50-year members **Philip DeGregorio**, **Anthony Gambla** and **Edward Wydra**. Congrats to all and thanks for supporting our organization for your prospective years.

**Two weddings!** Glenn Bailey reports that both his daughter, Shannon, and his son, **Brian Bailey**, married this summer and he sees a small window of opportunity to now work for himself for a change. . . until grandchildren arrive in the future.

**Ammar Adam** of Endo-Perio Associates welcomed his first child: a daughter, Amina Valentina Adam, born Sept. 6.

**Reshma Dhake** hired a new associate, **Daisy Varughese**. Welcome.

**Warren Fatland** brought his associate, Amber Wishnevski, to the November meeting. Amber is a 2008 graduate of the Indiana University School of Dentistry and has been an associate of the practice, now called Performance Dentistry, for a little over a year.



**ENGLEWOOD:** While in Hawaii attending the ADA Annual Session, John Moore spent a day off the Big Island fishing on a 46-foot Hatteras out of Kona.

Tammy and **Bill Hajiharis** welcomed a daughter, Elianna, into their family in August.

**Alan Christopher** is taking an emergency medical technician course as part of his continued commitment to the Illinois Medical Emergency Response Team (IMSRT).

**Brian Baptist** and **Benjamin Baptist**, 2009 graduates of the University of Illinois at Chicago College of Dentistry, have joined their father, **David Baptist**, to form Baptist Family Dental. **Joseph Baptist**, also a 2009 UIC graduate, is

doing an Oral Surgery Residency at Loyola University Medical Center.

## Kenwood/Hyde Park

Sherece Thompson, DDS

Birthday celebration! **Melanie Watson Montgomery's** son Joel celebrated his third birthday Nov. 8 at Little Gym in Evergreen Park with family and friends. The children were able to showcase their motor skills with songs and dance. Everyone gathered in the party room to wish Joel a Happy Birthday with refreshments.

## Branch Correspondents

### ENGLEWOOD

Thomas Remijas

9761 Southwest Hwy., Oak Lawn 60453; 708.422.8222, [tpzl@hotmail.com](mailto:tpzl@hotmail.com)

### KENWOOD/HYDE PARK

Sherece Thompson

9127 S. Western Ave., Chicago 60620; 773.238.9777, [sthompsondds@sbcglobal.net](mailto:sthompsondds@sbcglobal.net)

### NORTH SIDE

Alice Boghosian

9101 N. Greenwood Ave., Suite 302, Niles 60714; 847.296.4030, [agbdds@hotmail.com](mailto:agbdds@hotmail.com)

### NORTH SUBURBAN

Kyint Chwa

9229 Natchez Ave., Morton Grove 60053; 847.272.0600, [kyinthchwa@ameritech.net](mailto:kyinthchwa@ameritech.net)

### NORTHWEST SIDE

Chester Klos

5841 W. Belmont Ave., Chicago 60634; 773.622.3454, [ck50dk@aol.com](mailto:ck50dk@aol.com)

### NORTHWEST SUBURBAN

Angie Willox

201 N. Arlington Heights Rd. Arlington Heights 60004, 847.670.9020 [angiewillox@hotmail.com](mailto:angiewillox@hotmail.com)

### SOUTH SUBURBAN

Keyur Shah

4440 Lincoln Hwy., Suite 300, Matteson 60443; 708.481.6086, [k\\_shah66@hotmail.com](mailto:k_shah66@hotmail.com)

### WEST SIDE

Charles Thometz

7351 W. North Ave., River Forest 60305; 708.366.2300, [lkegeneva1@gmail.com](mailto:lkegeneva1@gmail.com)

### WEST SUBURBAN

Kenneth Korpan

6827 Church Ct., Woodridge 60517; 630.879.2011, [kidak@aol.com](mailto:kidak@aol.com)

Branch News

State Rep. David Miller (D-Dolton) and his spouse, Donna, were invited to the White House as guests of President



Rep. David Miller

Barack Obama and the First Lady, Michelle, for a Holiday Luncheon in December. David announced at the branch meeting in December that he was leaving his seat as state representative after five years. He is instead running for Illinois comptroller.



Cheryl Watson-Lowry

Best wishes to Cheryl Watson-Lowry, who is the 2010 Pro-

gram Chair for the Midwinter Meeting in February. We encourage all our branch members to come out to support her and the committee that has worked so hard to bring some new and exciting speakers.

