

MARCH/APRIL 2007

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REVIEW

THE OFFICIAL PUBLICATION OF THE CHICAGO DENTAL SOCIETY



WE LOOK BACK AT THE
**MIDWINTER
MEETING**

CELEBRATE
A TRADITIONAL*
PICNIC
WITH YOUR
COLLEAGUES & FAMILIES



JUNE 24

BUSSE WOODS GROVE #3

The picnic grove is located in Elk Grove Village. Enter from Higgins Road, west of Arlington Heights Road.

Celebrate the start of summer with your colleagues at the first CDS Traditional Picnic at Busse Woods. We'll have all your favorites: hot dogs and burgers on the grill, sweet summer fruit and an ice cream cart. Entertainment for various ages will be provided.

FEE: \$5 per person. Children under 5 are free.

CDS members are limited to six tickets each.

Food will be served between 12:15 and 3:15 p.m.

SPACE IS LIMITED. Only 200 tickets are available. **Tickets go on sale at 9 a.m. April 16** online only at www.cds.org.

***** This event will go on rain or shine. There is no rain date. Shelter will be provided in the forest preserve.

2007 MWM CE CERTIFICATES NOW AVAILABLE ONLINE

Attendees of the 2007 Midwinter Meeting may obtain Continuing Education certificates online free of charge throughout the month of April at www.cds.org. There will be a \$25 fee per CE certificate beginning May 1.

To obtain CE certificates, attendees must provide the convention number and year, and course numbers and verification codes for up to 20 courses. Your unique seven-digit convention number (example: 046299-7) is printed at the top of your meeting badge. Upon submission, a CE certificate will be provided in a PDF format.

CE certificates for the 2006 and 2005 Midwinter Meetings are also available online. If you need course numbers for either of those meetings, please call Angela Powell, (312)836-7311.

GET YOUR CE HERE

If you missed the Midwinter Meeting, there are still plenty of opportunities to earn needed CE credits. CDS offers courses that fit into most any schedule.



The next Regional Meeting is Wednesday, April 18. Regional Meetings are offered four times a year, enabling Regular and Associate members to earn five hours of CE credit at no cost. Bring your staff, too; members' auxiliaries and dental hygienist members of the Illinois State Dental Society all have free access to the top-notch speakers.

If this date doesn't work with your schedule, check the Meeting Place page in every issue of the *CDS Review*. Meeting Place is a list of upcoming Branch meetings, many of which include CE opportunities. Discussion topics are frequently listed, as is contact information for doctors who can tell you more about their branch's upcoming events.

On the rare occasions when the *CDS Review* gets lost on your coffee table, check online at www.cds.org. The "For Professionals" section of the Web site has a similar list of upcoming CE opportunities, as well as a tool to print out the CE certificates you forgot to get during past Midwinter Meetings.

JANUARY 10 REGIONAL MEETING MINUTES

The Regional Meeting of the Chicago Dental Society convened at the Drury Lane Oak Brook, Oak Brook Terrace, with CDS President John F. Fredricksen presiding. Dr. Fredricksen called the meeting to order at 9 a.m.

Attention was directed to the minutes of the meeting of Wednesday, Sept. 20. Inasmuch as the official minutes of the meeting of Sept. 20 were published in the December issue of the *CDS Review* a motion was entertained to dispense with reading them.

MOVED by Hugo Bertagni, DDS, seconded by Mary Starsiak, DDS, and carried to dispense with reading the Sept. 20 Regional Meeting minutes at this time.

MOVED by Thomas Salmon, DDS, seconded by Keith Suchy, DDS, and carried to accept the Sept. 20 Regional Meeting minutes.

Attention was directed to the minutes of the meeting of Wednesday, Nov. 8. Inasmuch as the official minutes of the meeting of Nov. 8 were published in the December 2006 issue of the *CDS Review*, a motion was entertained to dispense with reading them.

MOVED by Ronald Testa, DDS, MS, seconded by Robert Manasse, DDS, and carried to dispense with reading the Nov. 8 Regional Meeting minutes at this time.

MOVED by Dr. Suchy, seconded by Robert Matthews, DDS, and carried to accept the Nov. 8, Regional Meeting minutes.

Attention was directed to the minutes of the meeting of Thursday, Nov. 9. Inasmuch as the minutes of the meeting of Thursday, Nov. 9, had not yet been published, a motion was entertained to dispense with reading and approving them until everyone has had the opportunity to review them.

MOVED by James Robinson, DDS, seconded by John Gerding, DDS, and carried to dispense with reading the minutes of the meeting of Thursday, Nov. 9, until everyone has had the opportunity to review them.

As there were no reports of the Board or Standing Committees, nor any reports of Special Committees, and no new or unfinished business to report, Dr. Fredricksen called upon Thomas Remijas, DDS, to introduce Thomas Trinkner, DDS, who presented a program entitled "Why Less is More: Exploring Truly Conservative Dentistry as an Exercise in Greater Clinical Skill and Professional Satisfaction."

The meeting was adjourned at 2:15 p.m.

DR. ZELAZO-SMITH NAMED FIRST FEMALE PRESIDENT OF ADIC



Dr. Zelazo-Smith

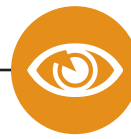
CDS member Susan Zelazo-Smith, DDS, who in 2002 became the first woman president in the 80-year history of the American Dental Interfraternity Council, achieved another milestone in her career.

Dr. Smith is the first and only woman president of any of the four dental fraternities in North America. She was installed as Supreme President of Xi Psi Phi International Dental Fraternity in 2006. The fraternity celebrated its 118th anniversary in February.

Dr. Smith has been involved with Xi Psi Phi since her days as a student at the Northwestern University Dental School. She was immediately impressed by the faculty component and the open-minded attitude regarding the diversity of membership. She continues to find support from the professional and personal contacts she has made through her fraternity involvement.

"I feel fortunate to have established relationships with outstanding dentists in many cities beyond Chicago," she said. "The fraternity has been affected by the closing of dental schools; however, the support system that a professional fraternity provides can be a tremendous asset. It is an avenue for meaningful social contact which contributes significantly to a well-rounded professional lifestyle.

"Furthermore, it is a safe harbor for times when professional or even personal life can be stressful and challenging. I hope that all dental fraternities can adapt and thrive as dentistry moves toward the future." ■



WOMEN'S HEALTH AND ANTIBIOTIC PROPHYLAXIS

BARBARA J. STEINBERG, DDS



WEDNESDAY, APRIL 18

9 a.m. to 2:30 p.m.

Drury Lane, 100 Drury Lane, Oakbrook Terrace

CE CREDITS: 5 CE hours

TARGET AUDIENCE: Doctors, hygienists, assistants and office staff

ABOUT OUR PROGRAM:

Dr. Steinberg will present the latest information about women's health, including oral health, cardiovascular disease and osteoporosis. She will also discuss conditions that require antibiotic therapy prior to dental treatment, emphasizing the latest American Heart Association recommendations for preventing endocarditis. Other topics to be discussed include prophylaxis for total joint replacement and conditions dentists face when treating immunocompromised patients.

ABOUT OUR SPEAKER:

Dr. Steinberg is a clinical professor of surgery at Drexel University College of Medicine and an adjunct associate professor of oral medicine at the University of Pennsylvania School of Dental Medicine. She is also a diplomate of the American Board of Oral Medicine.

A frequent Midwinter Meeting speaker, Dr. Steinberg is an internationally recognized lecturer who has authored and contributed to textbooks about women's health and treating medically compromised patients in the dental practice.

ABOUT CDS MEETINGS:

Regional meetings are **FREE** to all CDS members and their auxiliaries, as well as dental hygienist members of the Illinois State Dental Society.

A fee of \$250 is charged to dentists who are not CDS members, which may be applied to membership for the current year.

Advance registration is not required for any regional program.

DIRECTIONS:

For directions to Drury Lane, call (630)530-8300.



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Chicago Dental Society proudly
presents



A BENEFIT GOLF TOURNAMENT for
Christina's Smile
CHILDREN'S DENTAL CLINIC

WEDNESDAY
JULY 11
Harborside
International

BISHOP FORD EXPRESSWAY (I-94)
AT THE 111TH STREET EXIT IN CHICAGO

Tournament limited to 144 players.
Harborside is a spikeless golf facility.

TEE TIME:

- 1 p.m. shotgun start, scramble format
- Buffet-style dinner and a brief awards program follow play

\$190 PER PLAYER

INCLUDES:

- Greens fee and cart rental
- Use of driving range
- In-cart box lunch and light dinner

REGISTRATION

DEADLINE:

Friday, June 29. Be sure to register early.

ENTRY FORM

Mail a copy of this form and a check made payable to:

Chicago Dental Society • Special Events • 401 N. Michigan Ave., Suite 200 • Chicago, IL 60611.

Visa and Mastercard accepted.

Name: _____

Address: _____

City/State/ZIP: _____

Phone: _____

E-mail: _____

Player one/Handicap: _____ Shirt Size: M L XL XXL

Player two/Handicap: _____ Shirt Size: M L XL XXL

Player three/Handicap: _____ Shirt Size: M L XL XXL

Player four/Handicap: _____ Shirt Size: M L XL XXL

PAYMENT METHOD: Check Visa Mastercard

Card number: _____

Amount: _____ Expiration date: _____

Cardholder's Signature: _____



So you think you want to be a dentist

Do you ever wonder why you became a dentist?

I asked myself 25 years ago do I want to be a dentist and pretty much have asked myself that question every day since then. As I have trudged through my career, I have often wondered if I made the right decision. Could I have been a lawyer, a businessman, or perhaps an arbitrager?

The last time I checked there were no stock options for dentists or \$40 million buyouts after a couple of years of failing to bring the corporation up to par.

You and I struggle with the same issues every day as we sit wet-fingered at the chair.

A family of four who can only come in for an appointment on Saturday decides to leave a message on the machine with a time stamp of 4 a.m. telling you that one of the kids has soccer today and, oh, by the way, can they come in next Saturday.

The explanation of benefits from my latest favorite insurance company has just informed my best family of patients that my fees are above and beyond what the company calls "usual and customary." And, by the way, ask your dentist if he would like to join our preferred provider network so you can save 20 percent.

The crown you just tried in has no contact; the kid in room two—the one with braces on for three years—has a mom who is asking you what those white spots are around the brackets. The gums have grown up to the bracket and they bleed sometimes when he brushes, and she wants to know when they might be coming off.

And, by the way, your hygienist, the one you pay almost \$45 per hour and give a pension with three weeks vacation and continuing education compensation would like to talk to you about a raise. You know, she says, her friend downtown gets \$46 an hour and she might go downtown. Nevermind that she will pay \$20 to park and enjoy an hour commute each way, but we need to talk, she says.

The spittoon in operatory three is overflowing all over the floor, and no one can figure out how to turn it off. Oh, thank God it's only a half hour until lunch.

So I get to lunch only to find out that they are out of the special and the waitress asks if I would like another cup of coffee. Twenty minutes later, she comes back and wants to take my order. Sure honey, bring me a salad, I say, with the dressing on the side because I have to get back to work soon. Twenty more minutes and she plops it down, dripping with dressing. "Anything else, DOCTOR?" she bellows. Remember, this is the place where I have gone for lunch every day for nearly 20 years.

I get back to work on time only to hear a train on the tracks near my office, and it's not moving very fast. My one o'clock is late, but she'll get here as soon as she can. Oh, am I praying for a cancellation.

But the afternoon goes pretty well, no major problems aside from my denture patient. She tells me that she doesn't chew as well with her dentures as she did with her old teeth. "It rocks whenever I move my upper jaw to the left like this, and I can't eat ribs and you never told me this because if you did I never would have had my teeth pulled," she says.

Well, I tell her, we can do implants, and it will be this much and she tells me just give her some samples of Fixodent. "We'll see how we do."

Next appointment is a consultation. But the patient only wants his smiling teeth fixed. "We'll wait on the chewing ones 'till we get insurance. They pay for everything, don't they?" he says.

As the day winds down, in comes Mrs. Kammerer, the 85-year-old lady I've been treating forever. She knits a scarf for me every time she comes for an appointment; drives 60 miles each way because, she says, there is no one else as good as me. As she gets up from the chair—slowly, mind you, because the walker has to be just right or else she slips—she gives me a hug and a kiss and says thanks.

Now I remember why I wanted to be a dentist. I swear. ■

Contact Dr. Fredricksen at (708)636-2525 or oaklawndentist@comcast.net.



Dentists deserve fair treatment, respect from third parties

Recently, I was doing some research on the Internet and came across a marketing site for Delta Dental of Illinois (www.deltadentalil.com/aboutus/deltadifference). A statement in the marketing material (Item 3, No Balance Billing or Cost Shifting) concerned me. It stated, "Many dentists unbundle (split procedures into component parts) in order to generate additional fee income. This is one of the many areas where Delta's cost management expertise pays major dividends for its clients."

This disturbed me because I strongly believe that the carrier, patient and dentist work best when functioning together. This type of marketing creates an adversarial relationship where there is a good guy/bad guy relationship. I am unaware of any relationship, whether business or personal, that thrives in this type of existence. Furthermore it implies that many dentists are less than honest. I have always believed that one must place a protective base, a retention pin, in addition to the restoration, though this involves extra time and materials and, yes, risk and liability. In dental school, we listed different steps and there were supplemental charges to the patients.

I suggest the following wording for the statement by Delta would have said the same thing but in a more positive or neutral light. "Dental cost management experts have implemented a continual fee review program to ensure that you get the maximum benefit."

The majority of dentists are no different than any other professionals. Many are dedicated, honest and hard working men and women who work very hard to help others. We must continue to do our absolute best, but we must insist that third parties treat us fairly and with the respect we earn everyday.

— *Robert S. Deaver, DDS*
Chicago

Kudos

I enjoyed "Our sound foundation" (Final Impressions) in the January/February issue of the *CDS Review* immensely. The membership is, as you say, well served by its officers and boards, and by an outstanding editor. The whole publication is exceptional and you should be very proud of it. Keep it up!

— *Grant A. MacLean, DDS*
CDS Review Editor Emeritus

We need to know our history

It was nice to read Ms. Brown's article dealing with Dr. Roy Bodine's experience with the Bataan Death March during WWII ("Dentist's diary details death march horrors," January/February *CDS Review*). It's stories like this which need to be repeated often so as to remind young readers about the past, which is not being taught as well as it should be in schools today. This is certainly the case with the media who underreport or selectively omit events today in Iraq.

As the old saying goes, if one does not learn from history, they certainly are bound to repeat it. Today's current events certainly are no exception, and the misinformation campaign by today's elite media certainly is a problem. It's sad that the many stories of yesteryear are glossed over by emotionally based, politically correct people who have their blinders on.

When one looks at the thousands, if not millions of casualties suffered in WWII, for example, compared to three thousand in the four years of the Iraq War, there's no comparison. But yet, the media and many of the lemmings who follow them choose not to compare what it took in older times to keep the world free of dangerous people.

Please keep up with stories like this, as this is a way we can relive or learn history if it's not been done before.

Thank you.

— *J.P. Economos, DDS*
Bartlett

NO SHOW MAIL-IN BENEFIT TO FUND ACDS SCHOLARSHIPS

ACDS has organized a NO SHOW MAIL-IN BENEFIT to support dental and dental hygiene student scholarships and community outreach programs and they hope you will participate. If you would like to help a good cause, here is what you need to do:

DON'T:

- Buy a new spring frock
- Have your hair and nails done
- Get a shoe shine
- Save the date on your calendar

DO:

- Pour a glass of your favorite wine
- Take out your checkbook
- Generously support the ACDS No Show Mail-In Benefit!

Make a donation of \$100 or more and you'll be entered in a drawing for a fabulous prize during the ACDS Installation of Officers Luncheon May 9. You need not be present to win.

To participate in the drawing, make your donation by April 15. Send a check made payable to the Alliance of the Chicago Dental Society to Karen Mantoan, 237 Bradley Dr., Chicago Heights, IL 60411. For more information, call Mrs. Mantoan at (708)756-0221.

Midwinter Meeting

'SPIRIT OF GENEROSITY' BRINGS THE DENTAL COMMUNITY TO CHICAGO



Chicago Dental Society President John F. Fredricksen welcomed more than 800 members and guests to the Opening Session of the 142nd Midwinter Meeting Thursday, Feb. 22, at McCormick Place.

“The Spirit of Generosity. . . The Generosity of Spirit’ is our theme and I hope that you will view the theme as a charge to give back to the profession of dentistry,” Dr. Fredricksen said that night. “We believe the Midwinter Meeting embodies that spirit.”