North Side

Alice Boghosian, DDS

William Simon and the entire staff at City Smiles and Sonrisa Urbana are proud to announce the addition of their new associate, Gina Rotkvich.

Carol and Jamie Robinson will be cruising in New Zealand as well as watching their daughter, Rebecca, perform in the shows on the Princess Dawn. Also, thank you Jamie for a great three years as our branch director. Welcome to our new director, John Hagopian.

Jill Kramer, daughter of Janet Kuhn and Jeff Kramer, graduated from the University of Illinois at Champaign with a Bachelor of Fine Arts degree in graphic

President Profile



Carlo Pagni, DDS | ENGLEWOOD

Dr. Pagni earned his dental degree in 1988 from Queen's University in Belfast, Ireland. He became a Fellow of the Royal College of Surgeons of England in 1993 and graduated from Queen's University Medical School in 1997. Dr. Pagni earned his specialty degree in oral and maxillofacial surgery from Loyola University School of Dentistry in 2000.



The Pagni children: Madeleine, Sophia, Conor, Catriona and Francesca.

Family: He lives in Niles with his wife, Ellis, and children Catriona (15), Madeleine (13), Conor (11), Sophia (6) and Francesca (5).

Hobbies: Dr. Pagni enjoys running, soccer and skiing.

What is the role of branch president?

"I feel that the branch president's roles include acting to ensure that branch business is managed effectively and guiding the board and branch members in a way that encourages membership and participation in organized dentistry. I believe that through being united and organized as a professional body, we can ensure and protect the continued role of dentistry in providing high quality patient care."



**NORTH SIDE:** Harry Melnick was recognized as a 50-year member at the Installation of Officers in November. He is pictured with his wife, Hope.

design. She is ready to fill your graphic design needs with a creative masterpiece! Their daughter, Jessica, works as a mechanical engineer for Lexmark in Lexington, KY.

**Harvey Mahler** recently gave a lecture to a group of audiologists on "Recognizing TMJ vs. Otagia." It was his first PowerPoint lecture. He credits his success to the help of **Howard Spector** and **Larry Zager**, fellow North Siders!

**John Hagopian** attended a small group seminar presented by Frank Spear in Seattle. The intensive three-day course included an in-office, hands-on course on the topic of occlusion.

**Dave Behm** played drums in a small ensemble for his local Kiwanis Club, of which he is not only a member but a past president, as well. In Dave's words, "It was a blast!"

**Maharukh Kravich** is the chair of the annual meeting of the Academy of General Dentistry. She still has enough free time to watch her daughter, Melissa, play hockey for Lake Forest College. At

a recent game against Minnesota's Augsburg College, Melissa got her first hat trick! For those of you who know hockey, this is huge!

B.J. and **Alvin Atlas** visited their children, Brian, Rachel and Brooke, at the University of Illinois at Champaign for Dad's weekend. Because Brooke is in the Marching Illini, Alvin became a "marching dad" and marched in the halftime show. Alvin was spotted on the 30 yard line by other "dads" **Barry Howell** (treasurer of the Illinois State Dental Society) and **Joe Unger** (ISDS past president).

**Mary Tierney** and **Melissa Vargas** are pleased to announce the first anniversary of the City Kids Dental North Shore, LLC and their partnership. City Kids Dental North Shore is a pediatric office serving Winnetka and the North Shore community.

*"If you're not providing implant treatment, you're not providing the standard of care."*  
Gordon Christensen

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### Branch News

**Jun Lim** participated in a volunteer free medical clinic in November at Our Savior's Lutheran Church in Naperville. In addition to medical and dental screenings, vision care, chiropractic help, job assistance, family portraits, winter clothing, hair cuts and a food pantry were among the many services at the clinic.

Congratulations to the jubilarians who were honored at the Installation of Officers Nov. 15. Those members from the North Side Branch include **Erwin Barrington, Richard Glenner, Morton Kreitzman, Irving Leonard, Harry Melnick, Albert Schonberg and William Zerlin.**



### North Suburban

Kyint Chwa, DDS

The holiday season has come and gone. We are hoping that all our members and their families had a most healthy and happy holiday time and that they enjoy a prosperous new year ahead!