The program was filled with thanks and praises for our many award winners. First, Dr. Fredricksen thanked the American Dental Association Foundation for its partial support of the Opening Session and made special note of those exhibitors whose contributions support a number

of participation courses. ADA President Kathleen Roth lauded the creation of a foundation by CDS to support worthwhile activities in the tri-county area it serves.

Following these kudos, Dr. Fredricksen presented the 2007 Gordon J. Christensen Lecturer Award to M. Nader Sharifi, DDS, MS. The award was created in 1990 to recognize the contributions made to the dental profession by outstanding lecturers. And, with support from the ADA Foundation, Dr. Fredricksen presented a \$10,000 grant to the Community Nurse Health Association in LaGrange as a joint donation from their respective organizations to help the association continue its outstanding dental clinical work

Receiving the annual CDS Senior Dental Student Recognition Awards were Chad C. Drouin, a senior dental student at the Southern Illinois University School of Dental Medicine, and Danielle Lewis, a senior dental student at the University of Illinois at Chicago College of Dentistry.

The George Cushing Award, the final award of the evening, was presented to the Oral Cancer Foundation for its efforts in raising public awareness of oral cancer.

The Opening Session drew to a riotous conclusion with a special performance by the Second City Communications comedy troupe.

Photography by John McNulty





1.



2.



3.

OPENING SESSION

1. 2007 Gordon J. Christensen Lecturer Award recipient M. Nader Sharifi with the award's namesake.

2. The CDS Senior Dental Student Recognition Award winners Chad Drouin and Danielle Lewis GE Healthcare Financial Services Chief Marketing Manager Antonette Gawin and CDS President John Fredricksen.

3. Chicago's Second City comedy troupe entertained guests with a variety of short skits and improv.

4. Shirl Cannon and Magdelan Belickas of Community Nurse Health Association in LaGrange accepted a check from ADA President Kathleen Roth and CDS President John Fredricksen.

2007 MWM ATTENDANCE

Dentists	7,536
Graduate Students/Residents	257
Dental Students	878
Hygienists	4,207
Assistants	3,816
Office Personnel	2,699
Laboratory Technicians	501
Hygienist/Assistant Students	1,225
Guests	2,094
Trade	941
Press	123
Exhibitors	9,485
TOTAL	33,762



4.



FASHION SHOW AND LUNCHEON

The 2007 Fashion Show and Luncheon featured a Midwinter Meeting first: designer James De Colón graced the Fairmont Hotel runway Friday, Feb. 23, alongside his spring collection.

A local designer, De Colón's creations are a glamorous blend of old Hollywood and 1940s style. De Colón eschewed gimmicks relying on texture, color and cut to tell his story. But his designs shared the runway with a host of Chicago talent, including Les Copaine for Saks Fifth Avenue, the French inspired Sansappelle, Escada, and Lilly Pulitzer; men's fashion came courtesy of Mark Shale. The fashions were as varied as the designers, including lace, beading and denim, lots of lavender, jungle prints, and pretty plaids.

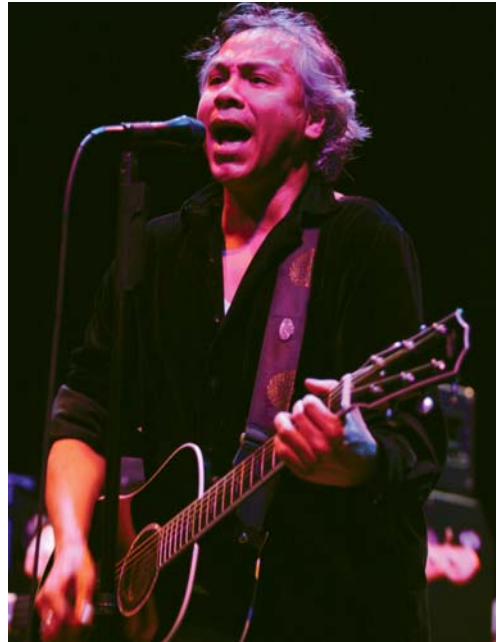
Sansappelle provided the glamour and CDS officers acted as escorts as one dreamy ball gown after another waltzed down the runway. Beaded and boned bodices and ruched skirts of silk and taffeta in bronze, black and ivory with a nod to 1950s café society were the order of the day.





THE BODEANS AT PARK WEST

Milwaukee roots rockers The BoDeans thrilled an audience of nearly 700 at the Park West, playing hits from a career spanning more than 20 years, including “Closer to Free” and “Still the Night.”





PRESIDENT'S DINNER DANCE

All good things must come to an end, and that includes the 2007 Midwinter Meeting. But few things end with the panache and style of the President's Dinner Dance.

CDS President John F. Fredricksen and his wife, Trish, were feted at an elegant gathering of dental luminaries in the Fairmont Hotel Saturday night, Feb. 24.

Entertainment Chair Tom Remijas, kicked off the evening by thanking the many volunteers whose annual contribution of time and energy make the Midwinter Meeting run efficiently. He also introduced the CDS Officers and Board of Directors and their spouses, whose interest in the Society ensures that CDS remains a strong and powerful voice for organized dentistry. Special recognition was afforded to MWM General Chair Pat Hann and MWM Program Chair Tom King Jr.

The evening, which began with an elegant pre-dinner reception, drew to a close as the CDS Officers and guests, led by Dr. and Mrs. Fredricksen, danced to the music of The Steve Edwards Orchestra.





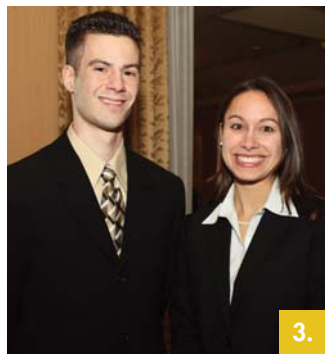
BREAKFAST WITH THE PRESIDENTS

The future was the focus of Saturday's Breakfast with the Presidents. This annual event, which honors the presidents of the Chicago Dental Society and the Alliance of the Chicago Dental Society (ACDS), serves as a venue for both organizations to recognize student achievement.

This year, the breakfast was sponsored in part by a grant from Dentsply International. CDS President John Fredricksen commended the sponsor for its ongoing support of the student clinician program.

Kathy Holba, Alliance scholarship chair, presented ACDS scholarships to Benjamin A. Baptist and Ryan Ann Grelle from the University of Illinois at Chicago College of Dentistry, Sean McMahan from the College of Lake County Dental Hygiene Program, Joanna Kierul from the Kennedy-King Dental Hygiene Program, Alexis Wilson from the Prairie State College Dental Hygiene Program and Marcy Johnson from the College of DuPage Dental Hygiene Program.

Dr. Fredricksen and Dentsply International Professional Relations Coordinator Tammy Roland presented awards of recognition to Amira M.



1. Dental hygiene scholarship winners Marcy Johnson, Joanna Kierul, Alexis Wilson and Sean McMahan.
2. Dentsply International's Tammy Roland with Lindsay Pfeffer and CDS President John Fredricksen.
3. Dental scholarship recipients Benjamin Baptist and Ryan Ann Grelle.
4. ACDS members Johanna Manasse, Norine Bertagni, Shirley Gerding and Barbara Testa.

Baker from Howard University and Lindsay A. Pfeffer from the University of Pennsylvania, this year's winners of the prestigious ADA/Dentsply Student Clinician Awards.

ACDS also presented Dr.

Fredricksen with a crystal wine bottle charger. Although she remains in office until May, ACDS President Shirley Gerding received a crystal gavel to mark her year as the Alliance's top officer.

Photo by Tom Lane



ELK GROVE STUDENT EARNS SCHOOL JOURNALISM AWARD

Three Chicago-area high school students were recently honored for their efforts toward educating their peers. These students won first, second and third place honors in CDS's annual High School Journalism Contest. The awards were announced at the annual Breakfast with the Presidents.

Facilitated by the Communications Committee, the High School Journalism Contest annually challenges students to write about oral health issues affecting adolescents. This year's theme was "Meth Mouth: When it comes to your body, there are no secrets." The contest challenged students to discuss drug abuse and its effects on oral health.

First Prize went to Elk Grove High School senior Jennifer Harvey for her article about the effects of methamphetamine abuse and how one abuser broke his habit. In recognition of Miss Harvey's achievement, CDS donated \$1,000 to the journalism program at Elk Grove High School.

Second prize went to Reavis High School junior Katy Ames, for her article entitled "Don't let your mouth become a 'meth.'" Reavis High School, in Burbank, received \$500 for its journalism program.

Third prize, \$250 for the journalism program, was awarded to St. Joseph High School sophomore Kelly Schreiber. Her article was titled "Not an attractive smile." St. Joseph High School is in Westchester.

All of the winning writers received gifts from CDS, as well. ■



Give Kids a Smile



VOLUNTEERS SHARE TIME IMPROVING CHILDREN'S ORAL HEALTH

Photography by Andrew Campbell and Mary Hanlon

Clinics and classrooms demonstrated that smiles are contagious when they met with volunteer dentists, hygienists and dental students at Give Kids a Smile Day events Feb. 2. Hundreds of children in and around Chicago received care from volunteers who gave of both their time and their talent to improve the children's health.

At St. Basil's Free People's Clinic, 120 children from Henderson Elementary

School were examined by 10 volunteer dentists and three pre-doctoral students from the Illinois Institute of Technology.

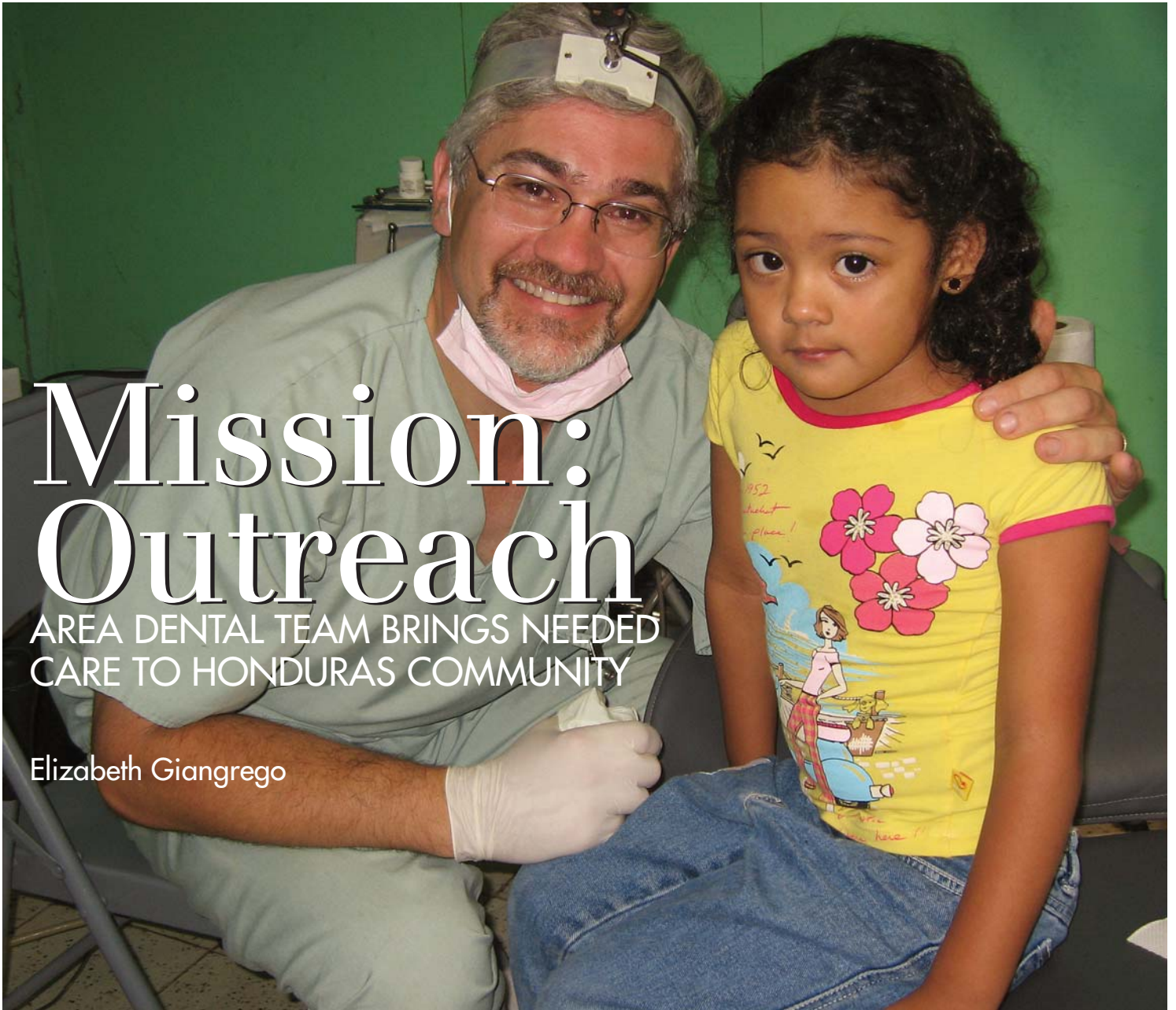
In LaGrange, 45 children received check-ups, sealants and fillings at the Community Nurse Health Association dental clinic. Volunteer dentists and hygienists also offered hygiene instruction and home care supplies.

Similar events were held at the Rauner Family YMCA and the University of Illinois at Chicago College of Dentistry's pediatric

dental clinic—where Flossie the Beaver and the Tooth Fairy each made special appearances.

Give Kids a Smile is the highlight of National Children's Dental Health Month, which is annually celebrated in February. The Chicago Dental Society donated toothbrushes, toothpaste and educational materials to nearly 800 classrooms throughout Lake, Cook and DuPage counties, so that teachers and their students may better understand the importance of a healthy smile. ■





Mission: Outreach

AREA DENTAL TEAM BRINGS NEEDED
CARE TO HONDURAS COMMUNITY

Elizabeth Giangreggo

Christopher Columbus bumped into the coast of Honduras in 1502 on his fourth and final voyage to the New World. At that point, the pre-Columbian city of Copan, a major Mayan metropolis, was a ruin. Spain ruled Honduras for approximately 300 years. The country would be annexed to the Mexican Empire of Iturbide in 1822 but would become independent in 1823.

Today, Tegucigalpa is the capital and largest city in Honduras. The official language is Spanish, and 28 percent of the population of more than 7 million people is unemployed. Economic growth is roughly 5 percent a year, but most residents subsist below the poverty line. There is a sharp division between those who have money

and those who live in poverty. The fishing rights to Lago de Yoyoa, the country's only lake, have been leased to the Japanese.

Honduras is a country of lush rain forests, untouched cloud forests, mangroves, savannas and mountain ranges laden with pine and oak trees, and serious untreated medical and dental problems.

Michael Unti, DDS, and Sue Argoe, RDH, are two of the dedicated dental personnel who recently spent a week in Tegucigalpa providing more dentistry in these seven days than they would in one month at Dr. Unti's Palatine office.

Dr. Unti and Ms. Argoe stayed at the World Gospel Outreach Mission house during their week in Honduras. Built

in the 1960s, the small mansion offers some respite after long, difficult days at the clinic. And although the accommodations were comfortable, simple necessities such as water became problematic: If too much water was used during the week, the volunteers had to pass a hat to buy more, which makes showering more interesting. Still, conditions are better in the city where there is at least running water and electricity.

The system under which Dr. Unti and the other volunteers worked in the clinic was established by another organization and it requires patients to choose one service from the medical or dental staff. There is no time for complicated restorations, and most dental care added up to little more than sorely needed extractions. Diet, poor oral hygiene and limited access to dental care combine to enable rampant oral disease in all age groups.

The clinic consists of three chairs, two dental units, one compressor and the volunteer staff. The days are long and the conditions arduous, but both Dr. Unti and Ms. Argoe say the experience was rewarding and fulfilling. They would do it again.

“The working conditions are not ideal,” Dr. Unti said. “You have to be open to working outside your own comfort level.”

Still, patients were receptive to the oral education provided to them by the volunteers and astounded by the difference a simple prophylaxis made in their appearance and in the way they felt. Dr. Unti and Ms. Argoe found a population eager to learn more about what they could do to maintain their own oral health.

In fact, the volunteers were greeted each morning by a long line of waiting patients. Dr. Unti estimates that he treated 1,400 patients over four days. The portable equip-



TOP: Standing (L-R): Honduran dentists Scarleth Ortiz and Aleyda Mazedo, volunteers Michael Snyder, Michael Unti and Bekah Neudahl, and Honduran translator Eduardo Rapalo. Kneeling: Volunteer Jeff Brown and hygienist Sue Argoe.



LEFT: Children from Tegucigalpa.

FAR LEFT: Michael Unti with a patient.

ment they used was donated, such as the extra handpiece Dr. Unti brought with him but left behind for future volunteers to use.

Working with his regular dental hygienist was tremendously helpful and enabled Dr. Unti to be both efficient and effective. Ms. Argoe’s skills were certainly a revelation for Honduran dentists who work without skilled assistance. For the most part, untrained personnel are taught to sterilize equipment and to assist at chairside but perform no clinical tasks.

Ms. Argoe said, “It’s important to remember that you are treating an underserved population. These are people who would receive no care unless you are there to give it to them.” ■



Read Mary Byers' online column, The Front Desk, in the Members Only section of the CDS Web site—www.cds.org.

The art of 'selling' dentistry

Though you may not think of yourself as a salesperson, every service provider needs to sell. Consequently, it's worth taking the time to look at yourself as a salesperson.

In his guide, *InfoGuru Marketing: Leveraging What You Know to Attract all the Clients you Can Handle*, Robert Middleton divides salespeople into two categories: selfish and selfless. According to Middleton, "selfish selling" is where the attention is more on the needs of the salesperson and "selfless selling" is where the attention is more on the needs of the prospect. What type of "salesperson" are you? Middleton outlines the differences this way:

It's worth taking a step back and asking yourself what kind of salesperson you'd like to be—and then acknowledging what type you are. Have financial pressures forced you into the selfish mode? Have concerns about the economy, your portfolio, or the overall health and growth of your practice made you more focused on getting treatment plans accepted than on truly partnering with your patients?

Often, external forces will place you into the selling category you don't want to be in. Here's the paradox: though selfish selling may help you meet your production goals this month, it's actually the harder way to make a living practicing dentistry. When you focus on

selfless selling, your treatment plans will sell themselves. And when your treatment plan acceptance is high, your practice thrives.

Over the next month, pay attention to your approach to treatment planning. How many questions do you usually ask before preparing the plan? If your answer is one or two, that's not enough. Practice asking at least three questions (if not more) before deciding how to proceed with a patient. Not only will you have better information to work with, you will have furthered your relationship with each patient, which should be one of your goals when you're in the operatory. Often, time pressures make the primary goal providing services. But remember,

you're in the relationship business as well.

Do you usually present one "right" plan, or are you comfortable providing alternatives? And if you present alternatives, how does it make you feel when a patient selects the second or third alternative, rather than the one that's "best"? Be honest. It's easy to pass judgment about patient choices without knowing the details surrounding their decisions. Maybe the patient whose

SELFISH SELLING	SELFLESS SELLING
Attention on getting the sale	Attention on helping the prospect
Being manipulative	Being empathetic
Talks a lot and doesn't listen	Ask questions and listens
Answers questions evasively	Answer questions directly
No clear results promised	Result is monetized and specific
Manipulative closing techniques	Makes professional recommendations
Only gives choice of yes or no	Gives prospect choice of yeses

Printed with permission of Robert Middleton. To learn more, visit www.actionplan.com.

Stereotypical selling involves fast-talking, high-pressure techniques. Selfless selling calls for just the opposite, however. Instead of talking, you're asking questions and listening to the answers, which usually prompt more questions. Selfless selling focuses on helping patients get what they really want and need, not just on meeting production goals for the month. Finally, selfless selling views patients as partners, not adversaries.

WHEN YOU ENGAGE IN
STEREOTYPICAL SELLING
(SELFISH SELLING) THE WORK CAN
BE UNPLEASANT AND DIFFICULT.
BUT WHEN YOU FOCUS ON
HELPING PEOPLE INSTEAD
OF MAKING THE SALE,
YOU'LL SELL MORE SERVICES.

choice is based on price is facing unemployment or bankruptcy or is uninsured. The patient who chooses to do nothing may be phobic.

Finally, take a minute to define a “successful” case presentation. In your mind, does “success” mean that a patient agrees to your full treatment plan, or does it mean that a patient leaves satisfied with what he has chosen for himself? Does “success” mean you’ve truly partnered with a patient and collaborated on determining the best course of action, or does it entail a quick decision on a patient’s part?

Taking the time to answer the above questions will be enlightening. You might discover that though you prefer selfless selling, you and your staff have fallen into the traps of selfish selling. If so, now’s the time to make a change. When you do, Robert Middleton says you’ll enjoy many benefits. You lose your fear of rejection, patients respond to you more positively and will want to work with you, and they also respect you as a professional advisor rather than just another service provider.

Here’s the irony: when you engage in stereotypical selling (selfish selling) the work can be unpleasant and difficult. But when you focus on helping people instead of making the sale, you’ll sell more services.

What’s your selling style? ■



Time management is good business

Time is on my side, yes it is," by The Rolling Stones has always been a favorite lyric of mine. I feel that we have the ability to have time on our side by managing time better. This will result in better business and more personal growth. Specific methodology will vary from doctor to doctor but similar processes will apply to all. Time management is a very personal matter.

When one does not control their time well and lives in the "fast lane," one is more at risk for hypertension, heart disease, stroke, alcoholism, drug dependency, depression, anxiety, fatigue, appetite swings and an inability to relax. Therefore, the goal is to spend one's time more effectively. By establishing realistic, value-based goals, one can better manage time. One can assign priorities to their goals. Some goals can be immediately addressed, delegated, tabled or cast off. Special actions and steps can be formalized in order to attain them. It is important to realize and accept that action doesn't always mean productivity or success.

Time tracking is a valuable tool. Carefully documenting how one performs their duties will yield useful information. Do you typically accomplish or not accomplish tasks? What could you change to be more effective and efficient? I am most productive in the morning. It is my style to multi-task and get much done in a small amount of undistracted morning time.

Personally, my physical well-being has a direct bearing on my emotional and mental health. Working out regularly is essential for me. I also prepare myself mentally. For me, harder tasks require more introspection. Frequent breaks are also helpful to me. My mind works better in "spurts and sprints." Trying to keep my wasted time to a minimum is also important. I can do this consciously or unconsciously.

Good time management is being able to say no and/or maybe. Making commitments without thinking them through has put excessive strain on my well being. We always have a choice; often we don't take advantage of it. When confronted with situations that could be a potential time glut, I either respond yes, no, or I need more time to decide. Additional information and

thought have often resulted in far better solutions for all involved.

If you ultimately decide to give your time to somebody else, you must follow through. People who make empty promises are not trustworthy. Most of us don't have any additional time to accomplish more tasks. If this is the case, you must substitute, change or eliminate another task or behavior. This is not easy for most of us to do. We tend to live in our comfort zones and change doesn't always come easily. For me, watching less television has proved beneficial in gaining time.

Time management for my staff comes in the form of meetings. I attempt to make all the meetings meaningful and never waste my staff's time. Who knows what goes on more than one's staff? Often I'll ask for assignments in preparation for our meeting. Any request made will be undertaken by myself and thoroughly explained as to the how and why. I have an agenda prepared for each meeting. If bad talk develops in a meeting, it is quickly addressed in a positive manner. Most issues have more than two sides, and my staff has always been invaluable in delineating a deeper understanding. Complex problems are best addressed as a team. Staff has a fixed salary and consultants are often pricey, so it is prudent to use staff whenever possible.

Mistakes occur and are acceptable when one is attempting to improve behavior. Trying not to repeat mistakes, paying attention to detail, asking questions and seeking advice helps reduce mistakes. Patterns of behavior that frequently result in problems need to be changed. Doing the same thing and expecting different results is insanity. Don't be afraid to make mistakes, take chances or change your behavior patterns.

By organizing goals, tracking time, taking care of one's well being, reducing wasted time and clutter, organizing staff activities, minimizing mistakes, dealing effectively with stress and fear, being flexible and preparing for anything, time can truly be on your side. ■

Dr. Greene is a board-certified oral and maxillofacial surgeon. He may be reached at (773)327-2400 and www.lpinstitute.com

ABSTRACTS

A SUMMARY OF CLINICAL ARTICLES FROM OTHER JOURNALS

TRANS FATS MIGHT INCREASE INFERTILITY

Research conducted at the Harvard School of Public Health found that women with ovulation-related fertility problems tended to eat more trans fats than fertile women. Although the findings need to be confirmed, lead author Jorge E. Chavarro, MD, ScD, said that women planning pregnancies should be especially vigilant about replacing trans fats, just in case.

Dr. Chavarro's research team is among the first to examine the impact of specific foods and nutrients on infertility. Last fall, they reported that iron supplements appear to help protect women from ovulation-related infertility.

Both Dr. Chavarro's research and the newly published findings were based on data from the Nurses Health Study II, an ongoing health study involving female nurses.

More than 18,500 married, premenopausal nurses who either became or attempted to become pregnant between 1991 and 1999 were included in the latest assessment. A total of 438 women were diagnosed with ovulation-related infertility during that eight-year period.

Neither total fat intake nor total cholesterol intake was found to be associated with ovulatory infertility.

Trans fats were the only fats found to negatively affect ovulation-related fertility.

But nutritionist Marion Nestle, PhD, MPH, said the findings are unconvincing. Dr. Nestle is a professor in the department of



nutrition, food studies and public health at New York University in Manhattan.

She points out that the researchers were only able to show an increased infertility risk when they adjusted for many other possible infertility risk factors.

"If you look at their raw data, it just didn't show an increase in risk," she says. "And even when the adjustments were made, the numbers were still very small."

Dr. Nestle says the only dietary factors proven to play a role in infertility are eating way too little and eating way too much. Infertility is common among women who starve themselves for long periods or who are very obese.

There is little evidence to suggest that the individual foods women eat play a significant role in fertility, Dr. Nestle says.

SOURCES: Chavarro, J. *American J Clin Nutrition*, January 2007; 85: pp 231-237

BIOLOGICAL AGING PREDICTS HEART ATTACK

People who age quickly—as measured by DNA shortening—are at a greater risk of developing heart disease. But statin drugs may help, a *Lancet* study suggests. Every time a cell in the body replicates, the DNA string (the telomere) at one end of the chromosome gets shorter. When it gets too short, the cell dies. Current scientific thought holds that this process is directly related to aging.

Telomere shortening happens at different rates for different people. This suggests that our chronological age (the number of years since our birth) is different from our biological age (as measured by telomere shortening).

Does our "biological age" really predict death and disease?

Scott W. Brouillette, PhD, and colleagues have previously shown that telomere lengths in people who have heart attacks

before age 50 and in people who are candidates for triple bypass surgery tend to be shorter than telomere length in healthy people of the same age and sex.

In their current study, the researchers looked at people enrolled in a clinical trial of the cholesterol-lowering drug Pravachol. Over five years, 484 patients developed heart disease. The researchers compared their telomere length in white blood cell DNA to that of 1,058 matched people who remained free of heart disease. Sure enough, those who developed heart disease had telomere lengths similar to those in the comparison group who were six years older.

Study participants in the top third of telomere length were about 50 percent less likely to have heart disease than those in the middle or lower third.

Interestingly, Pravachol—one of the "statin" family of cholesterol-lowering drugs—dramatically lowered the heart disease risk of people with shorter telomeres. But the drug seemed to have little effect on heart disease risk in people with the longest telomeres. Dr. Brouillette and colleagues suggest that statin drugs may slow biological aging not by lowering cholesterol but by increasing blood levels of a molecule that stabilizes telomeres.

The researchers suggest that by measuring telomere length, doctors could identify those patients most likely to benefit from statin treatment. However, a *Lancet* editorial appearing

alongside the study casts doubt on this idea.

Ioakim Spyridopoulos, MD, and Stefanie Dimmeler, PhD, of the University of Frankfurt, Germany, agree with Dr. Brouillette and colleagues that biological aging could contribute to heart disease risk. But they note that different people start life with different-length telomeres. An individual's telomere length, they suggest, says nothing about how fast that person is aging.

Looking at telomere length in a large number of people may provide insight into the relationship between biological aging and disease, they concede, but they flatly reject the idea that telomere length could predict an individual's risk of heart disease.

SOURCES: Brouillette, S.W. *The Lancet*, Jan. 13, 2007; 369: pp 107-114.
Spyridopoulos, I. and Dimmeler, S. *The Lancet*, Jan. 13, 2007; 369: pp 81-82

SCIENTISTS FIND CLUE TO CAUSE OF ALZHEIMER'S

Variations in a gene known as SORL1 may be a factor in the development of late onset Alzheimer's disease, an international team of researchers has discovered. The genetic clue, which could lead to a better understanding of one cause of Alzheimer's, was reported in *Nature Genetics* online Jan. 14, and was supported in part by the National Institutes of Health (NIH).

The researchers suggest that faulty versions of the SORL1 gene contribute to the formation of amyloid plaques, a hallmark sign of Alzheimer's in the brains of people with the disease. They identified 29 variants that mark relatively short segments of DNA where disease-causing changes could

lie. The study did not, however, identify specific genetic changes that result in Alzheimer's.

Richard Mayeux, MD, of Columbia University; Lindsay Farrer, PhD, of Boston University; and Peter St. George-Hyslop, MD, of the University of Toronto; led the study, which involved 14 collaborating institutions in North America, Europe and Asia, and 6,000 individuals who donated blood for genetic typing. The work was funded by NIH's National Institute on Aging (NIA) and the National Human Genome Research Institute (NHGRI), as well as 18 other international public and private organizations.

"We do not fully understand what causes Alzheimer's disease, but we know that genetic factors can play a role," says NIA director Richard J. Hodes, MD. "Scientists have previously identified three genes, variants of which can cause early onset Alzheimer's, and one that increases risk for the late onset form. This discovery provides a completely new genetic clue about the late onset forms of this very complex disease. We are eager to investigate the role of this gene further."

Scientists think that in Alzheimer's disease amyloid precursor protein, or APP, is processed into amyloid beta protein fragments that make up plaques in the brain. The researchers began their search for genetic influences amid a group of proteins that transport APP within cells, looking for

small changes in seven genes involved in moving APP within cells.

To start, the scientists combed two large data sets of genetic information from families in which more than one person has Alzheimer's disease. They were soon able to see that many of the families with Alzheimer's had variations in the SORL1 gene but not consistently in any of the other six genes.

They then expanded their



search to genetic data sets from families of Northern European, Caribbean-Hispanic, Caucasian, African-American and Israeli-Arab heritage for changes in the SORL1 gene. Again, they found an association between SORL1 variations and Alzheimer's disease. Searching additional data sets provided by Steven Younkin, MD, PhD, of the Mayo Clinic, further confirmed the association of SORL1 variations and Alzheimer's disease.

"We are seeing the gene implicated in multiple data sets, across ethnic and racial groups," says Dr. Farrer. He adds that the group was "encouraged and excited" by cell biology experiments that

demonstrate SORL1's role in the production of beta amyloid fragments.

Examining blood cells from people with and without Alzheimer's disease, the researchers found less than half the level of SORL1 protein in people with Alzheimer's disease compared to people without the disease. In laboratory experiments, they found that altering the levels of SORL1 changed the way APP moved around in cells, with low levels

of SORL1 resulting in increased production of amyloid beta fragments while high levels decreased production. However, the researchers note, other genetic and non-genetic factors are likely to affect SORL1 production in people, and more research is needed to determine how different versions of the SORL1 gene influence production of the harmful protein fragments. ■

YOUR HEALTH

A SUMMARY OF NEW HEALTH-RELATED INFORMATION

Take good care of your hands

The increased prevalence of contagious skin infections, the threat of pandemic flu and the upcoming cold season prompted The Soap and Detergent Association (SDA) to issue its second *Clean Hands Report Card*, giving America a grade of C-, a downgrade from the C the U.S. earned in 2004.

Among the findings of SDA's 2006 National Cleaning Survey:

- 68 percent of respondents don't wash their hands long enough to effectively remove

germs and dislodge dirt (worsened from 54 percent in 2004). The Centers for Disease Control and Prevention (CDC) and SDA recommend washing with soap for at least 20 seconds.

- 36 percent surveyed seldom or never wash their hands after coughing or sneezing (slightly improved from 43

percent in 2004). One of the most common ways people catch colds is by rubbing their nose or eyes after touching someone or something contaminated with the cold virus.

- 31 percent don't always wash before eating lunch (similar to 2004). That means that germs from money, door handles and the lunch counter could attract more bugs than just ants to the picnic.

The *Report Card* surveyed Americans on basic hand hygiene practices, such as washing before a meal, after using the bathroom, and after coughing or sneezing. The *Report Card* not only measured how often Americans wash but for how long, and revealed perceptions of hand hygiene.