Our November branch meeting was a Veterans Day celebration. Our very own retired Col. **Bill Nickel** gave a nice invocation. All the attendees participated in a fun-filled workout session with the speaker **Brian Wismer** who talked about "Better Body, Better Mind, Better Business."

Congratulations are in order for **Paul Egger** who is engaged to **Jaclyn Jares**. They will wed this summer.

Congratulations to **Thomas Resnick**, who was named one of the top 10 specialists in a recent issue of *Chicago Magazine*, based on its survey of general dentists in the Chicago area. **Philip Cook, Richard Duda, Jane Graber, Richard Tye and George Warga** from our branch were also named among 40 top-rated dentists in the same survey.

North Suburban Branch members who have news or photos to share should contact me at [cdsnorthsuburban-news@hotmail.com](mailto:cdsnorthsuburban-news@hotmail.com) or 847.272.0600.



**NORTHWEST SIDE:** (Top left) **Richard Grubek** and his wife, **Julie**, had a new addition to the family. Their son, **Zachary**, was born Aug. 4.

(Top right) **Jeff Wittmus** married **Laura Rust** at Holy Mother of God Armenian Church in Armenia.

(Left) **Mike Biasiello** visited Sorrento, Italy, with his cousins

### Northwest Side

Chester Klos, DDS

The November branch meeting was an enjoyable and well attended meeting featuring **Martin Rogers** and the Green Coats. Dr. Rogers spoke on endodontic issues after a great warm up by **George Zehak**, lead vocalist for the Green Coats, who emphasized the positive changes at the Midwinter Meeting as a result of the move to the new McCormick Place West Building. **Mary Starsiak** received a warm round of applause for all the hard work and time spent as branch director for the past three years. **Lou Imburgia** will assume the responsibilities as our new director. Good luck, Lou!

**Mike Biasiello** went to Italy with his cousins in September. They spent 12 days visiting Sorrento, the Amalfi coast and Tuscany, before enjoying the last four days in their family's hometowns of Rocchetta a Volturno and Venafrò. They had a wonderful time being with family and meeting many friendly Italians along the way. Mike says he is already planning his trip back next year. The food and wine are second to none on the planet!

**Brad Kolar**, son of **Larry Kolar**, was one of four students from Emerson Middle School who made the I.M.E.A. (Illinois Music Educators' Association) District Jr. High Jazz Bands. All four had to audition to make the band, meaning

that they practiced for the audition in addition to their regular school band and private music lessons.

Once they were accepted, they were mailed their respective parts to practice. On Nov. 14, there was ONE rehearsal from 8:30-11 a.m. After lunch, they performed in a concert with other students that they had never met before!

The kids did a fabulous job! They really made the Emerson Music Department proud. Interestingly enough, all four are trumpet players! What a powerhouse trumpet section Emerson must have!

**Jeff Wittmus** and **Laura Rust** were married earlier this year in Armenia. Jeff has made nine consecutive trips to an orphanage providing care for more than 1,000 children who have not had any dental services. Jeff's parents and some dentists from the U.S. were present, along with the Very Reverend **Aren Jebejian** from St. Gregory Armenian church in Chicago. The ceremony took place at Holy Mother of God Armenian church, which was built more than 800 years ago. Congratulations, Jeff and Laura!

**Spencer Bloom** and his wife, **Kimberly**, went to Ft. Benning, GA, in October to see their son, **Mark**, graduate from military training. Mark is a member of the Active Army National Guard and will be deployed to Afghanistan in September. The Bloom's other son, **Victor**, is a Green Beret and will be returning to Iraq in January for his fifth tour of duty. We appreciate your sons' commitment and pray for their safe return.

A week before the ADA Annual Session in Hawaii, **Rich Witek** and his wife attended the FDI convention and were then able to celebrate their 49th wedding anniversary in Singapore and Bali. Rich says that there is no comparison between the FDI meeting and the Mid-winter Meeting, but that the location was much better.

**Richard Grubek** and his wife, **Julie**, announced a new addition to the family. Their son, **Zachary**, was born Aug. 4.



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**Branch News**

(As you can see by the picture, he was ready for his first Christmas.)

**David Kumamoto** received two awards in October; the Distinguished Service Award from the Odontographic Society and the University of Illinois Alumni Association's Distinguished Service Award.