According to the CDC, cleaning our hands is the single most important thing we can do to keep from getting sick and spreading illness to others. Of those surveyed by SDA, only 50 percent believe that hand washing is the best way to prevent colds and flu. And 31 percent of respondents wash their hands fewer than seven times on an average day.

Ninety-two percent of Americans surveyed said they always washed their hands after using the bathroom, while five percent said they frequently washed, and three percent said they seldom or never washed. However, there may be a major gap between what people say and

what they do.

A 2005 observational study commissioned by SDA and the American Society for Microbiology found that just 83 percent of people washed their hands after using a public restroom.

HAND HYGIENE 101

Wet hands with warm running water prior to reaching for the soap, whether it's in bar or liquid form.

Rub hands together to make a lather. Do this away from running water, so the lather isn't washed away.

Wash the front and back of your hands, between your fingers and under the nails. Continue washing for 20 seconds or more.

Rinse hands well under warm running water.

Dry hands thoroughly with a clean towel or air dryer.

Hand sanitizers, gels and premoistened wipes are useful alternatives if soap and water are not available (for example, when traveling by car on the way to a business meeting, before eating an in-flight meal or snack, in outdoor work settings, etc.)

While routine hand washing is recommended throughout the day, according to SDA, hand washing is vital:

- Before preparing food
- When eating
- After using the restroom
- After touching animals
- When hands are dirty
- When you or someone around you is ill.



INJURIES

Most hand injuries will heal without significant loss of function if evaluated by a doctor soon after the injury. Almost all hand injuries require a medical evaluation because even the most insignificant hand injuries have the potential for serious or crippling loss of function.

How well the injury heals with the least limitation of function depends on the type and severity of the injury and how much time elapsed before you receive the proper medical evaluation and treatment. However, most hand injuries can be treated at home.

LACERATIONS

Apply pressure to the wound to stop bleeding.

If possible, wash dirt or debris from the wound.

Cover the wound to prevent further contamination or injury.

Do not remove large foreign bodies such as nails, hooks, or knives.

Don't be a hero. Seek medical attention for deep cuts to make sure that there is no involvement of nerves, arteries, muscles or tendons. Your physician will clean and examine the wound, prescribe pain medication and antibiotics if necessary and may administer a Tetanus shot if you have not had one in the past 10 years.

FRACTURES AND DISLOCATIONS

Immobilize or splint the injured area, if possible.

Cover any exposed bone (open fracture) with a clean towel, cloth or gauze.

Ice may help decrease the pain, but never apply for more than 20 minutes and never directly to skin.

Seek medical attention.

AMPUTATIONS

The amputation of any part of your hand can be devastating under any circumstance, but is particularly catastrophic for a dentist. Reattachment is difficult and, even if successful, may cause long-term problems such as pain and infection. But it's worth a try.

Time is of the essence. Crush or tear injuries and prolonged delay before evaluation could make replantation impossible. You and your amputated body part should get to the emergency room as quickly as possible. The type, location, extent, personal wishes and time of injury all contribute to the treatment plan.

Some injuries will require immediate surgery for replantation. Others will require little medical intervention beyond cleansing, bandaging and giving the injury time to heal.

SOFT TISSUE INJURIES AND AMPUTATIONS

Apply pressure to stop bleeding.

Cover with a damp bandage, if possible.

Elevate the hand above the heart.

Retrieve the amputated body part. If possible, cover, keep damp and place near ice to cool. Do not place body part in direct contact with ice in order to prevent freezing.

Seek medical attention.

INFECTIONS

Keep clean and dry.

Seek medical attention.

BURNS

Thermal (heat) burn: Cool with water, not ice, then cover.

Chemical burn: Irrigate with lots of water, then cover.

Frostbite: Rewarm with warm-water bath or soak, then cover.

BITES

The main complication of bite wounds is infection. To help prevent infection, bites (human bites or animal bites) require thorough cleansing and irrigation (washing out the wound).

Puncture wounds (such as cat bites) and wounds where tissue is crushed (such as human and dog bites) are particularly likely to become infected. The risk of infection increases when these wounds are stitched, so most bite wounds need to be allowed to heal without stitches. Your physician may decide to stitch large bite wounds.

Most bite wounds require antibiotics and close follow-up to assure healing.

A common cause of a human bite wound is a fight in which a punch results in a cut on the hand caused by striking the opponent's teeth. When this "fight bite" is over a joint (usually the knuckle), cleaning the joint in the operating room may be necessary. This type of injury may appear minor but can lead to severe deformity or disability even when appropriately treated.

CARPAL TUNNEL SYNDROME

Carpal tunnel syndrome (CTS) is a disease of the hand characterized by numbness, tingling, pain and weakness. The disease typically affects the thumb, index and middle fingers and is often particularly troublesome at night.

A major nerve, specifically the median nerve, travels down the arm and enters the hand through the carpal tunnel, which is located in the central part of the wrist.

Pregnant women, adults with rheumatoid arthritis, people with diabetes or hypothyroidism, alcoholics and people who have fractured their wrists

are at risk for developing CTS. Most people with CTS have no identifiable cause. It affects almost 5 percent of the population and is most common in middle-aged women.

In people with CTS, pressure in the carpal tunnel is higher than in unaffected people, and median nerve irritation occurs.

CTS is diagnosed based on the complaints of the individual combined with physical tests and often electrical studies. No single test is definitive for diagnosis of CTS. Instead, the person's complaints and test findings together lead to its diagnosis.

Home care for CTS is straightforward and can often provide relief for mild cases of carpal tunnel syndrome.

Wear a wrist splint (available for purchase at most drugstores) to keep the wrist in a neutral position. Splinting is usually tried for a period of 4-6 weeks. Some people wear their splints at night only and others wear their splints both day and night, depending upon when the symptoms are at their worst. If no relief is found after 4-6 weeks, the splints are not likely to help.

Of course, prevention is best. Avoiding smoking, maintaining appropriate weight, and regularly exercising may help prevent the onset of CTS.

Modification of workstations, keyboards and tools has been attempted to try to prevent the development of CTS. Whether these interventions help is unknown. Appropriate treatment of wrist arthritis, when present, can prevent or treat carpal tunnel syndrome. ■

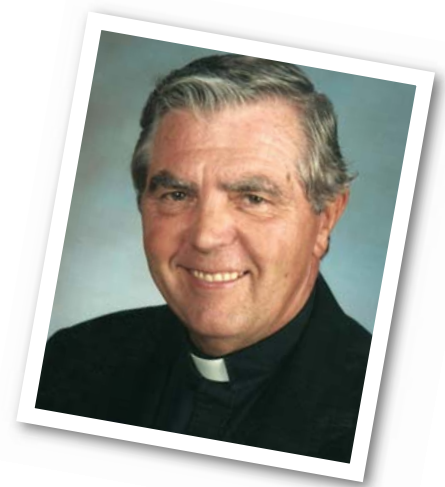
SOURCE: Centers for Disease Control and Prevention, www.webmd.com, Soap and Detergent Association and www.emedicinehealth.com.

SNAP SHOTS

PROFILES OF PEOPLE IN THE PROFESSION

Former dentist, still in the business of healing

Joanna Brown



Jerry Meyer's day-to-day life right now is hardly what he had anticipated when he received his dental school diploma 51 years ago. Sure, he's answering calls from people in pain at all hours of the day and night, but the healing he offers affects the soul—the softest tissue of all.

Fr. Meyer, a 1956 graduate of the Loyola University School of Dentistry, was ordained as a Catholic priest by the Diocese of Peoria in 1996. He has been pastor of St. Francis of Assisi Church in Ottawa since 1998, offering spiritual leadership to the parish of nearly 500 families.

"It's not the 'run of the gun' operation we have as dentists, scheduling appointments, seeing patients, taking emergencies," said Fr. Meyer, who opened his Des Plaines dental practice in 1958. He and his late wife raised 10 children in the same town, and he served for eight years as an alderman.

"Being a priest, I say, is more like being a night watchman, where I don't have to do as much all the time, but I'm working 24/7 taking calls from the hospital and such. I have to be available all the time. It's a constant shepherding of the people, but it's a lot more laid back. It's totally different."

Fr. Meyer speaks most proudly of the community his parish has built for the children. Many of the parish families are older, but they have a religious education program for 100 students, as well as basketball and cheerleading programs for young athletes. Fifty students will be Confirmed by the Bishop this spring.

Such pride may be related to the strong family life Fr. Meyer built as a younger man. Though not all of the children understood their father's decision to enter the seminary at first, they are all supportive now. He remains close with the six surviving children—four died of cystic fibrosis—and his 20 grandchildren (No. 21 is due to arrive this summer). Two

sons even followed in his footsteps and became dentists; one of them took over Fr. Meyer's Des Plaines practice.

Fr. Meyer's past life as a dentist and his current work as a priest occasionally intersect, such as when he celebrates Mass in a Chicago hotel during the annual Midwinter Meeting. It will happen again April 22, when Fr. Meyer celebrates a Lilac Mass for dentists in Chicago's Holy Name Cathedral.

The Mass's lilac moniker refers to the official color of dentistry which appears in all academic regalia, but Fr. Meyer said the Mass will celebrate the public service dentists offer when caring for their patients.

"The Mass is a reason for us to assemble and pray to God as we devote ourselves to the patients we care for, to pray in honor of our profession. I'm still caring for people, but in a different area of life," he said, referring to the spiritual leadership he provides. "I'm not caring for people in a physical way, but I've always had to know a lot about understanding pain, either physical pain or emotional and spiritual pain."

Holy Name Catholic Cathedral is located at 735 N. State St., at Superior Street. For more information on the Lilac Mass, contact Dr. Walter Lamacki at wlamacki@aol.com. ■

Ms. Brown is a staff writer for CDS.

LOOKING BACK

THE PATH TO THE FUTURE BEGINS IN THE PAST

Clutch performers

EN ROUTE TO CAREERS IN DENTISTRY, THEY MADE NAMES FOR THEMSELVES IN SPORTS

Elizabeth Giangregio

World War II played havoc with sports. The shortage of men opened playing field gates to players well past their physical prime and allowed talented women to play professional baseball.

The war also decimated the rosters of most college football teams. For example, The Ohio State University lost 22 players in 1941 to either graduation or military service. The school fielded a team of 24 sophomores, 16 juniors and three seniors, including Les Horvath. In 1944, Les Horvath was studying dentistry when head coach Carroll Widdoes invited him back to the gridiron. The rules at the time allowed for a fourth year of eligibility because of the war.

The Buckeyes topped the nation in 1942 and although the university does not recognize it, the team won its second championship in 1944 and quarterback Les Horvath became the 10th person in the nation to receive the Heisman Trophy.

The Heisman Memorial Trophy Award was established in 1934 to honor the most outstanding collegiate football player in the United States. It was named for John Heisman, a prominent 19th century football player and coach. He developed one of the first shifts, had both guards pull to lead an end run and had his center toss the ball back, instead of rolling or kicking it. He was a proponent of the legalization of the forward pass.

Dr. Horvath graduated from dental school in 1945, and joined the U.S. Navy as an ensign. He served until he was discharged in July 1947. He played professional football for three seasons, from 1947 until 1949, for the Los Angeles Rams (now the St. Louis Rams) and the Cleveland Browns. He then became a practicing dentist in the Los Angeles area. Dr. Horvath died in November 1995 at the age of 74.

Tennessee dentist Emmett Cary Middlecoff retired from the profession to pursue a successful career as a champion



Photography: AP Photo/Title



TOP: (L-R) Ben Hogan, Sam Snead, Dr. Cary Middlecoff and Byron Nelson walk away from the second tee at the Olympic Club in practice round for the U.S. Open Golf Tournament in San Francisco, June 9, 1955.

LEFT: Les Horvath, a multipurpose back at Ohio State, is pictured with the Heisman Trophy he won in 1944.

golfer. Dr. Middlecoff joined what is now the PGA Tour in the 1940s, a time when it would have been more lucrative to remain a practicing dentist. During his career, Dr. Middlecoff won 40 professional tournaments, including the U.S. Open in 1949 and 1956 and The Masters in 1955. He later became one of the best known television commentators and appeared as himself in two motion pictures (*Follow the Sun* in 1950 and *The Bellboy* in 1960). In 1947, Dr. Middlecoff appeared in a short biographical sports documentary *Golf Doctor*. He died in 1998 at age 77.

The University of Michigan School of Dentistry must have set some kind of sporting dentist record. Walter Booth, an 1891 alum, was a catcher for the varsity baseball team. The school also boasts football players Julius Franks (guard, All-American, 1942) and Gene Derricotte (quarterback, 1947, Rose Bowl).

The dentist with the most Olympic medals is track and field star John Walter Beardsley Tewksbury. The Pennsylvania dentist won five medals at the 1900 summer games in Paris. Dr. Tewksbury was considered one of the best student athletes when he attended the University of Pennsylvania College of Dentistry, from which he graduated in 1899. He was 24 when he competed in the Paris games, where he earned one more medal than his friend and college roommate Alvin C. Kraenzlein, DDS.

At the 1900 Olympics, Dr. Kraenzlein led the way with gold medals in the long jump, 110-meter hurdles, 200-meter hurdles and the 60-meter dash. Dr. Tewksbury earned five medals: gold in the 200 meters and 400-meter hurdles, silver in the 100-meter and 60-meter dashes and bronze in the 200-meter hurdles.

Both Dr. Kraenzlein and Dr. Tewksbury went on to practice dentistry after their Olympic feats. ■

DENTAL DATELINE

Rinse your mouth out

There are many reasons to add mouthwash to your home care routine. We all know mouthwash is an easy way to freshen breath after a meal filled with garlic and onions, but mouthwash can also prevent dry mouth, fight plaque and tooth decay, and soothe irritated gums.

Your local drugstore carries a wide variety of mouthwashes, so ask a dentist or hygienist to recommend which product is best for you. In the meantime, here are a few tips to know before you go to the store:

Breath fresheners

Mouthwashes containing zinc and chlorine work to kill the odors produced by bacteria caught between your teeth and gums. These mouthwashes may also contain a germicide to fight gum disease and plaque, the sticky substance that remains on your teeth after a meal. Brushing your teeth and flossing are the best way to kill these bacteria and fight bad breath, but a mouthwash can help when brushing isn't an option. Talk to your dentist if the bad breath persists, though, as it might be a sign of gum disease or tooth decay.

THERE ARE MANY REASONS TO ADD MOUTHWASH TO YOUR HOME CARE ROUTINE.

Antibacterial rinses

These products—with ingredients like thymol, eucalyptol and menthol—fight gum disease and plaque more effectively than the breath-fresheners described above. Antibacterial formulas reduce bacteria by up to 75 percent when used appropriately. But they also contain a lot of alcohol, which can dry out your mouth.

Fluoridated mouthwashes

Fluoride is a naturally occurring mineral that strengthens teeth and helps fight cavities. Many patients get enough fluoride by drinking tap water, but your doctor may recommend a fluoridated mouthwash if you drink a lot of bottled water or filtered water. Fluoridated mouthwashes do not contain the antibi-



otics that fight gum disease though, so ask your dentist which product is best for you and your family.

Prescriptions

Your dentist might prescribe a mouthwash for you to use at home. These products have stronger germ-fighting ingredients to treat advanced stages of gum disease. Some of the ingredients may stain your teeth, so be sure to keep your regular dental appointments while you're using prescription strength mouthwash. The dentist will watch for signs of staining. ■

West Suburban Branch ★ West Side Branch

Golf Outing

Wednesday, May 23

BOLINGBROOK GOLF CLUB

2001 Rodeo Dr., Bolingbrook

(View the course at www.bolingbrookgolfclub.com)

TEE TIMES START @ 8 A.M.

Lunch follows immediately after golf

FEE: \$135 PER PERSON

Includes: golf, cart, logo cap or glove,
lunch and prizes for everyone

AWARDS FOR EACH:

- Longest drive
- Longest putt
- Low net
- Highest score

BRING A FRIEND OR COLLEAGUE!

RSVP BY MAY 9

SEND CHECK AND NAMES

OF YOUR FOURSOME TO:

Dr. Patrick Pendleton, 600 Hill Grove, Suite #5, Western Springs, IL 60558

For more information, call Dr. Pendleton at (708)246-2405

MEETING PLACE

A GUIDE TO DENTAL MEETINGS AND CE COURSES

UPCOMING MEETINGS

APRIL

3: Kenwood/Hyde Park

Speaker and topic TBA. Rumba, 351 W. Hubbard St., Chicago. Cocktails: 6:30 p.m.; Dinner: 7 p.m.; Meeting: 8 p.m. Contact Kimberley Bolden, (312)372-7874.

3: Northwest Side

Ales Obrez, MD: Obstructive Sleep Apnea. Colletti's Restaurant, 5707 N. Central Ave., Chicago. Cocktails: 6:30 p.m.; Dinner: 7:30 p.m.; Meeting: 8:30 p.m. Contact Spencer Bloom, (773)777-3309.

10: Englewood

Lou Graham, DDS: Unique Approaches to Restorative Dentistry. Nikos' Restaurant, 7600 S. Harlem Ave., Bridgeview. Cocktails: 6:30 p.m.; Dinner: 7:15 p.m.; Meeting: 8 p.m. Contact Jack Burke, (773)779-1774.

10: South Suburban

A Discussion with the CDS President. Idlewild Country Club, 19201 Dixie Hwy., Flossmoor. Cocktails: 6 p.m.; Dinner: 7 p.m.; Meeting: 8 p.m. Contact Joseph Noetzel, (708)755-1333.

10: West Suburban

Derrick Williamson, DDS, MS: Advanced Prosthodontic Treatment. Maggiano's, 240 Oak Brook Center, Oak Brook. Cocktails: 6 p.m.; Dinner: 6:45 p.m.; Meeting: 7:30 p.m. Contact Jim Gianakakis, (630)654-3331.

16: Odontographic Society of Chicago

Gary Alder, DDS: Head and Neck Pain Management. Chicago Athletic Club, 12 S. Michigan Ave., Chicago. Contact Alvaro Figueroa, (312)563-3000.

17: North Suburban and Northwest Suburban

After-work Spa Party, Sasha G Salon and Day Spa, 371 E. Dundee Rd., Wheeling, 4-9 p.m. Contact Susan Becker Doroshow, (847) 677-2774, sbdds@aol.com; or Julie Parry, (847) 381-5110.

24: North Side

Mark Lingen, DDS, PhD: Oral Pathology/Oral Surgery. Holiday Inn Chicago-Skokie, 5300 W. Touhy Ave., Skokie. Cocktails: 5 p.m.; Dinner: 6 p.m.; Meeting: 7 p.m. Contact James Robinson, (312)263-5090.

MAY

18: Chicago Academy of General Dentistry

Robert Bossack, DDS: Special Care Anesthetics and Medically Compromised Individuals. 8 a.m.-4 p.m. Maggiano's Little Italy, 240 Oak Brook Center, Oak Brook. Contact Peter Gallos, (630)759-0077, donti_32yahoo.com.

REGIONAL MEETING

APRIL 18

Barbara Steinberg, DDS: Women's Health and Antibiotic Prophylaxis
CDS Regional Meetings are 9 a.m.-2:30 p.m.
Drury Lane, 100 Drury Lane, Oakbrook Terrace. 5 CE hours.

Educational meetings are free to all CDS members and their auxiliaries, as well as dental hygienist members of the Illinois State Dental Society. A \$250 fee is charged to dentists who are not ADA members, which may be applied to membership for the current year.

Registration is not required for any regional program.

SEPTEMBER 12

Edward Kising, DDS: Credit and Collection for the Dental Office

STUDY CLUBS

MONDAYS

Greater Evanston Dentists Association

Meets first Monday of every month, noon-1 p.m., Gio Restaurant, 1631 Chicago Ave., Evanston. Contact Roger Nouneh, (847)475-7754.

TUESDAYS

Central Lake County Dental Study Club

Meets third Tuesday of every month at noon, January-November, Grandma V's Pancakes, 10 E. Maple Ave., Mundelein. Contact Paul Showers, (847)816-3636.

FRIDAYS

Uptown Dental Forum

Weekly lunch/lectures, Sauganash Restaurant, 4732 W. Peterson Ave., Chicago; 12:30-2 p.m. Academy of General Dentistry sponsorship approved. Contact Marshall Dolnick, (773)588-3880.

Waukegan Dental Study Group

Semi-monthly meeting for lunch, noon to 2 p.m., Waukegan Ramada, 200 Green Bay Rd. Contact Rob Bard, (847)244-0155, or Rod Morrow, (847)689-1213.

PLANNING A MEETING?

Fax your meeting information to (312)836-7337 or e-mail review@cds.org.

When submitting information, be sure to include the subject, date, time, location, speaker name and degree, as well as the name and phone number or e-mail of the contact person. The CDS Review publishes meeting listings for free as space permits. Only meetings open to all CDS members may be listed. Be sure to send your information to the Chicago Dental Society at least 60 days prior to your meeting.

View current meeting listings online at www.cds.org/for_your_practice/continuing_education/courses.wu4

ENGLEWOOD BRANCH

ANNUAL GOLF OUTING

WEDNESDAY
**JUNE
13**

COG HILL

GOLF & COUNTRY CLUB
COURSES 1 & 3
12294 ARCHER AVE.
LEMONT • (630)257-5872

TEE TIMES:
Noon to 1 p.m.

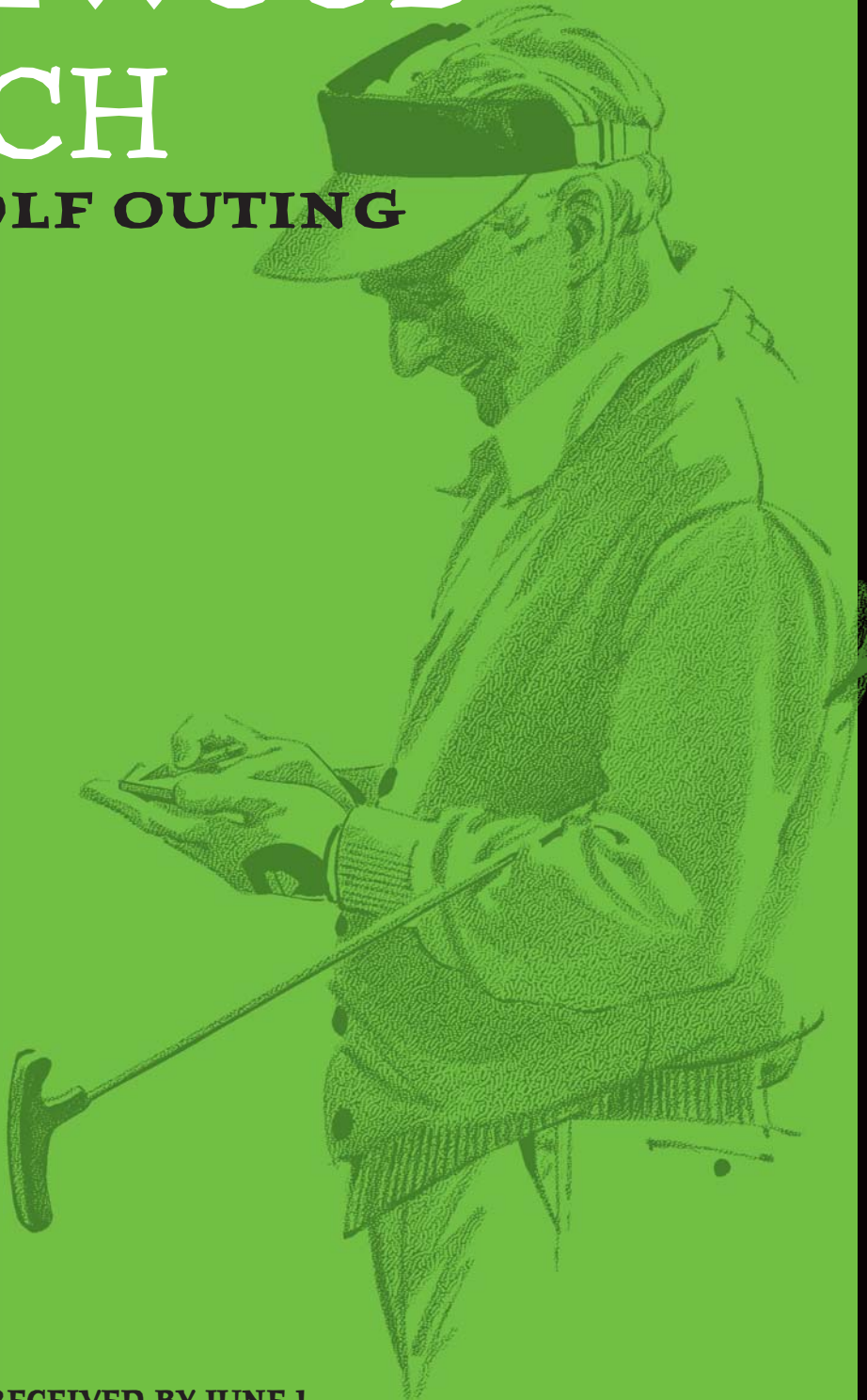
FEES:

Golf & dinner:.....\$80/player
Dinner only:\$42
(at 6:30 p.m., choice of steak or fish)
Golf only:\$40

RESERVATIONS MUST BE RECEIVED BY JUNE 1.

Send checks payable to the **ENGLEWOOD DENTAL BRANCH** to:
Michael Meehan, DDS, 6745 W. 127th St., Palos Heights, IL 60463 • (708)448-3131

***Please indicate your preferred tee time and names in your foursome.**



**NORTHWEST SUBURBAN BRANCH
NORTH SUBURBAN BRANCH**

2007

Suburban Scramble



**WEDNESDAY
JUNE 6**

8 A.M. SHOTGUN START

Kemper Lakes Golf Course

24000 N. Old McHenry Road, Kildeer (1.2 miles north of Route 22)

RESERVATIONS:

Priority given to branch members before May 1. Registration will be open to all others after May 1 on a first-come, first-served basis.

FEES*:

\$135 for North and Northwest Suburban Branch members

\$160 for other CDS branch members and nonmembers

(Includes greens fees, golf cart, lunch and prizes)

*Fees increase by \$25 if you register after May 1.

FOR MORE INFORMATION:

Dr. Jeff Kemp, (847)255-3020, or Dr. Mark Jacob, (847)564-2180



Reservations

Name: _____ Foursome: _____

Office address: _____

City/State/Zip: _____

Office phone: _____

CDS branch: _____ Amount enclosed: \$ _____

Send check made payable to **NORTHWEST SUBURBAN CHICAGO DENTAL SOCIETY** to: Dr. Jeff Kemp, 1420 N. Arlington Heights Rd., Suite 230, Arlington Heights, IL 60004.



Relax...

North & Northwest Suburban Branches

AFTER-WORK SPA PARTY

Tuesday, April 17, 3-9 p.m.

Sasha G Salon & Day Spa

371 E. DUNDEE ROAD, WHEELING • AT MILWAUKEE AVENUE, IN RIVERSIDE PLAZA

Enjoy an evening of pampering with colleagues at our private event. Too busy to enjoy all of your services on party night? Don't worry! The balance of your package will be honored at a later date. Space is limited. This event is for doctors only, with priority given to branch members who make reservations by April 11.

\$125 choice of spa packages

\$35 Manicure Break

Fee includes refreshments throughout the event. Spa gratuities are not included.

Make your spa package reservation (between 3-9 p.m.) and payment by calling
Sasha G Salon, (847)215-7033.

For spa package details and more information, contact:

Dr. Susan Becker Doroshow, (847) 677-2774 or sbddds@aol.com

Dr. Julie Parry, (847) 381-5110

NEWSWORTHY

LOCAL AND NATIONAL NEWS ABOUT DENTISTRY

DR. JONES JOINS UIC

Other than the Chicago winters to which North Carolinian Michael Jones, DDS, still hasn't quite acclimated, the new Clinical Assistant Professor of Oral and Maxillofacial Surgery enjoys working at the University of Illinois at Chicago (UIC) College of Dentistry.

"The great thing about UIC is that people know it and the children of alumni want to go to it," Dr. Jones said. "That's a testament to how good a school it is.

"I'm mostly doing coverage of the clinic, half my time with undergrads and half my time with postgrads. I'd like to teach some courses, as well. Having gone to dental school and having done my residency elsewhere, I'm hoping to bring a slightly different perspective and way of doing things to an already excellent academic environment."

Dr. Jones earned his DDS at the University of North Carolina; completed a General Practice Residency at St. John's Mercy Medical Center, in St. Louis; and completed both an Oral Surgery Internship and an Oral Surgery Residency at Cook County's John Stroger Hospital.

His research interest is in gingival metastasis of pulmonary small cell carcinoma. Dr. Jones also is in private practice in Crystal Lake.

He and his wife, Abhilasha, an emergency room physician at Rush-Copley Medical Center, live in Naperville with their three dogs.

When not working, Dr. Jones enjoys mountain biking and running marathons.

BACK-UP SERVICES DON'T HAVE TO BE EXPENSIVE

Wall Street Journal computer guru Walter Mossberg, in his Dec. 14 "Personal Technology" column, discussed the increasing ease of backing up computer files using off-site servers.

Two services Mr. Mossberg highlights are Carbonite and Mozy, which allow users to back up computer files to their servers and maintain them for approximately \$50 per year.

Although the initial transfer of files can take a long time (even with a high-speed Internet connection such as cable or DSL), subsequent back-ups are easy—particularly if the user sets the program to back up files automatically. Off-site back-up makes sense; if you back up your data with another hard drive in your office, your files are still vulnerable to fire or theft.

Arranging to use off-site servers to back up personal files off home computers is relatively straightforward. Backing up dental office computers, however, is slightly more involved because of the sensitive nature of patient information. Yet, according to Mr. Mossberg, both online back-up sites he reviewed encrypt data so that no one but the subscriber has access to them.

According to the American Dental Association, dental practices should run a security analysis on their regular electronic transactions to determine if they are in compliance with applicable laws, including HIPAA if the practice is covered by that law. The ADA offers an "HIPAA Security Kit" to members for \$99. The kit is

available for purchase at www.adacatalog.org.

Backing up your files is always a good idea, Mr. Mossberg says. After all, "you'll sleep better at night."

ENCRYPTION-CAPABLE HARD DRIVES OFFER ADDED PROTECTION

Backing up patient and financial data on off-site servers is a prudent thing to do as insurance against the destruction or loss of your practice's computers. But what about securing the information in case your computer falls into the wrong hands? An unscrupulous person can do a lot of damage with the sensitive and personal data found on a dental office's computer disk drives.

Dr. Garrett Guess, writing in the November issue of *Facets*, the official publication of the San Diego County Dental Society, tells his readers of ways to secure the data on a hard drive, protecting it even if a thief has the hardware in his possession.

"The best prevention you can do to protect your practice's information is to utilize a hard drive that has a hardware level of encryption," he writes. "Without a physical code key plugged into the hard drive, the data is inaccessible and the drive is unusable."

Hard drives with this capability cost a little more than traditional drives, but the added cost is worth the protection, Dr. Guess says. And although your access to the information is gone if you happen to lose the code key, simply losing the information is a lot less problematic than having it accessed by identity thieves.

PAY-FOR-PERFORMANCE IS COMING

In the November issue of *Membership Matters*, the member publication of the Oregon Dental Association, editor Fred Bremner, DMD, explained that pay-for-performance" (P4P) is a generic term for provider payment methodologies that offer financial and other incentives to healthcare professionals who meet evidence-based performance criteria in clinical care.

As Dr. Bremner pointed out, however, not everyone will agree on how to define "performance." He described a lawsuit filed against an insurer by physicians who feel the insurer damaged their reputations by mass mailing explanations about why the physicians were dropped from the network. Sometimes, he wrote, physicians, dentists and other health professionals spend what insurers believe is too much time or too much money on a particular patient because—believe it or not—the patient needs the care.

Warning readers that even the federal government is looking at P4P as a way to reduce costs in programs like Medicare and Medicaid, Dr. Bremner highlighted a list of principles by which P4P programs should be judged, recently published by the ADA. The ADA urges all health care payers that are considering P4P as a way to control costs to incorporate these principles.

The ADA principles state that the objective of P4P programs in dental plans must be improved oral health care, so performance measures in those plans must be quality-related. Further,

it is imperative that no P4P standards interfere with the patient-doctor relationship by injecting factors unrelated to care.

ADA RESOURCES HELP DENTISTS AND PATIENTS

The ADA has long been active in promoting tobacco cessation and prevention, beginning with a policy first adopted in 1964 to inform the membership and the public about the health hazards of tobacco products.

"Many dentists may not be aware of all the information and materials available on tobacco control through the ADA," said Dr. Vincent Filanova, chair, ADA Council on Access, Prevention and Inter-professional Relations. "Smoking can be a difficult subject to broach with patients, and ADA resources can help dentists break the ice with patients."