In October, I attended the combined meeting of the Mediation and Peer Review Committees. I had the pleasure of seeing several of my fellow branch members, including **Michele Bogacki**, **Stephen Lindell** and **Tom Schneider**. The presentation was quite informative, as usual. As many of you know, I have been involved with these committees for several years. I started out with Peer Review when **Art Wolski** drafted me. I found that, for myself, Mediation was more enjoyable.

This past year I had the privilege of being chair of the Mediation Committee for CDS, and at this time I would like thank all my committee members. My Mediation Committee members on the Northwest Side have done a fabulous job of keeping current with the cases assigned, and have done an equally great job of resolving issues and keeping them out of peer review. Once a case is referred to Peer Review, the outcome may be reportable, whereas if the case is properly mediated, then the outcome is not reportable.

**Northwest Suburban**  
Angie Willox, DDS

Warm greetings to all, and I hope everyone has enjoyed the holiday season! My name is **Angela Willox** and I am the new Northwest Suburban Branch Correspondent. I practice pediatric dentistry in Arlington Heights. I look forward to getting to know all of you better as you share your stories and pictures with me. Please feel free to contact me with any branch news at my office by phone, at 847.670.9020, or by e-mail, at [angiewillox@hotmail.com](mailto:angiewillox@hotmail.com).

Special thanks to **Will Perkinson**, who has reported the Northwest Suburban Branch news faithfully over the past three years. Will continues to serve our branch as vice president of the board, delegate to ISDS and program chair. Thanks for all you do, Will!

The Northwest Suburban Branch welcomed **Mark Steinberg** of Northbrook, as the featured speaker at the Nov. 10 dinner meeting. Dr. Steinberg brought an informative and compelling presentation entitled "Trigeminal Nerve Injury and Management." All in attendance thoroughly enjoyed the meeting and discussion that followed.

**Bob Slovick**, of Schaumburg, completed two weeks of donated dental services through the Indian Health Services.



**NORTHWEST SUBURBAN: Maria Fournier proudly announces the birth of her son, John Nicholas Fournier, July 8.**

Bob was assigned to the Taos/Picuris Pueblo Indian Health Center in Taos, NM. Arranged with the assistance of Gary Podschun of the ADA, Bob provided dental care to help relieve the shortage of providers to the Native American population. Bob found the experience to be both educational and rewarding.

Orthodontist **Michael Hayward** helped fight to the flu epidemic by hosting his second annual flu shot clinic at his office in Palatine Nov. 5. The event was very successful with approximately 65 dentists and staff members attending

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**NORTHWEST SUBURBAN:** Bob Slovick spent two weeks at the Toas/Picuris Pueblo Indian Health Center in Taos, NM, where he provided much needed dental care.

## South Suburban

Keyur Shah, DDS

Happy New Year! I hope all of you had a great holiday season and New Year celebration. With 2009 behind us, we can reflect on the triumphs and challenges that we faced this past year. The issue that has dominated everyone's thoughts and conversations was the state of the economy. As 2010 begins, it brings hope of better times ahead for our neighbors and businesses.

Some of the highlights of 2009 for the branch included a fishing trip in June, a visit from Dan Hampton of the 1985 NFL champion Chicago Bears, and other wonderful and informative speakers. The past year has shown the strength of the South Suburban Branch membership.

In more recent news, **Roshan Parikh** recently celebrated his first anniversary as owner of Olympia Fields Dental Associates aboard the Odyssey cruise ship on a picture perfect night with his staff of 11 and their families. Roshan was accompanied by his wonderful fiancée, fellow dentist **Neeta Bhushan**, who also recently joined his office. They plan on getting married over Labor Day.

**Generand Algenio's** youngest daughter turned 1 and they celebrated her birthday in their new home in Monee.

and receiving free flu shots. Thanks Michael, what a great service to our dental community!

Congratulations to **Maria Fournier** on the birth of her son, John Nicholas Fournier, July 8. He weighed 6 pounds, 4.5 ounces and measured 17.5 inches. At 5 months old, he weighed almost 16 pounds and his mom is thankful he has been sleeping through the night since he was three months old!

**Irwin Seidman** and his wife Susan celebrated the marriage of their daughter, Amanda, to Michael Rowen Oct.17. The couple was married on the beach in Bonita Springs, FL, in the midst of a windstorm and at high tide, but the sun was shining brightly and it was a beautiful ceremony. Thankfully, the reception was held indoors! Amanda and Michael make their home in Bethesda, MD. Congratulations to the Seidman family!