Dr. Filanova, a dentist in Amsterdam, NY, says dentists should "not only ask patients 'Do you smoke?' but also 'Would you like to quit?' It's a very easy thing to ask and there is lots of information and groups that you can access through the ADA that can help."

The ADA offers dentists and the public a variety of resources, many of which are showcased in newly updated tobacco cessation pages at www.ada.org. Log on to www.ada.org/goto/quitsmoking to find the latest information on the effects of alcohol and tobacco, smoking cessation strategies, tobacco FAQs, and links to resources and national health promotions that address tobacco cessation, such as Kick Butts Day and The Great American Smokeout.

The ADA Catalog also offers a variety of brochures,

posters, flip guides and video/DVD materials, including resources in Spanish, to help tobacco cessation and prevention efforts in the dental office. Call toll-free, (800)947-4746, or log on to www.ada-catalog.org.

The ADA recently concluded a four-year continuing education program, "Dentist Saves Patient's Life: Early Detection of Oral Cancer and Tobacco Cessation." The course, funded by a \$1.2 million grant from the National Cancer Institute, was developed and presented 64 times in locations nationwide. Nearly 4,300 participants completed the course and a post-session survey.

Since 2004, the ADA has offered a variety of additional continuing education opportunities on tobacco control and/or oral cancer for dental professionals, including seven online courses. The *Journal of the American Dental Association (JADA)* has published almost three dozen related articles and supplements since 2000, and the *ADA News* has published more than 70 related articles. The ADA has also produced 12 video news releases, 14 news releases and eight e-publications featuring tobacco- and oral cancer-related topics.

The *JADA* and *ADA News* articles, as well as many other articles on tobacco control, are available from the ADA Library. Articles are available by mail or e-mail. Contact the ADA Library toll-free, at (800)947-4746, ext. 2653, for more information. ■

Chicago Dental Society SPECIAL EVENTS

2007

Make the most of your CDS membership.
Enjoy these and other activities on the
2007 program of Special Events.

CDS FAMILY PICNIC

Wednesday, July 18

Six Flags Great America

Park Hours: 10 a.m.-10 p.m.

Picnic Hours: 3 p.m.-5 p.m.

Food serving ends at 4:30 p.m.

CDS members are entitled to four complementary passes to the park, the water park and the Picnic Grove (a \$180 value). Make your reservation and buy additional passes at reduced prices at www.cds.org.

TRADITIONAL PICNIC

Sunday, June 24, Noon to 5 p.m.

Busse Woods

Reserve this date for a picnic in the woods featuring all the traditional favorites from the grill and more.

THE COLOR PURPLE

Sunday, August 19, 2 p.m.

Cadillac Palace Theatre

This Oprah Winfrey production is based on the Pulitzer Prize-winning novel by Alice Walker.

CDS Member Discounted Price: \$57

JERSEY BOYS

Sunday, November 4, 2 p.m.

LaSalle Bank Theatre

Jersey Boys—the 2006 Tony Award-winner for Best Musical—tells the story of the Four Seasons' rise to become rock and roll legends.

CDS Member Discounted Price: \$52

Look for more information on
these and other events online at
www.cds.org/tickets.

Milestones

APPLICANTS

Baker, Reginald T.

Howard University, 1998
8803 S. Stony Island Ave., Chicago
Kenwood/Hyde Park Branch

Balakrishnan, Meenakshi

University of Pennsylvania, 2003
195 N. Harbor Dr., Chicago
Kenwood/Hyde Park Branch

Barnes, Marci

University of Illinois, 2003
641 W. 63rd St., Chicago
Kenwood/Hyde Park Branch

Berg, Monica E.

University of Michigan, 2006
115 W. 55th St., Clarendon Hills
Englewood Branch

Bork, David A.

Loyola University, 1980
1212 S Naper Blvd., Naperville
West Suburban Branch

Bui, Thao Tania H.

Washington University, 1991
850 N. Dewitt Pl., Chicago
North Side Branch

Chan, Ashley Y.

University of Michigan, 2005
2758 N. Racine, Chicago
North Side Branch

Cho, Hayong

Northwestern University, 1990
990 Grand Canyon Pkwy., Hoffman Estates
West Suburban Branch

Choi, Kyung

Case Western Reserve University, 2004
4642 S. Damen Ave., Chicago
Englewood Branch

Chokshi, Priti C.

New York University, 1994
595 N. Pinecrest Rd., Bolingbrook
Englewood Branch

Couch, Clarissa M.

University of Illinois, 1992
10220 S. 76th Ave., Bridgeview
Englewood Branch

Donovan, Dirk M.

Temple University, 2001
1900 Spring Rd., Oak Brook
West Suburban Branch

Egan, Michael D.

University of Illinois, 1992
7902 S. Narragansett Ave., Burbank
Englewood Branch

Erdman-Spain, Susan A.

University of Illinois, 1994
1500 Shermer Rd., Northbrook
North Suburban Branch

Grannan-Manchen, Victoria K.

University of Illinois, 1992
340 W. Butterfield Rd., Elmhurst
West Suburban Branch

Guttu, Ronald L.

University of Washington, 1976
2160 S. First Ave., Maywood
West Side Branch

Hansen, Duane D.

Loyola University, 1985
7212 Edgebrook Ln., Hanover Park
West Suburban Branch

Hansen, Kathleen M.

Loyola University, 1984
7212 Edgebrook Ln., Hanover Park
West Suburban Branch

Hszieh, Gary

Loma Linda School of Dentistry, 2003
7001 W. Ogden Ave., Berwyn
West Side Branch

Hwang, Gyu

University of Michigan, 2006
705 Sturnbridge Ln., Schaumburg
Northwest Suburban Branch

Ichkhan, Vicken

University of Illinois, 1998
3948 W. 26th St., Chicago
West Side Branch

Jain, Sangita

University of Illinois, 2000
660 McHenry Rd., Wheeling
Northwest Suburban Branch

Joshi, Mohit

Marquette University, 2006
405 N. Wabash Ave., Chicago
North Side Branch

Khaira, Harjinder S.

Tufts University, 1997
490 W. Lake St., Roselle
West Suburban Branch

Khanna, Yatin

New Jersey University, 2002
10727 W. 159th St., Orland Park
South Suburban Branch

Kim, Dai-Hong

University of Michigan, 2002
2551 N. Milwaukee Ave., Chicago
North Side Branch

Kramer, Mary E.

University of Illinois, 1984
120 Oak Brook Center, Oak Brook
West Suburban Branch

Lamb, Christopher

Loyola University, 1980
10835 S. Western Ave., Chicago
Kenwood/Hyde Park Branch

Lavda, Maria S.

Ovidius University of Constantza
Romania, 1998
801 S. Paulina St., Chicago
West Side Branch

Lee, Jay J.

Tufts University, 2006
293 N. Barrington Rd., Streamwood
Northwest Suburban Branch

Lowe, Jamie M.

University of Michigan, 2004
300 E. 5th Ave., Naperville
West Suburban Branch

Lugowski, Lucille M.

University of Illinois, 1982
64 W. 162nd St., South Holland
South Suburban Branch

Maras, Jeff

University of Illinois, 1984
389 Center St., Grayslake
North Suburban Branch

Martinez, Leticia

University of Illinois, 2006
5008 W. Cermak Rd., Cicero
West Side Branch

McCarthy, Declan P.

University of Illinois, 1999
498 Hillside Ave., Glen Ellyn
West Suburban Branch

Michael, Maryann E.

Marquette University, 1997
303 W. Lake St., Addison
West Suburban Branch

Naim, Luma W.

University of Detroit, 2004
3612 Lincoln Hwy., Olympia Fields
South Suburban Branch

Nixon, Denise

University of Iowa, 2006
8333 S. Ingleside, Chicago
Kenwood/Hyde Park Branch

Ponzio, Anthony O.

University of Illinois, 2004
7518 W. North Ave., Elmwood Park
West Side Branch

Reynolds, Pamela J.

The Ohio State University, 1981
101 W. Madison St., Oak Park
West Side Branch

Rhim, Catherine S.

Tufts University, 2001
18213 Dixie Hwy., Homewood
South Suburban Branch

Rudolph, Sara B.

University of Illinois, 2003
1646 E. 55th St., Chicago
Kenwood/Hyde Park Branch

Ryback, Kenneth R.

University of Illinois, 1985
880 Lee St., Des Plaines
Northwest Suburban Branch

Sagall, Alfred D.

Marquette University, 1986
9933 Lawler Ave., Skokie
North Side Branch

Santiago, Margaret R.

Northwestern University, 2000
15300 West Ave., Orland Park
South Suburban Branch

Sconion, Arnold

MeHarry Medical College, 2005
1036 N. Dearborn St., Chicago
North Side Branch

Simpson, Darren D.

Marquette University, 1999
6317 Fairview Ave., Westmont
Englewood Branch

Slaughter, Leslee D.

University of Illinois, 2004
2711 Flossmoor Rd., Flossmoor
South Suburban Branch

Sokol, Dmitry D.

University of Illinois, 1996
185 Milwaukee Ave., Lincolnshire
North Suburban Branch

Suh, Ryung

University of Illinois, 1996
1372 Patriot Blvd., Glenview
North Suburban Branch

Tadin, Michael J.

Northwestern University, 2000
6230 N. Clark St., Chicago
North Side Branch

Tillner, Melisa L.

University of Illinois, 2006
4410 S. Pulaski Rd., Chicago
Englewood Branch

Traina, Barbara L.

University of North Carolina, 1989
5841 S. Maryland Ave., Chicago
Kenwood/Hyde Park Branch

Upputuri, Sharada

Ohio State University, 2001
1323 Memorial Dr., LaGrange
Englewood Branch

Verma, Anita

New York University, 2005
6735 W. 95th St., Oak Lawn
Englewood Branch

Yue, Isaac C.

University of Illinois, 2002
4200 W. Peterson Ave., Chicago
North Side Branch

Zavala, Jesse

Southern Illinois University, 2006
1229 N. Ashland Ave., Chicago
West Side Branch

Zieba, Mark A.

University of Illinois, 2004
2829 N. Lincoln Ave., Chicago
North Side Branch

DECEASED MEMBERS**Gelfand, Leonard**

University of Illinois, 1935
8652 E. Prairie Rd.
Skokie, IL 60076
North Side Branch
Date of passing unknown.

Norgello, Irene

University of Illinois, 1954
217 39th St.
Downers Grove, IL 60515
West Suburban Branch
Date of passing Aug. 24, 2006

DELIVERY

The *CDS Review* is published seven times annually. The magazine mails the middle of the first month the issue covers. For example, the January/February 2007 issue mailed January 15, 2007.

May/June	April 16, 2007
July/August	June 15, 2007
September/October	August 15, 2007
November	September 17, 2007
December	October 31, 2007
January/February	December 14, 2007
March/April	January 15, 2008

All advertisements, changes and extensions must be submitted in writing. **No advertisements, changes or confirmations will be taken over the telephone.** Although every effort is made to place advertisements received after the deadline in a specific issue, we cannot guarantee that late advertising will appear in the issue requested. The advertisement will appear in the following issue. Advance payment covering the number of insertions must accompany your written advertisement.

RATES

DISPLAY CLASSIFIED: \$90 per column inch.

STANDARD CLASSIFIED: \$75 for the first 30 words plus \$1 for each additional word.

CDS members are entitled to a 20% discount. You must provide your CDS membership number as proof of membership when placing your classified ad, otherwise you will be charged the non-member rate.

PAYMENT

Make checks payable to: Chicago Dental Society. Classified ads must be paid for in advance.

PRACTICES FOR SALE

Dental practices listed for sale within this section of the *CDS Review* are limited to practices that are being sold either by a dentist or a management company hired by the dentist to sell the practice. Advertisements from all others may not be placed in the *CDS Review*.

REPLY BOX NUMBERS

For an additional \$25, CDS will issue a confidential reply box number for your ad. These numbers ensure the privacy of our advertisers. All unopened responses are mailed to the advertiser once a week.

Replies to CDS Review box number ads should be addressed as follows: Box Number, Classified Advertising, Chicago Dental Society, 401 N. Michigan Ave., Suite 200, Chicago 60611-5585. (An example of a *CDS Review* reply box number is A0104-A1, *CDS Review*. **Any classified ads with numbers that do not follow this sequence are not CDS Review reply boxes.**)

Send all correspondence, including advertisements and payments to: Chicago Dental Society, Classified Advertising, 401 N. Michigan Ave., Suite 200, Chicago, IL 60611-5585.

Although CDS believes that advertisements published in the *CDS Review* are from reputable sources, CDS neither investigates the offers nor assumes responsibility for them. **CDS reserves the right to edit, decline, accept and withdraw advertisements at its discretion.**

CLASSIFIEDS

Place your ads online at WWW.CDS.ORG

FOR RENT

SIX-PLUS ROOMS WITH THREE operatories fully plumbed on ground floor of medical center. Free telephone answering and common reception area. Reasonable rent. We have the name of a dentist willing to share office space. 3420 W. Peterson Ave., Chicago, (773)267-0020.

OAK BROOK AREA: Excellent location for dentist or dental specialist. Modern building with atrium, 1,100 and 2,000 square feet available. Landlord will assist in build-out and remodeling cost. Call (630)279-5577 or visit www.brittanyoffices.com.

LINCOLN PARK: PROFESSIONAL building has 1,000-2,200 square feet ideal for dental office. Building has doorman and valet parking. Call Matt at (312)953-1798.

DENTAL CLINIC SPACES FOR LEASE: Park Ridge, located across from Lutheran General Hospital. 1600 W. Dempster, already built-out medical clinic, 500-3,385 square feet, \$19-\$25 gross per square foot. 303 W. Andrews, Belvidere, located next to Rockford. Already built out medical clinic, 800-3,000 square feet, \$12-\$17 gross per square foot. Chicago, located near Park Ridge. 7642 W. Touhy, next to Walgreens and Sara Lee stores, about 3,000 square feet, retail building, \$20 gross per square foot. Contact Sam, (773)988-8971.

SPACES FOR LEASE: Lake Bluff/Lake Forest, excellent location, great visibility, cross section Route 176/Route 43, less than a mile from Abbott Park, for dentist or dental specialist. Modern building, 1,100 square feet available. Landlord will assist in build-out and remodeling cost. Call (847)778-1003 or avnu2005@aol.com.

DENTAL OFFICE FOR RENT. Two operatory dental office located on north side of Chicago. Reasonable rent, low overhead. Good start-up office. Dentist relocating out of state. Call (773)929-2900 or office_dental@yahoo.com.

GRAYSLAKE DENTAL OFFICE for rent. Two-chair office with room for expansion. Located on main street—attractive office. Call (847)274-0857.

NORTHBROOK DENTAL OFFICE FOR LEASE

Three fully plumbed operatories available. Remodeled less than 6 months ago. Will also consider space sharing arrangement. **Call (847)272-1072**
Downtown Northbrook location.

DENTAL OFFICE IN PROFESSIONAL BUILDING

700-1,700 square feet available. Excellent visibility. Fully plumbed.

Call (630)242-3996

Storefront location at I-290 and Mannheim, in Westchester.

DENTAL OFFICES FOR LEASE: Barrington. Four operatories, fully plumbed, X-ray area, sterilization area, lab area, private offices, large reception area, consultation room, lunch room. 2,206 square feet available immediately. Call Romeo Mura at (847)882-3300.

CHICAGO: DENTAL OFFICE FOR RENT in an excellent ground-floor location in a busy area of Lincoln Park. Looking for a good dentist or specialist; plan to turn over the practice to a qualified successor. Call Mary, (773)593-2008.

NEW OFFICE SPACE FOR LEASE: Empty space in Bucktown/Wicker Park (Milwaukee and Division). Ideal for medical/dental/commercial office. High traffic area, 2,300 square feet plus additional 2,000 square feet of basement space free! Flexible lease terms. Available immediately (312)927-4448. fadi@ner.cc or nader@ner.cc.

RIVER FOREST, 1,500 SQUARE FEET for rent: Four operatories, new equipment including Pan/Ceph. Equipment leased to own. Ground level, 10 parking spaces. Next to train, mall, schools. Excellent opportunity for general dentist not wanting to take out expensive equipment loans. Call (708)848-4488.

CHICAGO, CHINATOWN has a 1,200 square foot second floor office for rent. Ideal for dental office - main or satellite. Plumbing in place, need minimal build-out and remodeling cost. Flexible terms. Call (708)287-9939.

FOR LEASE: On Grand Avenue in Gurnee, 1,900 square feet designed for dental/ortho practice. Five operatories. 70% construction completed. Entire building (10,400 square feet) available for sale. \$2.4 million. (847)942-1290.

RENT/LEASE MULTI-SPECIALITY MEDICAL center. For specialist, excellent visibility. South suburb, Orland Park, Tinley Park area. Competitive price. Unlimited parking. Flexible lease terms. Large reception area. Landlord will assist in remodeling cost. Only two offices left: 1,125 and 1,500 square feet or both. Call now: (312)399-8877.

ELGIN PRACTICE FOR LEASE after short trial. Doctor will net \$80,000-150,000 working 2-3 days/week. (815)814-1313.

VACANT DENTAL OFFICE SPACE: Now available. Burr Ridge, on County Line Road near I-55 and I-294. Four plumbed operatories, three are fully equipped. Ready to move right in. Call (630)850-7799.

SPACE SHARING

NEWLY DECORATED AND EQUIPPED, including IV sedation, dental office is available for sharing with specialist or GP. Located west of Old Orchard mall, at the I-94 exit and close to public transportation. Call Dr. Abe Dumanis, (847)329-9858. Fax resume to (847)329-9768.

PROSTHODONTIST WITH RECENTLY decorated, equipped four-operator Loop office overlooking Millennium Park seeking space-sharing by general dentist or specialist. Ideal for dentist with some following. Space available 2-3 days/week. Associateship could be discussed. Call (312)726-1901.

WICKER PARK CHICAGO FULLY EQUIPPED office for lease: Brand new, state-of-the-art office for lease, preferably specialist. Fully equipped with Dexis X-ray, Cerec 3D, Odyssey laser, and more. Very modern office with 1,700 square feet, four operatories, fifth plumbed. Up to six days availability. For more information call Kim, (312)493-9205.

COUNTRYSIDE/LAGRANGE: Dental office for rent or space share. Four ops, Kodak digital pan and Dexis digital intraoral radiography systems. Great location and parking (708)352-6505. E-mail jackbouli@sbcglobal.net.

SPACE SHARING, OLD ORLAND PARK: Small, three operatories. Ideal location for a satellite office. Wednesdays, Thursdays, Fridays, Saturdays available. Best suited for a small practice or endodontist. Call doctor at (708)364-7780.

PARK RIDGE/NILES: FULLY EQUIPPED modern office space for rent. Four operatories. Beautiful space in premier location inside enclosed mall. Great for recent graduate, part-timer, specialist, satellite office or retirement overhead reduction. Ample parking. Reasonable. (847)885-6555.

SPACE SHARING: Space sharing available Northwest Side. Perfect for young practitioner. Call (773)283-6151.

FAR NORTH SUBURB: Vernon Hills office with top quality equipment and digital X-rays for space sharing for three days. Ideal for dentist with own patients. (773)744-3231 or flickadental@comcast.net.

POSITIONS WANTED

FOR THE COMFORT of your patients: General dentist is available to work in your office, performing surgical extractions and removal of impacted third molars. Fax inquiries to (847)940-9885.

EXPERIENCED PERIODONTIST AVAILABLE to provide advanced periodontal care to your patients two to four days per month without them ever leaving your practice. Ideally seeking a western suburb or Chicago practice. (847)293-1290.

GENERAL DENTIST: Polish-speaking dentist looking for PT associate position in the north and northwest suburbs. Please call (773)580-8075.

EXPERIENCED GENERAL DENTIST seeks long-term opportunity in quality office. Licensed in Illinois and Wisconsin. Proficient in molar endodontics. Call (847)274-0857.

POSITION WANTED: Multifaceted, highly motivated post graduate from University of Maryland at Baltimore Periodontics seeks full-time position. Offers years of stellar training in periodontology. Call: (224)619-6800, e-mail mastronikolas75@yaboo.com.

ASSOCIATE DENTIST

POSITION AVAILABLE

General dentist needed for fast-paced, growing practice in Crystal Lake, Illinois. Gorgeous, new, state-of-the-art digital office. Dentist must be a team player, inspired by growth and possess a positive attitude. Strong interpersonal skills, a must.

PRACTICE INCLUDES all types of disciplines, including implants, cosmetic, Zoom 2, ortho and endo. Potential buy-in possible. Part-time leading to full-time.

Send resume to
Box A0107-A1, CDS Review

OPPORTUNITIES

PEDODONTIST AND ENDODONTIST wanted to join orthodontist, periodontist, oral surgeon in state-of-the-art specialty practice in Grayslake. Send resume to Box E0905-E1, *CDS Review*.

GENERAL DENTIST—IMMEDIATE OPENING: State-of-the-art, multi-location dental office needs PT/ FT dentist for various locations. Recent graduates welcome. Will sponsor H1B Visa. Fax your resume to (630)495-2465 and then call (630)359-0105 or (708)308-5836.

IMMEDIATE OPENING FOR PEDIATRIC dentist or dentist skilled in children's care at largest dental community health center program in Illinois. NHSC and J1 sites. Contact: PeggyAnne Davenport, Executive Assistant (815)490-1601 or ccca@xta.com at Crusader Clinic, Rockford.

GENERAL DENTIST NEEDED in fast growing Aurora office. Digital X-rays, intraoral camera, apex locator, rotary endodontics, electrosurge and more at your disposal. Excellent income potential. Fax resume (847)808-8301.

MULTI-SPECIALTY/GROUP PRACTICE near downtown seeks general dentist experienced in cosmetics, restorative dentistry, nitrous oxide and has an appreciation of practice management. Very busy, fee-for-service office offers great opportunity for future growth. E-mail makeoverdoc@sbcglobal.net.

GENERAL DENTIST NEEDED, part-time, three or four days. Public Aid ID# helpful. Root canal and denture experience required. Call after 12 p.m. (773)745-7188. Ask for Grace.

EXCELLENT OPPORTUNITY for a highly motivated dentist to associate with an established multi-office, fee-for-service practice in the northwest suburbs. State-of-the-art equipment and a well-trained staff are in place to match your exceptional clinical skills. Three days a week with potential for full-time. Send resume to Box T1106-01, *CDS Review*.

HELP WANTED: DENTIST, MINIMUM 2-3 years experience. Great market presence, clean and updated office in fast growing Yorkville (SW) needs another dentist to fill 3-4 days. Great location, existing patient base, good new patient flow, great staff. Call (312)274-3322.

FULL-TIME ASSOCIATE, TWO HOURS SOUTH of Chicago. Well established, general practice in Bloomington, IL, seeks full-time associate with opportunity for partnership. Beautiful, high-tech office providing comprehensive fee-for-service only dental care. Generous base, w/ bonus package, medical and malpractice provided. Excellent opportunity for the right individual to provide ethical, conscientious therapy with a personal touch. Fax resume to Dr. Emil Verban Jr., (309)662-7617, or e-mail e.mu@verizon.net.

DENTALCARE PARTNERS is an established practice management development company operating in nine states (Illinois, Indiana, Michigan, Ohio, Pennsylvania, Wisconsin, Kentucky, Tennessee and North Carolina). We are currently seeking highly motivated general dentists as well as specialty dentists and orthodontists for full- and part-time positions. The ideal candidate must be concerned with quality patient care, be a team player and have a strong desire to learn, grow personally and professionally. Benefits will include a guaranteed salary with attractive earning potential, partnership opportunity, 401(k), health insurance, term life and vision insurance, short- and long-term disability, malpractice insurance, paid vacations and continuing education. Interested candidates please contact Deborah Hammert at (800)487-4867, ext. 2047, e-mail her at dbammert@dcpartners.com, or fax resume to (440)684-6942.

GENERAL DENTIST: FULL- OR PART-TIME. Partnership available as well. Very high income potential. We are a seven-dentist group practice with specialists. Three locations. 95% fee-for-service. No Public Aid. Call Harry at (773)978-1231.

GENERAL DENTIST: The Dental Implant Center of the North Shore is seeking an associate to join our group. GP must have some existing practice base. Full-time or part-time. No administrative responsibility is required. Association is ideal for GP actively practicing and seeking greater freedom and time off. Office is well appointed and equipped with the latest technology. Phone (847)498-9767.

OPPORTUNITY TO JOIN practice in West Town. Must be enthusiastic, personable individual with good people skills. Full- or part-time. Call Nidza at (773)235-1171.

DENTIST NEEDED: FT/PT associate for offices in Chicago and Western Suburbs. Earn \$250,000-350,000 working in a great environment with paid malpractice and health insurance. Fax (312)274-0760 or e-mail dwolte@gmail.com.

GENERAL DENTIST: Established practice in Freeport, IL, seeks full-time dentist. This is an outstanding opportunity to do all phases of dentistry with an existing patient base. Call (815)238-2519 or e-mail dckelv@aol.com.

DENTAL RECEPTIONIST OR ASSISTANT: P/T, minimum five years experience required, age no barrier. 90-day training program in dental practice appraisal and sales. Salary + gas, flexible hours. After initial training, excellent commission only. Send your resume to Senate. Fax (847)251-3515 or e-mail senate@att.net.

DENTAL ASSOCIATE: Our beautiful, new, flourishing practice in Aurora has full-time and part-time opportunities available for a general dentist. New graduates welcome to apply. At least two Saturdays a month. Private, PPO and Medicaid patient base. Please fax to (630)892-6873 or e-mail krisbandental@yahoo.com.

SEEKING FULL-TIME DENTAL ASSOCIATE for established dental office in Chicago Ridge. Excellent opportunity to grow and expand in all phases of dentistry. Please fax resumes to (708)422-0583 or call Dr. Raina at (630)400-5752.

ASSOCIATE/FUTURE PARTNER WANTED in Fort Atkinson, WI: Established practice in thriving community looking for dentist to join full-service dental practice. This is a full-time position with guaranteed salary and percentage to start with benefits. For more information: www.gbkdental.com or (920)563-7323.

"Caring for your Business so you can do the Business of Caring."

Fee for Service River North Office

Established group dental practice with proven management capabilities seeks experienced dental professionals to share space in a beautiful new upscale office in the River North area.

For information contact:

Kathy Hammers
847.621.7229

ASSOCIATE DENTIST

Western Springs, Hinsdale, Burr Ridge area

Part time position is available at a fee-for-service practice:

www.lagrangedentist.com

Acquisition of your existing practice is a possibility if mutually acceptable. Please e-mail your CV to the address below.

Dr. George Gubarev
drgubarev@lagrangedentist.com
Cell: (847)207-1033

ASSOCIATE/FUTURE PARTNER WANTED in a busy private practice in the North Shore area. Endo experience preferred. Flexible hours. E-mail resume to brite_smile1@yahoo.com or fax (847)729-1929.

GROWING GROUP PRACTICE in southwest suburbs seeks an associate. Partnership opportunity in six months for the right individual Fax (815)439-1837.

GENERAL DENTIST—UNLIMITED opportunities: Our team is looking to work with a doctor committed to providing optimal care and enjoying the rewards dentistry has to offer. We have two separate practices—Rochelle and Freeport. Please call Andrew at (715)926-5050 or e-mail at alockie@midwest-dental.com.

ASSOCIATE NEEDED: established group practice on North Side of Chicago seeks a part-time associate. Please fax your resume to (773)583-8986.

PROGRESSIVE PALATINE PRACTICE seeks general dentist and specialist without an attitude to join our team-oriented practice. Must have a patient following. Call (847)359-6766.

ASSOCIATE DENTIST: Hi-tech, progressive and well-managed Bolingbrook/Naperville general practice is seeking a part-time associate dentist to provide high-quality care in our well-established practice. CEREC experience is preferred, but not required. Fax or e-mail resume to Monica at (630)226-0249 or mapleparkdentalcare@wowway.com.

ASSOCIATE NEEDED: Seeking full-time/part-time associate for established dental office in Aurora. Excellent opportunity to grow and expand in all phases of dentistry. New graduates are welcome. Please fax resume to (630)892-9902 or e-mail ngdentalctr@yahoo.com.

NET 40%, WORK FOUR 6-HOUR DAYS/WEEK. Our fast-paced practice is beyond ready for an energetic, fun associate dentist. Solid GP skills including endo, removable, fixed, surgical and perio required. Great communication skills a must. Some evenings and Saturdays. No HMOs or Public Aid. Dolton, IL. Fax (630)323-5267.

ESTABLISHED GROUP PRACTICE in Glenview seeks part-time orthodontist (2-3 days per month). This busy, multi-specialty and general practice is ideal for a new graduate or satellite office. Fax (847)998-1286.

IMMEDIATE OPENING for PT/FT general dentist to join our high-tech and newly expanded state-of-art facility in northwest suburb of Huntley. Excellent opportunity to grow in all phases of dentistry in our well-established family practice. Fax resume to (847)669-4772. Direct questions to Bernie at (847)669-4771.

PART-TIME DENTIST NEEDED for a full-service, fully equipped clinic based at the Howard Area Community Center, a non-profit organization in Chicago's Rogers Park neighborhood. Must have experience in pediatric dentistry, serving a low-income diverse population and providing services to adults who are HIV+. 2-3 days/week. Fax cover letter and resume to (773)262-6645.

GENERAL DENTIST NEEDED, part-time or full-time, 30 minutes south of downtown Chicago. New graduates OK. Patients of all ages. Please call (708)884-0108 or (708)439-4655.

ORTHODONTIST REQUIRED: Highly motivated entrepreneur office seeks like-minded orthodontist in a growing, state-of-the-art, comprehensive practice! Fax resume to (773)774-3973.

LOOKING FOR ASSOCIATES: seeking part- to full-time general dentist in Lake County area. Min. of one year of experience preferred. Please fax your resume to (847)223-7715.

ASSOCIATE WANTED for a general dental practice in Brookfield. Full-time/part-time, flexible hours, salary and commission (with option to buy). Please fax resume to (708)485-6454.

DENTIST NEEDED: BriteSmile Whitening Spa at Woodfield is looking for a dentist to work every Saturday or every other Saturday. Hours are 10 a.m.-5:30 p.m. \$325 per day. Fax resume to (312)266-9547.

ASSOCIATE WANTED: General and cosmetic family practice seeks a Korean-speaking dentist looking to attract a largely Korean patient base near the new H-Mart in Niles. This is an excellent opportunity for either an established dentist looking to expand or a new graduate seeking a great start. Must be motivated, quality-oriented and comfortable providing comprehensive care. Possible buy-in for the right candidate. Fax resumes to (847)663-1042.

ENDODONTIST AND PERIODONTIST: Our west suburban group practice needs to add part-time doctors to our endodontic and periodontic staff. Our patient needs exceed the availability of our full-time periodontist and two part-time endodontists. We are a four office, general and multi-specialty practice which has been together nearly 40 years, and the patient numbers in our beautiful new offices continue to grow. Our practice is 100% fee-for-service, and we offer fine compensation and an excellent support staff. To discuss this busy opportunity, please contact Dr. Robert Hurdle at sailor3739@comcast.net.

HYGIENIST NEEDED: Part-time position available in a growing periodontal practice located in the northwest suburbs. Call (847)885-1664.

ASSOCIATE DENTIST: Established group practice is looking for a caring, energetic dentist for our Bloomingdale office. Our well trained and experienced staff has the practice administration and clinical skills to compliment your commitment to excellence. Established and growing patient base, dedicated employees and proven practice administration for over 30 years. This is an outstanding opportunity for an enthusiastic and motivated dentist. Fax resume/CV to (630)539-1681.

MULTI-SPECIALTY GROUP PRACTICE in Southwest suburb seeks GP for P/T or F/T position. Excellent income opportunity for the right individual. Fax resume (630)968-6037.

IMMEDIATE OPENING for PT/FT dentist in a pediatric community-based dental clinic in Elgin. Please fax resume to (847)741-2413 or e-mail resume to wellchilddroth@sbcglobal.net.

ESTABLISHED SOUTH SIDE, OAK LAWN practice seeks full/part-time, motivated and enthusiastic dentist. Aggressive commission available. Recent graduates and associates welcome. Call (708)422-6880.

DENTIST NEEDED: Part-time or full-time for busy southwest side practice—Archer Avenue area. Great opportunity for future partnership/purchase. Bilingual a plus. Call (773)931-6787 or fax resume to (773)284-4057.

LOOKING TO PURCHASE

I WILL PAY FULL PRICE FOR YOUR PRACTICE and you can continue to practice if you wish. No brokerage commission. Fax inquiries to (877)581-5499.