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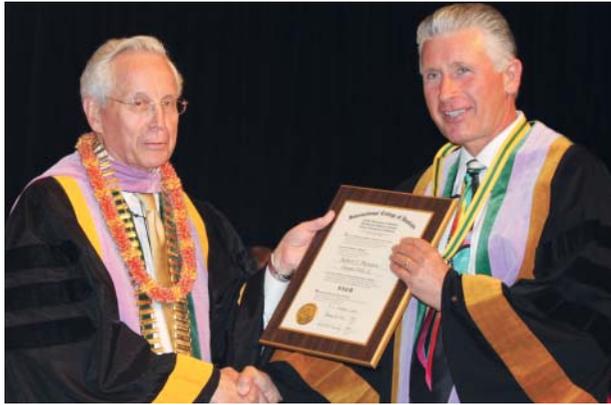
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Branch News



**SOUTH SUBURBAN:** (Far left) Roshan Parikh is engaged to fellow dentist Neeta Bhushan. The two plan to be wed over Labor Day.

(Top left) Robert Manasse was honored by the International College of Dentists in October when they met at the ADA Annual Session.

(Bottom left) Keyur Shah and Generand Algenio met with Chicago Bears legend and NFL Hall of Famer Dan Hampton during the Oct. 13 branch meeting.

**Keyur Shah** has changed his practice name from Manasse Orthodontics to Matteson Orthodontics. Drs. Shah and **Robert Manasse** will continue to enjoy practicing together for many years to come.

The outgoing branch president was honored at the CDS Installation of Officers, and **Rich Holba** was installed as CDS treasurer effective Jan. 1.

I have included some photos that we missed in 2009. Please enjoy and stay warm.

**West Side**

Charles Thometz, DDS

Greetings and warm wishes to all. Hope each and every one of you enjoyed a most healthy and happy holiday season and may the good feelings continue throughout the coming months.

Installation of CDS Officers took place

Nov. 15, at the Ritz Carleton Hotel. The occasion was especially sweet this year as our own **Mike Stablein** was installed as CDS president for 2010. Mike, in his acceptance speech, elaborated on the growth of CDS over the years and detailed the very important role the annual Midwinter Meeting has played in the overall growth and success of CDS itself. In his remarks Mike included his wife, **Caroline Scholz**, their four children and his extended family, and credited all of them with helping to make that day possible and special for Mike.

The event was, as usual, very well organized and kudos go once again to the CDS staff for its behind-the-scenes preparation and hard work to ensure a very special day for all in attendance.

Speaking of Mike and Caroline's children (all four of whom were present for the installation), Michael Jr. (18) is now a freshman at the University of Illinois at Champaign. Gabriella (16) is a junior in high school and plays volleyball on the junior varsity team. Andrew (13)

and Amelia (11) are both in junior high school and both play soccer, with their dad making time to serve as coach on two teams.

Outgoing West Side Branch president **Kamal Vibhakar** was among those honored during the installation ceremonies. Kamal and **Charu Vibhakar** traveled to Phoenix the last week in August to assist their daughter, Brindy, in getting settled in at Midwestern University College of Dental Medicine. Brindy is thus on her journey to becoming a dentist and hopefully joining Charu and Kamal in the dental practice. Kamal reports that the temperatures were very hot but the time was euphoric for them.

It is so neat to see another West Side Branch dental family in the making.

**Rich Caraba** flew in from Las Vegas to attend the Installation of Officers and then spent the following day in meetings regarding the 2010 Midwinter Meeting. Rich continues to be very active in organized dentistry, even in his

retirement. While in Chicago, Rich also made it a priority to have lunch with **Lou Zelazo** (retired West Side member who also was very active in organized dentistry over the years). Rich reports that his brother, Jerry, recently spent three weeks visiting with Rich in Las Vegas, and that they had a most enjoyable time as Rich showed Jerry around Nevada and California.

Speaking of the Midwinter Meeting, West Side Branch members are again playing a very important role. **George Zehak** is this year's general chair, **Rich Caraba** is general arrangements chair, and **Jim Bryniarski** is secretary. Other West Siders involved include **Carol Everett**, **Martin Karwowski**, **Tim Thometz**, **Russ Umbricht**, **Ed Walsh** and **Sue Zelazo-Smith**. Sorry if I left anyone out.

The West Side Branch warmly welcomes new member **Tatiana Ostanina**. Tatiana has a husband named Vladimer and they have a 5-year-old son, Alexander.

Tatiana cites as important milestones in her life her 24 years of marriage, her 21 years in dentistry, her 16 years in the U.S., and her three years in her own dental practice. She states that her greatest adventure was the purchase of her own dental office and expresses special professional interest in cosmetic dentistry and endodontics.

The birds are endangered in paradise (Hawaii), but they were singing sweetly and much appreciated by **Jim Bryniarski**, his wife, Leona Hubatch, and their daughter, Amelia. The group took in Volcano National Park on the Big Island before attending the ADA Annual Session in Honolulu – and donated to the Rain Forest Alliance to offset their carbon footprint for the 4,200-mile flight!

Lynn and **Don Tuck** also attended the ADA Annual Session and their daughter, Melissa, was expecting a child while they were away. However, in deference to the grandparents, the baby's arrival waited until the Don and Lynn returned



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## Branch News



**WEST SIDE:** The West Side Branch showed its support for Mike Stablein by attending the Installation of Officers in November.

home. Olivia Paige was born Nov. 9 and weighed in at 7 pounds, 5 ounces. The Tucks now have four beautiful daughters and six beautiful granddaughters.

Joan and **Ed Walsh** spent the weeks of Memorial Day, Fourth of July and Labor Day at their vacation home on Lake Paya in Nicolet Forest, WI. They very much enjoyed their time away fishing, swimming and especially being with their children and grandchildren part of each week. Joan and Ed also attended the ADA Annual Session and spent time on the Big Island as part of a post-convention program.

Monica and **Ray Munaretto** and twin sons, Alex and Nick, spent a couple of most enjoyable weeks in Minnesota at their lake home this past summer. However, Ray says that the highlight of the summer was the week which the family spent in Yellowstone National Park. Ray highly recommends this most scenic outdoor adventure.

**Michelle Jennings** traveled west this past summer with daughter Nicole (12) and son Michael (16), and very much enjoyed the beautiful scenery, hiking, and white water rafting in the Rockies. They stayed in a comfortable lodge close to a river in Estes Park, CO.

Michael received his driver's license

in September and is a sophomore in high school. Michelle attended the U of I football game and ISDS tailgate party, and while there they checked out the Champaign-Urbana campus. Michelle also ran in the Oak Brook Half-Marathon on Labor Day and in the process ran past **George Zehak's** house.

Marilyn and **Jack Leiberman** took a cruise through Alaska's Inner Passage and a land tour of Denali National Park Wilderness in late June. Jack reports that they have semi-retired, closed their own office and merged Jack's practice with cousin **Bill Simon** (City Smiles) at his office – also on the northwest side.

On Nov. 17, **Frank Orland, Carla Orland** and **Gina Orland** hosted an open house at their new dental facility. The building, which they designed and built, is very warm and inviting in appearance on the exterior – and on the interior, wow! Beautiful, spectacular, state-of-the-art equipment and software, warm and inviting design and décor – what more can I say! I entered one of the washrooms and thought I was in the Ritz Carleton.

The Orlands are justifiably proud and happy with their new digs and rumor has it that no one is ever in a hurry to leave and go home at night. The West Side Branch wishes the

Orlands much success and happiness in their new office.

**Dan Janowski** tells me that his son Cameron is a freshman at Nova Southeastern University in Ft. Lauderdale, FL. Providing he maintains a proper grade point average, Cameron is guaranteed admission to the College of Dental Medicine at the university. The overall program is a seven-year commitment leading to his DDS – one of only a few like it across the country.

**Larry Jacobs** had a misadventure while bike riding as part of his Iron Man training. He avoided becoming a hood ornament on an SUV, but in the process crashed his bike and broke his left clavicle. On Oct. 8, he had surgery to place a Rockwood Pin. As I write this, Larry is chomping at the bit to get back in training.

After sending his staff to the Atlantis in the Bahamas while away for his son's wedding in late July, **Zack Soiya** and his wife, Sue, returned to Harborside Resort at the Atlantis for a week of warm weather and relaxation at the end of October.