MISCELLANEOUS

CHICAGO DENTAL SOCIETY HAS SCHOOL EXCUSAL FORMS for your student-patients. They are available in packages of 250 and cost \$12.95 per package (including shipping). To order, send a check made payable to Chicago Dental Society, Excusal Forms, 401 N. Michigan Ave., Suite 200, Chicago, IL 60611-5585. All orders must be prepaid. For more information, call (312)836-7326.

ASSOCIATIONS WANTED

GENERAL PRACTITIONERS IN CHICAGOLAND: Losing income and production by referring out endo/implant/os? GP with 14 years experience will perform these procedures in your office by appointment. (773)744-3231 or flickadental@comcast.net.

GENERAL DENTIST ASSOCIATE: Our well-established (1911) private group practice, located in downtown Chicago, seeks another general practitioner, FT or PT, to join our practice as an independent contractor associate. The incoming new associate can either have an ongoing patient following or join us without a patient following. In either case, we will refer patients, new and established, to the new associate to keep him/her busy, initially, at least part time. This is an ideal arrangement for a general dentist to work on his/her own patients within a group environment, without the stresses of maintaining the physical structure of an office, thus providing ample private time and energy to devote to a family, retirement activities or other personal interests. If interested, please call (312)649-1854 evenings.

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GENERAL DENTAL PRACTICE Established practice in south suburbs with average gross of \$600,000 over last three years. Three ops. Owner moving out of state. \$450,000 includes real estate! E-mail allmite1@sbcglobal.net.

ESTABLISHED, 24-YEAR-OLD PRACTICE located in Midway Airport area. Options include immediate or transition buy-in/buy-out, or possible partnership. No temporary associates. Call (708)424-5700 or e-mail doctorwhy@sbcglobal.net.

ORLAND PARK: 100% fee-for-service, great location in lucrative area. Four modern, fully-equipped operatories and Panorex. Ample parking, free-standing building on ground level. Call (219)924-8018.

DENTAL EQUIPMENT FOR SALE: Two A-dec J chairs, track and ceiling mount lights, rear delivery cabinets, large Discus Dental photographs, misc. equipment. Call (847)498-4415 or e-mail drstev007@aol.com.

FOR SALE: 3M Pentamix 2 automixer, 2 1/2 years old and presently in use. \$450 with one bag of mixing tips. Call Dr. Kathleen Falsey, Bayberry Dental Care, (708)802-8300.

OFFICE FOR SALE (SUBLEASE): Two fully equipped operatories with one office room in medical building in northwest Chicago. Call (773)458-4870.

DENTAL OFFICE—CHICAGO: North side starter or satellite office. Six rooms: two operatories, lab, business and private offices. Half day/week, \$61,000. Private and insurance only. Owner retiring. (847)352-2110.

MELROSE PARK: 25 YEAR-OLD PRACTICE located in hospital professional building for sale. Six fully equipped operatories, Panorex. Collections approximately \$600,000+. Reply to Box B0307-1X, *CDS Review*.

DENTAL OFFICE FOR SALE. Office for sale in Cicero. Three operatories, low overhead. Dentist relocating out of state. Call (773)929-2900 or e-mail office_dental@yahoo.com.

ESTABLISHED DENTAL OFFICE FOR SALE or lease. Southwest suburb, 2 operatories, fully equipped. Inside of medical office. Great parking. Low overhead. Call (847)372-9855.

BEAUTIFUL HOME OFFICE IN GLENVIEW. Custom built, 5,500-square-foot home with 800-square-foot, two-operator office. Practice gross: \$150,000+ working 2 days/week. Must see. Call (847)208-4299.

DENTAL OFFICE—ELK GROVE VILLAGE: Store front, two operatories plus (one for future), six-room office. Private and insurance only. \$280,000 gross on 24 hours/week. Owner retiring. (847)352-2110.

ESTABLISHED DENTAL OFFICE: CHICAGO Located on North Side inside a medical center. Physician, physical therapist and pharmacist all under one roof. Very low overhead and fully equipped. Doctor is relocating. Call (773)519-1022.

KOREAN SPEAKING DENTIST WANTED: well-established general practice seeks GP, gross \$1 million or more. Owner wants to semi-retire and can train up to three years. Please contact bayong@sbcglobal.net (847)-885-9954.

FOR SALE: A-dec Priority chair, black base with light and pole. Needs new upholstery. Believe it's 7-8 years old. Tinley Park location, \$2,500. Also GE900 X-ray machine. Working. \$500. Call Dr. Kathy Falsey, (708)802-8300.

FAR NORTHWEST SUBURB: 100% fee-for-service, comprehensive dental care, supportive staff. Three fully equipped operatories with X-ray machines, sterilizer, Eaglesoft software. Three year production average: \$300,000. Fax (815)455-3425.

GREAT DEAL: General dental practice. Well-established, 15 years in business, with good visibility on two main streets in the northwest suburb of Mount Prospect. Two fully equipped operatories. X-ray machines, sterilizer etc. Recently remodeled, all fixtures and equipment in excellent condition, great patient base, \$235,000 gross on only 2.5 days/week with excellent potential for more. Owner relocating out of state. Call (847)630-9255 or e-mail peterbouzanis@yahoo.co.uk. Asking \$225,000. Serious inquires only.

DENTAL EQUIPMENT: Planmeca Pan/Ceph (1999), A/T 2000 developer, compressor, vacuum, reception furniture, dental/conference cabinetry. Excellent condition. Call (847)651-7124.

FOR SALE: Bident BiPolar Oral Surgical System, Model 3001. 3-4-year-old unit, like new, perfect condition. Practice replaced with laser. Fabulous addition to practice using electrosurge. \$2,200. Call (847)623-5530 or e-mail delanydent@aol.com.

FOR SALE: Rembrandt-Sapphire laser bleaching machine. Original cost: \$4,800. Selling for \$2,000. Used fewer than 10 times. (815)939-2585.

FOR SALE BY BROKER

THE DENTAL MARKETPLACE/American Dental Sales: Practice sales, appraisals, and consulting. Contact Peter J. Ackerman, CPA, at (312)240-9595 or www.dentalsales.com.

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CHICAGO LOOP: \$300,000, beautiful 4-op practice with stunning lake views.

CHICAGO LOOP: \$375,000, 100% fee-for-service, 3 ops, loyal patient base.

CHICAGO, NORTHWEST: 100% fee-for-service, 5 ops, \$600,000. Associate to purchase.

CHICAGO, SOUTHWEST: \$430,000 plus, paperless office, 2 ops with room to expand.

NORTHWEST SUBURB: \$1 million high-end cosmetic practice. Digital office with new buildout in a highly desirable suburb.

DES PLAINES: 100% fee-for-service, 4 beautiful ops with room to expand. \$550,000.

CRYSTAL LAKE: Newer equipment, digital office, cheaper than building out.

FOREST PARK: \$250,000, 3 ops. Building for sale with practice.

GLEN ELLYN: 100% fee-for-service, 2 newer ops. Great location. \$315,000.

LISLE: Great fee-for-service starter. Condo for sale with practice.

BURR RIDGE: 4 ops with room to expand, 100% fee-for-service. \$470,000.

OAK LAWN: \$1 million, 100% fee-for-service, 4 ops, new buildout, 50% overhead. Great visibility.

NORTH CENTRAL IL: \$150K with building.

NORTH CENTRAL IL: \$400,000, 100% fee-for-service with building.

NORTHWEST ILLINOIS: Small starter in a rural community.

PEDIATRIC PRACTICE: \$2 million+, 55% overhead, FFS, just outside Chicago suburbs.

SOUTHWEST MICHIGAN GENERAL practice: Well established, one doctor practice located in Berrien County. FFS practice, approximately 2,600 active patients. Three fully equipped operatories, with fourth plumbed. Excellent net income. Contact Ken Smith at Peak Performers, (888)477-7325 or kensmith@peakdental.com.

DOWNTOWN CHICAGO, GENERAL practice grossing \$250,000 on two days per week. New build-out two years ago with three ops. Great location in storefront on Grand Avenue. Call (630)242-5678.



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CDS REVIEW

~ APRIL 16 ~

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COMING: Calumet City, Richmond.

ILLINOIS:

BARTLETT #8020: Under contract. 3 ops in a strip mall. Newer equipment and buildout. Collections: \$350,000. Great opportunity for bilingual Spanish speaking dentist.

BELVIDERE #7094: Sold!

BOLINGBROOK #8210: New listing! 3 ops expandable to 5 in a strip mall. Collections \$125,000 working 1.5 days. FFS, PPO, HMO. Low overhead.

BROOKFIELD #7088: 2 ops with possible expansion. Street level storefront. Newer equipment. Collections: \$200,000. FFS and PPO. Great start up alternative.

CHICAGO #7083: New listing! 4 ops at street level on a busy corner. Collections \$300,000. Doctor retiring.

CHICAGO #5003: Loop. Sold!

CHICAGO #7035: Navy Pier. 3 new ops in Lake Point Towers. Beautiful views. Paperless. 100% FFS.

CHICAGO #6076: Belmont/Austin Area. Motivated seller! 3 ops at street level. \$200,000 collections. FFS and PPO. Make an offer!

GLEN ELLYN #8028: Sold!

HANOVER PARK #8035: New listing! 2 ops expandable to 3. Collections \$150,000. Owner retiring.

HIGHLAND PARK #7061: Sold!

LAKE IN THE HILLS #8016: Sold!

NAPERVILLE #7369: Under contract! 5 ops of newer equipment on a busy street. Collections \$740,000. 24% of income from perio and implants. Owner willing to stay part-time.

OAK LAWN #7036: 2 ops. Newer equipment and buildout. Collections \$300,000. Paperless. Digital. 100% FFS.

ROMEDEVILLE #6589: Under contract! 4 ops expandable to 5. Stand-alone building for purchase. Collections: \$1 million. 100% FFS. Owner willing to associate part-time.

WAUKEGAN #8012: Under contract! 2 ops expandable to 3. Collections \$150,000. FFS and PPO. Doctor retiring. Great start up alternative or second practice.

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CHICAGO: Owner retiring from this well established three op office, tremendous upside. Purchase of building also an option. Please call Al Brown, (800)668-0629.

CHICAGO NORTH: Wonderful upside potential on major street with excellent visibility! Long time practice for sale; Doctor moving out of state. Call Al Brown, (800)668-0629.

NORTHWEST COOK COUNTY: General practice for sale. Owner moving from this 4-op, \$220,000 annual production practice. Call Al Brown for details, (800)668-0629.

CHICAGO AREA-NORTH SHORE: General practice for sale. Owner of high end practice with over \$1.2 million annualized growth rate seeking 50% partner in northern suburbs. Call Al Brown at (800)668-0629 for more details.

CHICAGO NORTH: General practice for sale. Owner retiring from working part time in three op office. Good location. Call Al Brown at (800)668-0629 for more details.

KANE COUNTY: Great Location. One of fastest growing counties in Illinois. Three ops with room for growth as current dentist works part-time! Please call Al Brown, (800)668-0629.

SOUTHERN ILLINOIS: General practice and building for sale. All updated equipment and treatment rooms with almost \$600,000 annual production. Call Al Brown for details (800)668-0629.

INDIANA-MADISON COUNTY: Well-established practice with historical production of approximately \$500,000 annually. Recently remodeled, 4 ops and plenty of room for expansion. Call Al Brown, (800)668-0629.

NORTHWEST INDIANA: General practice for sale. Growing and expanding practice, all state-of-the-art equipment in one of Indiana's fastest growing suburbs less than an hour from downtown Chicago. Call Al Brown for details (800)668-0629.

NORTH CENTRAL INDIANA: General practice and building for sale. Doctor retiring from this established community-oriented practice. Call Al Brown for details, (800)668-0629.

MISSOURI—NORTHEAST AREA: General practice for sale. Three-op, fee-for-service practice

in 1,800-square-foot stand-alone building. Practice has been in present location for 29 years. Great starter practice for new dentist in growing community. Please call Deanna Wright at (800)730-8883 or e-mail ppt@henryschein.com for more information.

WISCONSIN—JANESVILLE: General practice for sale. This beautiful 1,800-square-foot office includes five treatment rooms fully computerized with digital X-ray and CEREC unit. 2005 Gross receipts were \$900,000. Well trained and dedicated staff. Two full-time hygienists. Owner retiring; will help with transition if desired. Please call Deanna Wright at (800)730-8883 or e-mail ppt@henryschein.com for more details.

WISCONSIN—LACROSSE: General dentistry practice for sale. Owner is retiring. This practice has three treatment rooms and has been at its present location for 40 years. This is a great opportunity for a satellite practice or a new dentist just starting out. Contact Deanna Wright at (800)730-8883 or e-mail ppt@henryschein.com for more information.

WISCONSIN—MILWAUKEE COUNTY: Dental practice for sale. This 1,500-square-foot practice is located in Northeastern Milwaukee County and has three ops with room for expansion. This practice had gross receipts of \$260,000 in 2005. Great location on busy street with several new shopping malls. For more details contact Deanna Wright at (800)730-8883 or e-mail ppt@henryschein.com.

WISCONSIN—MILWAUKEE: Dental practice for sale. This 2,500-square-foot office has five ops with room for five more! Located in a very desirable area of Milwaukee, this practice grossed over \$700,000 in 2005. Stand-alone building also available for sale. Owner is relocating. Don't miss out on this excellent opportunity! Contact Deanna Wright at (800)730-8883 or e-mail ppt@henryschein.com.

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School for scandal

Does the U.S. need more dental schools? Officials at East Carolina University (ECU) and its partner, North Carolina University, think so. So does Midwestern University in Glendale, AZ, as they race pell-mell to get their dental schools accredited.

Justification for the schools is “access,” the buzzword du jour. ECU points to the state’s ranking of 47th in dentist-to-resident ratio; four counties there have no dentist and 28 have two or fewer.

To most, access refers to the poor, but an all-encompassing definition is a will-o-the-wisp. It can include the homebound or institutionalized elderly; it can be the physically or mentally challenged; it can be the HIV infected patient; it can be the problems of substance abuse. In short, this multi-faceted societal problem is not simply addressed by throwing money at it.

D. Gregory Chadwick, DDS, former ADA president and associate chancellor for oral health at ECU, believes a new school will improve oral health by recruiting “socially oriented students who upon graduation will practice in underserved communities in North Carolina.” He believes the clinic and a few remote sites will be able to treat the needy of his state. In his distinguished career in organized dentistry, Dr. Chadwick undoubtedly was exposed to ample evidence that shows more dentists do not translate to more access. Putting up bricks and mortar to solve access for the poor is an idea that was bankrupt 50 years ago when schools graduated hundreds of indentured servants clamoring for patients who could pay a reasonable fee.

The John William Pope Center for Higher Education Policy, a government watchdog agency, questions the need for a new \$80 million dollar school as the state’s dental population grew by 14 percent between 2002 and 2006, while the state population grew 7.8 percent for the same period. The center went on to say what we all know: dentists will go where they can make a living; with new graduate indebtedness well over \$120,000, they have little choice.

No doubt, there is great need for care, but demand (and especially the dollars to pay for it) lags far behind.

Our delivery system has the flexibility to meet any unforeseen up-tick in demand.

I used to think new dental school openings have more to do with politics, regionalism and, in one case, religion. Now add social engineering. The clinics are expensive to build and staff, and they provide inefficient care for the needy because of the inexperience of the students and the time-consuming supervision needed. No matter how innovative they are, staff must be recruited from a diminishing pool. Further, the clinic can be too expensive for the poor. For example, the dental clinic at the University of Illinois at Chicago College of Dentistry charges 75 percent of usual and customary fees of a private practice—well out of the reach of many. Overhead is overhead.

Richard Valachovic, DMD, MPH, executive director of the American Educational Association, believes the two new schools will be subjected to the same economic pressures that led to seven closings in the last 20 years (already, rumors of financial problems at one of the newer schools are rife). He went on to say: “Whether these new schools are the result of a workforce shortage or a maldistribution. . . new schools should be developed only after careful deliberation of the alternative options.” Those options are a subject for another editorial.

So, what’s the solution for the poor? Altruism is not a viable program, nor is beseeching the state legislature to fund free clinics. Until the states put their financial health together, public money will not be budgeted. Health education stressing prevention as early as preschool is a long-term strategy. Mid-term, we have to educate the public that oral health is a vital part of overall health. Meanwhile, access programs (many granted seed money by CDS and others) along with caring private dentists will have to fill the holes in the dike with their fingers until help arrives.

As Winston Churchill said: “All I have to offer is blood, sweat and tears.” Too bad the brunt is borne by the poor. ■

Write Dr. Lamacki at wlamacki@aol.com.