**Gary Alder** has announced his candidacy for ISDS trustee. If elected, Gary would join **George Zehak** as one of 14 members of the ISDS Board of Trustees.

Hope to see you all at the Midwinter Meeting (Go West, CDS!) and President's Dinner-Dance. Auf Wiedersein for now – stay warm.

**West Suburban**

Kenneth Korpan, DDS

We had a full house for our November branch meeting at Maggiano's in Oak Brook, (please don't forget to RSVP for these meetings). Chris Alpers of Pesavento & Pesavento Ltd., was the guest speaker for the night attended by many new season ticket holders. A special thanks goes out to Chris and all in attendance that night.

It was **Bill Kleiber's** last meeting serving as our Branch Director. He will be replaced by **Andy Browar** (when we say replaced, we mean serving as our director because Bill Kleiber is IRREPLACEABLE).

**John Skreko** has had a busy two years. He is still getting used to his new office condominium located behind his old office in Indian Head Park. In July, he received his Master in the Academy of General Dentistry in Baltimore at the annual AGD meeting.

In October, he took his whole family to Oahu, HI, where he received a Fellowship in the International College of Dentists at the ADA Annual Session.

He was married to Janet the following week on Ironwood Beach in Kapalua, Maui, at sunset. It was a private ceremony with Janet's son and daughter and John's three sons present.

Our Jan. 12 meeting will be Past Presidents Night. Our speaker will be **Nolen Levine**, "How much duct tape can you put on a tooth?" Remember that you must RSVP to Dottie ([damr53@me.com](mailto:damr53@me.com)) one week before these dinners.

**Be sure to get your digital CDS Review by e-mail**

The CDS Review launched a digital edition beginning with the January/ February 2009 issue. All members receive digital copies of the CDS Review via e-mail at no additional cost.



To ensure you receive your digital copy of the CDS Review, be sure to update your account information to include your e-mail address. You may also call our Membership Department at 312.836.7300 to provide your e-mail address.

West Suburban Branch members, if you have any news, please e-mail Kenneth Korpan at [kidak@aol.com](mailto:kidak@aol.com). ■

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### Deadlines

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 July/August.....June 10, 2010  
 September/October .....August 3, 2010  
 November .....September 10, 2010  
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CHICAGO PRACTICE SALES: For more information on any of our listings, please call 773.502.6000 or visit [www.chicagopracticesales.com](http://www.chicagopracticesales.com). Visit us at booths 3906 and 3907 at the 2010 CDS Midwinter Meeting! Enter a raffle to win a free practice appraisal!

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CHICAGO, WEST: Sold!

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Collections: \$150,000. Part-time office.

CICERO: New! Five ops on a busy corner.

Collections: \$975,000. FFS, PPO, one HMO plan and MED accepted. Building available for sale. Well-established practice.

NAPERVILLE: New! Two ops expandable to three. Street level location on a busy thoroughfare. Collections: \$350,000. Accepts FFS and two PPO plans. Lots of technology. Low rent.

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SEEKING TO PURCHASE PRACTICE: Experienced dentist seeking practice in north/north-west suburbs to buy outright or buy into practice with transition to ownership within year. Not seeking associateship. E-mail at [heatonk@gmail.com](mailto:heatonk@gmail.com).

## Miscellaneous

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## Final Impressions by Walter F. Lamacki, DDS

Write Dr. Lamacki at [wlamacki@aol.com](mailto:wlamacki@aol.com).

# Golden years

**D**r. Clifton Dummett, an honorary CDS member, is a nonagenarian. He has written more than a score of books on dental history, especially the African American experience. At age 28 he was selected Dean of the Meharry Medical College School of Dentistry. Early in 2009, I called his home:

“Hi, Mrs. Dummett, is Doctor home?”

“No he isn’t, he’s at school.”

“Gee I didn’t know he was still teaching.”

“He’s not, he’s taking a course.”

According to a 2007 report on aging released by the U.S. Centers for Disease Control and Prevention, the U.S. population of those over 65 will double by 2030 to 71 million, twice the teenage population. Today there are 100,000 centenarians; in 2030 there will be 2 million. The cost of providing healthcare to seniors is three to five times more expensive than treating those younger than 65. These numbers have staggering consequences for Medicare and any other government plans not yet passed by Congress as this is written. However, this is a subject for a later screed when we know the final details of Universal Health Care for Americans.

People will no longer be willing to roll over and accept an early death. Seniors, including me, don’t feel old, are not eager to retire, and will remain active and productive. Seniors aren’t what they used to be; I think mature citizens is a better description of who we are.

I have an unusual practice: I treat mature individuals (average age: 85 years old) in retirement communities. Our equipment is portable and we are able to provide all phases of dentistry. I have some observations, albeit anecdotal, about my patient profile: a high proportion of the elderly have some teeth; those who could afford comprehensive care have most of their teeth. I think I know what they don’t want: “cosmetic” procedures that remove healthy enamel or plumping their lips. They want to be free of

pain and to be comfortable. They want quality care and a high percentage can pay for it.

Unfortunately there are those who can’t. The poverty rate of mature adults is 10 percent (3.6 million people), the lowest among all age groups but still a significant number. Too long has government placed the onus of solving the access problem associated with poverty on the health professions. Any solution must include public monies along with meaningful input from the professions if it is to succeed. We will have to wait to see what universal care holds for us.

Up to now, dental practice has focused on the young to middle-aged patient. The growth of the mature population can and should bode well for dentistry. . . IF WE PLAN WELL. Dental associations, dental schools and continuing education providers

must educate dentists in the relationship of oral conditions to systemic health, the interactions of medications, and new restorative techniques, especially for root caries and simplified implant procedures. There is a dearth of elder care information available for patient and dentist; this needs to change.

There are some strategies that dental offices can embrace now: recognize the dignity of the mature adult by using their last name; make your office more friendly by installing a wheelchair ramp; make your bathrooms accessible to all; do recommend crowns, bridges and implants where appropriate. The only restriction in treating a mature patient is their overall health.

I believe science will give us undreamt tools to better care for all our patients but essential for mature people: swipe cards with the patient’s health history and medications,

handheld electronic devices with drug interactions at our fingertips and electronic records are on the horizon. Remineralization of dentin and enamel, vaccines and stem cell interventions are not far behind.

It will be the new golden age of dental care. ■



**Up to now, dental practice has focused on the young to middle-aged patient. The growth of the mature population can and should bode well for dentistry. . . IF WE PLAN WELL.**

# CDS Regional Meeting



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#### About our program:

This course will review basic principles and provide updates of clinical pediatric dentistry, including behavior management techniques, restorative and pulpal therapy options for primary teeth, and prevention and radiographic evaluation techniques for young children. Emphasis will be placed on infant dental examinations, caries risk assessment of children, and parental involvement in their child's oral healthcare.

Participants should gain an understanding of:

- the timing and components of a child's first dental examination
- why some children develop dental caries and others are caries-free
- how risk factors for future oral disease are determined
- individualized preventive programs for pediatric dental patients, and
- treatment options for carious primary teeth.

#### About our speaker:

Dr. Molinari graduated from The Ohio State University School of Dentistry in 1984 and earned a Master's degree in Pediatric Dentistry from OSU and Columbus Children's Hospital in 1986. She was a full-time faculty member in the Department of Pediatric Dentistry at the University of Detroit Mercy for 20 years and chair of the department for 17 years while maintaining a part-time private practice limited to pediatric dentistry. Presently, she practices in two locations in the Detroit area and works with local Head Start programs. Dr. Molinari is a diplomate of the American Board of Pediatric Dentistry and has been actively involved in leadership roles with the American Academy of Pediatric Dentistry, the American Dental Education Association and the Michigan Academy of Pediatric Dentistry.

**Target audience:** Dentists and staff

**Directions to Drury Lane:** Call 630.530.8300

#### About CDS meetings:

Regional Meetings are FREE to all CDS members and their staffs, as well as dental hygienist members of the Illinois State Dental Society.

A fee of \$250 is charged to dentists who are not CDS members and their staffs, which may be applied to membership for the current year. Advance registration is not required, but CDS encourages you to pre-register online at [www.cds.org](http://www.cds.org).

**ADA CERP®** | Continuing Education Recognition Program

**CDS is an ADA CERP Recognized Provider.**

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

**CDS designates this activity for 5 continuing education credits.**

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Find more information about the 145th Midwinter Meeting at [www.cds.org/mwm](http://www.cds.org/mwm).

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145TH MIDWINTER MEETING | FEBRUARY 25-27, 2010 | CHICAGO DENTAL SOCIETY

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